



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988

Hello,
September!

Coming Up:

Labor Day 4th
(Closed)

Grandparents Day 10th

Note From the President of the Board:

Where has the summer gone? Oh, that's right, we didn't have one this year. Or so it seems. Regardless of what kind of summer we had September is here, whether we like it or not. All the snowbirds are turning their own shade of winter and are making plans to depart for warmer temps. If you are leaving for the winter or any part of it, I wish you safe travels and a safe return next year.

We have had a very busy and fun August. We had our annual fundraiser on August 25. It was one of the most successful we have ever had. Although the numbers have not yet been finalized, we know that a large part of the success has to do with the generosity of so many of you. Thanks to all the people who donated items and to those that went around to local businesses gathering items for the live and silent auctions as well as the bag sale. Thanks to all that spent time in their kitchen baking a tasty treat for the dessert auction and to those that put in the extra effort to decorate and set up the auctions. I think our Hawaiian theme was so much fun! The meal was spectacular and the wine and cheese table was a big hit as usual. Thank you again everybody.

Right on the heels of the fundraiser was a night with Mario (The Honky Tonk Rebel) Carboni. He played on Monday the 28th from 6:30 until 9:00. This was a fundraiser for the senior center so there was a \$10 cover charge. Mario put on a wonderful show as always and the Center even made a little money. We have him booked for next summer already. Mark your calendars for his shows. They will be the last Wednesday's for the months of May, June, July and August.

We are making progress on the funding for the kitchen remodel. There was one member who put up matching funds in August and another member who also matched the money donated for the last week in August. We now have over \$30,000 earmarked for the kitchen.

The pull tab store continues to make money for the Center. If you have never been to Easy Street Pull Tabs in Kenai next to the Safeway parking lot then you should at least stop by and say hi and try some pull tabs. You never know, you might get lucky.

Lastly, I must give a big thank you to all of our staff. They are great, every last one of them. I can't tell you how much I appreciate them and everything they do to keep the Ninilchik Senior Center going.

God Bless you all.

-Richard Hawkins



A Note from the Executive Director:

September already??? Time goes so fast when you're having fun so they say! Speaking of fun – what a fun time we had at the annual fundraiser last month! Thank you to everyone who attended the fundraiser and to those that helped out – it takes a lot of hands to make it all work and our volunteers rise to the challenge every time! Thank you all so much – this fundraiser was one of our best!

September brings with it end of summer (what we had of this year!) and our few short weeks of fall. I hope that everyone has a chance to get out and enjoy it! September also brings with it grandparents day! Grandparents' Day is celebrated on the first Sunday after Labor Day. We can thank Jimmy Carter for this special day. In 1978 Jimmy Carter signed the proclamation which allows for this special day to honor grandparents, and to give them the opportunity to show love for their children's children, and to help all children become aware of the strength, information, and guidance older people have to offer. Hats off to all you wonderful grandparents! I hope you enjoy your special day!

As summer comes to an end, so will the gazebo for this season. If the weather holds out, we would like to be able to keep the gazebo open until the end of September. Thank you to all of you who donated your time to work at the gazebo and to all those that donated items! Before the end of this month, we are hoping to have a garage sale here at the senior center too. The tentative dates are September 15-16 and possibly the 17th. These dates could change so please keep an eye out for more information.

This month we also see a lot of our snowbirds leave. It's always sad to see everyone leave in the fall – we can't wait to see you all again next spring. Safe travels everyone as you head back to your winter homes!

~ Julie Otto





WOW!!!!!!!

Ninilchik Senior Center Members are AWESOME!!

Our Supplies for Students was a huge success due to all of your donations of supplies and money to go shopping for supplies. I love the smell of the pencil aisle!!! Our members have definitely given our students a great start to this school year. Supplies went to Kindergarten through High School Seniors for a total of 103 students. We have already had members ask if we can do this again next year. I've broken down our donations so you can see just how awesome we are.

27	Notebooks	120	Markers	3	Chubb Notebooks
84	Pocket Folders	570	Pencil Caps (erasers)	6	Pencil Boxes
632	#2 Pencils	108	Erasers	5	Lunch Box Bags
130	Ink Pens	56	Boxes of 24 Crayons	44	pkgs. of Notebook Paper
192	Colored Pencils	44	Bottles of Glue	2	Water Bottles
43	Rulers	39	Pencil Sharpeners	16	Back Packs (various sizes, colors, etc.)
71	Pairs of Scissors (various sizes)	7	Composition Books		
46	Glue Sticks	296	Pieces of Construction Paper		

WAY TO GO NINILCHIK SENIOR CENTER MEMBERS

As always till next month
SWING FOR THE FENCES

Cheryl



Kitchen Upgrade Fund

In August we started out with \$14,491 in the fund.

Thank you to one of our very generous members, who agreed to match all donations in August up to \$5,000.

The donations started coming in!

As of August 25th people have donated \$13,705!

Then, another very generous member offered to match all donations received during the week of August 28 – September 1.

The numbers have grown again! This week members managed to donate an additional \$1,400!

With these donations and the matching donations our new Total as of September 1 is

\$35,996.

Thank you very much to all the people who have donated to the Kitchen Upgrade Fund! We truly appreciate you!



Thank you to everyone who helped out with, donated, attended and supported our annual fundraiser ☺





Thank you to those that volunteered at the
fair:

**Vi Nordgren
Jojo Seitz
Bev Hylan
Nora Appel
Howard Appel
Amy Lambert
Cheryl Doyle
Faye Woodhead**

**Kathy Syska
Mark Syska
Sharon Griggs
Sharon Fowler
Ron Jorgenson
John Nofziger
Carol Chapman**

Oct. 15-Dec. 7 is the time to sign up for Medicare prescription drug plans.

Plans change, so compare each year for the best value.

If you have other prescription insurance, you may not need Medicare Part D.

Check with your plan!

Questions?

Medicare Information Office



Navigating Medicare

Preventing Medicare Fraud



Medicare^{Rx} Plans

RxBIN 610014
RxPCN 610014
RxGRP XYZRX1
ISSUER (XYZRX1)
MEMBERSHIP ID
NAME

0123456789-1
Joe Sourdough

Visit www.medicare.alaska.gov

**Medicare Information Office
Statewide Helpline**

(800) 478-6065

or

(907) 269-3680

State of Alaska Dept. of Health • Division of Senior & Disabilities Services • Medicare Information Office This project was supported, in part by grant number 2201AKMIAA, 2201AKMISH, 2201AKMIDR, & 90SPAG0082 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

Make Cards With Kimberly!

This month: Tuesday, September
19th @ 1:00pm.





Such a sense of humor needs to be noticed! I'm thinking that MoonDog was the culprit?!?!?!?



Congratulations Diane Wilson for winning the quilt!!!



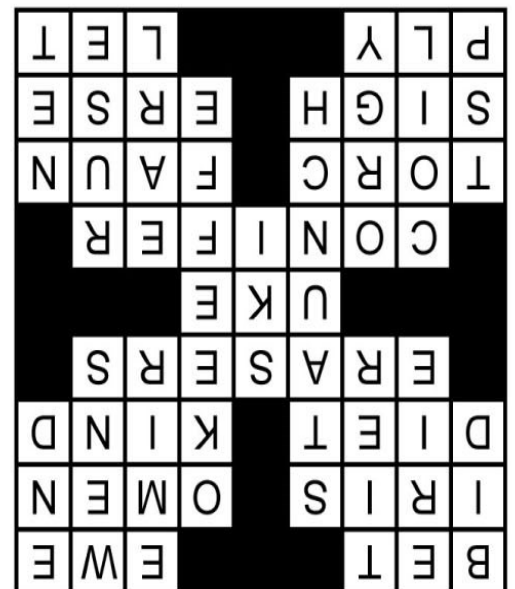
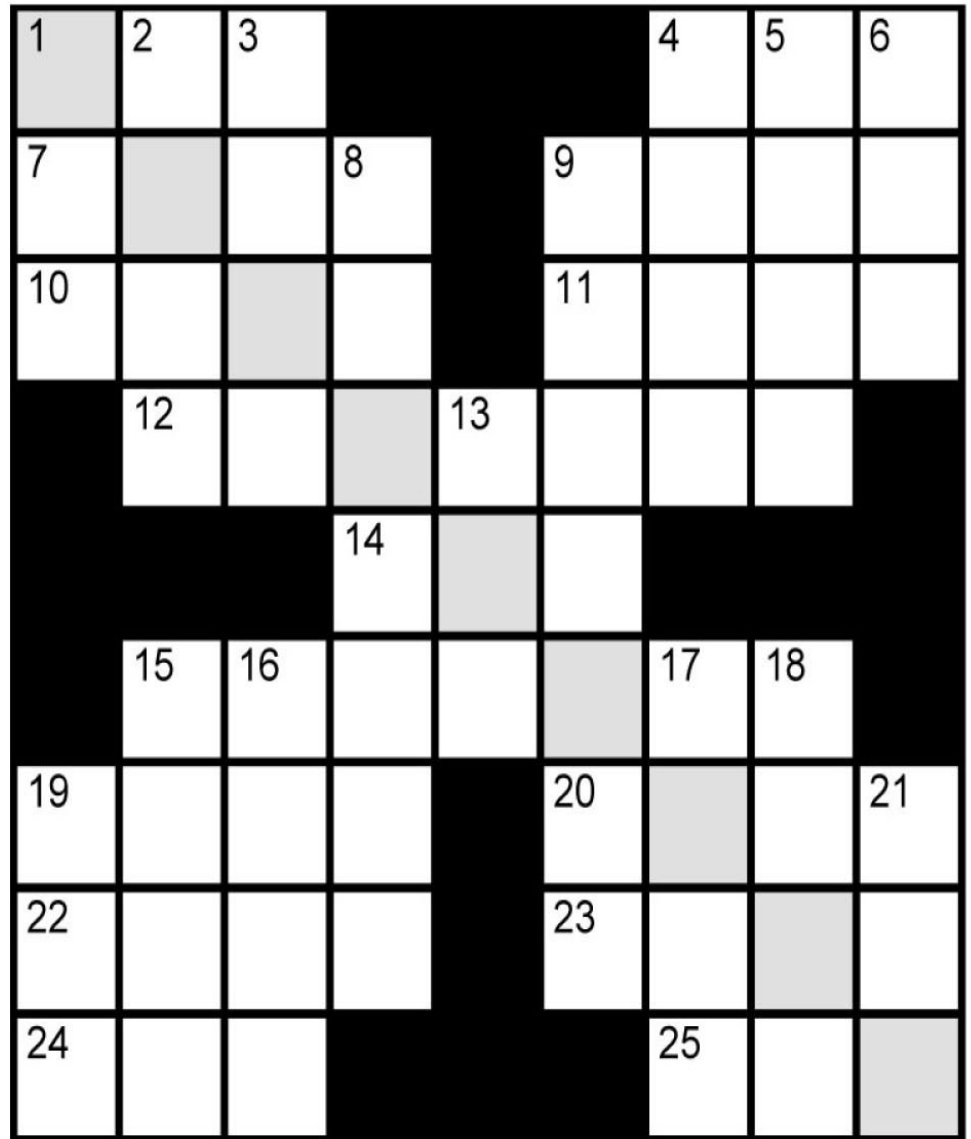
Most important meal?

Across

1. Get in a pool
4. Farm female
7. Flower with a bulb
9. Black cat, maybe
10. Cut the fat
11. Warm-hearted
12. Back-to-school purchases
14. Island strings
15. Fir or pine
19. Ancient ornamental collar
20. Debussy subject
22. Sound of relief
23. Gaelic language
24. Thickness
25. Allow

Down

1. "One no", in bridge
2. Iroquoian Indian
3. Wedding cake feature
4. Arabic for "commander"
5. Cysts
6. Conclude
8. Firm
9. Painter Georgia
13. Schuss, e.g.
15. Helix
16. Spree
17. ___ of Sandwich
18. Trick
19. Cooking meas.
21. After expenses



The title is a clue to the word in the shaded diagonal.

Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

16 cards

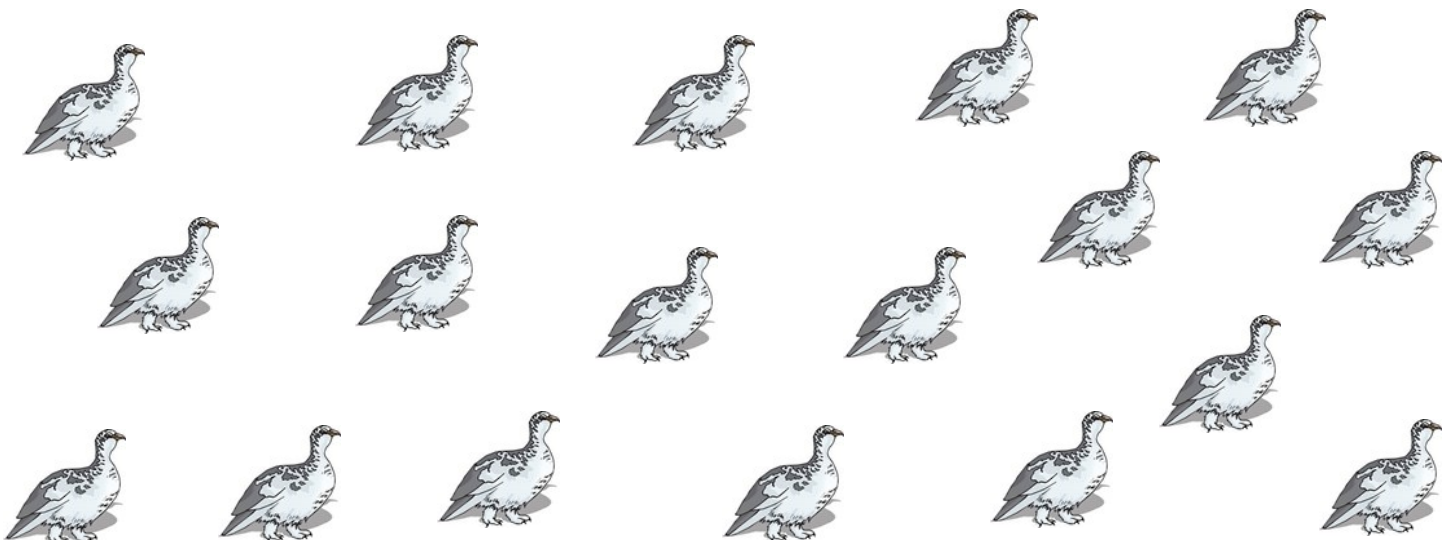
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5



Congratulations to all the prior weeks winners

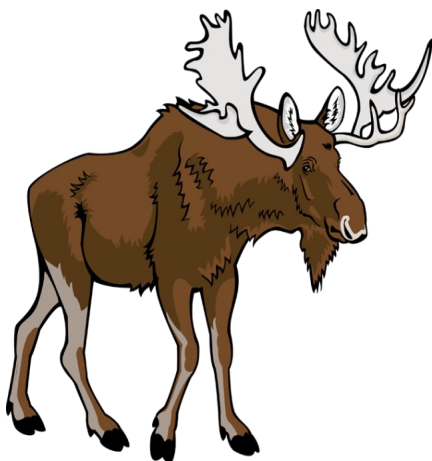




1985 Teddy's Toys & Co., All Rights Reserved.

All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

1. Name one of the two largest cities in southwest Alaska.
2. What was the most sought after resources on the arctic coast in the 1800's?
3. How much was the average dog worth in Nome during the gold rush?
4. What is a "pingo"?
5. What is the "Inside Passage"?
6. What is the last name of the three brothers who were well-known bush pilots, Noel, Fritz, and Sig?
7. What was the "Mariposa"?
8. What is a fish ladder?



1. Bethel or Dillingham
2. Whales
3. Fifty to One Hundred Dollars
4. A mound of ice
5. One of the two routes to Alaska.
6. The Inside passage is the southern portion of the marine highway system connecting southeastern cities. The other route is via the Alcan highway.
7. Wien
8. A man made ladder to help fish get upstream to spawn



Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Thank you to all who donate to the Ninilchik Senior Center!

Frank Volkert 4

Amy Lambert 18

Charlene Petty 27

Judy Clemenson 5

Kathy Bundy 18

Allan Townsend 30

Nancy Walsh 7

Terry Hepner 18

Bev Hylen 30

Vicki Steik 11

Dan Skipwith 23

Jane Grady 30

David Clemenson 13

Ray Clouatre 25

Richard Thayer 13

Cheryl Matson 25

Kaye Waldsmith 13

Terry Scovell 26

Sheron Thomas 16

Lonnie Lambert 27

Tim Stafford 17

Angie Hickel 27

HAPPY



BIRTHDAY



Thank You

\$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson	Bruce Randall
Delmer McCune	Debbie MacLean
Nora & Howard Appel	Cathy Perry
Char & Byron Moore	Josie Savoy
John & Janice Nofziger	Liz Spinasanto

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Carl and Carolinda Wright
For the fish donated this summer

Dave Nordgren for the trash removal

Steve Vanek for selling the split the pot raffle tickets

Thank you to all of our members and volunteers

Thank you to all the donors

Thank you to our cooks

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kaye Waldsmith
Vice Chair: Steve Vanek
Treasurer: John Nofziger
Trustee: David Clemenson
Secretary : Vi Nordgren

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Assistant: Casey Campbell
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Gretchen Larson

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.

Suggested donation:

\$8 or members, \$12 for non-members

Lunch includes: soup,
salad, entrée and dessert

Events and Activities

Weekly

Mondays:

Quilting/Sewing 1-4 pm

Tuesdays:

Wednesdays:

Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays:

Knitting 1:30-4:00





So far this year (2023), the center received **\$238.31** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

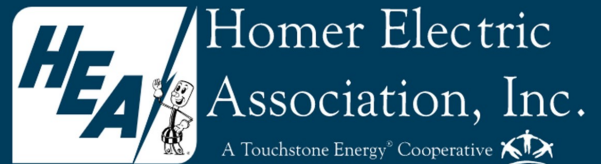
If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

Thank you!!!



The Senior Center is partially funded by these Corporate Sponsors





Alaska Food Coalition
Amazon
Enstar
Fred Meyer/Kroger
HEA
Kenai Peninsula Borough
Meals on Wheels America
Peninsula Bishops Attic
Private Donations
State of Alaska/NTS Grant

September 2023 Menu

Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad).

Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal.

Our nutrition program provides 1/3 of the recommended daily nutrition for Seniors, and has been approved by a registered dietitian.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays					1	Information 2
					Breakfast Frittata Link Sausage Potatoes Blueberry Bread Pudding	Soup served daily with pick up meals
3	4	5	Bingo @ 1:15 6	7	8	9
Frank Volkert 9/4 Judy Clemenson 9/5 Nancy Walsh 9/7	Center Closed for Labor Day	Asian Pork Medallions Rice Vegetables	Salisbury Steaks Mashed Potatoes Gravy Vegetables	Crispy Chicken Pasta Toss Vegetables	Sockeye Salmon Filets Potato Casserole Vegetables	Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00 per cup
10	11	12	Bingo @ 1:15 13	14	15	16
Vicki Steik 9/11 David Clemenson 9/13 Richard Thayer 9/13 Kaye Waldsmith 9/13 Sharon Thomas 9/16	Sweet & Sour Meatballs Rice Eggrolls	Florentine Pasta Bake Vegetable Garlic Bread	Chicken Enchiladas Refried Beans Mexi Salad	Shepherd's Pie Potatoes Vegetable	BBQ Country Ribs Coleslaw Bean Bake Corn	
17	18	Cards w/Kimberly 19	Bingo @ 1:15 20	Board Meeting 21	22	23
Scott Thompson 9/17 Amy Lambert 9/18 Kathy Bundy 9/18 Terry Hepner 9/18 Dan Skipwith 9/23	Baked Chicken Potatoes Gravy Vegetable	Sweet & Spicy Pork Cubes Rice & Beans Vegetable	Tuscan Pasta Vegetable Garlic Bread	Lil' Cheddar Meatloaf Mashed Potatoes Vegetable	Croissants Chicken Salad Jell-O Pasta Toss	Autumn Begins
24	25	26	Bingo @ 1:15 27	28	29	30
Ray Cloutre 9/25 Cheryl Matson 9/25 Terry Scovell 9/26 Lonnie Lambert 9/27 Angie Hickel 9/27 Charlene Petty 9/27 Gina Kent 9/28 Allan Townsend 9/30 Bev Hylen 9/30 Jane Grady 9/30	Crispy Pork Cutlets Dressing Vegetable Cranberry Sauce	Cheese Enchilada Rice Refried Beans	Meatballs in Country Gravy Potatoes Vegetables	Monterey Chicken Rice Garlic Bread	Halibut Potatoes Vegetable Tartar Sauce Coleslaw	