



# Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988

# August

## Coming Up:

5th Root Beer Floats  
6th Late night bingo  
12th Spinal movement  
19th Fundraiser Diner  
(Closed for Lunch)  
22nd Horse Shoe Tournament  
26th Rock Painting

## Note From the President of the Board:

Here it is August already. I think this is a great time of year. It is such a busy time of year at least for me. It is also a very pretty time in Alaska. (When isn't it beautiful here?) The fireweed is in full bloom and getting close to the top. Can winter be far off? The Salmon are running and the dip netters are getting their winter supply of fish in the freezer. Hunting season is right around the corner. And then there is Salmon Feist and our own State Fair in Ninilchik. It is also an election year and the primary is coming up on 16 Aug. Be sure to vote please. That is the best way to insure the survival of our republic.

We had a very nice annual meeting in July. (so I've been told) I was not able to be there but I would like to congratulate all the people that ran for office. You have my heartfelt thanks for showing an interest in how our center operates. Some of you may have been confused about my comments on expanding the kitchen. I firmly believe that if you are not GROWING then you are DEAD. Will our little center is certainly growing as evidenced by the many new members and the participation in the different activities available at the center. With this growth comes growing pains if you will. Our mission statement calls of us as a Senior Center to improve the lives of seniors in our area. I'm looking for the best ways we can do that.

I look forward to working with all of you over the next year so we can help make all of our lives better.

Lastly, don't forget about our fundraiser this month. AUG. 19. Marking on your calendar if you haven't already. Win and Cheese table opens at four and dinner about five. There will be lots of auction items for you to bid on. I hope to see everyone there. Tickets are \$25 per person and they can be purchased in the office.

Thank you and God Bless you.

~ Dick Hawkins, President

August already! Time is fleeting quickly for our short Alaskan summer – but it's not over yet! August is a busy month here at the senior center. One of the most exciting events coming up in August is our annual fundraiser - on the 19<sup>th</sup> - the theme is “Remember When – back to the 50's”. Along with a great prime rib dinner, we will be having both a dessert, silent, and live auction along with our brown bag items for which you can purchase tickets for opportunity to win these items. Buy your tickets early – probably be a sell out! It will be a lot of fun and I hope everyone can join us.

I want to take a moment and give special thanks to our volunteers here at the center. Recently we had our annual meeting in which we honored our volunteers. When someone performs volunteer activity, it is tracked in a log located on the counter when you first come into the building. Hours are to be entered by the volunteer into the log and then the office staff enters it into a tracking sheet. If it's not written down, we have no way of knowing how much of your precious time was donated. I know there were several volunteers that did not get hours written in the book and consequently those people were not recognized on our volunteer list for the annual meeting. You have my sincere apologies for this. Volunteering at the senior center helps us out in so many ways and we appreciate all you do! THANK YOU to all our wonderful volunteers.

~Julie Otto





### REMEMBER WHEN

Our fundraiser dinner theme is all about the 50's. The majority of our membership experienced the 50's and some of us are learning about the 50's. So, this month I thought I'd jog your memory.

Neck scarves were popular thanks to Audrey Hepburn in Roman Holiday

Guiding Light premiered on CBS in 1952 (it started as a radio show)

First Chevrolet Corvette rolled off the assembly line in 1953 in Flint Michigan

Lady and The Tramp hit theaters in 1955, Lady was based on a Disney writers own Springer Spaniel

John Wayne and Maureen O'Hara starred in "The Quiet Man" in 1952

1957 Ford Edsel debuted, it was named after Henry Ford's son and was only sold for two years

Dick Clark's American Bandstand premiered in 1957

Adventures of Superman was copyrighted in 1952, first television show based on a Super Hero

1952 Queen Elizabeth took over the throne in the U.K. at age 27

West Side Story opened on Broadway in 1957

Tater Tots was trademarked in 1958, over 3.7 billion are eaten each year

1954 Rock Around the Clock was released

### CAN YOU GUESS WHAT I AM?

I was born in the 1950's      My Skipper doesn't own a ship      Pink is my favorite color

I had pretty much every job you can imagine, even president      I have a famous boyfriend

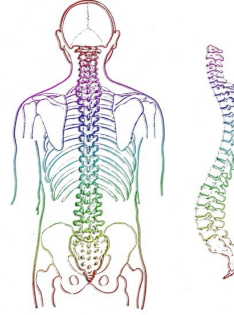
Until 2015, I only wore heels, I have my own dreamhouse, I can be a bit stiff, I'm a real doll

See you at the Fund Raiser and as always "Swing for the fence"

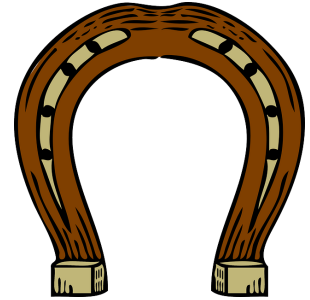
Answer: Barbie

~Cheryl

# Activity Highlights you don't want to miss!



[http://commons.wikimedia.org/wiki/File:Backbone\\_%28PSP%29.png?uselang=de](http://commons.wikimedia.org/wiki/File:Backbone_%28PSP%29.png?uselang=de)



**August 5th:** Root Beer Float Day followed with a game of corn hole right after lunch

**August 6th:** Late Night Bingo 6pm

**August 12th:** Spinal Movement Presentation with Chiropractor Keith after lunch

**August 19th:** Fundraiser Dinner 4:00

**August 22nd:** Mini Horse Shoe Tournament 1:00-2:00

**August 26th:** Rock Painting 1:00-2:00

See attached Activities Schedule

# Ninilchik Senior Citizens, Inc.

Presents Our

## Annual Fundraiser Dinner & Auction

"Remember When"



Prime Rib Dinner  
Dessert Auction  
Live Auction  
Silent Auction



Friday, August 19, 2022  
At the Ninilchik Senior Center



Doors open at 4pm, Dinner is at 5pm

Festivities begin with wine & cheese tasting  
Followed by Dinner & Auction Bidding



Dessert donations are appreciated  
and can be dropped off beginning at 3pm



50's Attire optional and  
encouraged!



# Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

## Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

## 16 cards

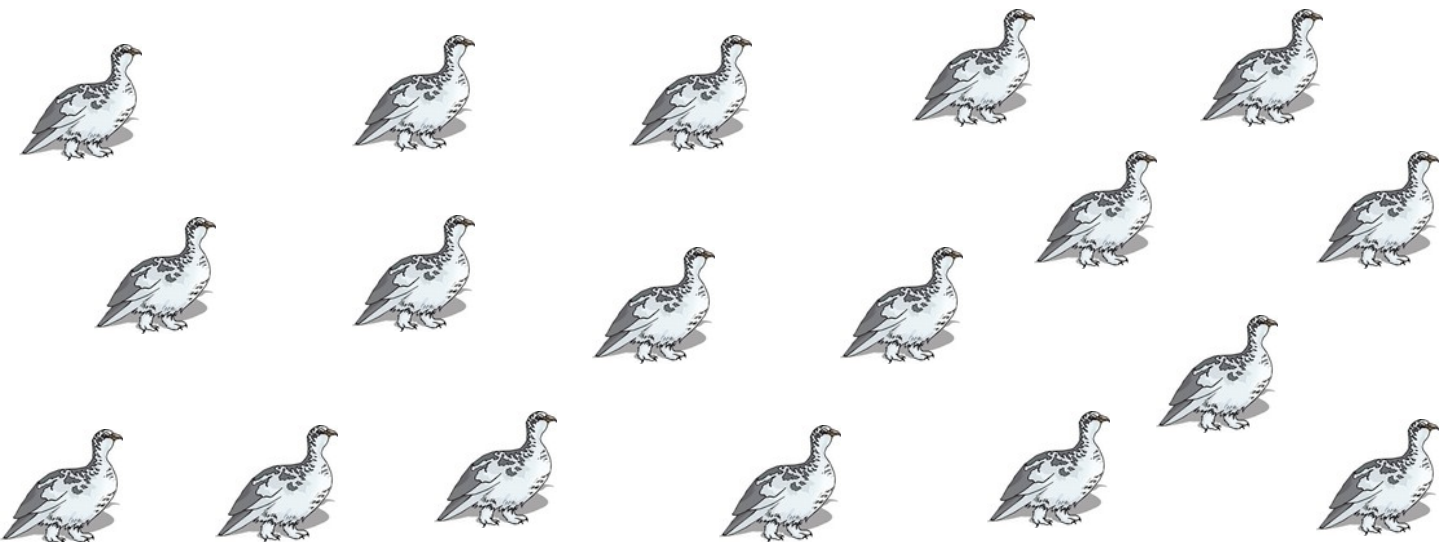
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5



Congratulations to the prior weeks winners: Lynn Harding, Nora Appel, Nora Appen

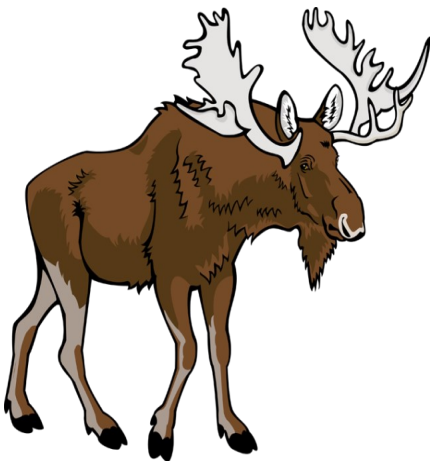




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1. What town boasts the finest pieces of bronze art in the Pacific?
2. Who were the brothers who established a famous airline in Alaska?
3. How many barrels of oil were estimated for Prudhoe Bay?
4. ( 9.6 billion, 14.4 billion, 205 billion)
5. What animal is known as the “animal that paws through snow for its food”?
6. What is the name of the 2.2 million acre national monument near Ketchikan?
7. In what year did Congress pass the Marine Mammal Protection Act that provided for a complete moratorium on the taking and transportation of all marine animals?
8. Approximately how many oil tanks go in and out of Valdez each month?
9. What animal came to Alaska on whaling ships to the Pribilof Islands in Mid– 1800’s?



1. Petersburg
2. Wien brothers
3. 9.6 Billion
4. Caribou
5. The Misty Fjords
6. 1972 ( December 21,
7. 1972
8. 50 to 55
9. Rat (Norway Rat)

# Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



## Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Thank you to all who donate to the Ninilchik Senior Center!



Jeanine Shea 1  
Rebecca Fender 1  
Barb Pope 1  
Laurel Vail 3  
Amy Garroutte 5  
Joe Zimmer 8  
Nancy Bithos 8  
Carolinda Wright 10  
Julie Otto 13

Donna Schaetzle 14  
Bob Cook 15  
Justin Boyd 15  
Mike Naleako 15  
Virginia Cuffe 15  
Tom McCutchan 16  
Jim Beall 16  
Howard Appel 16  
Julie Matsuoka 17

Shirley Chihuly 20  
Sharon Ellis 20  
June Paul 25  
Gary Seitz 26  
Joan Mason 27  
Ron Jorgensen 29  
Linda Yost 31



### **\$5 A Month Club**

Thank you to the following who contributed to the club:

David & Judy Clemenson    Bruce Randall  
Delmer McCune                Debbie MacLean  
Nora & Howard Appel        Cathy Perry  
Char & Byron Moore  
John & Janice Nofziger

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

**THANK YOU!!!**

## **Thank You**

Dave Nordgren for the trash removal

Steve Vanek for selling the split the pot raffle tickets

Don't forget to log all of your time in the volunteer book

Thank you to all of our members and volunteers

Thank you to all the donors

Thank you to our cooks

# About The Ninilchik Senior Center

## Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

## Board of Directors

President: Dick Hawkins  
V. President: Viola Nordgren  
Secretary: Kaye Waldsmith  
Treasurer: Sharon Cook  
Trustee: Steve Vanek  
Trustee: Cheryl Doyle  
Trustee: Lynn Harding

## Endowment Trustees

Chair: Kaye Waldsmith  
Vice Chair: Steve Vanek  
Treasurer: John Nofziger  
Trustee: David Clemenson  
Secretary: Vi Nordgren

## Staff

Executive Director: Julie Otto  
Adm. Assist/Bookkeeper:  
Tandy Wallace  
Assistant: Casey Campbell  
Cook: Marti Sue Chapman  
Cook/Maintenance: Rick Ferguson  
Trans. Driver: Emily Shumate  
NSC Homemaker: Gretchen Larson

## Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.  
Suggested donation:  
\$8 or members, \$12 for non-members  
Lunch includes: soup,  
salad, entrée and dessert

## Events and Activities

### Weekly

**Mondays:**  
Quilting/Sewing 1-4 pm

**Tuesdays:**  
Knitting 1:30-4:00

**Wednesdays:**  
Bingo (after lunch 1:15 pm)

**Thursdays:** Game Day 1-4 pm

**Fridays:**  
Billiards 1-4 pm

**See Attached  
activity cal-  
endar**





So far this year (2022), the center received **\$197.05** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

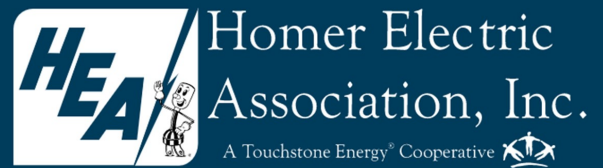
**Thank you!!!**

The Senior Center is partially funded by these Corporate Sponsors



**You shop. Amazon gives.**

So far this fiscal year the center has received **\$83.26** from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.



Alaska Food Coalition  
Amazon  
Enstar  
Fred Meyer/Kroger  
HEA  
Kenai Peninsula Borough  
Meals on Wheels America  
Peninsula Bishops Attic  
Private Donations  
State of Alaska/NTS Grant

# August 2022 Menu

Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad).



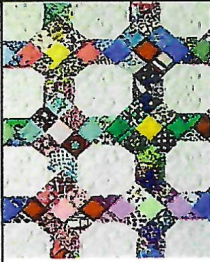







Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal.

Our nutrition program provides 1/3 of the recommended daily nutrition for Seniors and has been approved by a registered dietitian.

| <b>Sunday</b>  | <b>Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>  | <b>Saturday</b>  |
|--|--|--|---|---|--|--|
| <b>Birthdays</b>   | <b>1</b>   | <b>2</b>   | <b>Bingo @ 1:15 3</b>   | <b>4</b>  | <b>Root Beer Floats 5</b>  | <b>Information 6</b>   |
| Jeanine Shea 8/1<br>Rebecca Fender 8/1<br>Barb Pope 8/1<br>Laurel Vail 8/3<br>Amy Garrouffe 8/5                        | Roast Beef<br>Potato Casserole<br>Vegetables               | Mushroom Pasta<br>Bake<br>Vegetables<br>Garlic Bread                   | Lil' Cheddar<br>Meatloaf<br>Mashed Potatoes<br>Vegetables       | Asian Chicken<br>Thighs<br>Rice<br>Eggrolls               | Shredded BBQ<br>Pork<br>Bean Bake<br>Coleslaw<br>Corn                        | Soup served daily<br>with pick up meals                        |
| 7  | 8  | 9  | <b>Bingo @ 1:15 10</b>  | <b>11</b>   | <b>12</b>  | <b>13</b>  |
| Joe Zimmer 8/8<br>Nancy Bithos 8/8<br>Carolinda Wright 8/10<br>Julie Otto 8/13   | Florentine<br>Spaghetti Bake<br>Vegetables<br>Garlic Bread | Crispy Chicken<br>Mashed Potatoes<br>Biscuits & Gravy<br>Vegetable     | Sweet & Sour<br>Meatballs<br>Rice<br>Vegetables                 | Pork Tenderloin<br>Yams<br>Dressing<br>Vegetables         | Glazed Sockeye<br>Salmon Filets<br>Ancient Grains                            |  |
| Donna Schaezle 8/14  | 15   | 16   | <b>Bingo @ 1:15 17</b>  | <b>18</b>   | <b>19</b>  | <b>20</b>  |
| Bob Cook 8/15<br>Justin Boyd 8/15<br>Mike Nalewako 8/15<br>Virginia Cuffe 8/15<br>Tom McCutchan 8/16<br>Jim Beall 8/16 | Curry Beef Strips<br>(mild)<br>Rice<br>Vegetables          | Cheese Manicotti<br>Vegetables<br>Garlic Bread                         | Sloppy Joes<br>Buns<br>Coleslaw<br>Bean Bake                    | Sweet & Sour<br>Chicken<br>Rice<br>Vegetables<br>Eggrolls | <b>Center Closed for<br/>Lunch<br/>Summer<br/>Fundraiser Dinner<br/>4 pm</b> |  |
| Howard Appel 8/16<br>Julie Matsuoka 8/17   | 22   | 23   | <b>Board Meeting 24</b><br><b>Bingo @ 1:15</b>                  | 25  | 26   | 27   |
| Shirley Chihuly 8/20<br>Sharon Ellis 8/20<br>June Paul 8/25<br>Gary Seitz 8/26<br>Joan Mason 8/27                      | Salisbury Steaks<br>Mashed Potatoes<br>Vegetable           | Flour Tortillas<br>Chicken Fajitas<br>Refried Beans<br>Corn Mexi-Salad | Lemon Chicken<br>Vegetables<br>Pasta Toss                       | Crispy Pork Cutlets<br>Dressing<br>Vegetable              | Hallibut<br>Tater Tots<br>Coleslaw<br>Tartar Sauce                           |  |
| 28   | 29   | 30   | <b>Bingo @ 1:15 31</b>  |   |  |  |
| Ron Jorgensen 8/29<br>Linda Yost 8/31  | Baked Ham<br>Scalloped Potatoes<br>Green Beans             | Red & White<br>Lasagna<br>Vegetables<br>Garlic Bread                   | Croissants<br>Coshew Chicken<br>Salad<br>Jell-O<br>3 Bean Salad |   |  | Salad Bar and<br>Soup Served Daily<br>with congregate<br>meals |

# August 2022 Activities

Must have two or more participants for activities to take place

| Sunday  | Monday  | Tuesday  | Wednesday       | Thursday                     | Friday  | Saturday   |
|---|---|--|-----------------|------------------------------|---|--|
|    | Yoga 10:30-11:30<br>Quilting 10:00-4:00                   | Knitting 1:00-4:00                             | Bingo 1:15-3:30 | Cards/Board Games 1:00-4:00  | Root Beer Float Day<br>Corn Hole 1:00-2:00<br>Billiards 1:00-4:00           |    |
| 7   | 8   | 9  | 10              | 11                           | 12  | 13   |
|    | Yoga 10:30-11:30<br>Quilting 10:00-4:00                   | Knitting 1:00-4:00<br>Late Night Bingo! 6:00pm | Bingo 1:15-3:30 | Cards/Board Games 1:00-4:00  | Spinal Movement Presentation with Chiropractor Keith<br>Billiards 1:00-4:00 |    |
| 14  | 15  | 16   | 17              | 18                           | 19  | 20   |
|    | Yoga 10:30-11:30<br>Quilting 10:00-4:00                   | Knitting 1:00-4:00                             | Bingo 1:15-3:30 | Cards/Board Games 1:00-4:00  | Fundraiser Dinner at 4pm <b>Closed For Lunch</b>                            |    |
| 21  | 22  | 23   | 24              | 25                           | 26  | 27   |
|  | Horse Shoes Mini Tourney 1:00-2:00<br>Quilting 10:00-4:00 | Knitting 1:00-4:00                             | Bingo 1:15-3:30 | Cards/ Board Games 1:00-4:00 | Rock Painting 1:00-2:00<br>Billiards 1:00-4:00                              |  |
| 28  | 29  | 30   | 31              |                              |   |  |
|  | Yoga 10:30-11:30<br>Quilting 10:00-4:00                   | Knitting 1:00-4:00                             | Bingo 1:15-3:30 |                              |   |  |