



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



Coming Up:

- ~ Garage Sale 10/10 & 10/11
- ~ Center Closed for Columbus Day
10/12
- ~ Board Meeting 10/15
- ~ Halloween 10/31

A Note From The President of the Board

Can you believe it's October already!! Where has the summer gone? If you are a snowbird and you haven't left yet, you might as well hang around until Thanksgiving.

What is happening in October at the Center? The big news of course is Halloween. That should be a fun time at the center.

There will be a CIP and CAP grant meeting at the Center on Thursday October 8 starting at 5:30 pm. This happens every year and it is when the unincorporated villages get to decide what projects they would like the borough to help finance. Come on out and be part of the process. See the poster on page 4. I hope to see you there. The Senior Center will be asking for some help for putting a seal coat on our parking lot. It has been over 7 years since it was done, and it needs done again.

Don't forget about the garage sale on October 10 and 11. This will feature large items that were too big to take down to the gazebo. In addition there will be a lot of other smaller items. Come on out and find something you can't live without.

In addition there will be the usual events going on. Bingo on Wednesday, Games on Thursday, Quilters on Monday, Knitters on Friday. I'm sure I have missed something.

The meals continue to be delicious. Come on over and have some lunch. Don't hesitate to bring a friend.

Dick Hawkins, President

A Note from the Executive Director

October is here! Leaves falling, frost on the pumpkins (and everywhere else!), cold brisk mornings and bright sunshine in the afternoon if we're lucky! Soon the snow will be flying and we'll all be wishing for spring to be here again lol. October also brings with it Halloween. Always brings a smile to my face watching the little trick-or-treaters run around laughing and having fun filling their bags with Halloween treasures! As fall is wrapping up and the days are getting colder – perfect time to come in to the senior center for lunch; enjoy hanging out with your friends and neighbors and most of all, enjoy your senior center!

This summer was exciting and busy here at the senior center! Lots of people coming in for lunch and activities – some have been here before, some have not. Our kitchen staff did a great job keeping the food trays full with many wonderful meal choices! With the continued increase in food costs, we are frequently asked, “How are we handling the increased cost of groceries?” Is it making a big impact on the bottom line? Well, the short answer to the last question is Yes! Food cost is one of those things that is out of our control yet heavily influences the bottom line. We do receive grant funding to offset part of the cost of our meals, but those funds are not designed to cover the entire cost of the meal.

Our meal program, which has been approved by a registered dietician, is designed to provide 1/3 of a senior's daily nutritional needs. Last fiscal year, we spent almost \$105,000 on food costs. When you divide that by the amount of meals served in FY26, 16,120, it comes out to \$6.51 per meal in food costs alone. Electricity and natural gas expenses in FY26 were \$18,698.05. Insurance costs were \$23,467.81. Divide the insurance and utility costs by the number of meals served to add an additional \$2.62 to the cost of a meal, bringing the meal cost up to \$9.13 per meal, which is already more than the suggested donation amount. That total does not include any staff costs. This expense breakdown gives you a little insight into some of the numbers that surround our meal program. Will we have to change menu offerings? Will we need to increase the suggested donation? We certainly hope not but what is for sure is that we will continue to provide nutritious and delicious meals daily. We have one of the best meal programs around and we intend on keeping it that way!! Thank you to those who asked the questions!

Speaking of our meal program! Our kitchen remodel project is on schedule to begin January 4, 2027. Although construction hasn't started yet, items that need to be ordered from the lower 48 are in the process of being ordered now. Subcontractors are gearing up for their parts, the Community Center here in Ninilchik has been secured for us to move our food program there during construction, and regulating agencies will soon be contacted for permits and inspections. It's finally happening, our kitchen remodel will be done before we know it!! We are so thankful for all of our wonderful seniors and community members who contributed funds to make this happen. We couldn't have done it without you! Stay tuned to the newsletter for updates!

Happy fall y'all!

Julie Otto, Executive Director





Looking for Vendors

for the Ninilchik Senior Center's

Annual Craft Fair and Bazaar

It will be November 7, 2026

from 10 am to 5:30 pm

\$25 per space

**Please call the office to reserve
your space**

(907) 567-3988



NINILCHIK Notice of Community Meeting

Kenai Peninsula Borough



**Thursday
October 8, 2026
5:30 P.M.
Ninilchik Senior Center
66265 Aspen Avenue**

**PLEASE PLAN TO ATTEND THIS IMPORTANT
MEETING AND LET YOUR VOICE BE HEARD**

The Kenai Peninsula Borough is sponsoring a community meeting to discuss the following:

- **2026 Community Capital Improvement Projects (CIP)
(2 project requests per unincorporated community)**
- **2026 Community Assistance Program (CAP)
(FY27 Amount: \$15,479.41/per community)**

This meeting is open to the public!

State funding (CAP) is available through KPB to unincorporated areas. Join friends and neighbors to how it is used and submit ideas for capital improvement projects (CIP) to be considered by the Governor.

October birth flowers are Marigold and Cosmos



October Birthstone is Opal and Tourmaline



October birth signs are Libra and Scorpio

Born on October, What is my Zodiac Sign?

If you are born on October month then your zodiac sign will be vary following date range.

Libra	Scorpio
September 23 - October 22	October 23 - November 21
	

Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.

Thank you to all who donate to the Ninilchik Senior Center!

6	9		2			5	1	
7	5		8					6
				6	5	7		2
2		4	5			6		
5								9
		6			4	8		3
4		7	3	8				
8					6		2	7
	6	9			2		3	8

1sudoku.com

n° 17334 - Level Easy

	6							7
	7		3	2		5	9	
		9		4	6			
	4	7			8			2
8								3
9			2			7	8	
			5	1		8		
	3	4		9	2		1	
1							3	

1sudoku.com

n° 228603 - Level Medium

		1		8	6			
4	9	8				6		
			4			1		7
				7		2	1	
8								9
	4	7		9				
3		6			1			
		2				5	3	4
			2	3		7		

1sudoku.com

n° 312679 - Level Hard

					2			
3		2					6	
	8	1	5		3			2
		9		4				
	2	7				3	9	
				1		8		
6			1		4	2	8	
	4					9		3
			7					

1sudoku.com

n° 43333 - Level Expert

FAMOUS ACTORS

NAME: _____ DATE: _____

Find and circle each of the words from the list below. Words may appear forwards or backward, horizontally or vertically in the grid.

B	E	C	N	E	R	W	A	L	R	E	F	I	N	N	E	J	V	T	D	N	F
O	X	Q	H	H	T	I	M	S	L	L	I	W	P	J	A	A	T	U	M	A	I
F	Y	Q	X	S	S	D	M	O	W	E	A	P	O	L	E	T	D	A	O	M	U
T	O	M	C	R	U	I	S	E	I	T	E	D	U	E	O	T	Y	V	M	T	Y
H	O	I	D	I	O	Y	A	N	H	S	G	W	S	K	U	C	N	H	R	R	G
T	T	E	H	C	N	A	L	B	E	T	A	C	C	K	T	H	P	Y	J	O	Z
O	T	R	E	F	H	O	H	O	P	N	U	R	Z	F	N	A	E	O	Y	P	W
G	E	O	R	G	E	C	L	O	O	N	E	Y	I	R	D	A	C	U	E	E	X
A	N	G	E	L	I	N	A	J	O	L	I	E	C	N	Q	U	H	U	N	I	I
D	E	N	Z	E	L	W	A	S	H	I	N	G	T	O	N	F	S	M	W	L	N
H	D	T	X	P	M	O	R	G	A	N	F	R	E	E	M	A	N	E	O	A	E
A	J	O	I	R	P	A	C	I	D	O	D	R	A	N	O	E	L	E	D	T	O
L	R	Y	A	N	R	E	Y	N	O	L	D	S	S	G	N	P	N	K	T	A	H
D	D	N	U	S	N	F	D	C	T	O	N	F	G	O	T	O	T	A	R	N	P
B	P	E	E	R	T	S	L	Y	R	E	M	C	M	O	T	I	T	Q	E	U	N
D	N	U	X	I	A	R	N	E	N	P	L	A	N	S	H	E	E	K	B	A	I
H	U	G	H	J	A	C	K	M	A	N	D	T	A	I	P	L	Q	M	O	W	U
B	J	K	W	Y	Y	G	F	E	G	T	H	M	P	U	V	U	W	E	R	N	Q
Y	M	B	R	A	D	P	I	T	T	E	M	O	U	I	Y	I	M	L	U	U	A
E	F	I	C	R	L	D	O	A	J	E	T	H	J	C	D	J	X	O	H	I	O
E	O	O	C	A	U	I	M	N	E	U	H	L	Y	C	O	K	S	E	M	D	J

LeonardoDiCaprio BradPitt TomHanks RobertDowneyJr
JohnnyDepp DenzelWashington WillSmith MerylStreep
AngelinaJolie CateBlanchett GeorgeClooney MattDamon
MorganFreeman NataliePortman JenniferLawrence
TomCruise RyanReynolds JoaquinPhoenix EmmaStone
HughJackman

Crossword #14

Across

1. Conn. neighbor
5. Herringlike fishes
10. Leave in, to an editor
14. Ancient Andean
15. "Water Lilies" painter
16. Fiesta fare
17. Go to great heights
18. Itsy-bitsy bits
19. How one might run
20. Spanish gentleman
22. Mac maker
23. Wife, jokingly
25. Hindu soul
28. Aspen aficionado
29. Word after pocket or loose

31. Deliberate destruction

36. They may be pulled
38. Dilbert's workspace
39. Erotic
41. Early English comedy, "_____ Gurton's Needle"

42. "Get lost!"

44. Minuscule

45. Accept responsibility

50. Unaccompanied

51. Weatherman offerings

55. Lose steam

56. Parlor piece

57. Beat badly

58. Clothing line

59. Certain exams

60. Frank Herbert sci-fi series

61. Nothing but

62. To the point

63. A whole bunch

Down

1. Catchall abbr.

2. Forest ox

3. Wound covering

4. Minuet-like dances

5. Clothing size

6. Monopoly purchases

7. Polar parkas

8. Possessed one

9. Ave. crossers

10. Kind of infection

11. Buccaneers' home

12. Reason for a food recall

13. Representative

21. Spiny lobster

22. Like Cirque du Soleil performers

24. Fix, in a way

25. Plays a part

26. Quaker's "you"

27. "Death in Venice" author

30. Son of Cain

32. They're punched at work

33. Top of the heap

34. Secluded valley

35. Mysterious: Var.

37. Guaranteed

40. Russian urn

43. Diego Rivera creations

45. Weighty put-down

46. 1979 sci-fi classic

47. Snorkeling sight

48. Hostile force

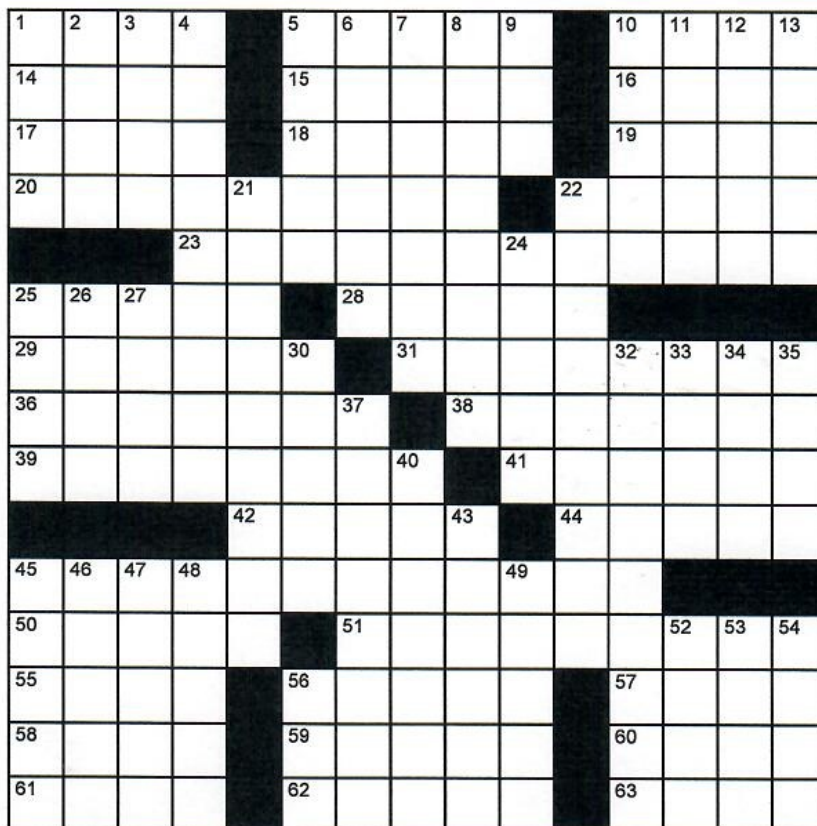
49. Have a hunch

52. Music category

53. Spotify selection

54. Hearty dish

56. URL punctuator



Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

16 cards

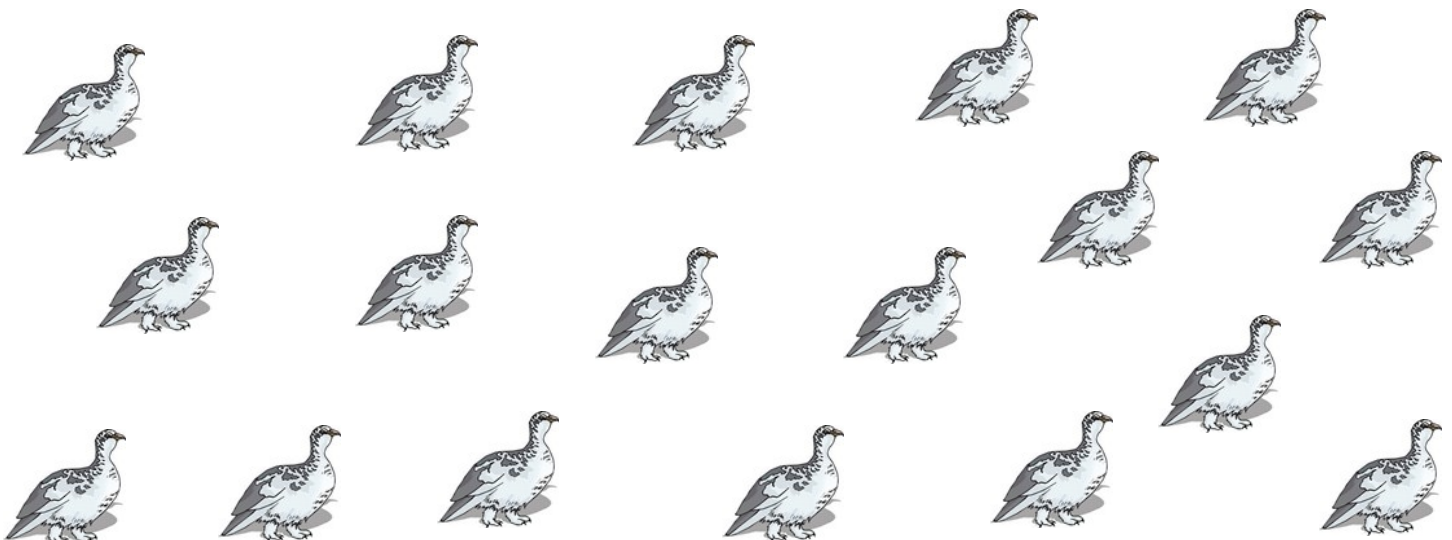
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

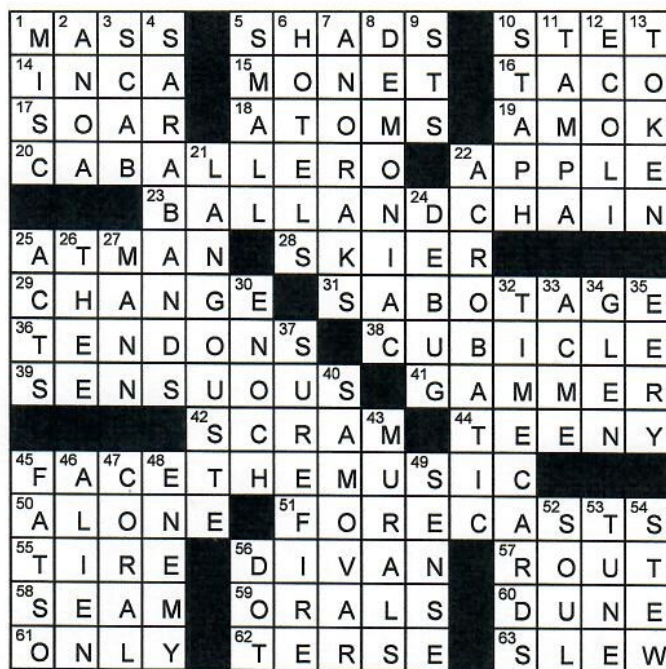
(14) Ptarmigan: \$5



Congratulations to all the prior weeks winners



Solution for Crossword #14



FAMOUS ACTORS

NAME: _____ DATE: _____

Find and circle each of the words from the list below. Words may appear forwards or backward, horizontally or vertically in the grid.

B E C N E R W A L R E F I N N E J V T D N F
O X Q H H T I M S L L I W P J A A T U M A I
F Y Q X S S D M O W E A P O L E T D A O M U
T O M C R U I S E I T E D U E O T Y V M T Y
H O I D I O Y A N H S G W S K U C N H R R G
T T E H C N A L B E T A C C K T H P Y J O Z
O T R E F H O H O P N U R Z F N A E O Y P W
G E O R G E C L O O N E Y I R D A C U E E X
A N G E L I N A J O L I E C N Q U H U N I I
D E N Z E L W A S H I N G T O N F S M W L N
H D T X P M O R G A N F R E E M A N E O A E
A J O I R P A C I D O D R A N O E L E D T O
L R Y A N R E Y N O L D S S G N P N K T A H
D D N U S N F D C T O N F G O T O T A R N P
B P E E R T S L Y R E M C M O T I T Q E U N
D N U X I A R N E N P L A N S H E E K B A I
H U G H J A C K M A N D T A I P L Q M O W U
B J K W Y Y G F E G T H M P U V U W E R N Q
Y M B R A D P I T T E M O U I Y I M L U A
E F I C R L D O A J E T H J C D J X O H I O
E O O C A U I M N E U H L Y C O K S E M D J

Solutions :

6	9	8	2	3	7	5	1	4
7	5	2	8	4	1	3	9	6
3	4	1	9	6	5	7	8	2
2	8	4	5	9	3	6	7	1
5	1	3	6	7	8	2	4	9
9	7	6	1	2	4	8	5	3
4	2	7	3	8	9	1	6	5
8	3	5	4	1	6	9	2	7
1	6	9	7	5	2	4	3	8

1sudoku.com

n° 17334 - Level Easy

2	6	3	9	8	5	1	4	7
4	7	8	3	2	1	5	9	6
5	1	9	7	4	6	3	2	8
3	4	7	1	5	8	9	6	2
8	2	1	6	7	9	4	5	3
9	5	6	2	3	4	7	8	1
6	9	2	5	1	3	8	7	4
7	3	4	8	9	2	6	1	5
1	8	5	4	6	7	2	3	9

1sudoku.com

n° 228603 - Level Medium



2	7	1	3	8	6	9	4	5
4	9	8	1	5	7	6	2	3
5	6	3	4	2	9	1	8	7
6	3	9	5	7	4	2	1	8
8	2	5	6	1	3	4	7	9
1	4	7	8	9	2	3	5	6
3	5	6	7	4	1	8	9	2
7	1	2	9	6	8	5	3	4
9	8	4	2	3	5	7	6	1

1sudoku.com

n° 312679 - Level Hard

5	6	4	9	7	2	1	3	8
3	7	2	4	8	1	5	6	9
9	8	1	5	6	3	7	4	2
8	5	9	3	4	7	6	2	1
1	2	7	8	5	6	3	9	4
4	3	6	2	1	9	8	7	5
6	9	5	1	3	4	2	8	7
7	4	8	6	2	5	9	1	3
2	1	3	7	9	8	4	5	6

1sudoku.com

n° 43333 - Level Expert



1985 Teddy's Toys & Co., All Rights Reserved.

All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

1. Name the well-known boardwalk along the banks of the Ketchikan Creek.
2. How high did the seismic waves caused by the 1964 Alaskan earthquake reach?
3. Who owns reindeer in Alaska?
4. Name the common soft stone used for carving.
5. What disaster happened to the Treadwell Mine near Juneau in 1917?
6. Name the event called the "Mardi Gras of the North".
7. Most of the silver recovered in Alaska came from what mine?
8. What animal is so vicious that is known to harass and run off a brown bear?
9. How many mountain ranges does the Alaska pipeline cross?
10. Which predatory animal is not indigenous to Alaska? (Coyote, Wolf, Lynx)
11. What is the main ocean port on the Kenai Peninsula?
12. What is the only musical instrument known to the early Eskimo people?
13. What mineral was the town of Juneau founded on?
14. What hoofed animal was introduced to Alaska from Siberia?

Wrangell Mountains
8. Wolverine
9. Three (Brooks Range, Alaska Range, Chugach)
10. Coyote
11. Seward
12. Tmbourine made of seal skin and driftwood (drum)
13. Gold
14. Reindeer

1. Creek Street
2. 200 feet
3. Only Eskimo herders
4. Soap Stone
5. The underground tunnel
caved in (no lives were lost)
6. The Anchorage Fur Ren-
devous
7. Kennicott Mine in the



Daniel Yeckley 10/2

Midge Evans 10/3

Gretchen Wing 10/5

Evelyn Smith 10/7

Jackie Fisher 10/7

Debbie Haakenson
10/10

Luigi Ippolito 10/10

Julie Boll 10/11

Cathy Perry 10/12

Vi Nordgren 10/19

Tom Burgess 10/23

Dean Egbert 10/25

Eric Ogren 10/25

Richard Griggs 10/26

Diane Wilson 10/31

\$5 A Month Club

Thank you to the following who
contributed to the club:

David & Judy Clemenson
Delmer McCune

Nora & Howard Appel
John & Janice Nofziger

Jim Beall

Russ Cross & Bev Graf-Cross

Bob Pearson

Richard & Linda Hawkins

Ron Jorgensen

We have a fund to provide items that are
not in the budget.

If you would like to join the club, just
bring or send a donation of \$5 any time
you can.

THANK YOU!!!

Thank You

Steve Vanek for selling the split the pot
raffle tickets

Mary Whybark for volunteering in the
Greenhouse

All our volunteers at the Gazebo

Don't forget to log all of your volunteer
hours in the volunteer book

Thank you to all of our
members and volunteers

Thank you to all the donors

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Steve Vanek
Secretary: Kaye Waldsmith
Treasurer: Vi Nordgren
Trustee: John McCombs
Trustee: Dan Miller

Endowment Committee

Chair: Kaye Waldsmith
Vice Chair: Steve Vanek
Treasurer: John Nofziger
Secretary: Vi Nordgren

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Cook: Niki Keenan
Cook/Maintenance: Rick Ferguson
Trans. Driver: Sharon Wheeler
Back up Driver/Kitchen Prep:
Chuck O'Neal
Homemaker: Tonya Sugak

Events and Activities

Weekly

Mondays:
Quilting/Sewing 1-4 pm

Tuesdays:
Tai Chi 10:30—11:30

Wednesdays:
Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays:
Tai Chi 10:30—11:30
Knitting 1:30 –4:00

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$8 or members, \$12 for non-members
Lunch includes: soup,
salad, entrée and dessert



Ninilchik Senior Center receives quarterly donations from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

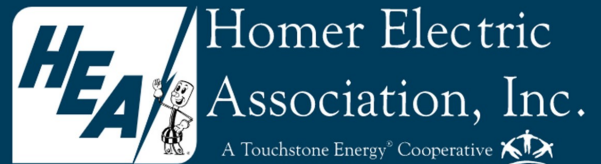
If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

Thank you!!!



The Senior Center is partially funded by these Corporate Sponsors



Fred Meyer/Kroger
Hilcorp
Kenai Peninsula Borough
Ninilchik Family Dentistry
Private Donations
State of Alaska/NTS Grant



October 2026 Menu

Meals will still be available for take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon.

Please note: menu is subject to change based on product availability. 907-567-3988. Please call, in advance, for take-out meals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays				1	2	3
Daniel Yeckley 10/2 Midge Evans 10/3				Cheesy Hashbrown Casserole Ham English Muffins Fruit-no salad bar	Meatloaf Mashed Potatoes Gravy Vegetable	Soup served daily with pick up meals
4	5	6	<i>Bingo @ 1:15</i> 7	8	9	10
Gretchen Wing 10/5 Evelyn Smith 10/7 Jackie Fisher 10/7 Debbie Haakenson 10/10 Luigi Ippolito 10/10	Tater Tot Casserole Roasted Butternut Squash Jell-O	Chicken Cordon Bleu Casserole Broccoli Rolls	Turkey Stuffing Mashed Potatoes Gravy Vegetable Cranberry Sauce	Monterey Chicken Breast Rice Vegetable	Lasagna w/sausage Mixed Veggies Garlic Bread	Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$2.00 per cup
11	12	13	<i>Bingo @ 1:15</i> 14	<i>Board Meeting</i> 15	16	17
Julie Boll 10/11 Cathy Perry 10/12	Center Closed for Columbus Day	Blueberry Pancake Casserole Bacon Potatoes Fruit-no salad bar	Beef & Broccoli Fried Rice Vegetable Eggroll	Tuscan Chicken Pasta Vegetable Cheese & Olive Bread	Pork Enchilada w/mild Green Sauce Rice Vegetable	Lunch starts right at noon
18	19	20	<i>Bingo @ 1:15</i> 21	22	23	24
Vi Nordgren 10/19 Tom Burgess 10/23	BBQ Chicken Baked Beans Pasta Salad	Bacon Broccoli Pasta Bake Vegetable Garlic Bread	Cashew Chicken Salad w/ croissant Potato Salad Jell-O	Kielbasa & Veggies Sauerbrout Sweet Potato Fries	French Dip Crosscut Fries Coleslaw	
25	26	27	<i>Bingo @ 1:15</i> 28	29	30	<i>Halloween</i> 31
Dean Egbert 10/25 Eric Ogren 10/25 Richard Griggs 10/26 Diane Wilson 10/31	Cheeseburger Fries Jell-O	Crispy Pork Cutlet Stuffing Vegetable	Chicken Alfredo Noodles Vegetable Garlic Knots	Sweet & Sour Meatballs Fried Rice Vegetable Eggroll	Crispy Fowl Monster Mashed Potatoes Ghoulish Gravy Viral Vegetable	

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."