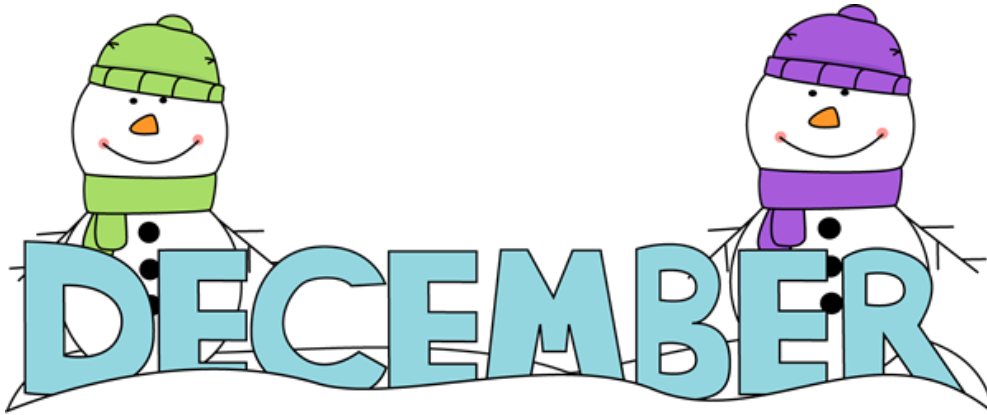




Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



Coming Up:

Christmas Party 22nd

Closed December 23–
January 1st

Note From the President of the Board:

Merry Christmas and Happy New Year all!!!! Hard to believe that Christmas is right around the corner and that means that the new year is just around the next corner. I pray that everyone has a wonderful Christmas and a safe and happy New Year.

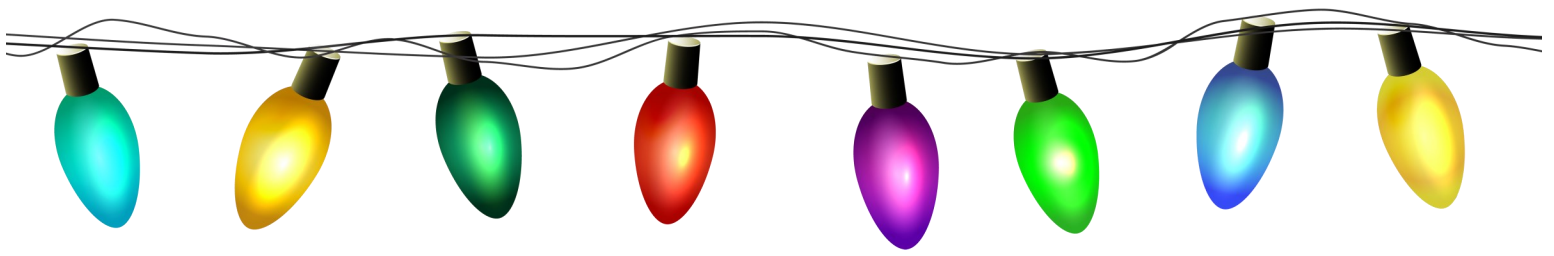
Things keep rolling along at the Senior Center. Our kitchen remodel fund continues to grow. It is almost \$62,000 now thanks to the generous support of so many of you. Thank you very much. After we were turned down for grant monies this year, we reapplied for next year. Although we will not know the outcome of the grant monies until mid-year 2024, I am very confident that we will be able to accomplish the remodel as next year comes to an end. Our weather seems to have thrown us a curve ball, make that a slush ball this winter. The main highways seem to be in good shape be the side roads and parking lots are really icy. Take is slow and maybe even carry a bucket of sand with you just in case.

There is a new employee at the Center. Her name is Darla Evans. She was hired as our homemaker and helps in the kitchen when needed. Please welcome her when you see her.

We will be having our Christmas party and gift exchange on December 22. It is always a lot of fun. If you want to be part of the gift exchange, bring a wrapped gift, something under \$25, and join in the fun. Remember, the Center will be closed after December 22 and will not open until January 2, 2024.

Happy New Year and God Bless you.

~Dick Hawkins



A Note from the Executive Director:

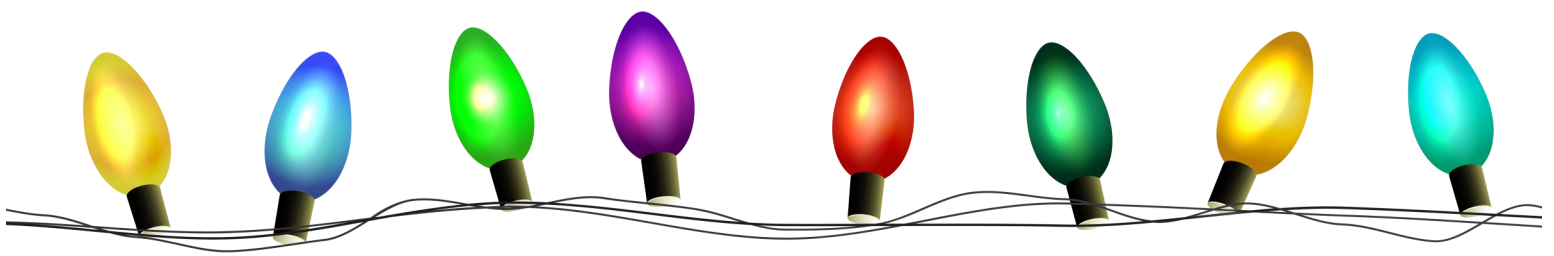
December is here! The year is ending quickly, just in time to greet the new one rushing in! December is one of my favorite months. Family and friends are gathering, Christmas lights are twinkling, and people are smiling! Every year I hope that we can all carry those smiles into the new year!

As the year comes to an end, it's nice to reflect on everything that went on throughout the previous year. It's been a busy year for the senior center. Fundraisers, craft fairs, silent auctions, socializing with friends, and of course – fantastic meals! Thanks to everyone for keeping our senior center full of fun, laughter, and good times. 2024 will be just as busy I'm sure – now we'll get to throw in a kitchen remodel on top of everything else.

Reminder that our annual Christmas party will be held on December 22nd after lunch. Come and join us for a wonderful lunch and a fun gift exchange afterward. For those who want to participate in our “Yankee Swap” gift exchange – keep your gifts under the suggested \$25 amount please. After the party, the center will close for the remainder of the year, reopening on January 2, 2024.

Merry Christmas everyone and best wishes for all as we head into the new year!

~ Julie Otto





DECEMBER DUGOUT

Hey everyone we made it another year! As much as I would like to keep this month happy and lively. Sadly, my friend's elderly parents recently got scammed and it happened so quickly and slick. Just the next day a scammer tried it with me but I knew what to look for and the scammer didn't win. Therefore, I feel the need to pass on information to help prevent you from being scammed.

Four Signs That It's a Scam

1. Scammers **PRETEND** to be from an organization you know.

Scammers often pretend to be contacting you on behalf of the government. They might use a real name, like the FTC, Social Security Administration, IRS, or Medicare, or make up a name that sounds official. Some pretend to be from a business you know, like a utility company, a tech company, or even a charity asking for donations. They use technology to change the phone number that appears on your caller ID. So, the name and number you see might not be real.

2. Scammers say there's a **PROBLEM** or a **PRIZE**.

They might say you're in trouble with the government. Or you owe money. Or someone in your family had an emergency. Or that there's a computer. Some scammers say there's a problem with one of your accounts and that you need to verify some information. Others will lie and say you won money in a lottery or sweepstakes but have to pay a fee to get it.

3. Scammers **PRESSURE** you to act immediately.

Scammers want you to act before you have time to think. If you're on the phone, they might tell you not to hang up so you can't check out their story. They might threaten to arrest you, sue you, take away your driver's or business license, or deport you. They might say your computer is about to be corrupted.

4. Scammers tell you to **PAY** in a specific way.

They often insist that you can only pay by using cryptocurrency, wiring money through a company like MoneyGram or Western Union, using a payment app, or putting money on a gift card and then giving them the numbers on the back of the card. Some will send you a check (that will later turn out to be fake), then tell you to deposit it and send them \$

How To Avoid a Scam

Block unwanted calls and text messages. Take steps to block unwanted calls and to filter unwanted text messages.

Don't give your personal or financial information in response to a request that you didn't expect. Honest organizations won't call, email, or text to ask for your personal information, like your Social Security, bank account, or credit card numbers. If you get an email or text message from a company you do business with and you think it's real, it's still best not to click on any links. Instead, contact them using a website you know is trustworthy. Or look up their phone number. Don't call a number they gave you or the number from your caller ID.\

Resist the pressure to act immediately. Honest businesses will give you time to make a decision. Anyone who pressures you to pay or give them your personal information is a scammer.

Know how scammers tell you to pay. Never pay someone who insists that you can only pay with cryptocurrency, a wire transfer service like Western Union or MoneyGram, a payment app, or a gift card. And never deposit a check and send money back to someone.

Stop and talk to someone you trust. Before you do anything else, tell someone — a friend, a family member, a neighbor — what happened. Talking about it could help you realize it's a scam.

Scammers can be very convincing. They call, email, and send us text messages trying to get our money or sensitive personal information — like our Social Security or account numbers. And they're good at what they do. Here's what to do if you paid someone you think is a scammer or gave them your personal information or access to your computer or phone. If you paid a scammer, your money might be gone already. No matter how you paid, it's always worth asking the company you used to send the money if there's a way to get it back.

If You Paid a Scammer

Did you pay with a credit card or debit card?

Contact the company or bank that issued the credit card or debit card. Tell them it was a fraudulent charge. Ask them to reverse the transaction and give you your money back.

Did a scammer make an unauthorized transfer from your bank account?

Contact your bank and tell them it was an unauthorized debit or withdrawal. Ask them to reverse the transaction and give you your money back.

Did you pay with a gift card?

Contact the company that issued the gift card. Tell them it was used in a scam and ask them to refund your money. Keep the gift card itself, and the gift card receipt.

Did you send a wire transfer through a company like Western Union or MoneyGram?

Contact the wire transfer company. Tell them it was a fraudulent transfer. Ask them to reverse the wire transfer and give you your money back.

MoneyGram at 1-800-926-9400

Western Union at 1-800-448-1492

Ria (non-Walmart transfers) at 1-877-443-1399

Ria (Walmart2Walmart and Walmart2World transfers) at 1-855-355-2144

Did you send a wire transfer through your bank?

Contact your bank and report the fraudulent transfer. Ask them to reverse the wire transfer and give you your money back.

Did you send money through a money transfer app?

Report the fraudulent transaction to the company behind the money transfer app and ask them to reverse the payment. If you linked the app to a credit card or debit card, report the fraud to your credit card company or bank. Ask them to reverse the charge.

Did you pay with cryptocurrency?

Cryptocurrency payments typically are not reversible. Once you pay with cryptocurrency, you can only get your money back if the person you paid sends it back. But contact the company you used to send the money and tell them it was a fraudulent transaction. Ask them to reverse the transaction, if possible.

Did you send cash?

If you sent cash by U.S. mail, contact the U.S. Postal Inspection Service at 877-876-2455 and ask them to intercept the package. To learn more about this process, visit USPS Package Intercept: The Basics.

If you used another delivery service, contact them as soon as possible.

Did you give a scammer your Social Security number?

Go to [IdentityTheft.gov](https://www.identitytheft.gov) to see what steps to take, including how to monitor your credit.

Did you give a scammer your username and password?

Create a new, strong password. If you use the same password anywhere else, change it there, too.

If a Scammer Has Access to Your Computer or Phone does a scammer have remote access to your computer?

Update your computer's security software, run a scan, and delete anything it identifies as a problem. Then take other steps to protect your personal information.

Did a scammer take control of your cell phone number and account?

Contact your service provider to take back control of your phone number. Once you do, change your account password.

Also check your credit card, bank, and other financial accounts for unauthorized charges or changes. If you see any, report them to the company or institution. Then go to [IdentityTheft.gov](https://www.identitytheft.gov) to see what steps you should take.

From my house to yours have a safe and joyous Holiday Season. As always keep swinging for the fence!! ~Cheryl



WORD SCRAMBLE!

SKOICOE _____

ASTAN ULCSA _____

OTH COOLTHACE _____

GLIHES SELBL _____

LOCARS _____

LIMSOTTEE _____

BIGGEEDARRN _____

SHLITG _____

EONGGG _____

VAINTYIT _____

PURHOLD _____

YADNC NECA _____

MOWNANS _____

BEEEDRCM _____

GLANE _____

TINCKGOS _____

Make Cards With Kimberly!



This month: Tuesday,
December 19th
@ 1:00pm.





1985 Teddy's Toys & Co., All Rights Reserved.

All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

1. What island resort in southeast has a heated swimming pool heated by natural hot springs?
2. Name the Governor of Alaska in 1985.
3. What is molybdenum used for?
4. What is “muskeg”?
5. Most of the land in Alaska is held by which of the following? (Federal government, State government, Native Corporations)
6. Who starred in the movie ‘North to Alaska’? (Name the two partners)
7. What is the official state mineral?
8. What is “Fireweed”?



Granger
7. Gold
8. A beauti-
ful red
(orange)
flower

1. Bell Island
2. William Sheffield
3. As an alloy to strengthen
steel
4. Marsh (Bog, wet swampy
land)
5. Federal Government
6. John Wayne and Stewart

MERRY CHRISTMAS

Wordsearch

Search for the words going up, down, left and right.

T	U	K	E	B	S	N	Y	Y	V	G	I	I	O	X
L	D	P	Y	O	O	V	F	Q	S	N	O	G	N	U
U	S	G	N	I	T	E	E	R	G	I	W	Q	Z	B
J	D	X	D	E	J	O	W	E	I	L	L	T	K	R
J	J	O	B	E	K	T	O	D	N	O	W	N	E	Q
Q	U	S	R	R	N	E	B	D	G	R	R	E	C	K
Q	S	A	N	T	A	L	R	M	E	A	E	M	X	V
P	R	E	S	E	N	T	S	X	R	C	A	A	I	Y
I	Z	M	J	X	F	S	F	U	B	M	T	N	Y	U
J	E	D	Q	T	E	I	Z	B	R	C	H	R	M	L
X	B	D	N	R	L	M	M	C	E	K	V	O	K	E
M	L	M	X	S	T	R	M	F	A	X	N	I	Q	T
M	S	Z	Z	E	Q	S	W	U	D	N	D	L	Q	I
H	I	H	A	N	U	T	C	R	A	C	K	E	R	D
V	R	F	A	B	K	W	T	S	E	V	L	E	N	E

YULETIDE
GREETINGS
CAROLING
PRESENTS

WREATH
NUTCRACKER
TREE
MISTLETOE

SANTA
GINGERBREAD
ORNAMENT
ELVES



womanofmanyroles.com

Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Thank you to all who donate to the Ninilchik Senior Center!

Name: _____

Favorite Christmas Songs



Down

1. _____ Bells
2. _____ Wonderland
3. Rockin' Around the Christmas _____
4. I Saw Mommy _____ Santa Claus
7. Have Yourself a Merry Little _____
8. I'll be _____ for Christmas
10. _____ the Red Nosed Reindeer
11. Little Saint _____
12. Santa Claus is Comin' to _____
14. Frosty the _____

Across

5. Grandma Got Ran Over by a _____
6. Let it _____
9. Little _____ Boy
11. Silent _____
13. _____ the Halls
14. Here comes _____ Claus
15. Jingle _____ Rock
16. Up on the _____
17. Hark! The Herald _____ Sing

Byron Moore 1

Larry Reaves 2

Terry Nelson 3

Elizabeth Gage 3

Mary Carr 4

Conrad Matsuoka 6

Don Josten 8

Alby Isbell 9

Russ Cross 10

Ken Rucker 12

Jerry Reinhart 14

Darla Evans-Egbert 14

Vicki Willard 15

Dar Van Offeren 18

Shauna Christensen 19

Gene Giovanini 19

Pam Jacobs 19

James Knox 20

Jeremiah Fender 21

Ruthe Bauman 24

Steve Vanek 25

Helena Torretta 25

Larry Geiger 30

June Josten 31



Thank You

JoJo Seitz for sorting stuff
for gazebo

Mark and Kathy Syska,
Moondog, Vi Nordgren for
helping set up the Bazaar

Dave Nordgren for the trash
removal

Don't forget to log all of your
time in the volunteer book

Thank you to all of our mem-
bers and volunteers

Thank you to all the donors

Thank you to our cooks

\$5 A Month Club

Thank you to the following who contributed to
the club:

David & Judy Clemenson	Bruce Randall
Delmer McCune	Debbie MacLean
Nora & Howard Appel	Cathy Perry
Char & Byron Moore	Josie Savoy
John & Janice Nofziger	Jim Beall
Ron Jorgensen	Vi Nordgren

We have a fund to provide items that are not in
the budget.

If you would like to join the club, just bring or
send a donation of \$5 any time you can.

THANK YOU!!!



Ninilchik Senior Center
Operating Budget and Endowment Fund

Donations to the Operating Budget are used to keep the doors of Center open, while the purpose of the Endowment Fund is to invest for a stable income that will allow the Senior Center to become more self-sufficient.

Your Support is Valuable!

(All gifts are tax deductible to the extend allowed by law)

I am enclosing \$_____ Donation for: ☐ Operating Budget
☐ Endowment Growth

Your Name: _____ Date: _____

Your Address: _____

City: _____ State: _____ Zip: _____

Gift will be a memorial in honor of: _____

You may also make a secure- online donation at: www.ninilchikseniors.org

Oct. 15-Dec. 7 is the time to sign up for Medicare prescription drug plans.

Plans change, so compare each year for the best value.

If you have other prescription insurance, you may not need Medicare Part D.

Check with your plan!

Questions?

Medicare Information Office



Navigating Medicare

Preventing Medicare Fraud



Visit www.medicare.alaska.gov

**Medicare Information Office
Statewide Helpline**

(800) 478-6065

or

(907) 269-3680

State of Alaska Dept. of Health • Division of Senior & Disabilities Services • Medicare Information Office This project was supported, in part by grant number 2201AKMIAA, 2201AKMISH, 2201AKMIDR, & 90SPAG0082 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kaye Waldsmith
Vice Chair: Steve Vanek
Secretary: Vi Nordgren
Treasurer: John Nofziger
Trustee: David Clemenson

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Assistant: Casey Campbell
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Gretchen Larson

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$8 or members, \$12 for non-members
Lunch includes: soup,
salad, entrée and dessert

Events and Activities

Weekly

Mondays:

Quilting/Sewing 1-4 pm

Tuesdays:

Wednesdays:

Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays:

Knitting 1:30-4:00
Billiards 1-4 pm





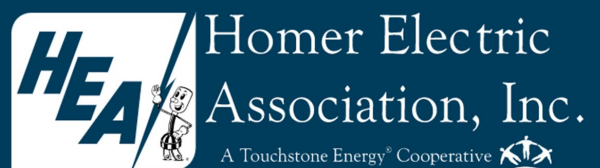
So far this Fiscal year the center received **\$84.18** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors












ANSWER KEY

**COOKIES
SANTA CLAUS
HOT CHOCOLATE
SLEIGH BELLS
CAROLS
MISTLETOE
GINGERBREAD
LIGHTS
EGGNOG
NATIVITY
RUDOLPH
CANDY CANE
SNOWMAN
DECEMBER
ANGEL
STOCKING**

Alaska Food Coalition
Enstar
Fred Meyer/Kroger
HEA
Kenai Peninsula Borough
Meals on Wheels America
Peninsula Bishops Attic
Private Donations
State of Alaska/NTS Grant

December 2023 Activities




Must have two or more participants for activities to take place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	Knitting 1:30-4:00 Billiards 1:00-4:00	
	Quilting 10:00-4:00	Tech Lessons Q/A 1:00	Bingo 1:15-3:30	Cards/Board Games 1:00-4:00	Knitting 1:30-4:00 Billiards 1:00-4:00	
10	11	12	13	14	15	16
	Quilting 10:00-4:00	Ornament Making 1:00	Bingo 1:15-3:30	Cards/Board Games 1:00-4:00	Knitting 1:30-4:00 Billiards 1:00-4:00	
17	18	19	20	21	22	23
	Quilting 10:00-4:00	Cards with Kimberly 1:00	Bingo 1:15-3:30	Cards/ Board Games 1:00-4:00	Christmas Party After Lunch	
24	25	26	27	28	29	30/31
	Closed Merry Christmas	Closed	Closed	Closed	Closed	Closed

December 2023 Menu

Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad).

Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays					1	Information 2
Byron Moore 12/1 Larry Reaves 12/2					Croissants w/Cashew Chicken Salad Orange Jell-O Dish Pasta Toss	Soup served daily with pick up meals
3	4	5	Bingo @ 1:15 6	7	8	9
Terry Nelson 12/3 Mary Carr 12/4 Conrad Matsuoka 12/6 Don Josten 12/8 Alby Isbell 12/9	Lil' Cheddar Meatloaf Potatoes Vegetable	Asian Pork Medallions Vegetable Rice	3 Cheese Lasagna Vegetable Garlic Bread	Broccoli Chicken Casserole Dressing Vegetable	Baked Ham Scalloped Potatoes Green Beans	Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00 per cup
10	11	12	Bingo @ 1:15 13	14	15	16
Russ Cross 12/10 Ken Rucker 12/12 Jerry Reinhart 12/14 Daria Evans-Egbert 12/14 Vicki Willard 12/15	Cranberry Pork Loin Potato Vegetable	Sweet & Sour Meatballs Fried Rice Vegetable	Shredded BBQ Pork w/Bun Coleslaw Bean Bake Jell-O Salad	Mushroom Chicken Bake Noodles Vegetable	Breakfast Frittata Cubed Potatoes Link Sausage Blueberry Bread Pudding	
17	18	19	Bingo @ 1:15 20	21	22	23
Dar Van Offeren 12/18 Shauna Christensen 12/19 Gene Giovannini 12/19 Pam Jacobs 12/19 James Knox 12/20 Jeremiah Fender 12/21	Baked Chicken Potatoes Gravy Vegetable	Tuscan Pasta Bake Vegetable Garlic Bread	Crispy Pork Cutlet Dressing Vegetable	Cheese Enchiladas Refried Beans Rice	Cook's Choice Christmas Party	
24 / 31	25	26	27	28	29	30
Ruthe Bauman 12/24 Steve Vanek 12/25 Helena Torretta 12/25 Larry Geiger 12/30 June Josten 12/31	Merry Christmas	Closed for Winter Break	Closed for Winter Break	Closed for Winter Break	Closed for Winter Break	Senior Center will reopen on Tuesday, January 2, 2024