



# Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



## Coming Up:

4th of July  
(closed)

Board Meeting 21st

Annual Meeting 28th

## Note From the President of the Board:

Welcome to July everybody. It seems like there is so much to talk about this month. Here hoping I don't forget anything.

Independence Day is right around the corner. This holiday means different things to different folks I believe, but no matter it is when our country celebrates its founding. When we declared our independence from England. I hope and pray that everyone has a safe and happy holiday. Here in Alaska we don't focus so much on fireworks, which is ok with me. I don't like staying up past midnight in hopes that it will be dark enough to see a star cluster.

I think we mainly enjoy a nice cook out or maybe a beach picnic, a fishing trip or a good hike. However you celebrate please be safe and considerate. We want you back at the center afterward. The Center will be closed on Monday the 4th and reopen on Tuesday the 5th.

Another annual July event is our annual membership meeting. This year it will be on July 28th starting at 1:00. Come and enjoy lunch and dessert. We will be electing a vice-president, a treasurer, and one trustee. If you are interested in being on the board of directors please contact Julie in the office to file your paperwork to declare your candidacy.

I want to bring special attention to the kitchen staff. There are 3 folks that work there to help provide our meals Monday through Friday. They work hard and are busy when we show up but they never seem too busy to say "Hi" and give you a friendly smile. Thank you Martisue, Rick and Casey. You are valued beyond measure.

All for now. Be safe, and have a wonderful summer.

*~ Dick Hawkins, President*

## **A Note from the Executive Director:**

July already?? This summer is flying by as our summers in Alaska usually do, but what a nice summer it has been! We could use some rain, but I for one, have been enjoying these warm summer days of late! That being said, there's lots more summer left and many fun things to do!

Speaking of fun things, there are lots of fun things coming up here at the center.....

August 5th: Root beer float day: More details to follow as the plans get finalized but for now...save the afternoon for some fun in the sun that day!

August 19: Annual Fundraiser Dinner: Prime Rib and all the fixin's, followed up with an evening of fun as we auction off some wonderful items and of course desserts! If you are interested in making a pie to donate to the auction, pie plates are available – check with the office staff. Our volunteer committee is busy working out all the details and gathering donations for our auctions. This is a hard working committee and their efforts are much appreciated! The committee members are: Sharon Cook (chair), Vi Nordgren, Chery Doyle, David Clemenson, Jo-Jo Seitz, Lynn Harding and myself. We're excited about the event and hope to see you there!

That's it for now. Thank you to everyone for coming by the center this summer and joining us for a meal, activities, or just to say hi! We're glad you're here!

~Julie Otto



July my favorite month of the year! I'm also excited to again do my Dugout News! So, to celebrate the 4<sup>th</sup> of July, this month is going to be about the "really cool things" that have happened in July.

**July 1, 1967** The Beatles' album "Sgt Pepper's Lonely Hearts Club Band" went #1 in the U.S. and it

**July 2, 1941** Joe DiMaggio hit a 3-run homer off Boston's Dick Newsome to pass Willie Keeler's MLB record 44 game hitting streak.

**July 7, 1905** Parker, Arizona recorded a temperature high of 127°F

**July 7, 1930** Construction begins on the Hoover Dam in the Black Canyon of the Colorado River.

**July 18, 1994** Crayola announces the introduction of scented crayons.

**July 31, 1971** Apollo 15 astronauts take a 6 ½ hour electric car ride on the Moon.

**1900** The Wonderful Wizard of Oz by L. Frank Baum was first introduced at a book fair and was an instant bestseller!

**1923** Milky Way candy bar debut.

**1927** Kool-Aid was introduced in Hastings, Nebraska (where it was invented).

**1932** The Mars candy bar debut.

**1933** Monopoly was copyrighted in 1933. The original tokens were inspired by charm bracelets worn by the creator's nieces. The game was originally called "The Landlord's Game" and was created to explain taxes.

**1937** Spam was introduced.

**1941** M&Ms debuted.



**1955** Disneyland in California. Over 28,000 people came out for opening day-15,000 more than planned! It originally had just 18 attractions and 14 of them still operate today.

**1958** Lego Bricks were created, the name is from the Danish words (leg godt) meaning “play well”.

**1959** Coppertone girl ad campaign began which led to the popularization of the tanning oil. The artist’s daughter served as inspiration.

**1969** Hee Haw, featuring Minnie Pearl, Roy Clark and Iriene Mandress, premiered.

**1976** Family Feud premiered and host Richard Dawson ended up marrying one of the show’s contestants.

**1981** MTV debuted with the first video “Video Killed the Radion Star” by The Buggles.

### **BONUS:**

Most of our gardens are popping up and need the weeds to be pulled. 20 min. of gardening helps move your bowels and cuts your risk of constipation in half if you do it daily. Now you can really justify all the weed pulling!

For those 4<sup>th</sup> of July BBQ stains, turn the garment inside out and blast with cold water to force the stain from back to front. Add a few drops of dishwashing liquid, gently working it in with your fingers, then rinse and throw in the wash. This also works well on pizza sauce.

Grass Stains: Chlorophyll in the plant/grass is what causes the stains, it attaches itself to the fibers like a permanent dye. Use rubbing alcohol, soak a sponge and saturate the spot. Blot until the green is gone, then wash.

Grease stains like from Burgers cover the area with a bit of baking soda. The chemical reaction, like the spot turning dark, as the baking soda absorbs the stain. Let it sit for a few minutes, then shake off any remaining powder and launder as usual.

Till next month be nice to each other, swing for the fences in anything you attempt and live life to its fullest!!

Cheryl

# Ninilchik Senior Citizens, Inc

Presents Our

## **Annual Membership Meeting**

**Thursday, July 28, 2022  
at 1:00 pm**



**Reminder:**

**Membership Dues come up for  
renewal on July 1, 2022**

*To vote in any of the elections at the Annual  
Meeting, your membership dues must be current*

# Ninilchik Senior Citizens, Inc.

Presents Our

## Annual Fundraiser Dinner & Auction

"Remember When"

Prime Rib Dinner

Dessert Auction

Live Auction

Silent Auction



Friday, August 19, 2022  
At the Ninilchik Senior Center



Doors open at 4pm, Dinner is at 5pm

Festivities begin with wine & cheese tasting

Followed by Dinner & Auction Bidding



Dessert donations are appreciated  
and can be dropped off beginning at 3pm



50's Attire optional and  
encouraged!



# Meet your Neighbor!

## Steve Stewart

I was born in Juneau Alaska

I have 6 biological brothers and 1 biological sister. I also have 2 adopted brothers and 2 adopted sisters.

My mom was a house wife and my dad owned an excavator business

I work on equipment, motor man

My Nickname is Chief stands for Cause

**He**

**Is**

**Everyone's**

**Friend**



My favorite color is red

The popular clothing when I went to school was Corduroy pants and Levi Jacket's

The popular toys as a child was the Tonka Truck

I met my spouse on accident

My favorite meal/dessert is banana cream pie and prime rib

I still break curfew

My First job was at the dump in Eagle River collecting a dollar a load

I've met the governor of Alaska

My Father has made the biggest impact in my life

The most embarrassing thing that has happened to me was when I met a neighbor with big letters in red on my forehead that read INSANE.

The most interesting place I've been was Australia, New Zealand

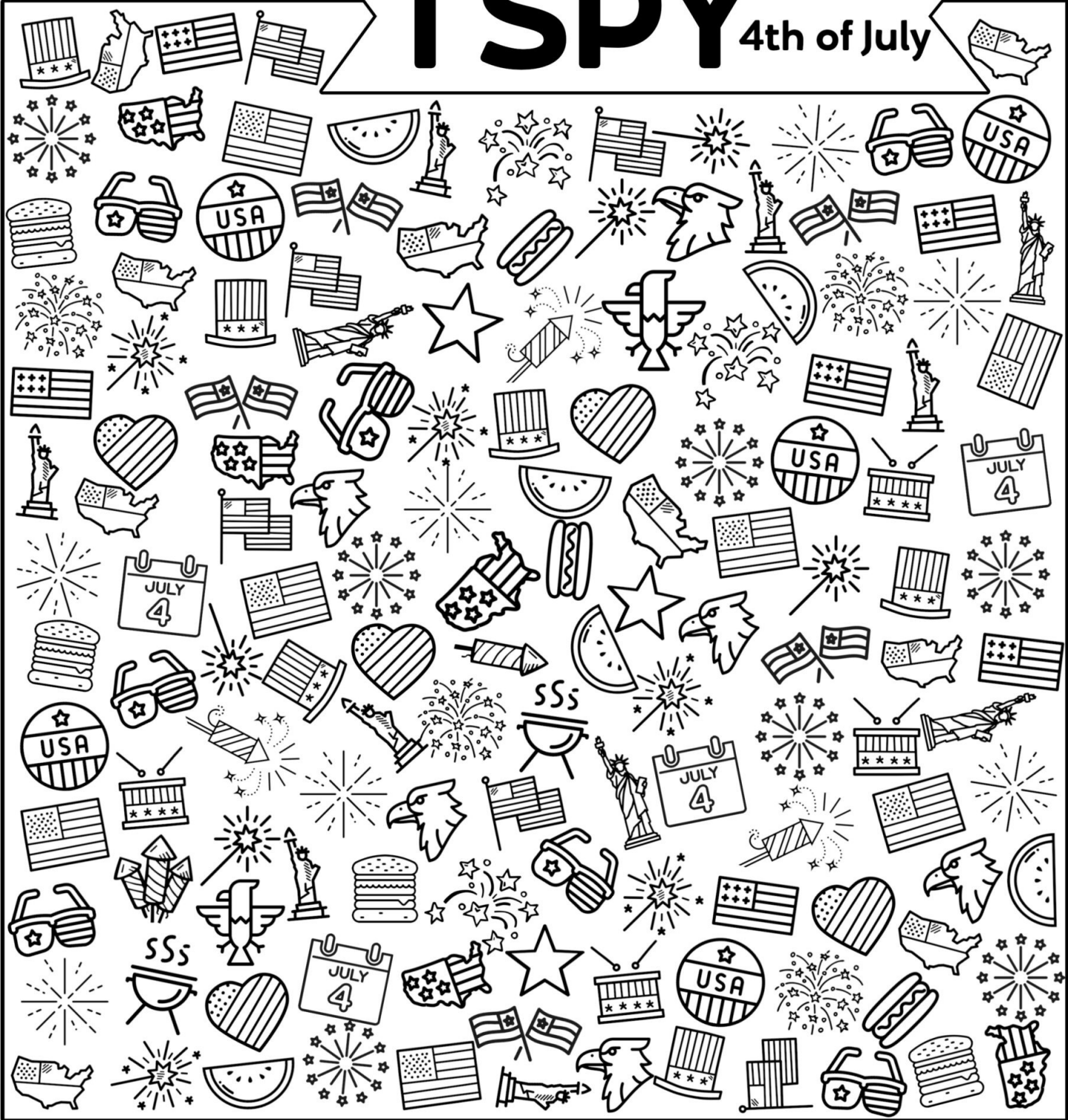
My favorite television show when I was a child was Adam 12 and Columbo



My family car growing up was a green 1965 Chevy Impala

I'm a 2nd degree black belt in Judo, 2x's Northwest regional champion

# ISPY 4th of July

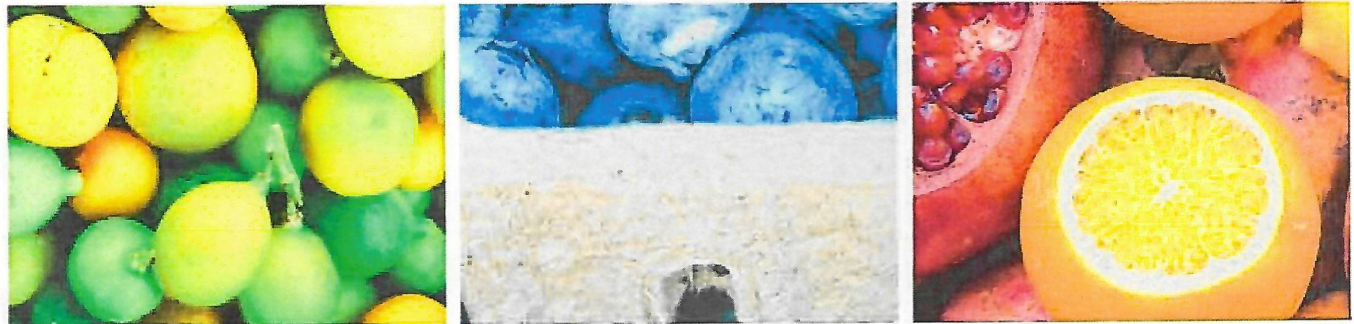


- |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |
|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|
| 2 |  | 4 |  | 4 |  | 5 |  | 4 |  | 5 |  | 7 |  | 4 |  | 6 |  | 5 |  |
| 1 |  | 6 |  | 7 |  | 1 |  | 3 |  | 6 |  | 7 |  | 4 |  | 7 |  | 5 |  |
| 3 |  | 3 |  | 4 |  | 6 |  | 2 |  | 7 |  | 5 |  | 9 |  | 6 |  | 3 |  |





# Farmers Market Nutritional Program Vouchers



**We now have Farmers Market Nutritional Program Vouchers available for qualifying seniors.**

- The Seniors Farmers' Market Nutrition Program (SFMNP) is designed to:
- Provide low-income seniors with access to locally grown fruits, vegetables, honey and herbs.
- Increase the domestic consumption of agricultural commodities through farmers' markets, roadside stands, and community supported agricultural programs.

Aid in the development of new and additional farmers' markets, roadside stands, and community support agricultural programs

- Contact the Senior Center Office staff for more information.

# Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

## Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

## 16 cards

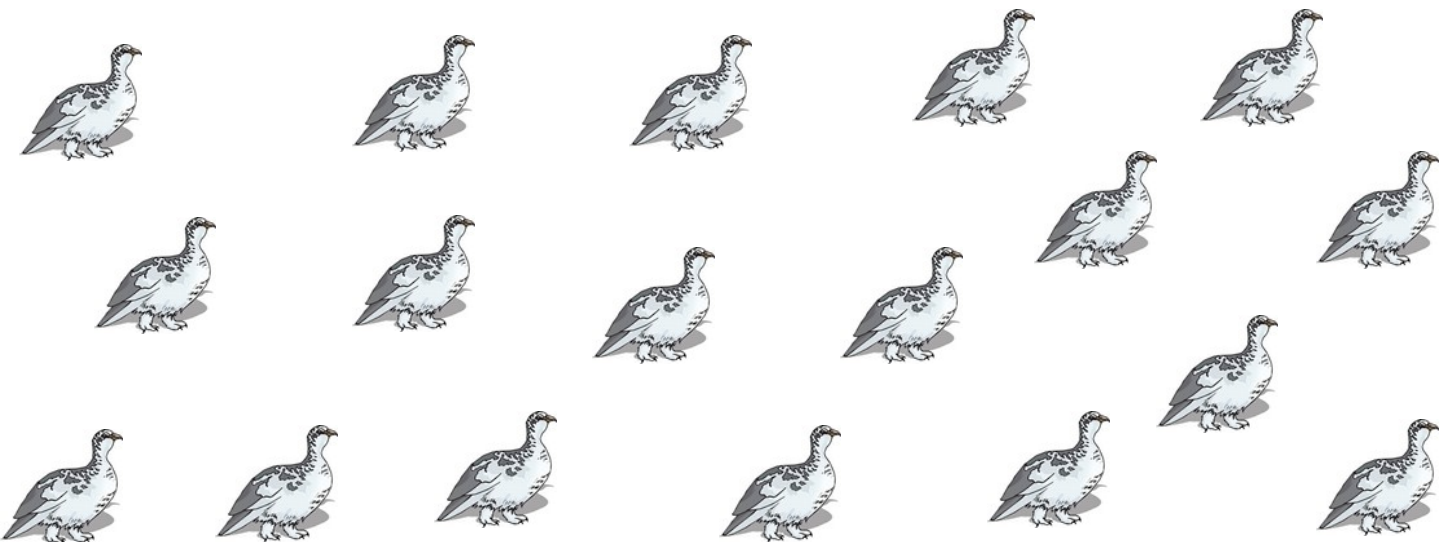
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5



Congratulations to the prior weeks winners: Steve Vanek, Ethel Segevan, Nora Appel, Jim Beall, Dick Hawkins, Mark Brees, Kaye Waldsmith, John McCombs, Jim Beall, Char Moore, Linda Yost, John and Janice Nofziger,



# HISTORY OF NATIONAL BLUEBERRY MONTH

Blueberries have been consumed for a very long time — more than 13,000 years, according to some reports — but the Native Americans were the first to recognize the versatility of this fruit. They used blueberries for medicinal purposes and as a natural flavoring agent.

The Native Americans were using wild blueberries, which have been around for an incredibly long time, but the ones we eat are different. The blueberries we get in the supermarket are the result of one person's long commitment to cultivating blueberries. Elizabeth White, the daughter of cranberry farmers in New Jersey, wanted to expand her family's business with other crops, particularly blueberries. While studying at Drexel University in Philadelphia, her main interest centered around figuring out how to grow the best blueberries. She eventually partnered with botanist Frederick Coville to cultivate blueberries at her farm. Before these efforts, blueberries could not be grown on any farm — the only way to have them fresh was to pick them in the wild. Now, blueberries are available in 35 U.S. states and some other regions around the world. British Columbia is the largest blueberry growing region in the world, with Canada coming in third behind the U.S. and Chile.

For many years, the National American Blueberry Council wanted to have July as National Blueberry Month. Eventually, the United States Department of Agriculture officially recognized this month, and it has been celebrated ever since.



# NATIONAL BLUEBERRY MONTH TIMELINE

## **1893**

### Elizabeth White Notices Blueberries

After harvesting cranberries, Elizabeth White decides to experiment with blueberries on her family farm.

## **1911**

### A Partnership that Changes Everything

Elizabeth White and USDA botanist Frederick Coville become partners after she reads his publication, 'Experiments in Blueberries' — they work together on her family farm.

## **1912**

### First Blueberry Crops

Elizabeth White and Frederick Coville successfully grow blueberries on her farm.

## **1916**

### First Commercial Blueberry Crop Sold

Elizabeth White and Frederick Coville's team harvests and sells its first commercial crop of blueberries.

## **1930s**

### Blueberries Go to England

Highbush varieties of this fruit are introduced in Europe.

## **1932**

### Elizabeth White Gets Her Due

New Jersey awards Elizabeth White for her outstanding contributions to agriculture.

## **1942–1962**

### Blueberry Cultivation Spreads

Blueberry cultivation spreads around America, appearing in 13 U.S. states.

## **July 2003**

### Our Day is Official

The United States Department of Agriculture officially declares July as National Blueberry Month.

## **2019**

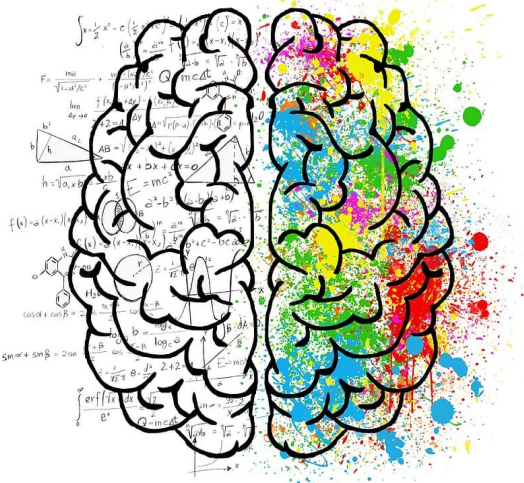
### Blueberries are Healthy for the Heart

The American Heart Association launches the Heart-Check Food Certification Program to help shoppers identify heart-healthy foods — blueberries are certified as one such food.

## **2020**

Blueberry Emojis! Smartphones around the world are introduced to the blueberry emoji.

Smartphones around the world are introduced to the blueberry emoji.



**1. Logic Puzzle:** There are two ducks in front of a duck, two ducks behind a duck and a duck in the middle. How many ducks are there?

**Answer:** Three. Two ducks are in front of the last duck; the first duck has two ducks behind; one duck is between the other two.

**2. Logic Puzzle:** Five people were eating apples. A finished before B, but behind C. D finished before E, but behind B. What was the finishing order?

**Answer:** CABDE. Putting the first three in order, A finished in front of B but behind C, so CAB. Then, we know D finished before B, so CABD. We know E finished after D, so CABDE.

**3. Logic Puzzle:** Jack is looking at Anne. Anne is looking at George. Jack is married, George is not, and we don't know if Anne is married. Is a married person looking at an unmarried person?

**Answer:** Yes. If Anne is married, then she is married and looking at George, who is unmarried. If Anne is unmarried, then Jack, who is married, is looking at her. Either way, the statement is correct.

**4. Logic Puzzle:** A man has 53 socks in his drawer: 21 identical blue, 15 identical black and 17 identical red. The lights are out and he is completely in the dark. How many socks must he take out to make 100 percent certain he has at least one pair of black socks?

**Answer:** 40 socks. If he takes out 38 socks (adding the two biggest amounts, 21 and 17), although it is very unlikely, it is possible they could all be blue and red. To make 100 percent certain that he also has a pair of black socks he must take out a further two socks.

**5. Logic Puzzle:** The day before two days after the day before tomorrow is Saturday. What day is it today?

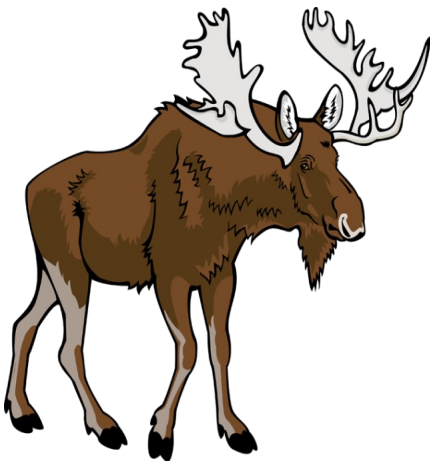
**Answer:** Friday. The "day before tomorrow" is today; "the day before two days after" is really one day after. So if "one day after today is Saturday," then it must be Friday.



1985 Teddy's Toys & Co., All Rights Reserved.

All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

1. The million dollar bridge was never rebuilt after the earthquake. What river did it cross?
2. Who was Cook Inlet named after?
3. How many yards of gravel were used to construct the Alaska pipeline? (31million, 47 million, 52 million)
4. What is a "moraine"
5. Name the city which is the same latitude as Oslo, Norway, and same longitude as Honolulu, Hawaii.
6. What is the modern name of the city founded in 1870, originally named "Mumtrelegamut" which meant " people of many fish houses".
7. In the early 1900's what mineral was discovered in abundance on Prince of Whales Island?
8. Name one of the birds found in most Alaskan stories.



- 1) Copper River
- 2) Captain James Cook,
- 3) 31 Million
- 4) A Mass of glacial residue carried and deposited by a glacier
- 5) Anchorage
- 6) Bethel
- 7) Copper
- 8) Raven ( or eagle)

# Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



## Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Thank you to all who donate to the Ninilchik Senior Center!

David Shea 3

Kelly Emerson 13

Dan Estes 26

Connie Estes 4

Martha Ogren 13

Jim Kenshalo 27

Ted Larson 5

Jeanie Gregorich 14

Nora Appel 30

Cheryl Doyle 6

David Nordgren 16

Liz Kruzick 31

Diane Cook 7

Greg Olsen 19

Sharon Fowler 8

Mary Ireland 22

Wallace Larry 8

Bob Parson 22

Clarence Davis 9

Bob Jones 23

Don Nuebel 11

John McCombs 26



## Thank You

Dave Nordgren for the trash removal

Steve Vanek for selling the split the pot raffle tickets

Don't forget to log all of your time in the volunteer book

Thank you to all of our members and volunteers

Thank you to all the donors

Thank you to our cooks

### \$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson	Bruce Randall
Delmer McCune	Debbie MacLean
Nora & Howard Appel	Cathy Perry
Char & Byron Moore	
John & Janice Nofziger	

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

**THANK YOU!!!**



# About The Ninilchik Senior Center

## Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

## Board of Directors

President: Dick Hawkins  
V. President: Viola Nordgren  
Secretary: Kaye Waldsmith  
Treasurer: Sharon Cook  
Trustee: Steve Vanek  
Trustee: Cheryl Doyle  
Trustee: Lynn Harding

## Endowment Trustees

Chair: Kaye Waldsmith  
Vice Chair: Steve Vanek  
Treasurer: John Nofziger  
Trustee: David Clemenson  
Secretary: Vi Nordgren

## Staff

Executive Director: Julie Otto  
Adm. Assist/Bookkeeper:  
Tandy Wallace  
Assistant: Casey Campbell  
Cook: Marti Sue Chapman  
Cook/Maintenance: Rick Ferguson  
Trans. Driver:  
NSC Homemaker: Gretchen Larson

## Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.  
Suggested donation:  
\$8 or members, \$12 for non-members  
Lunch includes: soup,  
salad, entrée and dessert

## Events and Activities

### Weekly

**Mondays:**  
Quilting/Sewing 1-4 pm

**Tuesdays:**  
Knitting 1:30-4:00

**Wednesdays:**  
Bingo (after lunch 1:15 pm)

**Thursdays:** Game Day 1-4 pm

**Fridays:**  
Billiards 1-4 pm

**See Attached  
activity cal-  
endar**





So far this year (2022), the center received **\$197.05** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

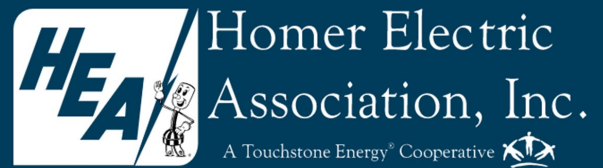
The center's Organization Identification Number is **GP013**.

**Thank you!!!**

The Senior Center is partially funded by these Corporate Sponsors










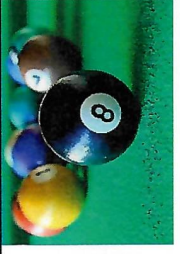
So far this fiscal year the center has received **\$83.26** from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.



Alaska Food Coalition  
Amazon  
Enstar  
Fred Meyer/Kroger  
HEA  
Kenai Peninsula Borough  
Meals on Wheels America  
Peninsula Bishops Attic  
Private Donations  
State of Alaska/NTS Grant

# July 2022 Activities

Must have two or more participants for activities to take place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
	Yoga 10:30-11:30 Quilting 10:00-4:00	Knitting 1:00-4:00	Bingo 1:15-3:30	Cards/Board Games 1:00-4:00	Corn Hole 12:30-1:30 Billiards 1:00-4:00	
10	11	12	13	14	15	16
	Lunch with the Littles Quilting 10:00-4:00	Knitting 1:00-4:00	Bingo 1:15-3:30	Cards/Board Games 1:00-4:00	Rock Painting 12:30-1:30 Billiards 1:00-4:00	
17	18	19	20	21	22	23
	Yoga 10:30-11:30 Quilting 10:00-4:00	Knitting 1:00-4:00	Bingo 1:15-3:30	Cards/ Board Games 1:00-4:00	Horse Shoes Start @ 12:30 Billiards 1:00-4:00	
24/31	25	26	27	28	29	30
	Yoga 10:30-11:30 Quilting 10:00-4:00	Knitting 1:00-4:00	Bingo 1:15-3:30	Cards/ Board Games 1:00-4:00	Billiards 1:00-4:00	