



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988

Coming Up:

12th-Mother's Day

16th-Board Meeting

**27th-Center Closed
for Memorial Day**



Note From the President of the Board:

So many exciting things are happening this spring.

First of all, is our first ever Gun Show happening on 18-19 May. This will be a big fundraiser for the Senior Center. There will be at least 35 vendors there with everything from guns to ammo to knives. We are really looking forward to this event and hoping to make it an annual show. If you are interested in being a volunteer during the Gun Show please contact the office. We can always use people to work at an event like this. We will also have hamburgers and hot dogs for sale. The doors will open at 10 am on Saturday and close at 5 pm. On Sunday the hours will be 12 pm -5 pm. Hope to see you there.

We still have a way to go on funding for the kitchen remodel. We are hoping that the state will come through this year. We should know about that in June. In the meantime, if you haven't donated to the kitchen fund lately, maybe now would be a good time.

Speaking of the kitchen, we said goodbye to our beloved Marti Sue in April. She will be missed but a great replacement has stepped in. Casey Campbell has been hired as the new cook and she has been exceptional. It has been a seamless transition.

We are also planning another raffle. We have a brand new John Deere riding mower/snow blower. Tickets will be \$50 each and only 300 will be sold. The drawing will be at the fall fundraiser in August. It will be on display at the Center. Come on by and take a look then have some lunch.

And last, but not least, Happy Mother's Day to all you wonderful ladies.

~ Richard Hawkins



A Note from the Executive Director:

May is here! Most of the snow is melted and the flowers will soon begin to appear! It's always so nice to see the snow go away each spring. With spring comes gardening!! Reminder to those interested in tapping into your green thumb abilities.....now is the time to reserve your spot in the community garden. This year's community garden will have another option available if you don't want a full 8' x 8' plot. We now have 9 raised beds that people can utilize to grow luscious vegetables as an alternative to the full plot, or in addition, your choice. The beds are 8' x 4' and sit 2' off the ground. Much easier to work in them than on the ground. Please let the office know if you're interested.

May also brings Mother's Day. Whether you are a mother, grandmother, stand-in mother, or a woman who has made an impact in someone's life – this day is for you! Here are some fun facts* about mother's day:

Mother's Day became an official U.S. holiday in 1914, signed into law by President Woodrow Wilson.

- Mother's Day is celebrated in the U.S. on the second Sunday of May,
- There are more than 100 countries around the world that celebrate or recognize Mother's Day, on their respective dates.

Americans spend more than \$3 billion on flowers and plants alone for Mother's Day.

Mother's Day makes up 26 percent of all holiday purchases for flower shops and florists.

More phone calls are made on Mother's Day than on any other day of the year, with approximately 122 million phone calls being made.

Americans buy \$113 million worth of cards for Mother's Day.

**Full article and additional facts can be found at: <https://parade.com/living/mothers-day-facts>*

May is a busy month at the senior center. Snowbirds are coming back, the gazebo is opening for the season on May 1, and our first annual gun show is coming up on May 18/19. We hope to be able to do this annually. Stop by the center that weekend and check it out! If you're looking for volunteer opportunities, this month has lots of them! Please let the office know if you're interested.

May is also the first full month for our new cook! Our wonderful cook of many years, Marti Sue, hung up her apron on April 12. Her years of dedication and wonderful meals will never be forgotten, however, she promises we'll still see her around the center. She left us in good hands though! Casey has accepted the job of head cook and is doing a wonderful job. She worked with Marti Sue for quite some time in the kitchen and began cooking full meals in February. She is doing a great job and we are happy to have her! Stop by and say hi when you come in for lunch!

~ Julie Otto





Happy Mother's Day



Here are some quotes about Mothers.

- “Maternity does not determine a motherly relationship; unconditional love does.” - Unknown
- “A mother is your first friend, your best friend, your forever friend.” —Unknown
- “When you are looking at your mother, you are looking at the purest love you will ever know.” —Charley Benetto
- “Mother is the heartbeat in the home; and without her, there seems to be no heartthrob.” — Leroy Brownlow
- “Mothers are like glue. Even when you can't see them, they're still holding the family together.” —Susan Gale
- “My Mother: She is beautiful, softened at the edges and tempered with a spine of steel. I want to grow old and be like her. ” —Jodi Picoult
- “Mother is the name for God in the lips and hearts of little children.” —William Makepeace Thackeray
- “The influence of a mother in the lives of her children is beyond calculation.” —James E. Faust
- “It may be possible to gild pure gold, but who can make his mother more beautiful?” — Mahatma Gandhi
- “There is no role in life that is more essential than that of motherhood.” —Elder M. Russell Ballard
- “Youth fades; love droops; the leaves of friendship fall; A mother's secret hope outlives them all.” —Oliver Wendell Holmes
- “Motherhood is the exquisite inconvenience of being another person's everything.” — Unknown
- “Only mothers can think of the future because they give birth to it in their children.” —Maxim Grosky
- “My mother was my role model before I even knew what that word was.” —Lisa Leslie
- “To describe my mother would be to write about a hurricane in its perfect power.” —Maya Angelou
- “Motherhood is the biggest gamble in the world. It is the glorious life force. It's huge and scary – it's an act of infinite optimism.” —Gilda Radner



So Long, But Not Goodbye

Thank You Marti Sue for all the years of cooking such wonderful meals for us at the Ninilchik Senior Center! Marti Sue is off to new adventures! We wish you the best in whatever you decide to do!



The Gazebo is Opening on The 1st of May!!!

Thank you to everyone who has helped set it up for the season!

Thank you to everyone who has donated items for the Gazebo!

Thank you to all our volunteers!



Older Americans Month 2024

Every May, the Administration for Community Living leads the nation's observance of Older Americans Month (OAM). The 2024 theme is *Powered by Connection*, which recognizes the profound impact that meaningful relationships and social connections have on our health and well-being. We will explore the vital role that connectedness plays in supporting independence and aging in place by combatting isolation, loneliness, and other issues.

Join us in promoting the benefits of connecting with others. Here are some ways you can participate.

- Share facts about the mental, physical, and emotional health benefits of social connection and how it contributes to overall well-being.
- Promote resources that help older adults engage, like community events, social clubs, and volunteer opportunities.
- Connect older adults with local services, such as transportation, that can help them overcome obstacles to achieving or maintaining meaningful relationships.
- Encourage partners to host a connection-centric event or program focused on older adult mentors to youth, peer-to-peer support, or similar efforts.
- Challenge professional and personal networks to prioritize meaningful social connections and share the benefits.

Inspire older adults to share what connection means to them on social media using the hashtag #PoweredByConnection.

Taken from: <https://acl.gov/oam/2024/older-americans-month-2024>

Let's Raise Awareness About Arthritis

Every May is Arthritis Awareness Month, an opportunity to inform even more people about this complex family of debilitating diseases.

By Anthony Williams | May 1, 2024

While most people have probably heard of arthritis, it's likely that many of them don't know much about the impact of arthritis, the #1 cause of disability in the United States. That's why, during Arthritis Awareness Month every May, the Arthritis Foundation calls extra attention to this painful and debilitating condition that affects nearly 60 million men, women and children in the U.S.

In 1972, at the urging of the Arthritis Foundation, Congress and President Richard M. Nixon designated May as National Arthritis Month — a special time to emphasize research, service and education around arthritis, and to raise funds to support the cause. Every May since then, National Arthritis Month has been marked by efforts to elevate the public's awareness of arthritis.

The Arthritis Foundation works to share little known facts so that more people realize the serious impacts arthritis has, like the real-life statistics below.

Basic Facts About Arthritis

About 1 in 4 adults and hundreds of thousands of children in the U.S. have been diagnosed by a doctor with a form of arthritis or related illness.

Contrary to the common misconception, it's not just an "old person's" disease. About two-thirds of those living with arthritis are [aged 65 and under](#).

- There are more than 100 types of arthritis and related rheumatic diseases.
- As our nation's top cause of disability, arthritis costs the U.S. economy over \$300 billion annually in medical bills, lost wages and associated expenses.

Most people with arthritis also have [comorbidities](#) — accompanying conditions, like heart disease, diabetes and obesity — that further jeopardizes their health.

More Interesting Tidbits

The Centers for Disease Control and Prevention (CDC) offers [more eye-opening facts](#):

- Nearly 26 million of those with arthritis in the U.S. are unable to do everyday activities. That includes everything from walking to doing household chores to engaging in work or social situations.
- More adults in rural areas of the U.S. are affected by arthritis — 1 in 3 — than in urban areas. Over half reported being limited by arthritis.
- 1 in 3 adults with arthritis are not physically active (30%), have fair to poor health (33%) and have severe joint pain (33%).

Resources to Check Out

Start by learning as much as you can [about arthritis](#).

Listen to our [Live Yes! With Arthritis podcasts](#), covering all kinds of topics.

Our [webinars](#) can also help you take control of your arthritis.

Our [e-books](#) dig in to ways you can live better with arthritis in all sorts of ways.

We're just a phone call away from whatever assistance you need through our [Helpline](#).

Taken from: <https://www.arthritis.org/about-arthritis/arthritis-awareness-month>

Ninilchik Senior Citizens, Inc.

Gun Show Fundraiser

Saturday - May 18, 2024: 10am to 5pm

Sunday - May 19, 2024: Noon to 5pm

Sponsored by: Alaska Gun Collector's Association

**Meeting for
Gun Show Volunteers
May 2 at 1 pm
Volunteers Needed**

Admission:

Adults - \$8 per day or \$10 to attend both days

Children 10-17 (all children must be accompanied by an adult)

- \$5 per day or \$7 to attend both days

55+ Senior, Military & First Responders Discount- \$1 Off

Attractions:

40 Vendors Selling Guns, Ammo, Magazines & Knives

Gun Raffle

**Food available
for sale**

Door Prizes

**At the Ninilchik Senior Center, 66265 Aspen Avenue,
Ninilchik. Questions? Call 907-567-3988**



**NINILCHIK SENIOR CENTER
CONCERT SERIES
FUNDRAISERS**

Featuring

Mario Carboni

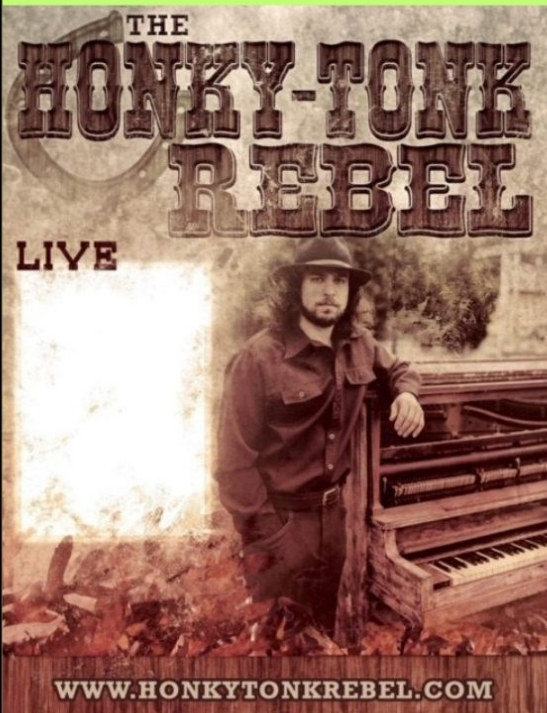
The Honky-Tonk Rebel

Wed, June 12, 2024

Wed, June 26, 2024

Wed, July 24, 2024

Wed, August 28, 2024



- ~ Starts at 6 pm to 9 ish
- ~ \$10 per person
- ~ Bring finger food
- ~ Family Friendly
- ~ Doors open at 5:30 pm

907-567-3988



At the Ninilchik Senior Center 66265 Aspen Ave, Ninilchik

2024 Annual Ninilchik Senior Center Evaluation Survey

Name (Optional): _____

Please check the boxes that best match your response.

<i>What are your reasons for utilizing services through the senior center?</i>	Strongly Agree	Agree	Neutral	Disagree	Does not apply
To see my friends and make new ones					
Helps me take care of/improve my overall health					
Gives me something to look forward to					
Helps me age safely in place and in the community of my choice					
Helps me maintain or increase the quality of my life					
It's a good source of information about services and community events					
I enjoy the activities the center has to offer					

Which services do you utilize? _____ Dine-In Meals _____ Home Delivered Meals
(check all that apply)

_____ Pick-Up Meals _____ Transportation _____ Information and Assistance _____ Homemaker

How often do you come to Ninilchik Senior Center?

_____ everyday _____ 2-3 times per week _____ weekly _____ every other week _____ Monthly

What keeps you coming to the Ninilchik Senior Center?

How can we increase center participation from you or others?

2024 Annual Ninilchik Senior Center Evaluation Survey

How would you rate our services overall? Excellent _____ Good _____ Average _____ Poor _____

How do you rate our meal service? _____ Excellent _____ Acceptable
_____ Needs Improvement _____ I do not use this service

Is the \$8 suggested donation fair for the dining room lunch service provided? _____ Yes _____ No

Would you change anything about the meal service? _____ Yes _____ No

If yes, what would you change?

Dining room cleanliness: _____ Very Clean _____ Somewhat Clean _____ Needs Attention

Buffet cleanliness: _____ Very Clean _____ Somewhat Clean _____ Needs Attention

Is the atmosphere friendly? _____ Yes _____ No

Do you feel the Ninilchik Senior Center provides healthy meals? _____ Yes _____ No

How important is the Ninilchik Senior Center specifically to you?

_____ Very Important _____ Somewhat important _____ not important at all

What programs, classes, special events or activities would you like to see offered at NSC?

I would recommend the center to a friend or family member: Yes _____ No _____

Additional Comments/Suggestions: _____

Crossword #FJR798F3

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18					19				
20					21				22					
		23		24				25						
26	27						28				29	30	31	32
33				34		35				36				
37			38		39				40		41			
42				43		44				45		46		
47					48				49		50			
				51				52						
53	54	55	56				57				58		59	60
61						62					63			
64					65						66			
67					68						69			

Down

1. Preceding
2. Barely edible fare
3. Pasta flour source
4. Tennis star with a mullet wig
5. Geezer
6. Some woodwinds
7. Bob and Doug McKenzie's drink
8. Hardcore hip hop group, briefly
9. Ancient land east of Macedonia
10. Hoodwink
11. Pro ____ (proportionate)
12. Throat-clearing sound
13. Like Lady Godiva
19. France's Joan ____
24. "Blue" pol. organization
25. News outlets
26. Place atop
27. Cultural group (prefix)

28. Word before bourgeois or four
29. "Well, ____-di-dah!"
30. Counts
31. Testify in court
32. Touring car
35. Fiend
38. Frozen wasser
40. Standings
43. Event in a ring
45. Eruption fallout
48. Chinese restaurant option, sometimes
50. Axioms
52. Lesley Gore's "You Don't ____"
53. Andean land
54. Suffix with tonsil
55. Pork or lamb cut
56. Part of SWAK
57. British pokey
59. Ping-____
60. Rotten little kid
62. Here in France

Across

1. Meat-inspecting grp.
5. Go around in circles
10. Companion of Kukla and Ollie
14. Transplanted hair piece
15. Moocher
16. Pacific island
17. African antelope
18. Firmly implanted
20. Musical composition
21. T.V.A. promoter
22. Burning
23. Platform type
25. Record label that went defunct in 1997
26. Tailor's specialty
28. Unique
33. Addis Ababa's land (abbr.)
34. Relinquished
36. "____ talk?" (Joan Rivers catchphrase)
37. Quaker address
39. Legendary snow creatures
41. Shaded
42. Live, in a TV studio
44. Mazda model
46. Lamb's cry
47. Lukewarm response to "How do you feel?"
49. Aft
51. Put on
52. "On the ____ hand..."
53. Carry signs for a cause
57. D.C. home to the Colonials
58. Nods off
61. Selassie's kinsmen
63. British prep school
64. Rivera's rivers
65. Carol beginning
66. The ____'clock news
67. Mail org.
68. There are 100 in a Scrabble set
69. USMC noncom



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1. What ocean does the southern side of Alaska face?
2. During what year did oil reach the end of the pipeline?
3. In 1882, what two species of fish were commercialized?
4. In 1974 five Alaska Native Regional Corporations founded a bank holding company. What bank did it own?
5. Where was the largest gold nugget found in Alaska?
6. In what year did the first Alaska Territorial Legislature convene? (1913, 1924, 1953)
7. Where was the famous Treadwell Mine located?
8. What protected bird is more populous in Alaska than all the other states combined?



1. Pacific
2. 1977
3. Salmon and her-
ring
4. The United Bank
of Alaska
5. Nome, in 1901
6. 1913
7. On Douglas Is-
land, across the
channel from Ju-
neau
8. Bald Eagle

Mother's Day

Find and circle all of the Mother's Day related terms that are hidden in the grid. The remaining letters spell a Victor Hugo quotation.

A H U G S C M F T T D G H O D B T H E
Y L I M A F L S R N N E R E E N S A G
E R A R S O M U U I A G S A L S I N D
A T I U W M S G T P N R U S G P I K E
R N A E G T I R N I P T E N E V F G V
G E R R I H O L H I I O I L O L N U O
J S H N E F T C E F T R R L O I B D L
R O G T M D A E U S U P E T Z T P E E
T P Y O O E I L R T E M E A I R A V B
E R C D T M E S R O V F M C O V T O E
N E T E G N D U N E I A R U C N E T C
D C H E N S N S A O T N D D C A H E I
E I O S I R E S P E C T F U L I L D N
R O U S R A D V I C E G E N E R O U S
R U G E I L U F H C T A W G I V I N G
O S H L P E S I W D O A G N I R A H S
T R T F S G N I G A R U O C N E E N S
N L F L N E E P S M P O U G N O R T S
E N U E I D L Y L I S T E N E R I N T
M H L S D E A R L U F R E D N O W E M

ACCEPTING
ADVICE
AMAZING
BEAUTIFUL
BELOVED
BLESSED
CARING
COMFORTING
CONSIDERATE
DEAR
DEVOTED
ENCOURAGING

FAMILY
FLOWERS
GENEROUS
GIVING
HELPFUL
HUGS
INSPIRING
JOY
KIND
LAUGHTER
LISTENER
LOVING

MENTOR
MOTHER
NICE
NURTURING
PRECIOUS
PROTECTIVE
PROUD
RESPECTFUL
SELFLESS
SHARING
SMILES

STRONG
SUPPORTIVE
TEACHING
TENDER
THOUGHTFUL
TOLERANT
TRUSTING
WARM
WATCHFUL
WISE
WONDERFUL

Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Thank you to all who donate to the Ninilchik Senior Center!

Fred Bramer 1
 Dick Hawkins 3
 Fred Eggert 4
 Kathy Wallace 4
 Geri Smith 5
 Cathy Andrew 6
 Larry Christopher 7
 Dani Keschull 14

Brandon MacGregor 14
 Elkin SueZell 18
 Bill Sielinsky 19
 Carol Chapman 22
 Gailan Johnson 24
 John Nofziger 26
 Terri Quinlan 27
 Susan Welsh-Smith 28

Pam Ehlers 29
 Sherry Hassell 30

**HAPPY
 BIRTHDAY**



Thank You

Vi Nordgren and Kaye Waldsmith for keeping our silent auction table full and organized

Dave Nordgren for the trash removal

Steve Vanek for selling split the pot tickets

Ron Jorgensen for the boxes of tea and repairing the Gazebo signs

Don't forget to log all of your time in the volunteer book

Thank you to all of our members and volunteers

Thank you to all the donors

Thank you to our cooks

\$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson	Bruce Randall
Delmer McCune	Debbie MacLean
Nora & Howard Appel	Cathy Perry
Char & Byron Moore	Josie Savoy
John & Janice Nofziger	Jim Beall
Ron Jorgensen	Vi Nordgren
Russ Cross & Beverly Graf	

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.



16 cards

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5





Ninilchik Senior Center
Operating Budget and Endowment Fund

Donations to the Operating Budget are used to keep the doors of Center open, while the purpose of the Endowment Fund is to invest for a stable income that will allow the Senior Center to become more self-sufficient.

Your Support is Valuable!

(All gifts are tax deductible to the extent allowed by law)

I am enclosing \$ _____ Donation for: Operating Budget
 Endowment Growth

Your Name: _____ Date: _____

Your Address: _____

City: _____ State: _____ Zip: _____

Gift will be a memorial in honor of: _____

EIN: 52-1323828

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kaye Waldsmith
Vice Chair: Steve Vanek
Secretary: Vi Nordgren
Treasurer: John Nofziger
Trustee: David Clemenson

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Cook: Casey Campbell
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Zetta Wulf
Backup Driver/Laborer: R. Casey
Trezona

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$8 or members, \$12 for non-members
Lunch includes: soup,
salad, entrée and dessert

Events and Activities

Weekly

Mondays:
Quilting/Sewing 1-4 pm

Tuesdays:

Wednesdays:
Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays:
Knitting 1:30-4:00
Billiards 1-4 pm





So far this Fiscal year the center received **\$126.45** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

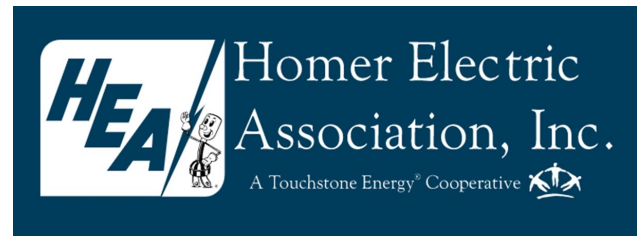
The center's Organization Identification Number is **GP013**. **Thank you!!!**

The Senior Center is partially funded by these Corporate Sponsors



Answers to the puzzle on page 12

1U	2S	3D	4A		5O	6R	7B	8I	9T		10F	11R	12A	13N
14P	L	U	G		15L	E	E	C	H		16O	A	H	U
17T	O	R	A		18D	E	E	P	R	19O	O	T	E	D
20O	P	U	S		21F	D	R		22A	F	L	A	M	E
		23M	S	24D	O	S		25M	C	A				
26S	27E	W	I	N	G		28P	E	E	R	29L	30E	31S	32S
33E	T	H		34C	E	35D	E	D		36C	A	N	W	E
37T	H	E	38E		39Y	E	T	I	40S		41H	U	E	D
42O	N	A	I	43R		44M	I	A	T	45A		46M	A	A
47N	O	T	S	O	48H	O	T		49A	S	50T	E	R	N
				51D	O	N		52O	T	H	E	R		
53P	54I	55C	56K	E	T		57G	W	U		58N	A	59P	60S
61E	T	H	I	O	P	62I	A	N	S		63E	T	O	N
64R	I	O	S		65O	C	O	M	E		66T	E	N	O
67U	S	P	S		68T	I	L	E	S		69S	S	G	T






- Alaska Food Coalition
- Enstar
- Fred Meyer/Kroger
- HEA
- Kenai Peninsula Borough
- Meals on Wheels America
- Peninsula Bishops Attic
- Private Donations
- State of Alaska/NTS Grant

May 2024 Menu

Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon.

Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance for take-out meals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays Fred Bramer 5/1 Dick Hawkins 5/3 Fred Eggert 5/4 Kathy Wallace 5/4	 Bourbon Bratwurst Pasta Salad Sauerkraut Beans	Chicken Cordon Bleu Casserole Vegetable Garlic Bread	Bingo @ 1:15 1 Sweet & Sour Meatballs Rice Vegetable	Tuscan Penne Casserole Vegetable Garlic Bread	Baked Ham Potatoes Vegetable	Soup served daily with pick up meals
5 Geri Smith 5/5 Cathy Andrew 5/6 Larry Christopher 5/7	6 Chicken Enchiladas Beans Rice	7 Asian Pork Rice Vegetable	Bingo @ 1:15 8 Salisbury Steaks Mashed Potatoes Gravy Vegetable	9 Crispy Pork Cutlets Pasta Toss Vegetable	10 Cashew Chicken Salad w/ Croissant Rolls Pasta Toss Jello-O	11 Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00 per cup
Mother's Day 12 Dani Keschull 5/14 Brandon MacGregor 5/14 Elkin Suezell 5/18	13 Lil' Cheddar Meatloaf Potatoes Gravy Vegetable	14 Oven Fried Chicken Rice Vegetable	Bingo @ 1:15 15 Creamy Spaghetti Bake Vegetable Garlic Bread	16 Board Meeting BBQ Glazed Meatballs Baked Beans Corn on the Cob	17 Chicken Strips Waffle Fries Texas Toast Macaroni Salad	18 
19 Bill Sielinsky 5/19 Carol Chapman 5/22 Gailan Johnson 5/24	20 Roast Beef w/ Potatoes & Carrots Dressing	21 Chicken Rice Vegetable	Bingo @ 1:15 24 Halibut Enchiladas Rice Beans	23 Chicken Broccoli Casserole Dressing Jell-O	24 Breakfast Frittata Sausage Potatoes Bread Pudding	25 Lunch starts right at noon
26 John Noziger 5/26 Terri Quinlan 5/27 Susan Welsh-Smith 5/28 Pam Ehlers 5/29 Sherry Hassell 5/30	27 Center Closed For Memorial Day 	28 Country Pork Ribs Coleslaw Bean Bake	Bingo @ 1:15 29 Hawaiian Chicken Rice Vegetable Eggroll	30 3 Cheese Lasagna Vegetable Garlic Bread	31 