

August 2022 Menu

Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad).

Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal.

Our nutrition program provides 1/3 of the recommended daily nutrition for Seniors and has been approved by a registered dietitian.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Birthdays</i>	<i>1</i>	<i>2</i>	<i>Bingo @ 1:15 3</i>	<i>4</i>	<i>Root Beer Floats 5</i>	<i>Information 6</i>
Jeanine Shea 8/1 Rebecca Fender 8/1 Barb Pope 8/1 Laurel Vail 8/3 Amy Garrouette 8/5	Roast Beef Potato Casserole Vegetables	Mushroom Pasta Bake Vegetables Garlic Bread	Lil' Cheddar Meatloaf Mashed Potatoes Vegetables	Asian Chicken Thighs Rice Eggrolls	Shredded BBQ Pork Bean Bake Coleslaw Corn	<i>Soup served daily with pick up meals</i>
<i>7</i>	<i>8</i>	<i>9</i>	<i>Bingo @ 1:15 10</i>	<i>11</i>	<i>12</i>	<i>13</i>
Joe Zimmer 8/8 Nancy Bithos 8/8 Carolinda Wright 8/10 Julie Otto 8/13	Florentine Spaghetti Bake Vegetables Garlic Bread	Crispy Chicken Mashed Potatoes Biscuits & Gravy Vegetable	Sweet & Sour Meatballs Rice Vegetables	Pork Tenderloin Yams Dressing Vegetables	Glazed Sockeye Salmon Filets Ancient Grains	
Donna Schaetzle 8/14	<i>15</i>	<i>16</i>	<i>Bingo @ 1:15 17</i>	<i>18</i>	<i>19</i>	<i>20</i>
Bob Cook 8/15 Justin Boyd 8/15 Mike Nalewako 8/15 Virginia Cuffe 8/15 Tom McCutchan 8/16 Jim Beall 8/16	Curry Beef Strips (mild) Rice Vegetables	Cheese Manicotti Vegetables Garlic Bread	Sloppy Joes Buns Coleslaw Bean Bake	Sweet & Sour Chicken Rice Vegetables Eggrolls	Center Closed for Lunch Summer Fundraiser Dinner 4 pm	
Howard Appel 8/16 Julie Matsuoka 8/17 <i>21</i>	<i>22</i>	<i>23</i>	<i>Board Meeting 24</i> <i>Bingo @ 1:15</i>	<i>25</i>	<i>26</i>	<i>27</i>
Shirley Chihuly 8/20 Sharon Ellis 8/20 June Paul 8/25 Gary Seitz 8/26 Joan Mason 8/27	Salisbury Steaks Mashed Potatoes Vegetable	Flour Tortillas Chicken Fajitas Refried Beans Corn Mexi-Salad	Lemon Chicken Vegetables Pasta Toss	Crispy Pork Cutlets Dressing Vegetable	Halibut Tater Tots Coleslaw Tartar Sauce	
<i>28</i>	<i>29</i>	<i>30</i>	<i>Bingo @ 1:15 31</i>			
Ron Jorgensen 8/29 Linda Yost 8/31	Baked Ham Scalloped Potatoes Green Beans	Red & White Lasagna Vegetables Garlic Bread	Croissants Cashew Chicken Salad Jell-O 3 Bean Salad			<i>Salad Bar and Soup Served Daily with congregate meals</i>