



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



2025

Coming Up:

- ~Labor Day –Center Closed 9/1
- ~Grandparents Day 9/7
- ~Patriot Day 9/11
- ~Last Day for Gazebo 9/15
- ~Board Meeting 9/17
- ~Autumn Begins 9/22

A Note From the President of the Board:

My, my where has the summer gone? Here it is September. The fireweed has reached the top and will most likely be going to seed very soon. Guess what happens after the fireweed goes to seed? That's right, all the snowbirds are gone. This is generally the month we say goodbye to our snowbirds. I wish you all safe travels and a warm and snow free winter. Please relax, regenerate and come back next summer.

Speaking of summer, I think we had a wonderful summer this year. The monsoon we have had the last couple of days notwithstanding. I hope everybody's gardens have done well. The potato patch at the Senior Center has done quite well. It will be close to the end of September before the harvest however. Stay tuned for the outcome. The October newsletter will tell the tale.

September is the time of year when we need to start winterizing. Make sure your car is ready for winter. Studded tires can be put on the middle of September. Also, anti-freeze and a good battery. Make sure you have emergency equipment in the trunk. You never know when you might end up in the ditch and will have to wait for someone to pull you out. Your house needs attention as well. Make sure you have your furnace inspected, and your fireplace cleaned and ready to go. If you burn wood make sure you have plenty on hand.

Have a good fall everyone. God Bless.

~ **Dick Hawkins, President**



A Note from the Executive Director:

September! Summer is almost officially over. Seems to fly by quicker and quicker every year! Gardening for the summer is also coming to an end. Thanks to the staff for planting and maintaining the wonderful vegetables grown in the greenhouse and garden this year. We enjoyed many “garden fresh” vegetables on our salad bar – what a wonderful thing that is!! The potatoes are still growing in the garden so it’s not quite done yet! Maybe we’ll get lucky and have as nice of a fall as we did a summer! There were lots of sunny days this summer.....already looking forward to next summer!

September also brings with it the closing of our gazebo. The last day for the gazebo officially this year is September 15, however, we will be having “holiday gazebo” September 26-29 so if you’re needing holiday items, that’s the time to shop! Although the gazebo is closing, we are and will continue to take donations, as we do this all throughout the year. Thank you to everyone who donated over the summer! Thank you also to everyone who volunteered at the gazebo this year! Once again we were able to be open at the gazebo 7 days a week!!!

This month I’d like to do a shout out to our new cook – Niki Keenan! Niki has been doing the cooking now for just over a month and has done a great job! She jumped in with both feet, (ok, both hands!), and is doing a wonderful job! Many kudos to her for the great meals she’s been making - thank you Niki, we look forward to many more great meals in the years and months to come!

Have a wonderful fall everyone! For all those folks taking off for warmer winter climates, we’ll miss you! Safe travels and we look forward to seeing you back in the spring.

~ Julie Otto



Wow, NSC Members you rock this year with the school supply fundraiser/donation. As of this writing for the newsletter we have donated the following:

16 pkgs of notebook paper	70 pkgs of crayons 24 count
100 blue Bic pens	23 spiral notebooks
85 glue sticks	421 pencils
13 plastic rulers	4 bottles of glue
4 pink erasers	505 pencil cap erasers
15 pairs of scissors	3 3ring binders
16 pkgs of colored pencils	3 pkgs Crayola markers
1 pencil sharpener	1 pocket folder
1 backpack full of supplies	11 highlighters
1 bulletin board set	

I know you all have been asking about next years fundraiser theme. The theme is.....

HAPPY BIRTHDAY AMERICA! USA turns 250 years old next year so we are giving her a birthday party. This isn't a political event or rally, it is to celebrate the USA turning 250 years old. I can't wait to see the different celebratory clothing etc. people will come up with.

In honor of back-to-school time I thought I would pass on some words of wisdom.

"One of the things I've discovered in general about raising kids is that they really don't care if you walked five miles to school"

Patty Duke

"In real life, I assure you, there is no such thing as algebra"

Fran Lebowitz

"Old age is no place for sissies"

Bette Davis

"It's not just enough to swing at the all. You've got to loosen your girdle and really let the ball have it"

Babe Didrikson Zaharias

As always Keep Swinging for the Fence!

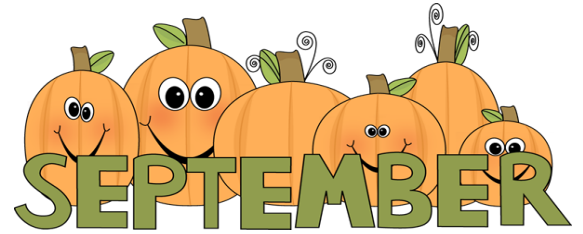
Cheryl

Gazebo News

9/1—9/15 \$1 Bag Sale on all clothing including shoes (please bring regular grocery bags for use in bag sale)

9/15 Last day open for regular season

9/26—9/29 Christmas Gazebo open



Thank You!!!

A Huge Thank You to all our weekly volunteers and helpers!

Jane Crossett

Nancy Elf

Midge Evans

Teri Evans

Ron Jorgensen

Lonnie Lambert

Joan Mason

Janice Nofziger

Vi Nordgren

Molly Powell

Tracy & Rick Rector

Candy Thornton

Larry Wallace

Thank you also to anyone who helped out this summer!

2026 Annual Fundraiser Dinner & Auction

Our theme for next year will be:

Happy Birthday America!

America will be 250 years old!

Start thinking about your costume for next year!

Happy
Birthday
America



Coming up soon.....



Follow us via FACEBOOK
@ninilchiksaturdaylunchprogram

DINNER, SILENT & DESSERT AUCTION TO HELP SUPPORT OUR KIDS

**SATURDAY,
OCTOBER 4th
5-7PM
@NINILCHIK
COMMUNITY
CENTER**

KPBSD posts fliers as a community service. Such posting does not constitute an endorsement for or against the materials and viewpoints expressed in them. Please contact the sponsoring organization regarding their COVID mitigation plans.

SUGGESTED DONATION

\$10 PER PLATE

VEGAN & MEAT OPTION AVAILABLE

**SCAN & DONATE
ANYTIME**

**FOR MORE DETAILS VISIT OUR FACEBOOK PAGE or
CALL LINDA HAWKINS (907)240-5212**



September is a significant month for senior citizens, marked by observances like National Senior Center Month and Healthy Aging Month, promoting well-being and community engagement.

National Senior Center Month

September is recognized as **National Senior Center Month**, which aims to highlight the valuable programs and services provided by senior centers across the country. The theme for 2025, "Powering Possibilities: Flip the Script," encourages communities to challenge outdated perceptions of aging and to celebrate the dynamic role that senior centers play in fostering creativity, connection, and resilience among older adults.

Healthy Aging Month

Additionally, **September is Healthy Aging Month**, an initiative that focuses on the positive aspects of growing older. This observance encourages adults aged 45 and older to take stock of their health and well-being, promoting physical, mental, social, and financial fitness. The goal is to inspire seniors to embrace new opportunities and activities that enhance their quality of life, emphasizing that it is never too late to start something new.

Overall, September serves as a month of celebration, awareness, and community for senior citizens, encouraging them to stay active, connected, and engaged in their lives.

Taken from: *The National Council on Aging*



PROTECT YOURSELF FROM FALLS

Follow us on Facebook: The Alaska Commission on Aging 



**Weekly Elder Chair Exercises with
Aleutian Pribilof Islands Association (APIA)**
Tuesdays 3:15pm - 3:30pm on Facebook Live
facebook.com/APIA/



Falls Myths vs. Facts
[health.alaska.gov/
en/education/senior-fall-
prevention/](https://health.alaska.gov/en/education/senior-fall-prevention/)

Assistive Technology of Alaska

Call: 907-563-2599. Visit: atlaak.org
Schedule an appointment to explore tools for independence!



Join Alaska Falls Prevention Coalition

This new statewide effort led by
Dept. of Health Injury Prevention
Unit is recruiting members!
Contact:
carie.eastaugh@alaska.gov

In-Home Falls Prevention Checklist



[facebook.com/share/
p/1NuCJs4qpG/](https://facebook.com/share/p/1NuCJs4qpG/)

National Council on Aging



Medical Alert Systems
[ncoa.org/older-
adults/health/prevention/
falls-prevention/](https://ncoa.org/older-adults/health/prevention/falls-prevention/)



AARP Virtual Community Center

Free online balance &
exercise classes for all
local.aarp.org/virtual-community-center/



**Caregiver
Conversation Guide
to Prevent Falls**
shorturl.at/j5tym



National Institute on Aging Causes & Prevention of Falls



[nia.nih.gov/health/falls-and-
falls-prevention/falls-and-
fractures-older-adults-causes-
and-prevention](https://nia.nih.gov/health/falls-and-falls-prevention/falls-and-fractures-older-adults-causes-and-prevention)



**2025 Falls Prevention
Awareness Week Sept 22 - 26
Toolkit**
[ncoa.org/page/falls-
prevention-awareness-week-toolkit/](https://ncoa.org/page/falls-prevention-awareness-week-toolkit/)

Do you have feedback on this flyer? Email yasmin.radbod@alaska.gov or call 907-230-0871

PROTECT YOURSELF FROM FALLS

Follow us on Facebook: The Alaska Commission on Aging 

Alaska Housing Finance Corporation Senior Access Program Home Modification



[ahfc.us/pros/homelessness/
assistance-grants/senior-
access-program-sap](https://ahfc.us/pros/homelessness/assistance-grants/senior-access-program-sap)



"After working with Older Alaskans for over two decades one of the most common regrets I hear is waiting too long to make home modifications. By the time seniors realize they need grab bars, better lighting, step-free entrances, lever door handles or non-slip flooring, it's often after a fall or similar scare. Aging in place successfully is about creating a living space that works with you, not against you, as needs evolve."
- Jim, AHFC Housing Relations Officer

Center for Disease Control

Stopping Elderly
Accidents, Deaths &
Injuries (STEADI)
Initiative



cdc.gov/steady/index.html

ANTHC Fall Prevention Video



[youtube.com/watch?v=
69IEWxMZENA](https://youtube.com/watch?v=69IEWxMZENA)



LIFE Fall Prevention Planning Tool

[lifefallprevention.com/
index.html](https://lifefallprevention.com/index.html)

BFit & Well Annex
Anchorage Senior Fitness
bfitandwell.com
907-229-7652



Fireweed Therapy
**At Home Outpatient Occupational
and Physical Therapy in
Anchorage Patient Resources**

[fireweedtherapyak.com/patient-
resources](https://fireweedtherapyak.com/patient-resources)



Well Haven Aging in Place Services



Home safety evaluations and
dementia consulting
throughout Alaska with in-
home and virtual telehealth
visits. well-haven.com



Access Alaska
**Durable Medical
Equipment (DME)
Loan Closet**

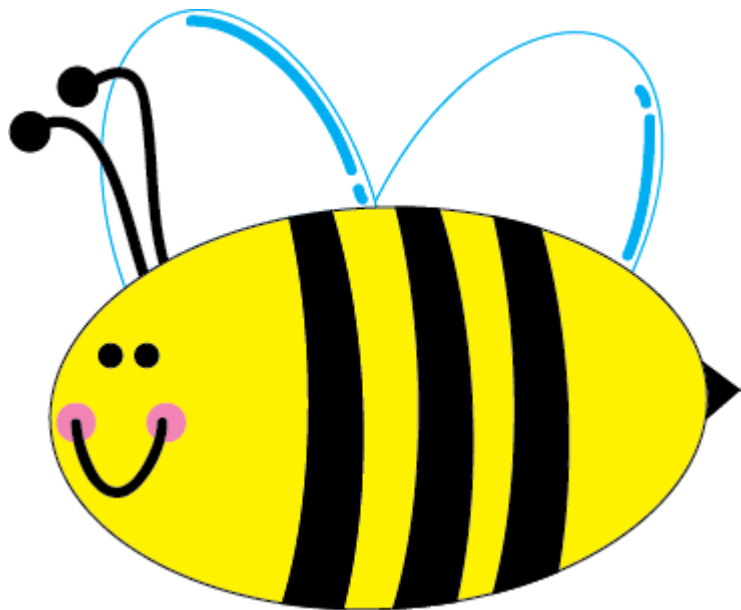
accessalaska.org/dme-loan-closet
Access Alaska offers many services.
Call: 907-248-4777.

Save the date

September 4, 2025

11:30am

**Family Caregiver Program
Informational meeting**





HOLIDAY CRAFT FAIR

LOOKING FOR VENDORS

**FOR THE
NINILCHIK SENIOR CENTER
HOLIDAY CRAFT FAIR**

**NOVEMBER 8 FROM 10AM TO 5 PM
& NOVEMBER 9 FROM 11 AM TO 4 PM**

66265 ASPEN AVE, NINILCHIK

907-567-3988

CALL NOW TO SIGN UP

8	4							6
5		1			2	9		
	2		4	6	9			8
2				7		4		
	7	3				8	9	
		4		9				1
4			5	3	7		1	
		5	9			6		4
9							7	3

1sudoku.com

n° 120345 - Level Easy

6		9	3		5		1	8
	5				9	3		
				4				
4	6				7	9		5
	3	5	8		6	2	4	
1		8	2				7	3
				7				
		7	4				9	
3	8		9		2	4		7

1sudoku.com

n° 114119 - Level Easy

	1			6	2			4
	4	7		3			2	5
	9					6		
			9	5	3	8		
		9	6	2	4			
		8					1	
3	2			8		7	9	
9			3	4			5	

1sudoku.com

n° 229511 - Level Medium

				6	5		2	3
	5			8			6	7
					4			
1							2	
2	3		4	5	1		8	9
		7						1
				3				
8	4			2			7	
9	7		1	4				

1sudoku.com

n° 2339 - Level Medium

				9		5		
	8		4			2		
7			5		6		4	
6						7	3	
8				7				1
	9	7						8
	3		7		2			4
		1			5		8	
		4		3				

1sudoku.com

n° 321776 - Level Hard

		2					4	
			4		6	9		5
			9					7
	5					7		
3		6	7		9	8		1
		7					9	
7					8			
1		5	3		7			
	3					4		

1sudoku.com

n° 320886 - Level Hard

September

September's Birthstone is Sapphire



The September birth flowers are
Forget-me-not, morning glory and Aster



The September birth signs are
Virgo and Libra.

Aug 23–Sep 22

Sep 23–Oct 23



Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

16 cards

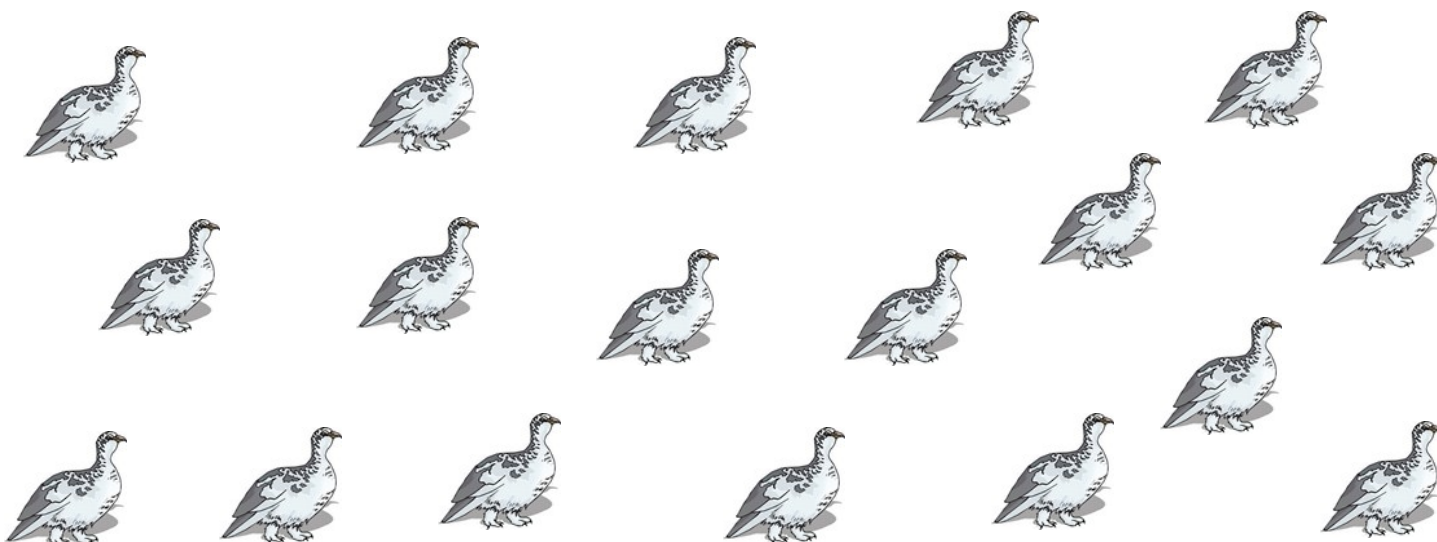
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5



Congratulations to all the prior weeks winners





Old West 1

Find and circle all of the words that are hidden in the grid.
The remaining 25 letters spell a George Eliot quotation.

L	L	I	H	T	O	O	B	E	S	R	O	H	W	O	L	P	L	A
J	U	D	G	E	K	A	N	S	E	L	T	T	A	R	H	A	S	G
O	O	D	O	P	H	H	T	R	T	L	L	E	W	C	R	I	G	H
K	O	G	O	C	P	I	E	A	A	R	N	I	A	R	T	R	O	F
R	N	S	N	I	H	I	R	R	I	H	A	O	O	T	P	T	H	U
S	S	A	S	I	R	O	R	E	O	R	C	C	I	E	E	D	M	N
E	R	T	T	R	N	A	L	M	D	E	A	N	K	L	E	I	Y	D
D	O	O	A	R	P	N	E	L	G	G	G	L	C	E	K	K	O	E
L	A	F	U	A	E	S	A	A	I	B	U	O	A	C	R	E	B	R
I	H	O	H	T	T	T	T	P	U	D	A	N	T	A	A	H	W	T
A	P	C	R	E	L	S	A	L	D	L	A	A	T	M	B	T	O	A
R	A	K	A	L	E	A	L	W	S	L	S	Y	L	P	S	Y	C	K
T	R	D	S	H	I	O	W	A	S	H	O	R	E	F	A	L	T	E
D	G	N	O	O	L	A	S	G	W	R	E	G	D	I	D	L	G	R
N	E	B	A	N	K	E	R	M	A	M	U	R	R	R	D	I	R	I
A	L	I	V	E	S	T	O	C	K	N	A	F	I	E	L	B	A	F
R	E	R	E	N	I	M	D	L	O	G	G	N	V	F	E	I	Z	L
B	T	S	H	O	P	K	E	E	P	E	R	L	E	E	F	S	E	E

BANKER
BARKEEP
BILLY THE KID
BOOT HILL
BRAND
CAMPFIRE
CATTLE DRIVE
CHAPARRAL
COAL
CORRAL
COWBOY
DOC HOLLIDAY

FARRIER
FORT
FURS
GOLD MINE
GOLD PANNING
GRAZE
HIRED GUN
HOGS
HOMESTEAD
HOTEL
JUDGE
LARIAT

LAWMAN
LIVESTOCK
MINER
OUTLAW GANG
PISTOL
PLOW HORSE
POSSE
RAILROAD
RANCH
RATTLESNAKE
RIFLE
SADDLE

SALOON
SHERIFF
SHOPKEEPER
SITTING BULL
STAGECOACH
TELEGRAPH
TRACKER
TRAIL
TRAIN
UNDERTAKER
WATER TANK
WELL



1985 Teddy's Toys & Co., All Rights Reserved.

All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

1. What city was the setting for the movie “North to Alaska”?
2. What is the name of the well-known drive-up glacier in Alaska?
3. How did the Alcan Highway get it’s name?
4. What is a “male whale” called?
5. What is “Creek Street” in Ketchikan known for?
6. Name the Bay that became synonymous with the big oil strike.
7. What animal is 90% of the Golden Eagle’s diet?
8. Where is Alaska’s “First City”?
9. What is the name of the official state flower?
10. Name the popular ski resort near Anchorage.
11. What city is known as the “Air Crossroads of the World”?
12. What does the color of a buoy indicate?

1. Nome
2. Mendenhall Glacier in Juneau
3. Combination of the words Alaska and Canada (ALCAN)
4. Bull
5. It is an old “red Light” district and a favorite tourist attraction
6. Prudhoe Bay
7. Arctic Ground Squirrel
8. Ketchikan
9. Forget-me-not
10. Alyeska Ski Resort
11. Anchorage
12. Which side a boat should pass

Free Printable Crossword Puzzle #4

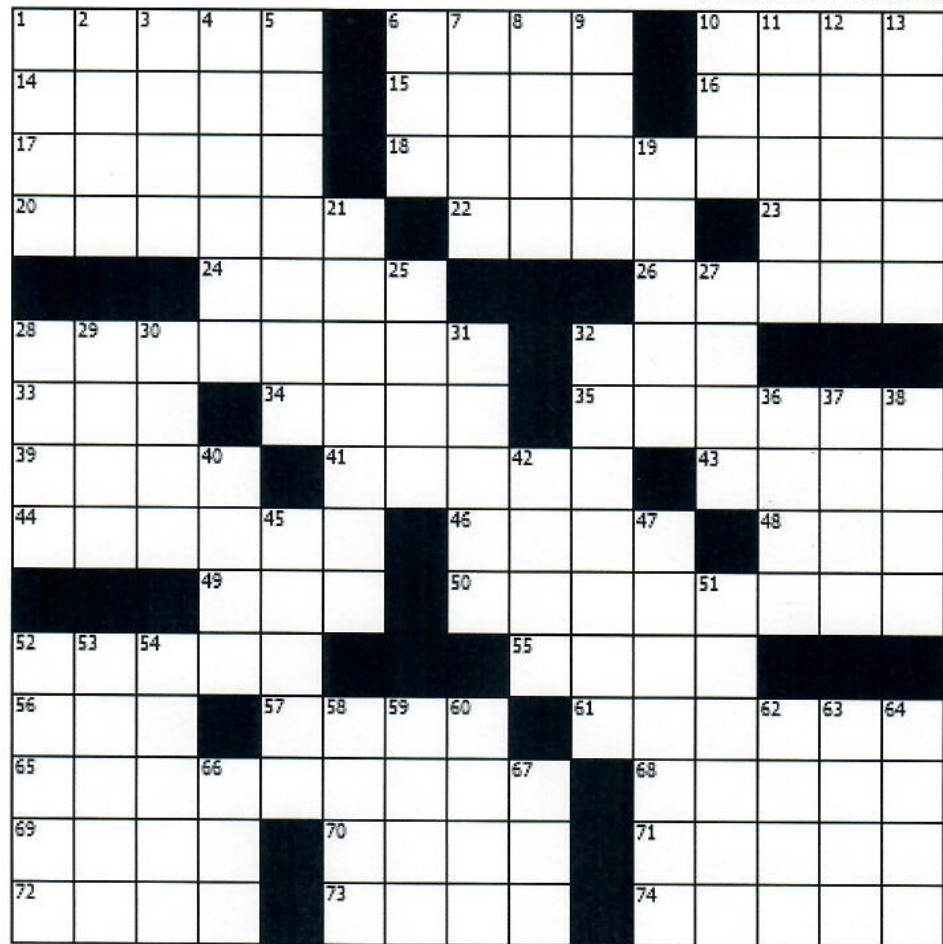
This is the Daily Crossword Puzzle #4 for Aug 14, 2025

Find the solution at

[https://
onlinecrosswords.net/74352](https://onlinecrosswords.net/74352)

Across

1. Trivial
6. Pretends
10. Spoiled child
14. Love greatly
15. Dinner, e.g.
16. Pledge
17. Roaming tribesman
18. Lacking the ability
20. Votes in
22. Toddlers
23. Saloon
24. Past due
26. Stand up
28. Dozing ones
32. Tricky
33. Head movement
34. Grand
35. Become visible
39. Vinegary
41. Make points
43. Vend
44. Couch ____
46. Pea shells
48. Rep.'s opponent
49. Basker's desire
50. Book issues
52. Immaculate
55. Spotted
56. Bad actor
57. Guys' dates
61. Fight back
65. Opinion piece
68. Cowboys' contest
69. Choir member
70. Emerald ____
71. Actress ____ DeGeneres
72. Acapulco coin
73. Appointment
74. Regards



Down

1. Horse's hair
2. Golden calf, e.g.
3. Alaskan city
4. Soothsayer
5. Bureaucratic delay (2 wds.)
6. Friend (Fr.)
7. Lincoln's coin
8. Mexican snack
9. Mattress support
10. Long scarf
11. Synagogue figure
12. Map book
13. Not here
19. Biblical poem
21. New spouse's boy
25. Guitarist ____ Clapton
27. Whiskeys
28. Ginger cookie
29. Daft
30. Revise text
31. Range
32. Sleazier
36. Renovate
37. Secluded valley
38. Graceful trees
40. Computer output
42. Curtain holders
45. Ballroom dance
47. Guided
51. Shoe part
52. Inexpensive
53. Large spoon
54. Gives forth
58. Waterless
59. "Mona ____"
60. Common seasoning
62. Unoccupied
63. Look
64. Coal measures
66. Overly
67. Rebel general



Join NSC's Legacy Club!

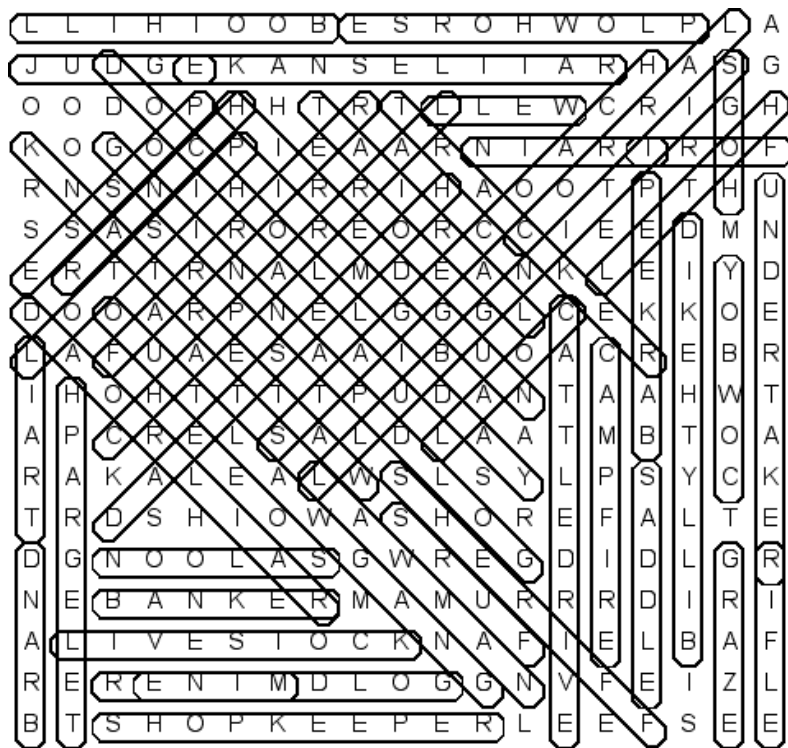
Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.

Thank you to all who donate to the Ninilchik Senior Center!



Puzzle Solution © OnlineCrosswords.net

M	I	N	O	R		A	C	T	S		B	R	A	T		
A	D	O	R	E		M	E	A	L			O	A	T	H	
N	O	M	A	D		I	N	C	A			P	A	B	L	E
E	L	E	C	T	S		T	O	T	S		B	A	R		
			L	A	T		E					A	R	I	S	E
S	L	E	E	P	E		R	S				S	L	Y		
N	O	D		E	P	I	C		E	M	E	R	G	E		
A	C	I		D		S	C		O	R	E		S	E	L	L
P	O	T	A	T		O		P	O	D	S			D	E	M
			T	A	N			E	D	I	T	I		O	N	S
C	L	E	A	N				S	E	E	N					
H	A	M		G	A	L	S		R	E	S	I	S	T		
E	D	I		T	O	R	I		A	L		R	O	D	E	O
A	L	T	O		I	S	L	E		E		L	L	E	N	
P	E	S	O			D	A	T		E		D	E	E	M	S

8	4	9	7	1	5	3	2	6
5	6	1	3	8	2	9	4	7
3	2	7	4	6	9	1	5	8
2	9	8	1	7	3	4	6	5
1	7	3	6	5	4	8	9	2
6	5	4	2	9	8	7	3	1
4	8	6	5	3	7	2	1	9
7	3	5	9	2	1	6	8	4
9	1	2	8	4	6	5	7	3

1sudoku.com n° 120345 - Level Easy

6	4	9	3	2	5	7	1	8
2	5	1	7	8	9	3	6	4
8	7	3	6	4	1	5	2	9
4	6	2	1	3	7	9	8	5
7	3	5	8	9	6	2	4	1
1	9	8	2	5	4	6	7	3
9	2	4	5	7	8	1	3	6
5	1	7	4	6	3	8	9	2
3	8	6	9	1	2	4	5	7

1sudoku.com n° 114119 - Level Easy

8	1	5	7	6	2	9	3	4
6	4	7	8	3	9	1	2	5
2	9	3	4	1	5	6	8	7
1	7	6	9	5	3	8	4	2
4	3	2	1	7	8	5	6	9
5	8	9	6	2	4	3	7	1
7	5	8	2	9	6	4	1	3
3	2	4	5	8	1	7	9	6
9	6	1	3	4	7	2	5	8

1sudoku.com n° 229511 - Level Medium

7	1	8	9	6	5	4	2	3
4	5	9	2	8	3	1	6	7
3	6	2	7	1	4	5	9	8
1	8	4	6	9	7	2	3	5
2	3	6	4	5	1	7	8	9
5	9	7	8	3	2	6	4	1
6	2	5	3	7	8	9	1	4
8	4	1	5	2	9	3	7	6
9	7	3	1	4	6	8	5	2

1sudoku.com n° 2339 - Level Medium

4	2	6	3	9	8	5	1	7
3	8	5	4	1	7	2	6	9
7	1	9	5	2	6	8	4	3
6	4	2	1	8	9	7	3	5
8	5	3	2	7	4	6	9	1
1	9	7	6	5	3	4	2	8
9	3	8	7	6	2	1	5	4
2	7	1	9	4	5	3	8	6
5	6	4	8	3	1	9	7	2

1sudoku.com n° 321776 - Level Hard

5	9	2	8	7	1	3	4	6
8	7	1	4	3	6	9	2	5
4	6	3	9	5	2	1	8	7
9	5	8	1	6	4	7	3	2
3	4	6	7	2	9	8	5	1
2	1	7	5	8	3	6	9	4
7	2	4	6	9	8	5	1	3
1	8	5	3	4	7	2	6	9
6	3	9	2	1	5	4	7	8

1sudoku.com n° 320886 - Level Hard

Puzzle Answers



Happy BIRTHDAY



Vivian Moe 9/2

Judy Clemenson 9/5

Niki Keenan 9/5

Nancy Walsh 9/7

Kimpy Ferguson 9/12

David Clemenson 9/13

Vince Gibby 9/13

Richard Thayer 9/13

Kaye Waldsmith 9/13

Amy Lambert 9/18

Kathy Bundy 9/18

Terry Hepner 9/18

Frank Anderson 9/22

Carl Hamm 9/22

Dan Skipwith 9/23

Ray Clouatre 9/24

Cheryl Matson 9/25

Lonnie Lambert 9/27

Angie Hickel 9/27

Charlene Petty 9/27

Alan Townsend 9/30

Bev Hylen 9/30

\$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson

Delmer McCune

Debbie MacLean

Nora & Howard Appel

Char & Byron Moore

John & Janice Nofziger

Jim Beall

Russ Cross & Bev Graf-Cross

Bob Pearson

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Thank You

Steve Vanek for selling the split the pot raffle tickets

Steve Stewart for pressure washing the rugs

Willard Bauman for picking up groceries

Jim Beall for the Costco Runs

Don't forget to log all of your time in the volunteer book

Thank you to all of our members and volunteers

Thank you to all the donors

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Steve Vanek
Secretary: Kaye Waldsmith
Treasurer: Vi Nordgren
Trustee: Cheryl Doyle
Trustee: John McCombs
Trustee: Dan Miller

Endowment Trustees

Chair: Kaye Waldsmith
Vice Chair: Steve Vanek
Treasurer: John Nofziger
Trustee: David Clemenson
Secretary : Vi Nordgren

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Cook: Niki Keenan
Cook/Maintenance: Rick Ferguson
Trans. Driver: Sharon Wheeler
MASST Employee: Tracy Rector

Events and Activities

Weekly

Mondays:

Quilting/Sewing 1-4 pm

Tuesdays:

Wednesdays:

Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays:

Knitting 1:30 -4:00

Billiards 1-4 pm

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.

Suggested donation:

\$8 or members, \$12 for non-members

Lunch includes: soup,
salad, entrée and dessert



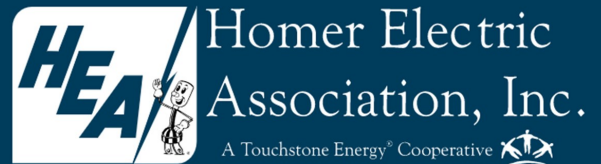
Ninilchik Senior Center receives quarterly donations from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors



Alaska Food Coalition
 American Legion Auxiliary #18
 Dolifka & Associates, PC
 Enstar
 Fred Meyer/Kroger
 HEA
 Hilcorp
 Kenai Peninsula Borough
 Kenai Peninsula Family Caregivers
 Support Program
 Meals on Wheels America
 Ninilchik Family Dentistry
 Ninilchik Native Association, Inc.
 Private Donations
 Sons of the American Legion 18
 South Peninsula Hospital
 State of Alaska/NTS Grant
 The Alaska Community Foundation



September 2025 Menu



Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon.

Please note: menu is subject to change based on product availability. 907-567-3988. Please call in advance for take-out meals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays			Bingo @ 1:15			Information
Vivian Moe 9/2 Judy Clemenson 9/5 Niki Keenan 9/5	Center Closed for Labor Day	Asian Chicken Stir Fry Veggies Rice	Baked Ziti Mixed Vegetables Garlic Bread	French Dip Potato Salad Broccoli	Salmon Scalloped Potatoes Green Beans Rolls	Soup served daily with pick up meals
7	8	9	Bingo @ 1:15	11	12	13
Nancy Walsh 9/7 Kimpy Ferguson 9/12 David Clemenson 9/13 Vince Gibby 9/13 Richard Thayer 9/13 Kaye Waldsmith 9/13	Lil' Cheddar Meatloaf Mashed Potatoes Gravy Carrots & Rolls	Bourbon Kielbasa Rice Jell-O	Chicken Cordon Bleu Pasta Cauliflower Garlic Bread	Frittata Sausage Bread Pudding Fruit No Salad Bar	Oven Fried Chicken Mashed Potatoes Gravy Veggie	Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00 per cup
14	15	16	Bingo @ 1:15	17	19	20
Amy Lambert 9/18 Kathy Bundy 9/18 Terry Hepner 9/18	Salisbury Steak Mashed Potatoes Gravy Broccoli Rolls	Country Pork Ribs Kidney Beans Coleslaw Cornbread	Chicken Alfredo Carrots Garlic Bread	Board Meeting Cranberry Pork Loin Yams Stuffing	Cheeseburger Fries Macaroni Salad Jell-O	
Frank Anderson 9/22 21	22	23	Bingo @ 1:15	24	26	27
Carl Hamm 9/22 Dan Skipwith 9/23 Ray Cloutre 9/24 Cheryl Matson 9/25 Lonnie Lambert 9/27 Angie Hickel 9/27 Charlene Petty 9/27	Chicken Enchilada Refried Beans Mexi-Corn Rice	Ham & Cheese Sandwich Fries Macaroni Salad	Swiss Mushroom Bacon Meatloaf Mashed Potatoes Gravy Cabbage & Rolls	Hawaiian Chicken Vegetable Rice	Biscuits & Gravy Ham Hashbrowns Fruit No Salad Bar	Lunch starts right at noon
28	29	30				
Alan Townsend 9/30 Bev Hylen 9/30	Sloppy Joes Potatoes Broccoli	Monterey Chicken Rice Carrots				

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."