



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



2025

Coming Up:

- ~Flag Day 6/14
- ~ Father's Day 6/15
- ~Juneteenth 6/19-Center Closed
- ~Summer Begins 6/20

A Note From the President of the Board:

June is here!!! I think this summer has been pretty nice so far. Hush, I didn't say that out loud did I? But, really the temps have been in the 50's and the rain has been pretty minimal. Lets hope the rest of the summer is as nice to us.

June brings Father's Day. So, to all you fathers out there good job. I hope you get to relax and enjoy your family on your day.

June also brings the newest federal holiday, Juneteenth on June 19. We will be closed that day so plan accordingly.

I hope all of you were able to take advantage of the gun show that was held at the center on May 31 and June 1.

June is normally a very busy month and this year it is not disappointing us. The traffic has picked up on the highway so be careful out there. Us your seatbelt and take your time. I haven't seen much in the way of road construction around this area but I know there is some on the way to Anchorage.

There is a new challenge for the kitchen fund. There is a pledge to match any contribution to the kitchen fund up to \$10,000, from now until Aug. 15. What generous people we have at our center. Speaking of the kitchen, the requests for proposals have gone out and we are expecting them back soon. Right now we are still on track for the remodel to take place this December and January. I hope you have a blessed summer.

~ **Dick Hawkins, President**



A Note from the Executive Director:

Yay! June is here! The month summer officially begins! I Hope Mother Nature cooperates and we get to see some sunshine!

June is a very special month in that we get to celebrate Father's Day! Happy Father's Day to all the fathers, grandfathers, step-fathers and all you wonderful men who have made a difference in someone's life! Enjoy your day and celebrate!

June also brings with it membership renewal for the next year. The cost of renewal is still just \$25 per person. Our membership dues run along with our fiscal year – from July 1 to June 30. Thank you to all of those who have already paid their dues for next year. Your membership dollars play a vital role in meeting our financial needs each year. Heating, electricity, and building maintenance and upkeep are just a few of the items your membership dollars support. Help us keep the center growing and thriving and supporting our senior community by paying your membership fees – we appreciate it!

Although it's June, I'm going to jump ahead a month and let you know to "Save the Date"! Our annual fundraiser is moving to July this year! We've had requests to move to an earlier date so we're going to give it a try. The date of the annual fundraiser this year is July 25. The theme is pirates! Hope you all can join us and have some fun dressing up. More details to follow! Speaking of "Save the Date", we'll go out one month further than that in hopes you can put this on your calendar also, the date of our Annual Membership Meeting will be August 12th this year. There will be three board seats open this year. If you're interested in running for the board, please let me know!

Here's to a great summer! So far we've seen a little bit of sunshine – hopefully that will increase and it will shine bright and often this summer so that everyone is able to get out and enjoy the beauty of what our great state has to offer!

~ Julie Otto

Save the date!

July 25, 2025

The Annual Dinner & Auction Fundraiser

This year the theme is Pirates

Dress up and join us for a great time



Enjoy
Good
Music and
Company

NSC Presents

A fun-
filled evening
of music!

The Honky-Tonk Rebel



Mario Carboni

Wed, July 2, 2025

And

Wed, July 16, 2025

~6 pm to 9 ish

~\$10 per person

~Finger Food Welcome

~Family Friendly

At the Ninilchik Senior Center

66265 Aspen Ave, Ninilchik



FAMILY CAREGIVER SUPPORT PROGRAM

Caregiver Support Groups & Trainings

JUNE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4 Kenai Senior Center 2pm-3:30pm	5 Soldotna Senior Center 1pm-2pm	6 Tyotkas Elder Center 10:30am-11:30am
10	10	11 Soldotna Library 2pm-3pm	12 Seward Senior Center 12pm-1pm	13
17	17	18	19 Sterling Senior Center 1pm-2pm	20
23	24 Nikiski Senior Center Alzheimer's Association W/Cindy Harris 1pm-2pm	25	26 Ninilchik Senior Center 12pm-1pm	27



**June is National
Alzheimer's & Brain
Awareness Month!**

Scan our QR Code
to follow us on
Facebook & stay
updated on what's
happening!





MAY DUGOUT NEWS

I do believe Summer is coming. With that it means planting and harvesting what you plant. But do you know how much to plant so you can eat your harvest all year long? Don't panic I'm here to help you out! Here are a few hints on how many plants per person you need to plant for a years' worth of vegetables.

Asparagus	25 plants
Broccoli	15 plants
Bush Green Beans	50-75 plants
Cabbage	10 plants
Carrots	120 plants
Celery	10 plants
Cucumbers	4 plants
Garlic	50 plants
Green Onions	25 plants
Lettuce/Other Greens	50 plants
Onion Bulbs	100 plants
Peppers	5-7 plants
Potatoes	50 Row Feet
Snap Peas	40 Row feet
Summer Squash	1-2 plants
Sweet Potatoes	8 plants
Tomatoes	10-12 plants
(plant 1/2 that number of Roma if canning)	
Winter Squash	2-4 plants

Happy planting!

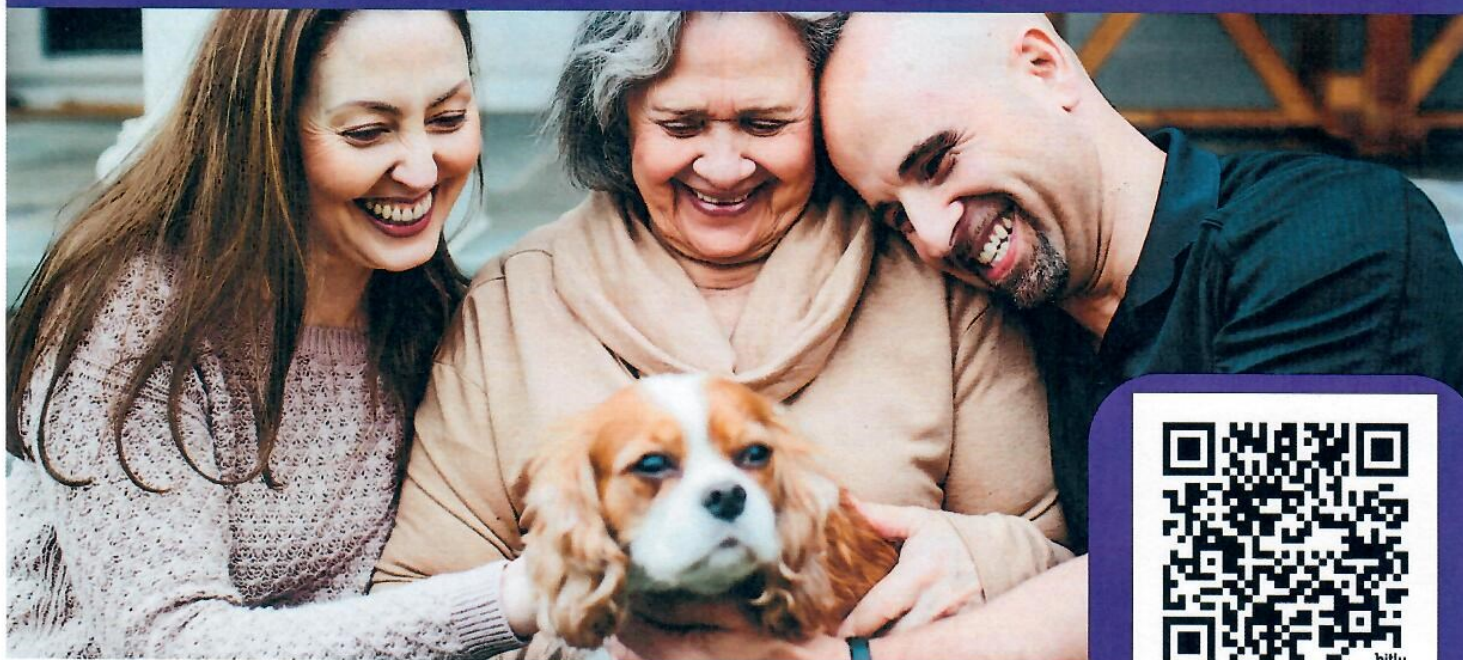
As always, **SWING FOR THE FENCE!**

Keep swinging for the fences!

Cheryl

Understanding Alzheimer's and Dementia

An education program presented by the Alzheimer's Association



The Alzheimer's Association® has created an education program covering the basics of Alzheimer's and dementia to provide a general overview for people who are facing a diagnosis as well as those who wish to be informed.

Join us to learn more about:

- Explores the relationship between Alzheimer's disease and dementia.
- Examines what happens in a brain affected by Alzheimer's.
- Details the risk factors for and three general stages of the disease.
- Identifies FDA-approved treatments available to treat some symptoms.

June 18, 2025

10:00 AM - 11:00 AM AKDT

**Ninilchik Senior Center
66265 Aspen Ave,
Ninilchik, AK 99639**

.....

**To register
800.272.3900**

ALZHEIMER'S  ASSOCIATION®



3	1			8		7		4
		6	2		4		1	
			7					6
	3	2	1	7				
8	6						3	7
				2	3	5	8	
6					2			
	8		4		9	3		
2		4		5			6	8

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n° 123599 - Level Easy

			2	3	4	1		
		3					8	
	7		9		8	4	3	
1		7	8			2		9
		4	1		2	7		
9		2			3	5		8
	1	8	3		5		9	
	5					8		
		9	6	8	7			

1sudoku.com

n° 118278 - Level Easy

2	7	1			8		9	
		9		3		6		
	3							8
1				2		5		6
			3		1			
3		7		4				9
8							6	
		2		8		7		
	9		6			3	8	4

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n° 25336 - Level Medium

6			2	3				7
	2	1		8	9	5		
				2	7		1	
	5		6	1	8		7	
	8		4	9				
		5	3	7		9	4	
9				5	6			3

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n° 2301 - Level Medium

	3	8			6		1	
	9			7		6		
			8		9			4
	1	5						9
4						8	5	
5			3		8			
		9		4			2	
	4		5			1	7	

1sudoku.com

n° 34689 - Level Hard

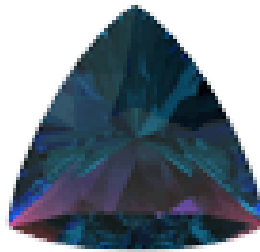
	1	2	6			8		4
					1			
		7		4		1	3	
	4							5
2				5				9
3							1	
	3	1		8		6		
			3					
7		8			6	4	9	

1sudoku.com

n° 322361 - Level Hard

June

June's birthstones are the pearl, alexandrite and moonstone



June birth flowers are the rose and the honeysuckle.



The zodiac signs are Gemini and Cancer

May 21–June 20

June 21–July 22



Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

16 cards

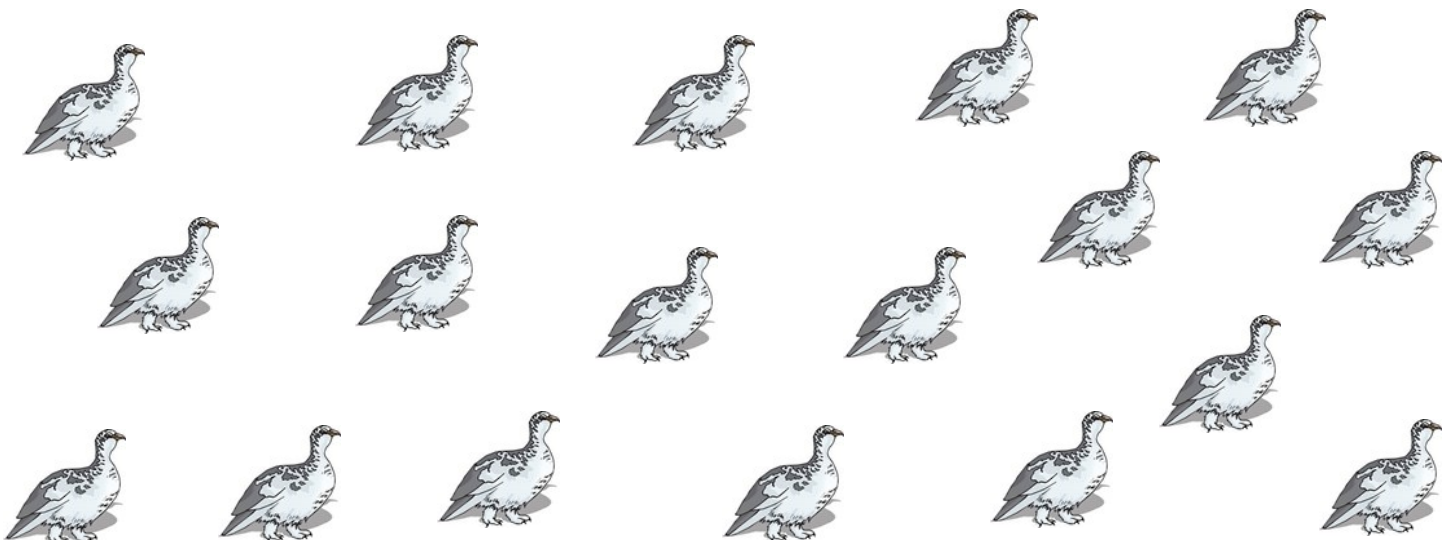
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5



Congratulations to all the prior weeks winners



Fishing

Find and circle all of the Fishing words that are hidden in the grid.
The remaining letters spell a quote by Henry David Thoreau.

L	E	E	R	D	N	A	D	O	R	M	A	N	F	T	U	O	R	T	Y
M	R	E	G	U	A	F	E	N	G	G	L	S	R	L	O	F	X	I	S
B	A	S	S	G	N	I	L	G	N	A	N	O	A	H	O	O	H	I	N
F	L	I	E	S	G	P	B	I	K	H	L	I	S	L	B	A	F	A	R
R	I	S	L	B	L	D	O	E	P	L	S	I	H	E	M	L	T	O	E
E	N	P	S	L	F	A	A	L	I	P	F	I	L	S	Y	O	T	E	B
V	E	O	I	U	H	I	T	N	E	D	I	K	F	C	I	R	N	S	B
I	E	O	N	E	I	L	G	F	E	F	C	N	A	N	G	F	A	A	O
R	T	L	K	F	R	Y	R	R	L	A	I	S	G	N	A	L	Y	E	B
I	E	V	E	I	E	L	E	E	T	Y	T	S	I	S	F	P	K	L	G
W	N	N	R	S	I	I	L	T	L	I	R	H	H	L	H	I	N	E	F
E	G	O	N	H	U	M	I	T	N	G	S	E	Y	I	R	K	O	R	N
L	N	P	O	I	W	I	A	G	I	I	N	R	E	T	N	N	O	D	G
B	I	T	O	H	P	T	R	A	F	T	O	A	S	L	I	G	P	N	C
B	D	T	T	N	R	S	T	L	I	D	R	E	P	E	E	K	S	A	R
I	N	I	S	E	D	G	L	N	F	L	O	U	N	D	E	R	T	H	A
N	A	O	D	S	P	I	N	C	A	S	T	R	E	E	L	F	T	C	P
B	L	A	F	I	T	J	R	E	L	W	A	R	C	S	I	H	T	T	P
H	E	E	Y	S	S	T	R	E	A	M	A	R	E	S	A	F	T	A	I
L	U	R	E	J	I	G	G	I	N	G	E	R	H	K	O	O	H	C	E

ANGLER
ANGLING
AUGER
BAIT
BASS
BLUEFISH
BOAT
BOBBER
CATCH AND RELEASE
CATFISH
CRAPPIE
CRAWLER
DAILY LIMIT

FLIES
FLIPPING
FLOAT
FLOUNDER
FLY CASTING
FLY FISHING
FLY REEL
FLY ROD
GEAR
HOOK
JIGGING
JIGS
KEEPER

LAKE
LANDING NET
LEADER
LINE
LURE
NIBBLE
PANFISH
POLE FISHING
POND
REDFISH
RIVER
ROD AND REEL
SALMON

SINKER
SPINCAST REEL
SPINNER
SPOOL
SPOON
STILL FISHING
STREAM
STRIKE
TACKLE BOX
TRAILER
TROLLING
TROUT

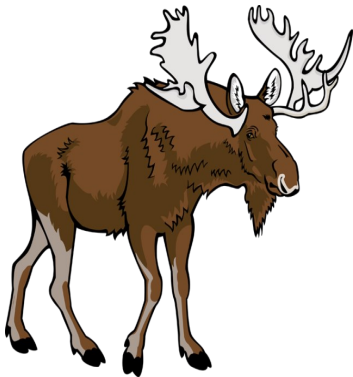




1985 Teddy's Toys & Co., All Rights Reserved.

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1. In 1900, where was the largest General Delivery service in the United States?
2. What department took over jurisdiction of Alaska in 1877? (War Department or Treasury Department?)
3. The first oil production in Alaska was in what year? 1902, 1935, 1953
4. Name the two biggest flesh eating animals in Alaska.
5. Prior to the establishment of the Marine Highway System, how did travelers get to southeast Alaska?
6. What were the years of the Klondike gold rush?
7. How do amphibians in Alaska spend their winters?
8. What glacier in Alaska is larger than the state of Rhode Island?
9. Why did Russia sell Alaska to the United States?
10. In what year was oil at Prudhoe Bay discovered?
11. Name the "high mountain sheep"

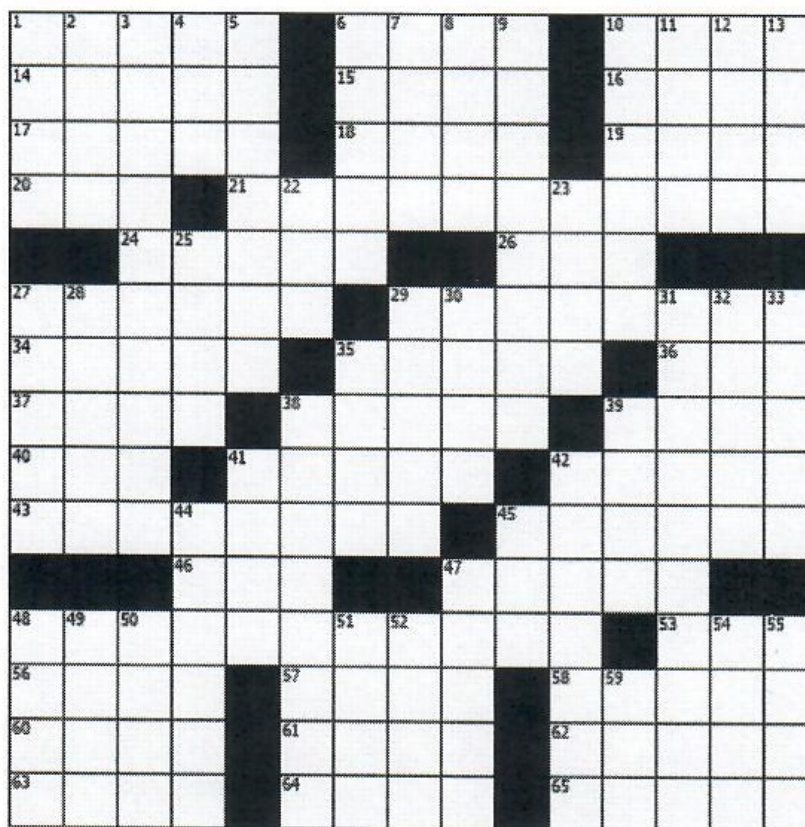


9. They needed money to settle their debts. They had just lost the Crimean War with England
10. 1968
11. Dall Sheep

1. Nome
2. Treasury Department
3. 1902
4. Polar Bear and Brown Bear
5. Airplane or steamship
6. 1897-1900
7. Hibernating
8. Malaspina Glacier

Across

1. Worked in a lumber mill, in a way
6. ___ mater
10. "Blue Suede Shoes" writer Perkins
14. Stiller's partner
15. Dotted-line command
16. Bargain spread
17. Calliope kin
18. Tibetan holy man
19. Fifteenth-century ship
20. Mawkish drivel
21. American Red Cross organizer
24. It's good to meet them
26. Words with jiffy or pinch
27. Fox and Coyote, for two
29. Forebear pair
34. Lefts and rights
35. Pickling solution
36. Nero's title, briefly
37. Cup holders?
38. Abacus components
39. The Andrews Sisters, e.g.
40. "___ was saying ..."
41. Quashes
42. Relinquish
43. Jellyfish appendage
45. Grand attraction
46. "How Dry I Am" punctuation, perhaps
47. Tribal pole
48. Cross your heart
53. Television plugs
56. Detriment
57. Curtain inserts
58. Trademarked cow
60. Advocate
61. "Be that ___ may ..."
62. In total accord
63. Heroic poem
64. Emmy-winning Daly
65. Sahara sights

**Down**

1. Subject of an alert
2. For aircraft
3. Cross-country travel of old
4. History book discussion, perhaps
5. Chorus girls
6. Encyclopedia section
7. Shakespearean protagonist
8. "That's All Right, ___" (Elvis hit)
9. Swift, graceful horses
10. Hotelier Hilton
11. Dismounted
12. Town on the Truckee
13. Advance, e.g.
22. The Mormons, initially
23. Klein of fashion
25. Many millennia
27. Trip to the plate
28. Turn the air blue
29. Shred cheese
30. Disembarrasses
31. TV cross-examiner
32. Chum, south of the border
33. Runaway of rhyme
35. Liberty or dinner
38. Vegas game
39. Dialer's sound
41. Slimmest winning margin?
42. Ninny
44. Henley Royal Regatta site
45. No-frills bed
47. Have a trying experience?
48. Elisabeth of "The Saint"
49. Get bent out of shape
50. Consequently
51. Like some neighbors
52. Balder's father
54. Eat, formally
55. Describes
59. Baton Rouge campus



Join NSC's Legacy Club!

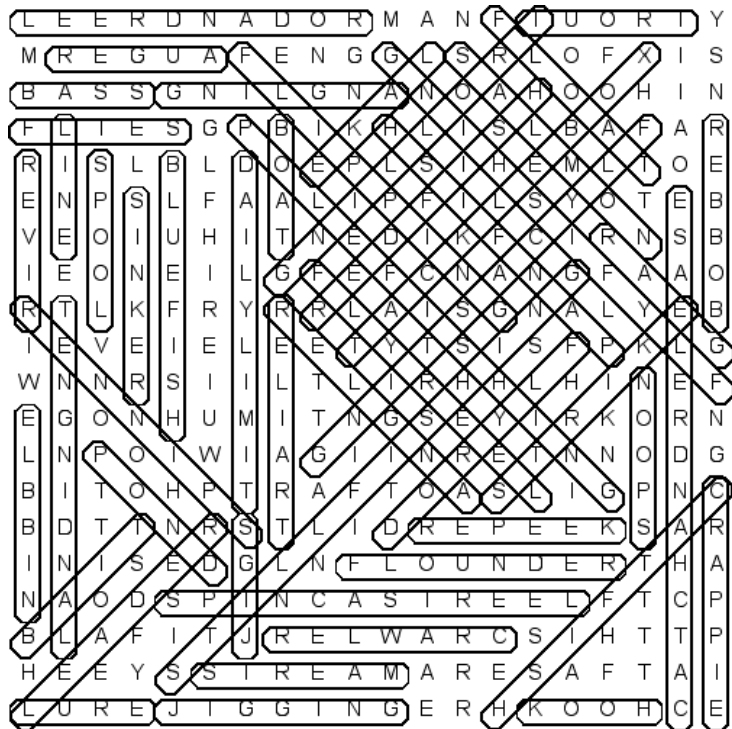
Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.

Thank you to all who donate to the Ninilchik Senior Center!



Puzzle Solution © OnlineCrosswords.net

S	A	W	E	D		A	L	M	A		C	A	R	L
M	E	A	R	A		T	E	A	R		O	L	E	O
O	R	G	A	N		L	A	M	A		N	I	N	A
G	O	O		C	L	A	R	A	B	A	R	T	O	N
			N	E	E	D	S			I	N	A		
A	C	T	O	R	S		G	R	A	N	D	P	A	S
T	U	R	N	S		B	R	I	N	E		E	M	P
B	R	A	S		B	E	A	D	S		T	R	I	O
A	S	I		H	A	L	T	S		F	O	R	G	O
T	E	N	T	A	C	L	E		C	A	N	Y	O	N
			H	I	C			T	O	T	E	M		
S	W	E	A	R	A	N	O	A	T	H		A	D	S
H	A	R	M		R	O	D	S		E	L	S	I	E
U	R	G	E		A	S	I	T		A	S	O	N	E
E	P	O	S		T	Y	N	E		D	U	N	E	S

Solutions :

3	1	9	5	8	6	7	2	4
7	5	6	2	9	4	8	1	3
4	2	8	7	3	1	9	5	6
5	3	2	1	7	8	6	4	9
8	6	1	9	4	5	2	3	7
9	4	7	6	2	3	5	8	1
6	7	3	8	1	2	4	9	5
1	8	5	4	6	9	3	7	2
2	9	4	3	5	7	1	6	8

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n° 123599 - Level Easy

8	9	5	2	3	4	1	7	6
6	4	3	5	7	1	9	8	2
2	7	1	9	6	8	4	3	5
1	3	7	8	5	6	2	4	9
5	8	4	1	9	2	7	6	3
9	6	2	7	4	3	5	1	8
7	1	8	3	2	5	6	9	4
3	5	6	4	1	9	8	2	7
4	2	9	6	8	7	3	5	1

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n° 118278 - Level Easy

2	7	1	5	6	8	4	9	3
5	8	9	2	3	4	6	7	1
6	3	4	1	9	7	2	5	8
1	4	8	7	2	9	5	3	6
9	2	6	3	5	1	8	4	7
3	5	7	8	4	6	1	2	9
8	1	3	4	7	5	9	6	2
4	6	2	9	8	3	7	1	5
7	9	5	6	1	2	3	8	4

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n° 25336 - Level Medium

6	4	8	2	3	5	1	9	7
5	7	9	1	6	4	8	3	2
3	2	1	7	8	9	5	6	4
4	9	6	5	2	7	3	1	8
2	5	3	6	1	8	4	7	9
1	8	7	4	9	3	2	5	6
8	6	5	3	7	2	9	4	1
7	3	2	9	4	1	6	8	5
9	1	4	8	5	6	7	2	3

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n° 2301 - Level Medium

7	3	8	4	5	6	9	1	2
2	9	4	1	7	3	6	8	5
6	5	1	8	2	9	7	3	4
8	1	5	7	3	4	2	6	9
9	6	7	2	8	5	3	4	1
4	2	3	9	6	1	8	5	7
5	7	2	3	1	8	4	9	6
1	8	9	6	4	7	5	2	3
3	4	6	5	9	2	1	7	8

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n° 34689 - Level Hard

5	1	2	6	3	9	8	7	4
4	6	3	8	7	1	9	5	2
8	9	7	5	4	2	1	3	6
1	4	9	7	2	8	3	6	5
2	8	6	1	5	3	7	4	9
3	7	5	9	6	4	2	1	8
9	3	1	4	8	5	6	2	7
6	2	4	3	9	7	5	8	1
7	5	8	2	1	6	4	9	3

1sudoku.com

n° 333561 - Level Hard

Puzzle Answers





Pauline Hanson 6/3

Ila Treat 6/3

Dawn Durtsche 6/4

Bill Wilson 6/6

Red Carr 6/7

Rick Willard 6/9

John Chiri 6/12

Karen Covey 6/13

Anne Christensen 6/18

John Ehlers 6/19

Liane Poindexter 6/19

Margaret Sullivan 6/21

Laura Hansen 6/23

Charles Porter 6/25

Mary Mundell 6/27

Terri Eggert 6/29

\$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson

Bruce Randall

Delmer McCune

Debbie MacLean

Nora & Howard Appel

Cathy Perry

Char & Byron Moore

John & Janice Nofziger

Ron Jorgensen

Jim Beall

Russ Cross & Bev Graf-Cross

Josie Savoy

Bob Pearson

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any

Thank You

Char Moore for decorating the center

Steve Vanek for selling the split the pot raffle tickets

Don't forget to log all of your time in the volunteer book

Thank you to all of our members and volunteers

Thank you to all the donors

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Steve Vanek
Secretary: Kaye Waldsmith
Treasurer: Vi Nordgren
Trustee: Cheryl Doyle
Trustee: John McCombs
Trustee: Dan Miller

Endowment Trustees

Chair: Kaye Waldsmith
Vice Chair: Steve Vanek
Treasurer: John Nofziger
Trustee: David Clemenson
Secretary: Vi Nordgren

Staff

Executive Director: Julie Otto
Adm. Assist./Bookkeeper:
Tandy Wallace
Cook: Casey Campbell
Cook/Maintenance: Rick Ferguson
Kitchen Assist./Homemaker:
Niki Keenan
Trans. Driver: Sharon Wheeler

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$8 or members, \$12 for non-members
Lunch includes: soup,
salad, entrée and dessert

Events and Activities

Weekly

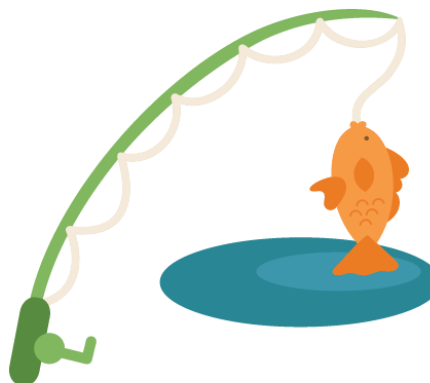
Mondays:
Quilting/Sewing 1-4 pm

Tuesdays:

Wednesdays:
Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays:
Knitting 1:30 -4:00
Billiards 1-4 pm





So far this year (2023), the center received **\$238.31** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

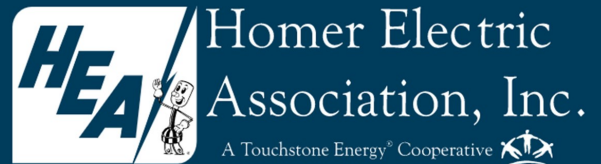
If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

Thank you!!!



The Senior Center is partially funded by these Corporate Sponsors



Alaska Food Coalition
 American Legion Auxiliary #18
 Dolifka & Associates, PC
 Enstar
 Fred Meyer/Kroger
 HEA
 Hilcorp
 Kenai Peninsula Borough
 Kenai Peninsula Family Caregivers
 Support Program
 Meals on Wheels America
 Ninilchik Family Dentistry
 Ninilchik Native Association, Inc.
 Private Donations
 Sons of the American Legion 18
 South Peninsula Hospital
 State of Alaska/NTS Grant
 The Alaska Community Foundation






June 2025 Menu



Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon.

Please note: menu is subject to change based on product availability. 907-567-3988. Please call in advance for take-out meals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 1			Bingo @ 1:15 4			Information 7
Pauline Hanson 6/3 Ila Treat 6/3 Dawn Durtsche 6/4 Bill Wilson 6/6 Red Carr 6/7	Lil' Cheddar Meatloaf Carrots Mashed Potatoes Rolls	Bourbon Kielbasa Sweet Potato- Fries Rice	Chicken Cordon Bleu Pasta Cauliflower Garlic Bread	Pork Marinara Cabbage Fried Rice	Frittata Sausage Bread Pudding Potatoes	<i>Soup served daily with pick up meals</i>
			Bingo @ 1:15 11	Board Meeting 12		14
Rick Willard 6/9 John Chiri 6/12 Karen Covey 6/13	Salisbury Steak Mashed Potatoes Gravy Mixed Vegetables Rolls	Country Pork Ribs Kidney Beans Coleslaw Cornbread	Chicken Alfredo Carrots Bread	Cranberry Pork Yams Stuffing	Cheeseburger Fries Macaroni Salad Jell-O	Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00 per cup
Father's Day 15			Bingo @ 1:15 18			21
Anne Christensen 6/18 John Ehlers 6/19 Liane Pindexter 6/19 Margaret Sullivan 6/21	Chicken Enchilada Refried Beans Stir-fry Veggies Rice	Ham & Cheese Sandwich Fries Cantaloupe Macaroni Salad	Swiss Mushroom Bacon Meatloaf Mashed Potatoes Gravy Cabbage & Rolls	Center Closed For June 19th	Biscuits & Gravy Sausage Hashbrowns Fruit	
			Bingo @ 1:15 25			28
Laura Hansen 6/23 Charles Porter 6/25 Mary Mundell 6/27	Tuscan Chicken Pasta Cauliflower Bread	Crispy Pork Cutlet Sweet Potatoes Apple Sauce Green Beans Bread	Monterey Chicken Carrots Rice	Turkey Thursday	Lasagna Mixed Vegetables Garlic Bread	Lunch starts right at noon
29						
Terri Eggert 6/29	S&S Meatballs Rice Eggrolls					

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."