

A Note From the President of the Board:

It's July!!!! Guess who's coming to the Senior Center. That's right, Mario Carboni, The Honky-Tonk Rebel. He has been here before and he will only be doing two shows at the Center. Don't miss him. It is a fundraiser for the Center so the cover charge is \$10 per person. If you bring someone with you then it is only \$20 at the door. Bring some finger food to share if you would like, but it's not required. His first show at the Center will be July 2, and his second on July 16, both starting at 6 pm.

Independence Day is on Friday the 4th this year. Remember that the Center will be closed that day so plan accordingly.

Our annual fundraiser is also in July this year. It will be on July 25. Tickets are \$35 per person. Prime Rib dinner with all the fixings. Please bring a dessert to auction and also check out all the silent auction items. There will be a "Wine and Cheese" table again this year. The doors will open at 4:00 pm with dinner being served at 5:00 pm. I hope to see all of you there. There are some wonderful live auction items this year as well as the silent ones.

Remember, July is the start of our fiscal year so if you haven't renewed your membership then you should do that now.

Find Ninilchik Senior Center on Facebook and Like Us when you can.

Have a wonderful July everyone!

~ *Dick Hawkins,* President



# A Note from the Executive Director:

July already?? This summer is flying by as our summers in Alaska usually do! I Hope everyone is able to get out and have some fun this summer enjoying the sunshine and longer days.

Speaking of fun things, there are lots of fun things coming up here at the center.....

July 2 and July 16: Mario Carboni (The Honky-tonk Rebel) will be here at the Senior Center from 6 pm -9 pm "ish" putting on a concert like no other for your entertainment. Cost to get in is \$10/person and if you're willing, bring some finger foods to share. Mario is an extremely talented musician and you won't be disappointed! Come and check it out, do some dancing and have some fun!

July 14: Night-time Bingo! Back by popular demand – an evening of Bingo fun! Cheryl's planning a fun night so if you're into Bingo – July 14th is your night. Doors will open at 5:30 pm, Bingo games will start at 6 pm.

July 25: Annual Fundraiser Dinner: Prime Rib and all the fixin's, followed up with an evening of fun as we auction off some wonderful items and of course desserts! If you are interested in making a pie to donate to the auction, pie plates are available – check with the office staff. Our wonderful volunteers and board members are busy working out all the details and gathering donations for our auctions. Cheryl will once again be our auctioneer so you know it's going to be a fun and exciting evening!

If you haven't done so yet, please like us on Facebook. We've been putting lots of information on Facebook lately so if you want to stay in the know about the senior center – like our page!

One more reminder.....our Annual Membership Meeting will be taking place this year on August 12. There will be voting for 3 board seats this year. If you're interested in running for the board, please let the office know. You must be a current member to vote at the annual meeting so if you haven't yet paid your membership dues for FY26 (July 1, 2025 – June 30, 2026), now's the time! Your membership dues matter! Thank you for supporting the senior center.

That's it for now. Thank you to everyone for coming by the center this summer and joining us for a meal, activities, or just to say hi! We're glad you're here!

~ Julie Otto





# What's your favorite pie or dessert?

Hey all you Bakers, come by and get a pie plate and make a dessert for the Fundraiser Auction and show off your baking talents!





# **NINILCHIK SENIOR CENTER EVENING BINGO**

**JULY 14** 

6:00-8:00

**DOORS OPEN AT 5:30** 

**FIRST GAME STARTS PROMPTLY AT 6:00** 

**REGULAR BINGO \$5.00** 

**CRAZY BINGO (BRING QUARTERS)** 

**BRING YOUR OWN NON-ALCOHOLIC DRINKS** 

# AND SNACKS IF DESIRED

(DEALER LIKES COOKIES!)





JULY DUGOUT NEWS

Summer is here and it's time to think about those Spring and Summer Cleanings. Here's a few shortcuts!

**Wipe out Wall Scuffs**: Use a cleaning paste to easily rub out blemishes on painted walls and baseboards. Apply it with a damp cloth, then rinse with a cloth and wipe dry.

**Deep clean the sofa**: remove the couch cushions and thoroughly vacuum all the folds and crevices. Flip and reposition the cushions if possible. For a sofa bed, unfold the mattress and vacuum it too.

**Revive Curtains:** Use your vacuum's upholstery tool to dust fabric drapes and valances. Be sure to hit all the folds and pleats.

**Renew your Floors:** Dip a damp paper towel (or your finger) into baking soda and rub out floor scuffs. Wipe with a damp cloth and buff dry.

**Dust Your Blinds:** Use a microfiber glove or rag and wipe down window slats. Lastly use it to dust the drapery rods and rings.

**Rub Lampshades Clean:** Use a sticky lint roller to quickly remove dust and hair from smooth lampshades. Clean pleated shades with a new bristle or foam paintbrush.

**Scour Shower Nozzles:** You can restore the flow to clogged sprayers and faucets using a small brush dipped into white vinegar. Go into and around the holes. Run the hot water to rinse.

**Grout:** whiten mildewy looking grout at the corners of a tub or shower floor with a cotton ball soaked in chlorine bleach. Keep the wet cotton against the stain until it disappears.

**Fans:** Gather the dust that clogs a bathroom exhaust fan with your vacuum's soft brush attached to the extension wand. Clean the brush as needed to thoroughly clean the fan.

**Filters:** Replace your furnace or AC filters. For your range hood filter soak it for about 15 minutes in the sink of hot water, ½ cup baking soda and a grease cutting dish liquid. Scrub gently with a dish brush. Rinse, dry and replace in range hood.

**Vacuum Cleaner:** Take apart the dust bin and filter assembly and wash and dry all pieces thoroughly. Tap clean or replace any non-washable filters. Check the brush roller for tangles and clear them with scissors or a seam ripper. DO NOT USE A KNIFE!

**Toaster:** Slide out the crumb tray from your toaster or toaster oven (and any pans or racks) and wash in warm suds. Use a pastry brush, whisk stuck-on bits from inside the appliance. Turn it over to dump them out (toaster).

**Refrigerator:** using a disinfecting wipe gently wipe between the gasket channel and use a dry paper towel afterwards. (Great place for mold to grow). May need to use several disinfecting wipes.

**Washer:** Pop out your machine's detergent dispenser. Disassemble it and scrub away gunk under running water with a soft brush. Clean the rubber gasket with a disinfecting wipe. Good time to check your water connections to make sure they haven't loosened.

**Dryer:** Pull or suck out clumps from inside your dryer's lint filter chamber then clean under, around and behind your dryer with a long, flat dusting tool. Check connections to make sure your lint hose is connected tightly to dryer and outside vent.

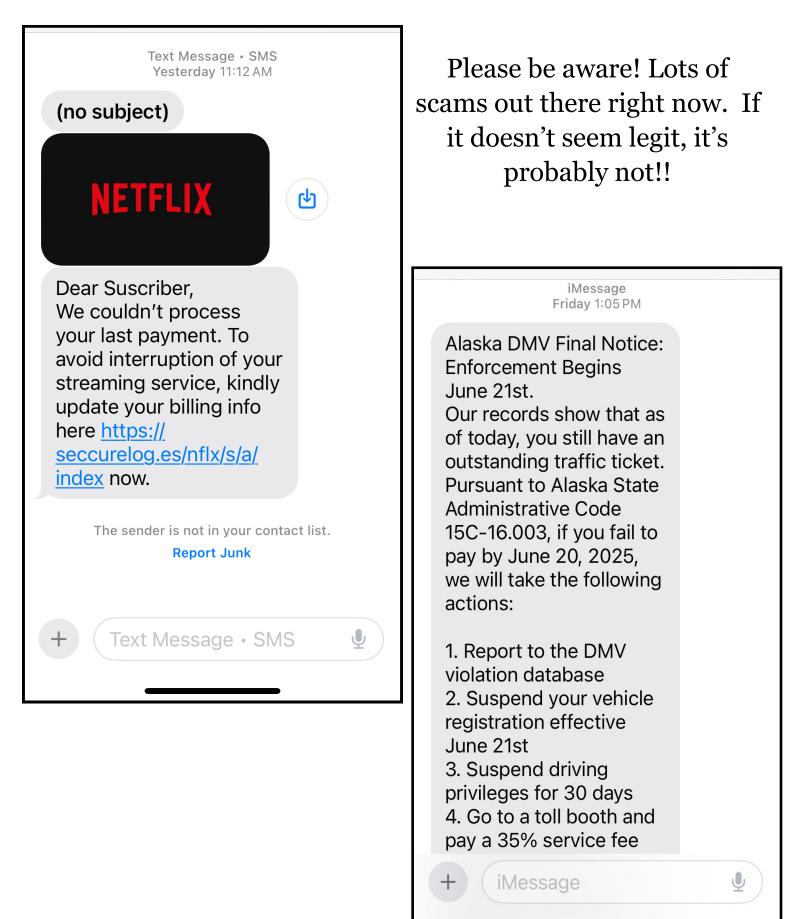
As Always Keep **Swinging for the Fence!!** 



Cheryl

# HAPPY BIRTHDAY AMERICA!!

# Watch Out for These Scams!



1 sudoku.com



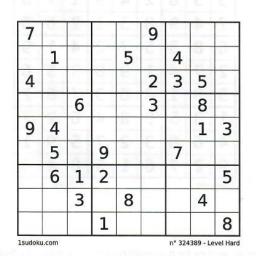
-		-	0	2	6	-		
21	3	9	9 6	7	1	4	1	8
	1 5	5	8	-	1	-	9	
	4	1		8		9		2
8	1	2	-	3	2	5	6	7
5		7	0	6	-	1	3	10
	6		10		8	2	-	2
4	1	8	-	9		1	5	10
1	-		2	1			1	

	1	I	8	8	7	4	2	8
5	9	3	6	1	4	8	7	5
5	8	7	1	4	9	8	3	5
1	2	9	ε	3	6	4	4	9
	0	4	9	1	1	6	E	2
7	4	8	2	7	ε	5	1	3
7	5	1	7	0	8	1	9	Ð
	100	11.5	-		3		4	

		1	7		-	9	3	
	5	1	5	12	-	1		
	4	10	-	3	-	~	-	5
6	8		2	7	10	0	2	
		4	1	9	8	3	0	0
	1	-		6	-	-	8	2
1		1	2	8		1	2	
	-	8					9	
	2	7			5			

E			2	1	9	3	-
9	-	-	6	3	-	21	7
2		3	1	9		6	
8			121	6	4	1	
5		4		0	7		8
10		9	8				3
11	1		7		5	1	9
6	10	10	3	5	1	1	4
-	7	5	1	8	1.1	1	

	8	8	E	2	6	7	7	4
7	2	E	7	5	5	1	9	3
Ē.	7	2	31	1	9	3	5	8
2	5	8	2	8	4	5	8	9
ς.]	8	6	5	1	3	8	5	ε
7	1	8	8	7	2	8	4	5
8		7	1	6	21	I	4	Υ.
6	9	2	3	6	4	8	1	2
4	6	-	8					-



Page 1/2 - Check the solutions, print more sudoku puzzles for free and play online at: https://1sudoku.com/print-sudoku

# <u>July</u>

July birthstone, ruby, inspires motivation, encouraging you to step into action and seize the day!



The July birth flower, larkspur, represents lightness of spirit .



The zodiac signs are Cancer and Leo serve as the month's zodiac guardians, carrying protection and courage to those born during this month.

June 21–July 22

July 23–August 22





# Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

<u>Cost</u>: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

<u>Progressive Split the Pot Raffle Rules:</u>

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

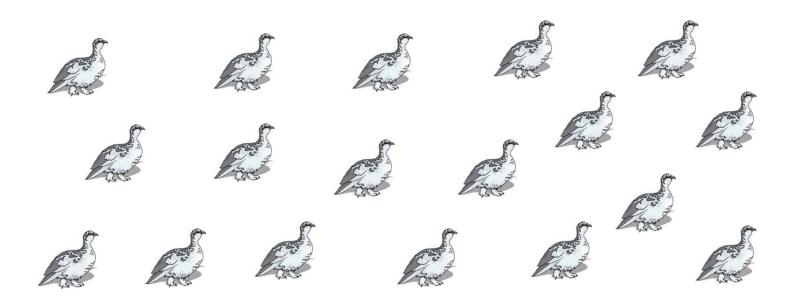
<u> 16 cards</u>

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14)Ptarmigan: \$5

Congratulations to all the prior weeks winners







#### Songs With Girl's Names

Find and circle all of these songs that have a girls name in the title. The remaining letters spell an additional song title.



ADIA ALISON AMANDA AMGIE BARBARA ANN BETH BILLIE JEAN BRANDY CANDIDA CARRIE ANNE CECILIA CLAIR DELILAH DELIAH DELTA DAWN

DIANA ELEANOR RIGBY ELVIRA GLORIA JOANNA JOLENE KYRIE LAYLA LITTLE JEANNIE LUCILLE MAGGIE MAY MANDY MICHELLE MY SHARONA NIKITA OH SHERRIE PEGGY SUE RHIANNON ROSANNA ROXANNE RUBY TUESDAY SARA SHERRY SUSIE Q SUZANNE SWEET CAROLINE









1985 Teddy's Toys & Co., All Rights Reserved. All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

- 1. Ketchikan's recorded rainfall has been as high as which of the following? (150 inches, 220 inches, 300 inches)
- 2. What happened in Lituya Bay in 1958 that devastated the area?
- 3. What is a fish trap?
- 4. What is the fo'c'sle?
- 5. True / False, The Alaska Highway is the only road connecting Alaska to the continental U.S.
- 6. How many Senators and Representatives make-up Alaska's congressional delegation?
- 7. What is a flat area of mud or sand under water at high tide?
- 8. What city had to relocate because of the damage caused by the great earthquake?
- 9. Where is the most developed ski area in Alaska?

10.What are "Monuments in Cedar"?

3. A trap, now outlawed that 8. Valdez efficiently caught migrat-9. Mt. Alyeska, 4 miles from ing salmon Anchorage

mountain

1. 220 Inches

teet up at the side of the

rock slide that created a

2. An earthquake caused a

have that rose 1,720 have that rose 1,720

sentative 7. Tidal flat

- 6. Two Senators, One Repre-
  - 5. True
  - 4. Forecastle or forward



səloq mətoT.ot

1. Blusters bombastically

10. "--- Here to Eternity"

6. Needle point?

Cherish highly
Medicinal plant

Pompeii destroyer
New Guinea neighbor

18. Dental procedure

Beer barrels
Swamplands

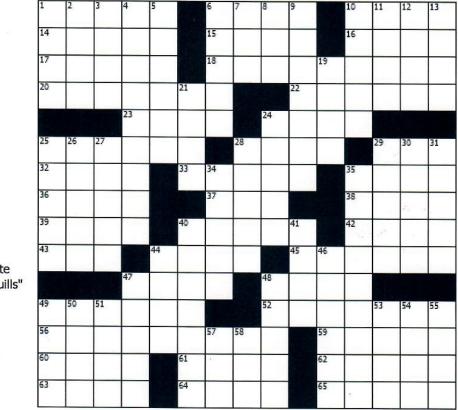
New Jersey capital
Dicker over price

Across

#### Free Printable Crossword Puzzle #1

This is the Daily Crossword Puzzle #1 for Jun 27, 2025

Find the solution at https://onlinecrosswords.net/6532



### 33. Adlai's 1956 running mate35. Marquis portrayed in "Quills"

Indian princess

**25**. Tristan's beloved **28**. Filly's father

29. Tarzan's swinging kid

- **36**. Chief Norse god
- 37. "A Few Good ----"
- 38. Neck of the woods
- 39. Affable
- 40. Rosary items
- 42. Cons partners
- 43. "Dick and Jane" verb
- 44. Cheapest way to buy
- 45. Give the okay
- 47. Spill the beans
- 48. Hanover housewife
- 49. Nonchalant
- 52. Thin, flat, unleavened cake
- 56. Pungent cheese
- 59. Soup pods
- 60. --- fixe
- 61. Hospital ward
- 62. Bridle straps
- 63. Jury member
- 64. Wimple wearers
- 65. Hot under the collar

#### Down

- 1. Entranced
- 2. Month after Shebat
- 3. Slangy refusal
- 4. Railroad artery, e.g.
- 5. Occupying an ottoman
- 6. Gives safety information
- 7. "Do Ya" grp.
- 8. Canals between Huron
- and Superior
- 9. Equine restraints
- **10**. Jolly Roger and Union Jack, e.g.
- 11. Chimed
- 12. Face shape
- 13. Stag attendee

**19**. Word with sugar or candy

- 21. Double-curved molding
- 24. Diabolic type
- 25. Items in the fire
- 26. Al Capp's Hawkins
- 27. In a state of abeyance
- 28. It's rarely served?29. Ballerinas get a rise out of this
- 30. Theater hall
- **31**. Bakers get a rise out of this
- 34. Olfactory clue
- 35. Certain Woodpecker

**40**. Site of two Confederate victories

- 41. Poet Teasdale
- 44. Suitor
- 46. Zen Buddhism state
- 47. Root vegetable
- 48. Strongholds
- 49. Film segment
- 50. Nursing assistant
- 51. Peter Pan pirate
- 53. Soprano's showstopper
- **54**. "Critique of Pure Reason" philosopher
- 55. Being, to Nero
- African antelope
- 58. "Ich bin --- Berliner"



# Join NSC's Legacy Club!

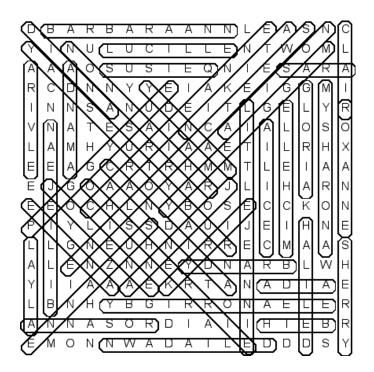
Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.

Thank you to all who donate to the Ninilchik Senior Center!



Puzzle Solution © OnlineCrosswords.net

					oluu	on e	0	neer	555770					
R	Α	N	т	S		w	Е	S	т		F	R	0	м
Α	D	0	R	Е		Α	L	0	Е		L	Α	v	Α
Р	Α	Р	U	Α		R	0	0	т	С	Α	N	Α	L
т	R	Е	N	т	0	N			н	Α	G	G	L	Е
			к	Е	G	S		F	Е	N	S			
Ι	S	0	L	D	Е		S	Ι	R	Е		В	0	Y
R	Α	N	I		Е	S	т	Е	S		S	Α	D	Е
0	D	Ι	N			м	Е	N			Α	R	E	Α
Ν	Ι	С	E		В	Е	Α	D	S		Ρ	R	0	S
S	Е	Е		В	U	L	к		Α	S	S	E	Ν	т
			т	Е	L	L		F	R	Α	U			
С	Α	S	U	Α	L			0	Α	т	С	Α	К	E
L	I	м	В	U	R	G	E	R		0	к	R	Α	S
Ι	D	E	Е		U	N	I	т		R	E	I	N	S
Р	Ε	Ε	R		Ν	U	N	S		Ι	R	Α	т	E

-			-				-	
1	8	4	9	2	6	3	7	5
6	3	9	5	7	1	4	2	8
2	7	5	8	4	3	6	9	1
3	4	6	7	8	5	9	1	2
8	1	2	4	3	9	5	6	7
5	9	7	1	6	2	8	3	4
7	6	1	3	5	8	2	4	9
4	2	8	6	9	7	1	5	3
9	5	3	2	1	4	7	8	6
sudoku	.com					n° 11	.837 - Le	vel Eas
6	1	3	8	5	7	9	2	4
4	9	7	3	2	1	8	6	5
5	8	2	6	4	9	1	3	7
8	2	9	7	3	6	4	5	1
1	6	5	4	8	2	3	7	9
3	7	4	9	1	5	6	8	2
9	4	6	2	7	8	5	1	3
7	3	1	5	6	4	2	9	8
2	5	8	1	9	3	7	4	6
sudoku	.com				n	° 21406	7 - Level	Mediur
8	1	2	7	5	6	9	3	4
3	5	6	2	4	9	1	7	8
7	4	9	8	3	1	2	6	5
6	8	3	5	7	2	4	1	9
2	7	4	1	9	8	3	5	6
5	9	1	4	6	3	7	8	2
-	-	_	-	-		-	-	

1 3

2 7

4

9

5

6 8 3 2 7

9 8 4

6 1 5

2

5 9 1

8 4 3

7

6

5	3	9	1	8	2	6	4	7
7	4	2	3	5	6	1	8	9
1	6	8	9	7	4	3	5	2
2	9	4	6	1	5	7	3	8
8	1	7	2	3	9	4	6	5
3	5	6	7	4	8	9	2	1
9	8	5	4	6	7	2	1	3
4	7	1	5	2	3	8	9	6
6	2	3	8	9	1	5	7	4

1	8	9	2	3	6	5	7	4
3	2	4	7	8	5	1	9	6
6	7	5	4	1	9	3	8	2
2	5	8	6	4	1	7	3	9
9	4	6	5	7	3	8	2	1
7	1	3	9	2	8	4	6	5
5	3	7	1	6	2	9	4	8
8	9	2	3	5	4	6	1	7
4	6	1	8	9	7	2	5	3

7	3	5	4	1	9	8	6	2
6	1	2	3	5	8	4	9	7
4	8	9	6	7	2	3	5	1
1	2	6	7	4	3	5	8	9
9	4	7	8	2	5	6	1	3
3	5	8	9	6	1	7	2	4
8	6	1	2	3	4	9	7	5
2	9	3	5	8	7	1	4	6
5	7	4	1	9	6	2	3	8

Puzzle Answers







David Shea 7/3 Ted Larsen 7/5 Frank Miller 7/5 Cheryl Doyle 7/6 Suzanne Woodard 7/7 Sharon Fowler 7/8 Larry Wallace 7/8 Elain Chalup 7/9 Ellenore Kvamme 7/10 Robert Adams 7/11 Rosemarie Welz 7/12 Jeannette Minnihan 7/13 Jeanie Gregorich 7/14 Charles Williams 7/14 Delmer McCune 7/14 Penny Cramer 7/16 David Nordgren 7/16 Bob Pearson 7/22 Bob Jones 7/23 Pat Moran 7/25 John McCombs 7/26 Jim Kenshalo 7/27 Nora Appel 7/3 Liz Kruzick 7/31

### \$5 A Month Club

Thank you to the following who contributed to the club:

> David & Judy Clemenson Bruce Randall Delmer McCune Debbie MacLean Nora & Howard Appel Cathy Perry Char & Byron Moore John & Janice Nofziger Ron Jorgensen Jim Beall Russ Cross & Bev Graf-Cross Josie Savoy Bob Pearson

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any

# 

# **About The Ninilchik Senior Center**

#### **Our Mission**

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

## **Board of Directors**

President: Dick Hawkins V. President: Steve Vanek Secretary: Kaye Waldsmith Treasurer: Vi Nordgren Trustee: Cheryl Doyle Trustee: John McCombs Trustee: Dan Miller

#### Endowment Trustees

Chair: Kaye Waldsmith Vice Chair: Steve Vanek Treasurer: John Nofziger Trustee: David Clemenson Secretary : Vi Nordgren

# Staff

Executive Director: Julie Otto Adm. Assist/Bookkeeper: Tandy Wallace Cook: Casey Campbell Cook/Maintenance: Rick Ferguson Kitchen Assist./Homemaker: Niki Keenan Trans. Driver: Sharon Wheeler

# Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri. Suggested donation: \$8 or members, \$12 for non-members Lunch includes: soup, salad, entrée and dessert



# **Events and Activities**

# Weekly

**Mondays:** Quilting/Sewing 1-4 pm

**Tuesdays:** 

Wednesdays: Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

**Fridays:** Knitting 1:30 –4:00 Billiards 1-4 pm





So far this year (2023), the center received **\$238.31** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <u>https://www.fredmeyer.com/</u> <u>topic/community-rewards-4</u>

The center's Organization Identification Number is GP013.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors







Alaska Food Coalition American Legion Auxiliary #18 Dolifka & Associates, PC Enstar Fred Meyer/Kroger HEA Hilcorp Kenai Peninsula Borough Kenai Peninsula Family Caregivers Support Program Meals on Wheels America Ninilchik Family Dentistry Ninilchik Native Association, Inc. **Private Donations** Sons of the American Legion 18 South Peninsula Hospital State of Alaska/NTS Grant The Alaska Community Foundation



Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon. Please note: menu is subject to change hased on product availability. 907-567-3988. Please call in advance for take-out

Please note:	menu is subject to ch	ange based on prod	uct availability. 907-5	67-3988. Please cal	Please note: menu is subject to change based on product availability. 907-567-3988. Please call in advance for take-out meals.	out meals.
<i>(ppung)</i>	Monday	I uesady	weanesaay	Inursday	Friday	saturday
Birthdays		I	Bingo @ 1:15 2	3	4	Information 5
David Shea 7/3 Ted Larsen 7/5	8	Florentine Spaghetti	Crispy Chicken Mashed Potatoes	Beef Taco Beans	Closed for Independence	STRAIGH
Frank Miller 7/5	Ż	Carrots	Gravy	Rice	Dau	
	The second se	Garlic Bread	Broccoli & Rolls		5	Pr July
	5		$\mathbf{Q}$		-	
6	7	8	Bingo (a) 1:15 9	10	11	12
Cheryl Doyle 7/6	<b>BBQ Chicken</b>	<b>Pork Medallions</b>	French Toast	<b>Cashew Chicken</b>	Roast Beef	Suggested
Suzanne Woodard 7/7	Beans	Yams	Sausage	Salad	Mashed Potatoes	Donation
Sharon Fowler 7/8	Macaroni Salad	Green Beans	Potato	Croissant	Gravy	\$8.00 Seniors
Larry Wallace 7/8	Coleslaw	Stuffing	Fruit	Broccoli Salad	Carrots	\$12.00 Guests
Elaine Chalup 7/9				Macaroni Salad	Rolls	The Co South
Ellenore Kvamme 7/10						10-00 Soup
Robert Adams 7/11						dno Jad on Te
Rosemarie Welz 7/12						
Jeannette Minnihan 7/13 13	14	15	Bingo @ 1:15 16	<b>Board Meeting 17</b>	18	19
Jeanie Gregorich 7/14	Asian Chicken	<b>Baked Ziti</b>	Salmon	French Dip	Baked Ham	
Charles Williams 7/14	Stir-fry	Mixed Vegetables	Rice	Potato Salad	Scalloped Potatoes	
Delmer McCune 7/14	Rice	<b>Garlic Bread</b>	Peas	Broccoli	Green Beans	
Penny Cramer 7/16			*Mario Concert 6p*		Rolls	
David Nordgren 7/16						
20	21	22	Bingo @ 1:15 23	24	Be a Pirate Day 25	26
Bob Pearson 7/22	Lil' Cheddar	Bourbon Keilbasa	Chicken Cordon	Frittata	<b>Closed for Lunch</b>	Lunch starts
Bob Jones //23	Meatloaf	Rice	Bleu Pasta	Sausage	Open at 4pm for	right at noon
Pat Moran //25	Mashed Potatoes	Jell-O	Cauliflower	Bread Pudding	Annual	
	Gravy		uarlic Bread	Fruit	Eundraiser	
	Carrots & Rolls	8		No Salad Bar	Dinner & Auction	
27	28	29	Bingo @ 1:15 30	31		
Jim Kenshalo 7/27	Salisbury Steak	Country Pork	Chicken Alfredo	Cranberry Pork	0	Soup served daily
Nora Appel 7/30	Mashed Potatoes	Ribs	Carrots	Loin		with pick up
Liz Kruzick 7/31	Gravy	Kidney Beans	<b>Garlic Bread</b>	Yams		meals
	Broccoli	Coleslaw		Stuffing		
	KOIIS	Cornbredd				

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."