



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988

Coming Up:

April Fools 1st

Tax Day 15th

Board Meeting 19th

Earth Day 22nd



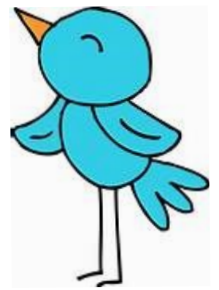
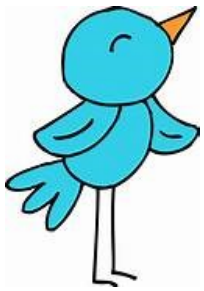
Note From the President of the Board:

I hope April 1st is/was kind to you. That the day to fool someone. Just make sure that it doesn't make a fool of you also. April is always a busy month for us up here in the northland. Snowbirds start heading back. Some get back in April and others drag their feet and don't get here until May. Whenever you get back welcome. Safe travels and I hope you all had a nice winter wherever you spent it. We had a good winter up here. If you have a good weather app on your phone, you were able to keep track of all the snow we had and all the cold weather as well. January we were in the deep freeze for over 10 days. OK, it's April. Enough talk of winter.

Plans and preparations for the gun show in May continue. We have started a second gun raffle. The first one sold out of all 200 tickets in about two weeks. The second gun we are raffling is the same type as the first one. A "Henry Golden Boy" .22 lever action. They are beautiful guns. There are several folks selling the tickets. Check in the office if you can't find anybody selling the tickets. They'll be glad to sell you a couple. Just like the first one the tickets are \$10 dollars each. Only 200 will be sold. The drawing will be on May 19 at the gun show. You need not be present to win.

I would like to welcome John McCombs to the Board of Directors. He was selected from a list of 5 outstanding candidates. Welcome John. I look forward to working with you for the betterment of the Senior Center. If you wish to come to a board meeting just to see what is happening please do. This month the board meeting will be on April 19. This is a Friday. There was a scheduling conflict with our usual Thursday date. All for now. God Bless you all and keep you safe in your travels.

~ Richard Hawkins



A Note from the Executive Director:

April - yippee! Spring officially started in March and it appears as if we're having an early spring...depending on which day you look out the window! Soon our endless hours of daylight and summer will be upon us. Now is the time for everyone to put on their mud boots, get out, and enjoy some much needed sunshine and fresh air; something many of us look forward to!

Speaking of spring.....something else to look forward to - the opening the gazebo! With any luck (and lots of sunshine to melt the snow!), we will be able to get the gazebo up and running again during the first half of May. If you are interested in volunteering, please talk to us in the office, we are always looking for folks to help!

April also gets us one month closer to the gardening season. This year we are going to have a few new additions to our community gardens – raised beds! Thanks to a micro-grant through the Alaska Department of Natural Resources, we are going to be adding 9 raised beds to our community garden. The beds will set in the garden about two feet off the ground. They are 8 feet long and 2 feet wide – perfect for growing beautiful vegetables without having to crawl around on the ground. Grant dollars will also provide rich and nutritious soil for your plants to thrive. If you are interested in a garden plot this year or one of the raised beds, please let the office know. Put your green thumb to work and grow some veggies!

Please help us welcome John McCombs to the Board of Directors! John brings with him a wealth of knowledge. Look further into the newsletter for information regarding his previous experiences. Welcome John!!

Please note our annual survey is now available. Copies are available to fill out at the center or if you contact us, we will be happy to mail you one to fill out if you are not in the area. This survey is an important tool to let us know how we are doing. We want to make sure your experience here at the center is all that you think it should be! Thank you for taking the time to fill this out – your answer and feedback are important – one survey per person please.



~ Julie Otto





Hello, I am John McCombs, a Ninilchik resident since the 1970's. Since then I have had many opportunities and served on many boards, including

Site Based Chairman (Ninilchik School) Vice Chair, Central Peninsula Advisory Committee, NNA Election Board, Cook Inlet Aquaculture, United Cook Inlet Drift Association, and President, Cook Inlet Fishman's Fund, as I recall.

The Senior Center is a great place and I hope to contribute to the operation through my past board experiences.

Go Seniors!



This was sent to me and I thought I would pass it along especially after we just came off several months of championship sporting events. When I first read this I laughed then I reread it and realized how sad it is that we put so much into athletes but education isn't necessarily the number one thing

What Can I Say?

1. Chicago Cubs outfielder Andre Dawson on being a role model:
"I wan' all dem kids to do what I do, to look up to me. I wan' all the kids to copulate me."
2. New Orleans Saint RB George Rogers when asked about the upcoming season:
"I want to rush for 1,000 or 1,500 yards, whichever comes first."
3. And, upon hearing Joe Jacobi of the 'Skin's say:
"I'd run over my own mother to win the Super Bowl,"
Matt Millen of the Raiders said: "To win, I'd run over Joe's Mom, too."
4. Torrin Polk, University of Houston receiver, on his coach, John Jenkins:
"He treat us like mens. He let us wear earrings."
5. Football commentator and former player Joe Theismann:
"Nobody in football should be called a genius. A genius is a guy like Norman Einstein."
6. Senior basketball player at the University of Pittsburgh :
"I'm going to graduate on time, no matter how long it takes.."
(Now that is beautiful)
7. Bill Peterson, a Florida State football coach:
"You guys line up alphabetically by height."
And, "You guys pair up in groups of three, and then line up in a circle."
8. Boxing promoter Dan Duva on Mike Tyson going to prison:
"Why would anyone expect him to come out smarter? He went to prison for three years, not Princeton ..."
9. Stu Grimson, Chicago Blackhawks left wing, explaining why he keeps a color photo of himself above his locker:
"That's so when I forget how to spell my name, I can still find my clothes."
10. Lou Duva, veteran boxing trainer, on the Spartan training regimen of heavyweight Andrew Golota:
"He's a guy who gets up at six o'clock in the morning, regardless of what time it is."
11. Chuck Nevitt , North Carolina State basketball player, explaining to Coach Jim Valvano why he appeared nervous at practice:
"My sister's expecting a baby, and I don't know if I'm going to be an uncle or an aunt. (I wonder if his IQ ever hit room temperature in January)
12. Frank Layden , Utah Jazz president, on a former player:
"I asked him, 'Son, what is it with you? Is it ignorance or apathy?'
He said, 'Coach, I don't know and I don't care.'"
13. Shelby Metcalf, basketball coach at Texas A&M, recounting what he told a player who received four F's and one D:
"Son, looks to me like you're spending too much time on one subject."
14. In the words of NC State great Charles Shackelford:
"I can go to my left or right, I am amphibious."

Ah, but they all ride to the bank in a Mercedes... and VOTE!

As always Swing For The Fence!
Cheryl

Ninilchik Senior Citizens, Inc.

Gun Show Fundraiser

Saturday - May 18, 2024: 10am to 5pm

Sunday - May 19, 2024: Noon to 5pm

Sponsored by: Alaska Gun Collector's Association

Admission:

Adults - \$8 per day or \$10 to attend both days

Children 10-17 (all children must be accompanied by an adult)

- \$5 per day or \$7 to attend both days

55+ Senior, Military & First Responders Discount- \$1 Off

Attractions:

40 Vendors Selling Guns, Ammo, Magazines & Knives

Gun Raffle

**Food available
for sale**

Door Prizes

**At the Ninilchik Senior Center, 66265 Aspen Avenue,
Ninilchik. Questions? Call 907-567-3988**

2024 Annual Ninilchik Senior Center Evaluation Survey

Name (Optional): _____

Please check the boxes that best match your response.

<i>What are your reasons for utilizing services through the senior center?</i>	Strongly Agree	Agree	Neutral	Disagree	Does not apply
To see my friends and make new ones					
Helps me take care of/improve my overall health					
Gives me something to look forward to					
Helps me age safely in place and in the community of my choice					
Helps me maintain or increase the quality of my life					
It's a good source of information about services and community events					
I enjoy the activities the center has to offer					

Which services do you utilize? _____ Dine-In Meals _____ Home Delivered Meals
(check all that apply)

_____ Pick-Up Meals _____ Transportation _____ Information and Assistance _____ Homemaker

How often do you come to Ninilchik Senior Center?

_____ everyday _____ 2-3 times per week _____ weekly _____ every other week _____ Monthly

What keeps you coming to the Ninilchik Senior Center?

How can we increase center participation from you or others?

2024 Annual Ninilchik Senior Center Evaluation Survey

How would you rate our services overall? Excellent _____ Good _____ Average _____ Poor _____

How do you rate our meal service? _____ Excellent _____ Acceptable
_____ Needs Improvement _____ I do not use this service

Is the \$8 suggested donation fair for the dining room lunch service provided? _____ Yes _____ No

Would you change anything about the meal service? _____ Yes _____ No

If yes, what would you change?

Dining room cleanliness: _____ Very Clean _____ Somewhat Clean _____ Needs Attention

Buffet cleanliness: _____ Very Clean _____ Somewhat Clean _____ Needs Attention

Is the atmosphere friendly? _____ Yes _____ No

Do you feel the Ninilchik Senior Center provides healthy meals? _____ Yes _____ No

How important is the Ninilchik Senior Center specifically to you?

_____ Very Important _____ Somewhat important _____ not important at all

What programs, classes, special events or activities would you like to see offered at NSC?

I would recommend the center to a friend or family member: Yes _____ No _____

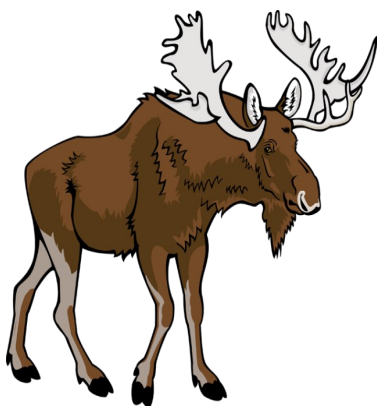
Additional Comments/Suggestions: _____



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All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

1. In Alaska, what is “the mountain”?
2. For what reason did the Russian explorers plant the insignia of the Romanov Dynasty, a double headed eagle, along the coast of Alaska?
3. What is the chilly translation of the Eskimo word “alapah”?
4. What was the highest twenty-four hour precipitation recorded in the state?
(14 inches, 19 inches, 24 inches)
5. Name the active volcano that erupted in 1976.
6. Who was the movie “Spirit of the Wind” about?
7. What is the official state sport?
8. What is a “tin sled dog”?



1. Dog Mushing
2. Snowmobile
dog team musher

1. Mount McKinley
2. To claim it for
their homeland
3. Cold
4. 14 inches at Cor-
dova in 1955
5. Augustine Volcano
6. George Atla, A

Name: _____

April Fools Day Word Search



R	Z	Q	B	A	M	B	O	O	Z	L	E	N	Q	K	L	S
W	G	K	X	N	Z	I	J	H	O	F	I	K	M	W	U	U
O	J	F	M	H	L	A	D	O	V	V	Z	T	I	I	A	R
N	W	G	T	O	M	F	O	O	L	E	R	Y	S	B	O	P
G	K	C	I	Q	P	C	K	D	L	J	H	G	C	T	O	R
W	M	K	C	O	Z	T	I	W	U	E	U	O	H	N	J	I
F	A	N	Q	N	A	D	O	I	T	X	Y	N	I	L	V	S
W	L	R	B	L	Y	S	J	N	B	A	I	V	E	E	X	E
A	A	U	F	O	F	H	A	K	M	Y	B	U	F	D	P	V
T	R	A	Q	P	R	E	P	O	S	T	E	R	O	U	S	G
N	K	M	J	H	M	N	K	P	H	U	M	V	B	M	Y	F
L	E	J	L	Y	Y	A	Y	J	B	J	U	M	S	B	L	X
A	Y	J	L	G	C	N	Y	Z	E	J	S	L	X	F	K	Z
U	G	Y	E	F	E	I	L	P	W	Y	E	C	B	O	J	Q
G	H	J	V	B	R	G	E	S	I	N	O	C	R	U	V	I
H	X	Y	I	Z	X	A	M	Z	L	F	W	O	M	N	W	H
T	M	O	T	O	Z	N	Q	J	D	M	G	R	P	D	A	P
E	M	C	Y	K	A	S	T	V	E	Z	P	X	F	J	D	F
R	C	C	D	K	X	J	V	X	R	C	A	C	A	P	O	V
C	I	J	H	M	K	B	E	F	U	D	D	L	E	N	Z	X
A	Q	R	G	M	Z	O	U	G	S	T	F	F	D	I	X	P
K	V	X	W	B	H	D	D	E	L	U	D	E	F	Y	M	V

PREPOSTEROUS

BEMUSE

LEVITY

SHENANIGANS

MALARKEY

DELUDE

DUMBFOUND

SURPRISE

MISCHIEF

TOMFOOLERY

HOODWINK

BAMBOOZLE

BEFUZZLE

BEWILDER

LAUGHTER



Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.

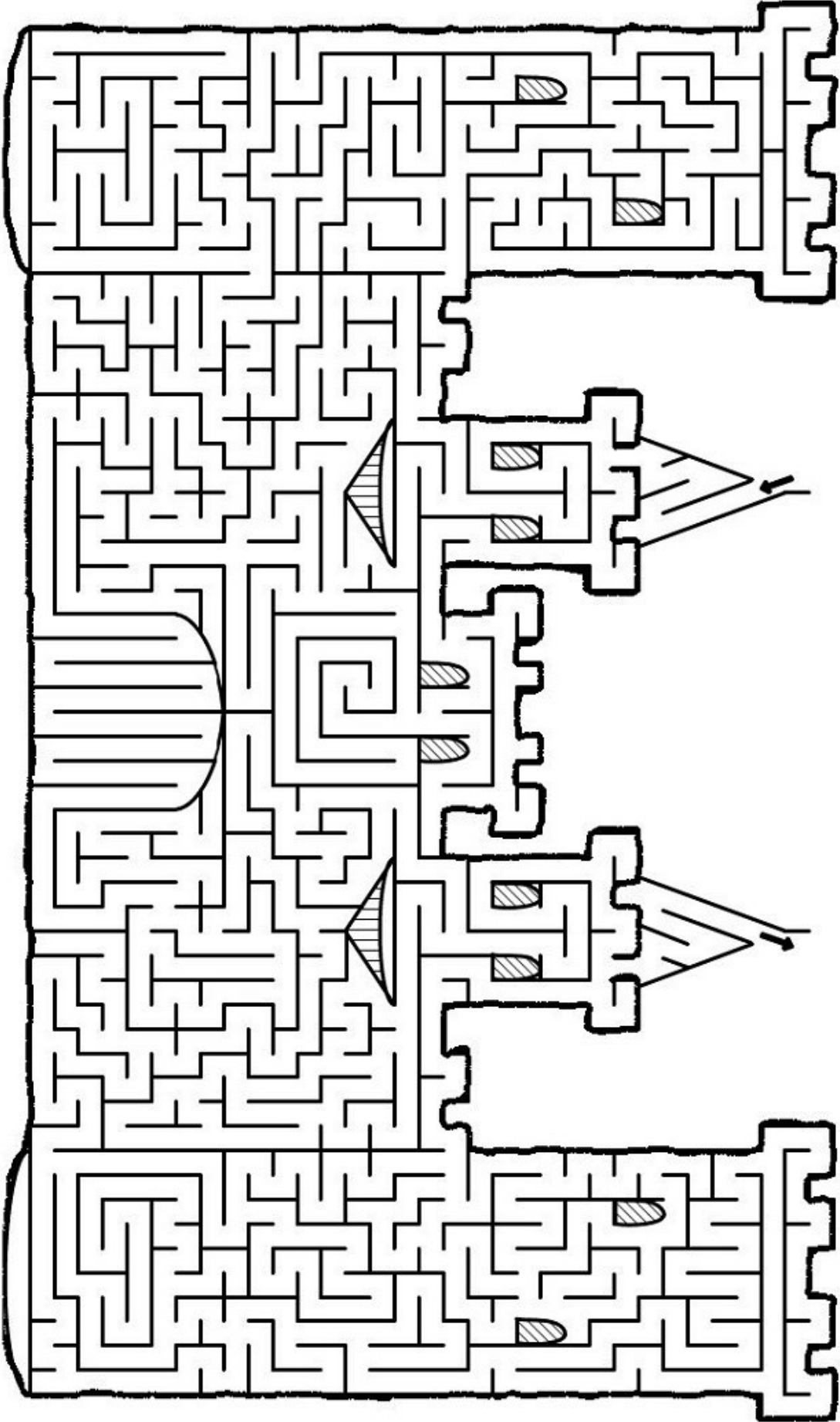


Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Thank you to all who donate to the Ninilchik Senior Center!

Castle





April

Activities in Season for Elders

CAREGIVERSACTIVITYSOURCE.COM

Tell jokes and talk about pranks remembered from childhood

Plant some cool weather seeds and plants in the garden

Take a nature walk or plant a tree in honor of Earth Day

Do some Spring cleaning and make room for favorite activities

Visit a botanic garden or city gardens to enjoy the Spring flowers

Write a Spring poem in honor of National Poetry Month

Search for a hat to wear Spring and Summer

Check out some books or audio books at the library in honor of
National Library Week

Make a Spring bucket list of the things you want to do and places you
want to go

Make an Easter Care Package for someone

Reminisce about past Easters



SPRING FEVER



Birch Ann, Nora, and Linda are officially done with winter! Time for the heat of summer to return!!
Bring it on!

Carole Lund 1
 Arnold Mason 2
 Ken Carlson 2
 Val Christensen 3
 Richard Pitta 4
 Martesue Chapman 7
 Jim Hickel 9
 Steve Stewart 13
 Monica Vanek 13

Julie Wasser 16
 Kathy Syska 18
 Steve Tilbury 18
 Ed Harper 19
 Tandy Wallace 20
 Clifford Ellis 25
 Mike Smith 26
 Josie Savoy 27
 Jeff Smith 28

Steve Pope 29
 Ann Platt 29
 Bruce Neilson 30

**HAPPY
 BIRTHDAY**



Thank You

Vi Nordgren and Kaye Waldsmith for keeping our silent auction table full and organized

Char Moore for bringing in Easter decorations

Dave Nordgren for the trash removal

Steve Vanek for selling split the pot tickets

Don't forget to log all of your time in the volunteer book

Thank you to all of our members and volunteers

Thank you to all the donors

Thank you to our cooks

\$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson	Bruce Randall
Delmer McCune	Debbie MacLean
Nora & Howard Appel	Cathy Perry
Char & Byron Moore	Josie Savoy
John & Janice Nofziger	Jim Beall
Ron Jorgensen	Vi Nordgren

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.



16 cards

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5





Ninilchik Senior Center
Operating Budget and Endowment Fund

Donations to the Operating Budget are used to keep the doors of Center open, while the purpose of the Endowment Fund is to invest for a stable income that will allow the Senior Center to become more self-sufficient.

Your Support is Valuable!

(All gifts are tax deductible to the extent allowed by law)

I am enclosing \$ _____ Donation for: Operating Budget
 Endowment Growth

Your Name: _____ Date: _____

Your Address: _____

City: _____ State: _____ Zip: _____

Gift will be a memorial in honor of: _____

You may also make a secure—online donation at: www.ninilchikseniors.org

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kaye Waldsmith
Vice Chair: Steve Vanek
Secretary: Vi Nordgren
Treasurer: John Nofziger
Trustee: David Clemenson

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Assistant: Casey Campbell
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker:

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$8 or members, \$12 for non-members
Lunch includes: soup,
salad, entrée and dessert

Events and Activities

Weekly

Mondays:
Quilting/Sewing 1-4 pm

Tuesdays:

Wednesdays:
Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays:
Knitting 1:30-4:00
Billiards 1-4 pm





So far this Fiscal year the center received **\$84.18** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors



Homer Electric Association, Inc.
A Touchstone Energy® Cooperative



Alaska Food Coalition
Enstar
Fred Meyer/Kroger
HEA
Kenai Peninsula Borough
Meals on Wheels America
Peninsula Bishops Attic
Private Donations
State of Alaska/NTS Grant

April 2024 Menu



Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon.
 Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays	1	2	Bingo @ 1:15 3	4	5	6
Carole Lund 1 Arnold Mason 2 Ken Carlson 2 Val Christensen 3 Richard Pitta 4	Lil Cheddar Meatloaf Mashed Potato's Gravy Vegetable	Oven Baked Chicken Rice Vegetable	Florentine Spaghetti Bake Vegetable Garlic Bread Bingo @ 1:15 10	Pork Cutlets Stuffing Cranberry Sauce Vegetable	Sloppy Joe's W/Buns Tater Tots Jello	<i>Soup served daily with pick up meals</i>
Martese Chapman 7 Jim Hickle 9 Steve Stewart 13 Monica Vanek 13	7	8	9	11	12	13
	Monterey Chicken Breast Rice Vegetables	BBQ Pulled Pork w/ Pretzel Buns Bean Bake French Fries	Meatballs in Country Gravy Mashed Potatoes Vegetable	Fiesta Chicken Burrito's Refried Beans Mexi Salad	Breakfast Frittata Cubed Potatoes Link Sausage Bread Pudding	<i>Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00 per cup</i>
14	15	16	Bingo @ 1:15 17	18	Board Meeting 19	20
Julie Wasser 16 Kathy Syska 18 Steve Tilbury 18 Ed Harper 19 Tandy Wallace 20	Roast Beef Potatoes Gravy Vegetables	Chicken Cordon Bleu Casserole Vegetables	Sweet + Sour Meatballs Eggrolls Rice Vegetables Bingo @ 1:15 24	Glazed Pork Tenderloin Potato's Gravy Vegetables	Cashew Chicken Salad Croissant Pasta Salad Jello	
21	22	23	Bingo @ 1:15 24	25	26	27
Clifford Ellis 25 Mike Smith 26 Josie Savoy 27	Salisbury Steak w/ mushroom + Onions Potatoes Vegetables	Chicken Enchiladas Refried Beans Rice	Lasagna Vegetable Garlic Bread	Turkey Thursday	Baked Ham + Swiss On Bun Potato Salad Jello	<i>Lunch starts right at noon</i>
28	29	30				
Jeff Smith 28 Steve Pope 29 Ann Platt 29 Bruce Neilson 30	Crispy Chicken Mashed Potatoes Country Gravy Vegetables	Country Pork Ribs Bean Bake Pasta Salad Coleslaw				