Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



Coming Up:

~May Day 5/1 ~ Mother's Day 5/11 ~ Board Meeting 5/15 ~ Center Closed 5/26 for Memorial Day

A Note From the President of the Board:

Welcome to May everybody. I love this time of year, watching the world come back to life, the Sandhill Cranes returning as well as all the other migratory birds. The sky comes alive with all the activity. And then there are the snow birds. Welcome back to all of you. You have missed so much at the center, but I won't go into all that. This month we have some fun activities as well as the usual Bingo, game days, knitting and sewing. It just never seems to end.

This month we celebrate Mother's Day. Bless all the mothers out there, whether you are a biological mother or an adopted one, you are to be honored. There will be some special recognition for Mothers at the center. Please come and enjoy the activities.

May is also the first full month of service for our newest board member, Dan Miller. Lynn Harding resigned from the board on April 16 for personal reasons. When a board member resigns during their term, it is the board's responsibility to appoint a board member to serve in their place until the next election. Dan has been a member of the senior center since December of 2021 and was appointed to the board at the April 17, 2025 board meeting. He will serve until the annual meeting (August 12th) when, if he chooses, will be placed on the ballot, along with anyone else who chooses to run this year. There will be 3 board seats up for election. Let the office know if you are interested in running. Thank you for volunteering your time and talent for the board Dan, we're glad to have you!

May is also the month in which Memorial Day is observed. This year, Memorial Day is on May 26th. On that day, take a moment and remember our military men and women who died while serving. You are not forgotten! Thank you for your service.

Oh! Special note; this month is our second annual Gun Show, which is scheduled for May 31 and June 1 this year. Coinciding with the gun show, we have an awesome raffle going on this year. For just \$20 a ticket you will have the chance to win three different fire arms. There are only 400 tickets being sold and the drawing will be on June 1 at 1:00 pm.

Lunches continue to be wonderful. Please thank Casey, Niki, and Rick when you get a chance. They are doing a great job.

All for now. Enjoy your spring and may God Bless you.

~ Dick Hawkins, President



A Note from the Executive Director:

May is here! Soon it will be time for flowers to appear and gardens to be planted! Reminder to those interested in tapping into your green thumb abilities....now is the time to reserve your raised planter and/or garden spot in the community garden. If you're interested in a raised planter, they are 8' x 4' and sit 2' off the ground. Much easier to work in them than on the ground. If you'd rather have a garden plot and plant directly in the ground, they are 8' x 8'. Please let the office know if you're interested.

May also brings Mother's Day. Whether you are a mother, grandmother, or stand -in mother – this month celebrates you! Some of my most important lessons in life were taught to me by my mother. At the time, those lessons may not have been what I was looking for or expecting, but I'm sure glad she took the time to teach me anyway! My mom was special as are all moms. Although it's not always the easiest job, thank you to my mother and to all the mothers everywhere who have held the highly esteemed role of "mom" in someone's life! You're the best!!!

May will be a busy month at the senior center. Snowbirds are coming back, the gazebo is opening for the season on May 1, and our second annual gun show is coming up on May 31 / June 1. Stop by the center that weekend and check it out! If you're looking for volunteer opportunities, this summer has lots of them! Please let the office know if you're interested.

~ Julie Otto



STATE OF ALASKA



Executive Proclamation by Governor Mike Dunleavy

WHEREAS, Alaskan seniors, who numbered 160,906 in 2024, representing 21 percent of the State's total population, have strengthened and enriched our communities through their diverse life experiences, social engagement, and valued contributions; and

WHEREAS, Alaska's older people are esteemed members of our society, and their wealth of knowledge, practical wisdom, and vast experiences can be effectively shared through interactions with family, friends, and neighbors across generations which enrich the lives of everyone involved; and

WHEREAS, the overall quality of life for aging Alaskans can be greatly enhanced when they are included in public and family events with people of all ages, and when they are provided assistive services, technology, and support systems that allow them to comfortably participate in social activities in our communities; and

WHEREAS, since 1963, May has been the designated month to recognize and celebrate seniors and their contributions, and this year's theme is "Flip the Script on Aging," which focuses on transforming how society perceives, talks about, and approaches aging, while encouraging individuals and communities to challenge stereotypes and dispel misconceptions; and

WHEREAS, Alaska is committed to maintaining safe and healthy environments, providing access to important services, and ensuring individual choices for older Alaskans.

NOW THEREFORE, I, Mike Dunleavy, GOVERNOR OF THE STATE OF ALASKA, do hereby proclaim May 2025 as:

Older Americans Month

in Alaska and encourage all Alaskans to take time to engage with older Alaskans and to celebrate their ongoing contributions to our communities.

Dated: May 1, 2025

Mike Dunleavy, Governor

Mike Dunleavy, Governor who has also authorized the seal of the State of Alaska to be affixed to this proclamation.



Ninilchik Senior Center ³Chances to Win

\$20 per ticket, only 400 tickets to be sold

Diamond Back DB15, AR15, 5.56 cal/223, 16" Barrel MSRP \$700



Color may vary

<u>G Force Saddlehorn lever action 44 mag "Mares Leg" 12" barrel 5 round</u> <u>Pistol MSRP \$699</u>



Pistol

2nd Place

1st Place

3 Chances to Win

Ruger LCP 380 cal, 2 1/4" barrel MSRP \$345

3rd Place



Great for Conceal Carry

Drawing to be held June 1st at 1 pm at the Ninilchik Senior Center, during the <u>Gun Show</u> (May 31-June 1, 2025) State of Alaska Gaming Permit #874



MAY DUGOUT NEWS

Baseball is well on its way and my beloved CUBS are smashing records (as of this writing) I recently went back to Iowa and my sister and I went through some of Mom's papers. I found this in her things and thought I'd share it with you.

WISDOM

As I was lying around, pondering the problems of the world. I realized that at my age I don't really give a rat's ass anymore. If walking is good for your health, the post person would be immortal. A whale swims all day, mainly eats fish, drinks water, but is still fat. A rabbit runs and hops and only lives 15 years, while a tortoise doesn't run and does mostly nothing, yet it lives for 150 years. AND YOU TELL ME TO EXERCISE?? I DON'T THINK SO.

Just grant me the senility to forget the people I never liked, the good fortune to remember the ones I do, and the eyesight to tell the difference.

NOW THAT I'M OLDER HERE'S WHAT I'VE DISCOVERED:

I started out with nothing, and I still have most of it. My wild oats are mostly enjoyed with prunes and all-bran. I finally got my head together, and now my body is falling apart. Funny, I don't remember being absent-minded. Funny, I don't remember being absent-minded. If all is not lost, then where the heck is it? It was a whole lot easer to get older, than to get wiser. Some days, you're the top dog: some days you're the hydrant. I wish the buck really did stop here; I sure could use a few of them. Kids in the back seat cause accidents. Accidents in the back seat cause kids. It's hard to make a comeback when you haven't been anywhere. The world only beats a path to your door when you're in the bathroom. If God wanted me to touch my toes, he'd have put them on my knees. When I'm finally holding all the right cards, everyone wants to play chess. It's not hard to meet expenses...they're everywhere. The only difference between a rut and a grave is the depth. These days, I spend a lot of time thinking about the hereafter... I go somewhere to get something, and then wonder what I'm here after. Funny, I don't remember being absent-minded. Have I sent this out before? I hope you realize that by me posting this, you are among the people we all want to remember!!

To all the MOM'S out there and looking down on us

HAPPY MOTHER'S DAY! YOU ARE LOVED AND MISSED!!

Keep swinging for the fences! Cheryl

The Gazebo News

Spring is here! Thoughts of the Gazebo opening are in the air.

We plan to open the Gazebo May 1st! Depending on the weather and volunteer availability.

If you are interested in volunteering, please contact the office at (907) 567-3988.

We are gratefully accepting donation for the Gazebo, however, please hold off on clothing donations for the time being. We have a lot of clothes right now.

We are looking forward to another season at the Gazebo. Thank you to all who donate.

Thank you to all our volunteers.



What is identity theft, and what are its warning signs?

Identity theft happens when someone uses your personal or financial information without your permission. This information can include:

- Names and addresses
- Credit card or Social Security numbers
- Bank account numbers
- Medical insurance account numbers

You may not know that you experienced ID theft immediately. Beware of these warning signs:

- Bills for items you did not buy
- Debt collection calls for accounts you did not open
- Information on your credit report for accounts you did not open
- Denials of loan applications
- Mail stops coming to or is missing from your mailbox

How to report identity theft

To report identity theft, contact:

• The Federal Trade Commission (FTC) online at <u>IdentityTheft.gov</u> or call 1-877-438-4338 <u>The three major credit reporting agencies</u>. Ask them to place <u>fraud alerts and a credit freeze</u> on your accounts.

- The fraud department at your credit card issuers, bank, and other places where you have accounts
- <u>Use IdentityTheft.gov's list of steps to help you recover.</u>

• If you believe you have experienced tax-related identity theft but have not received a notification from the IRS about it, <u>learn about filing Form 14039</u>. Completing the Identity Theft Affidavit will invalidate a fraudulent return filed using your information.

How to protect yourself from identity theft

- Do not answer phone calls, texts, social media messages, or email from numbers or people you do not know.
- Do not share personal information like your bank account number, Social Security number, or date of birth.
- Collect your mail every day, and place a hold on your mail when you will be on vacation or away from your home.
- Review credit card and bank account statements. Watch for and report unauthorized or suspicious transactions.
- Understand how ATM skimming works and how to protect yourself.
- Learn when it is safe to use a public Wi-Fi network.
- Store personal information, including your Social Security card, in a safe place. Do not carry it in your wallet.

May 26, 2025

*** **MEMORIAL DAY** REMEMBER & HONOR

Let us pause to remember and honor the brave men and women who gave their lives in service to our nation. Their sacrifice will forever be etched in our hearts.



May

May's birthstone is the emerald which is emblematic of love and success



May birth flowers are the Lily of the Valley and *Crataegus monogyna*.Both are native throughout the cool temperate Northern Hemisphere in Asia, Europe, and in the southern Appalachian Mountains in the United States, but have been naturalized throughout the temperate climatic world.



The zodiac signs are Taurus (until May 20) and Gemini (May 21 onward)

May 21–June 20

April 20–May 20





Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

<u>Cost</u>: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

<u>Progressive Split the Pot Raffle Rules:</u>

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

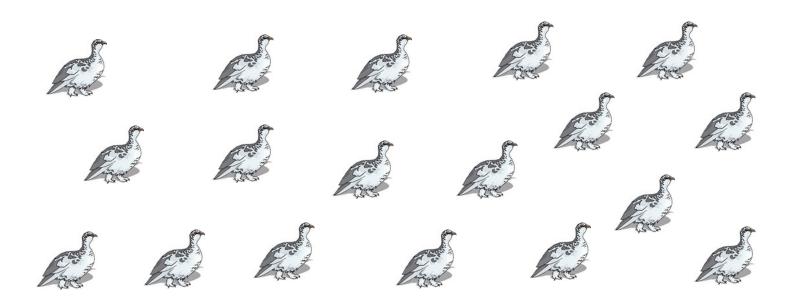
<u> 16 cards</u>

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14)Ptarmigan: \$5

Congratulations to all the prior weeks winners







Gardening

Find and circle all of the words that are hidden in the grid. The remaining 27 letters spell a Lady Bird Johnson quote.

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ANNUALS BEANS BEETS BIENNIAL BROCCOLI CARROTS COMPOST CULTIVATE DAISIES DIGGING FERTILIZER FLOWERS FUCHSIA GARDEN GERANIUMS GLOVES GNOME GREENHOUSE GROW HOES HORTICULTURE HOSE HYDRANGEA LILACS LILIES MARIGOLDS ORGANIC PEAS PERENNIAL PETUNIAS PINWHEEL PITCH FORK PLANTING RAIN RAKE RELAXING ROSES SEEDS SHOVEL SOIL SPADE SUNSHINE TOMATOES TROWEL TULIPS VEGETABLES WATER WEEDS WHEELBARROW



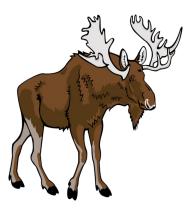






1985 Teddy's Toys & Co., All Rights Reserved. All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

- 1. In what region of the state is Fairbanks?
- 2. In what year was Alaska granted territorial status? (1867, 1912, 1924)
- 3. Where is Unalakleet located?
- 4. What is it a sign of when a wolf carries his tail high in a pack?
- 5. The spread of a bull Moose's antler's have exceeded how many feet?
- 6. What river in Alaska is 1,979 miles long?
- 7. How many people worked for the Treadwell Mining complex above and below ground in the early 1900's? (1,000, 1,500, 2,000)
- 8. True/False The Aleut population during Russian domination was reduced from 20,000 to 1,000
- 9. What was the first road to cross the Arctic Circle?
- 10.What is considered "the bush"?
- 11.When did Alaska become a U.S. possession?
- 12.What are Alaska's champion crag climbers?



8. True
9. The Haul Road to th eAlaska Pipeline
10. Rural Alaska
11. October 18, 1867
12. Mountain Goats gion
2. 1912
3. Along the western Arctic
Coast
4. Dominance
5. Six

1. The Interior or Yukon re-

- ۲. 2,000
- 6. Yukon River

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Free Printable Crossword Puzzle #4

This is the Daily Crossword Puzzle #4 for Apr 29, 2025

14

17

20

25

41

45

49

59

65

70

71

Find the solution at

onlinecrosswords.net/68798



- 50. Church benches 52. Chose
- 55. Despise
- 59. Metal container
- 61. Glide
- 64. More confident
- 65. Levin and Gershwin
- 67. Ridiculous
- 69. Actress Bancroft
- 70. Enclosure
- 71. Looks after
- 72. Ascend
- 73. Leg part
- 74. Rub out
- 75. Summer shirts

Down

- 1. Prickly plants
- 2. Detest
- 3. Greek philosopher

52

- 4. Peaceful
- 5. Health club
- 6. Bath powder
- 7. Chorus voice
- 8. Respond
- 9. Blooper
- 10. Distress letters
- 11. Orange's kin
- 12. Diva's song
- 13. Recipe measures
- (abbr.)
- 21. Grinding machine



62 63

26. Shut

15

18

53

71

74

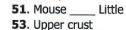
21

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61

20

- 28. Flying mammals
- 30. Picnic nuisances
- 32. African antelopes
- 33. Omelet ingredients
- 34. Hearing organs
- 35. Smack
- 36. Support for an
- institution
- 38. Card game
- 39. Jump



47. Sheep mamas

- 54. Roadside eatery
- 56. Bert's buddy
- 57. Perceive
- 58. Squirrels' homes
- 59. Clock sound
- 60. Iraq's neighbor
- 62. Comedian Carvey
- 63. Terminates
- 66. Comprehend
- 68. WNW's opposite



- 40. Requested
- 42. Stair part
- 46. Permits

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Join NSC's Legacy Club!

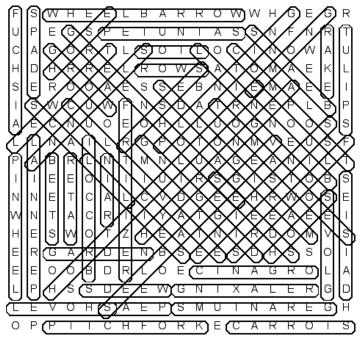
Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.

Thank you to all who donate to the Ninilchik Senior Center!



	Puzzle Solution © OnlineCrosswords.net													
С	Α	Р	S		S	Т	Α	R	Е		S	Т	Α	т
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2	9	6	1	7	4	3	5	8
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8	4	3	7	1	6	9	2	5
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2	6	5	4	9	8	7	3	1
9	8	7	1	3	5	6	4	2
1	3	4	6	2	7	5	8	9

Puzzle Answers





Birthdays

Fred Bramer 5/1 Karen Van Keuren 5/2 Dick Hawkins 5/3 Fred Eggert 5/4 Kathy Wallace 5/4 Cathy Andrew 5/6 Larry Christopher 5/7 Jan Jaegar 5/10 Dani Kebschull 5/14 Brandon MacGregor 5/14 Patricia Lynch 5/17 Elkin Suezell 5/18 Bill Sielinsky 5/19 Carol Chapman 5/22

Gailan Johnson 5/24 John Nofziger 5/26 Terri Quinlan 5/27 Susan Welsh-Smith 5/28 Pam Ehlers 5/29 Sherry Hassel 5/30 Jodi Maier 5/?

\$5 A Month Club

Thank you to the following who contributed to the club:

> David & Judy Clemenson Bruce Randall Delmer McCune Debbie MacLean Nora & Howard Appel Cathy Perry Char & Byron Moore John & Janice Nofziger Ron Jorgensen Jim Beall Russ Cross & Bev Graf-Cross Josie Savoy Bob Pearson

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any

Char Moore for decorating the center

Steve Vanek for selling the split the pot raffle tickets

Don't forget to log all of your time in the volunteer book

Thank you to all of our members and volunteers

Thank you to all the donors

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins V. President: Steve Vanek Secretary: Kaye Waldsmith Treasurer: Vi Nordgren Trustee: Cheryl Doyle Trustee: John McCombs Trustee: Dan Miller

Endowment Trustees

Chair: Kaye Waldsmith Vice Chair: Steve Vanek Treasurer: John Nofziger Trustee: David Clemenson Secretary : Vi Nordgren

Staff

Executive Director: Julie Otto Adm. Assist/Bookkeeper: Tandy Wallace Cook: Casey Campbell Cook/Maintenance: Rick Ferguson Kitchen Assist./Homemaker: Niki Keenan Trans. Driver: Sharon Wheeler

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri. Suggested donation: \$8 or members, \$12 for non-members Lunch includes: soup, salad, entrée and dessert



Events and Activities

Weekly

Mondays: Quilting/Sewing 1-4 pm

Tuesdays:

Wednesdays: Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays: Knitting 1:30 –4:00 Billiards 1-4 pm



So far this year (2023), the center received **\$238.31** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <u>https://www.fredmeyer.com/</u> <u>topic/community-rewards-4</u>

The center's Organization Identification Number is GP013.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors







Alaska Food Coalition American Legion Auxiliary #18 Dolifka & Associates, PC Enstar Fred Meyer/Kroger HEA Hilcorp Kenai Peninsula Borough Kenai Peninsula Family Caregivers Support Program Meals on Wheels America Ninilchik Family Dentistry Ninilchik Native Association, Inc. **Private Donations** Sons of the American Legion 18 South Peninsula Hospital State of Alaska/NTS Grant The Alaska Community Foundation



Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon. May 2025 Menu

Please note: menu is subject to change based on product availability. 907-567-3988. Please call in advance for take-out meals.

sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays				I	2	Information 3
Fred Bramer 5/1 Karen Van Keuren 5/2 Dick Hawkins 5/3				<u>Tacos</u> Refried Beans Rice	Breakfast Pizza Hashbrowns Blueberry Bread Pudding	Soup served daily with pick up meals
4	5	9	Bingo (a) 1:15 7	8	6	10
Fred Eggert 5/4 Kathy Wallace 5/4 Cathy Andrew 5/6	BBQ Chicken Bean Bake Macaroni Salad	Pork Medallions Vams Stuffing	French Toast Bake Sausage	Chicken Alfredo Pasta Carrots	Roast Beef Carrots Mashed Potatoes	Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00
Larry Christopher 5/7 Jan Jaegar 5/10	Coleslaw	Green Beans	Eggs Hashbrowns Fruit	Bread	Gravy Bread	per cup
Mother's Day 11	12	13	Bingo (a) 1:15 14	Board Meeting 15	16	17
Dani Kebschull 5/14 Brandon MacGregor 5/14 Patricia Lynch 5/17	Asian Chicken Stir Fry Veggies Rice	<u>Cheeseburger</u> Fries Macaroni Salad Jell-O	<u>Garlic Tomato</u> <u>Chicken Bake</u> Peas & Carrots Stuffing	French Dip Broccoli Potatoes	Baked Ham Scalloped Potatoes Bread Green Beans	
18	19	20	Bingo @ 1:15 21	22	23	24
Elkin Suezell 5/18 Bill Sielinsky 5/19 Carol Chapman 5/22 Gailan Johnson 5/24	Chicken Enchilada Rice Refried Beans	Ham & Cheese Sandwich Potato Salad Jell-O	Crispy Chicken Mashed Potatoes Gravy Vegetable	Lasagna Garlic Bread Vegetable	BBQ Pork Ribs Baked Beans Coleslaw Cornbread	Lunch starts right at noon
25	26	27	Bingo @ 1:15 28	29	30	31
John Nofziger 5/26 Terri Quinlan 5/27 Susan Welsh-Smith 5/28 Pam Ehlers 5/29 Sherry Hassel 5/30 Jodi Maier 5/?	Center Closed for Memorial Day	Crispy Pork Cutlet Applesauce Green Beans Stuffing	Baked Ziti Mixed Vegetables Garlic Bread	Cashew Chicken Salad Broccoli Potato Salad	Salisbury Steak Mashed Potatoes Gravy Mixed Veggies Bread	NSC Gun Show 5/31 & 6/1

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."