



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



Coming Up:

Mothers Day 8th

Board Meeting
19th

Memorial Day
30th

(Closed)

Note From the President of the Board:

Oh my goodness. Where to begin. The snowbirds are back. I've seen them fluttering around the Senior Center in big flocks the last week or so. It is so good to see everyone coming back for the summer. I've also seen the other bird that seems to bring spring with them every year. Of course I'm talking about our beloved Sandhill cranes. When you hear their sound it is unmistakable. The last week of April has brought sunshine and warmer temperatures which means the snow is melting faster. I'm sure we are all grateful for that.

There is a lot happening at the Center this summer. Casey has been hard at work bringing activities and classes to us the last couple of months. All you folks that have been gone for the winter might want to pay attention. She has presented several interesting classes and activities that you can take advantage of. It does take two or more for her to supervise an activity or give a class. I hope you partake of her expertise. Of course we still have bingo and games and all the other things that go on at the Senior Center on a regular basis.

We have begun the process of planning for the annual fundraiser this year. Mark August 19 on your calendar. If you are interested in helping out this year please contact Julie in the office. There is a committee and she will put you in contact with them. This will be the third year that we will only have one fundraiser. The last two years our fundraisers have been very successful. Thanks to everyone for your generosity. Without you the Senior Center would not be able to function.

I hope everyone has a safe and fun summer. Be nice to the tourists, be nice to your neighbor, and be nice to yourself. God Bless you all.

~ Dick Hawkins, President

A Note From The Executive Director:

May is here! Snow is melted and the flowers are beginning to appear! It's always so nice to see the snow go away each spring. With spring comes gardening!! Reminder to those interested in tapping into your green thumb abilities.....now is the time to reserve your spot in the community garden. We have a couple of spots left but they go pretty fast. Please let the office know if you're interested.

May also brings Mother's Day. Not that we ever need a reason to celebrate the wonderful women in our world, but have you ever wondered how Mother's Day started?

According to almanac.com,

The Mother's Day holiday in the United States wasn't born out a desire to simply treat mothers to a day off or to buy them gifts! It essentially began as a women's movement to better the lives of other Americans. The creation of a national Mother's Day is primarily attributed to three women: Ann Reeves Jarvis, Julia Ward Howe, and Ann's daughter, Anna M. Jarvis.

Ann Reeves Jarvis

Known as "Mother Jarvis," Ann Reeves Jarvis was a young Appalachian homemaker who taught Sunday school lessons. She also was a lifelong activist who, in the mid-1800s, had organized "Mothers' Day Work Clubs" in West Virginia to combat unsanitary living conditions and teach young mothers how to safely care for their children. During the Civil War, Mother Jarvis had also organized women's brigades, encouraging women to help without regard for which side their men had chosen. After the war, she proposed a Mothers' Friendship Day to promote peace between former Union and Confederate families. "I hope and pray that someone, sometime, will found a memorial mother's day commemorating her for the matchless service she renders to humanity in every field of life," Ann Jarvis once said. "She is entitled to it."

Julia Ward Howe

Julia Ward Howe was a famous poet and reformer. During the Civil War, she volunteered for the U.S. Sanitary Commission, helping them to provide hygienic environments for hospitals and ensure sanitary conditions during the care of sick and wounded soldiers. In 1861, she authored the famous Civil War anthem, "The Battle Hymn of the Republic," which was first published in February 1862.

Around 1870, Julia Ward Howe called for a "Mother's Day for Peace" dedicated to the celebration of peace and the eradication of war. As expressed in what is called her "Mother's Day Proclamation" from 1870, Howe felt that mothers should gather to prevent the cruelty of war and the waste of life since mothers of mankind alone bear and know the cost. Howe's version of Mother's Day was held in Boston and other locations for about 30 years, but died a quick death in the years preceding World War I. Nothing new happened in this department until 1907, when a Miss Anna M. Jarvis, of Philadelphia, took up the banner.

Anna M. Jarvis

After her mother, Ann Reeves Jarvis, died in 1905, Miss Anna Jarvis from Philadelphia wished to memorialize her mother's life and started campaigning for a national day to honor all mothers. She bombarded public figures and various civic organizations with telegrams, letters, and in-person discussions. She addressed groups large and small. At her own expense, she wrote, printed, and distributed booklets extolling her idea.

In May of 1907, Anna memorialized her mother's lifelong activism with a memorial service held at the Methodist Church in Grafton, West Virginia, where Anna's mother had taught. The following year, on May 10, a Mother's Day service was held at that same church to acknowledge all mothers. Thus was born the idea that the second Sunday in May be set aside to honor every mother, whether living or deceased.

Full article can be viewed at: <https://www.almanac.com/content/history-mothers-day>

Whether you are a mother, grandmother, stand-in mother, or a woman who has made an impact in someone's life – this month is for you!

~Julie Otto



Every May, the Administration for Community Living (ACL) leads the nation's observance of Older Americans Month (OAM). In 2022, ACL will be focusing on aging in place – how older adults can plan to stay in their homes and live independently in their communities for as long as possible. The

2022 theme is Age My Way, an opportunity for all of us to explore the many ways older adults can remain in and be involved with their communities.

Stories:

Stories build community and connect us (even if we can't be physically together). Whether you're a group of friends, a neighborhood community, or an organization, stories are a great way to learn about and engage with others. As you plan, remember that everyone has different interests, access to technology, and comfort levels. The best sharing activities are those where people feel encouraged and at ease.

Ideas to get you started:

Arrange for older adults to share or read stories.

Group Project

Celebrate and engage with your community by organizing a project where members can contribute individually before their work is combined to create the final masterpiece. This is a great way to produce something to showcase, either in person or online. Before selecting a project, consider polling your participants to see where their talents and interests lie.

Ideas to get you started:

Make a physical or virtual bulletin board with photos, jokes, quotes, and/or good news. This project is great in combination with the selfie challenge idea shared above (under Stories). Whether completed online or in person, printouts can be posted to the board.



Age my way!

Come tell your story

Ninilchik Senior Center is having a Pioneer Day on May 25th! Come tell your story!

Page 15 of the newsletter is a pioneer story of Miller's Great Trip.

See attached activity calendar for more information.

HAPPY MOTHER'S DAY

Happy Mother's Day to everyone:
Mums, Dads, Daughters, Sons.
We're all related to mothers
and there are some special ones.

Some who take on a mothering role
are not related through birth
but love as much as any mother could.
That type of love sustains our earth.

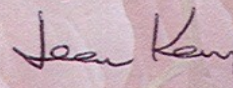
Some men take on a dual role,
as "stay-at-home" Dads they excel,
which gives mothers opportunities
to have an outside career as well.

Adoptive parents are special,
they open their home and heart,
providing a child with a loving bond
and a family in which they are part.

Mothering is tender, loving care,
a strong desire to guide and protect,
to keep their children safe from harm.
Mothers of all kinds deserve respect.

Happy Mother's Day

Jean Kay



Meet your Neighbor!

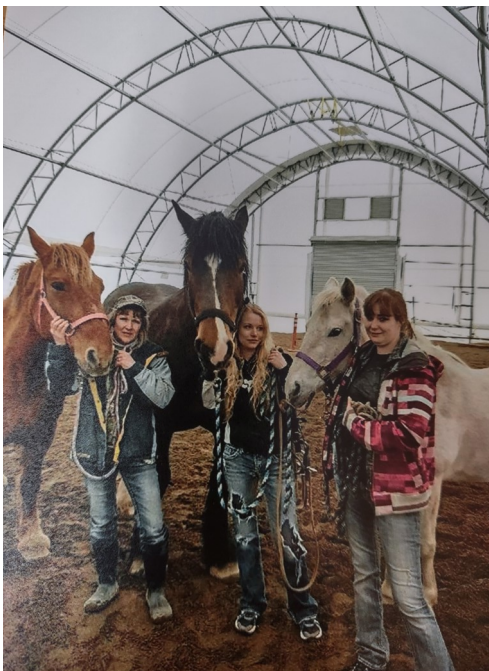
Char Moore

I was born January 14th, in a time when kids respected parents, parents were in charge (not their kids) and America was still one nation under God! Moms stayed home and took care of their homes and family. Dads were the provider. People sent post cards, wrote letters, talked face to face or on the phone, and lived their own lives instead of through other's lives. I should really have been born in Laura Ingalls' generation. Times were hard but simple. I have no brothers or sisters except in Christ. My mother and step-dad, worked at Bars S Meat Packing Company in Seattle. My mom worked switch boards at age 16 right after she graduated early. She is now 93, lives alone, drives, and takes care of herself and her little dog.



When I was 16 I worked at KFC and Winchell's doughnut house. As an older adult I had an in-home preschool/daycare, with 1-2nd graders. I also worked as leader for the Boys and Girls Club, provided certified horsemanship lessons, was a Sunday school teacher for 20 years, a Domestic Engineer, and had a professional janitorial business.

My nickname is Ellie Mae because I always brought home unwanted stray or injured critters, including cats, dogs, gerbils, ducks, rabbits, turtles etc.



I love almost all the colors. I like to wear black, camo and green. The most popular clothes when I was in school were baggy Levis, hot pants, middie skirts, halter tops, high top hiking boots, Converse tennis shoes, bell bottoms, and Levis with a split up the side of the legs and fabric sewn in to create bell bottoms.

Some popular toys were Duncan Yoyos, Slinky's, Lincoln Logs, Tinker Toys, Silly Putty, View Master, Etch-A-Sketch, tops, Hippy Hops, pogo sticks, and tether ball.

I met my spouse through a newspaper ad. We are a blended family. He has two kids, I have three, and we have one together.

My favorite foods are peanut butter pie, homemade lumpia, rotisserie or crispy baked chicken, turkey, and raspberries.

Meet your Neighbor!



Char Moore (continued)

My first job was babysitting when I was 13.

I've met Dan Haggerty (Grizzly Adams), Leeza Gibbons (I was on her show), Ann Margret, and Robbie Knievel (Evel Knievel's son) he lived in our town, and Jimmy Hendrix's mom who rented one of our houses when she was separated with his dad (I rode the bus with his little sister Janie to school).

My Lord and Savior Jesus Christ, my husband Byron, my children, and my family have made the biggest impact in my life.

You can ask me personally what the most embarrassing thing was that has happened to me!

Alaska is the most interesting place I've been to that's why I'm here. I never liked to travel much.

My favorite TV shows were J. P. Patches, Romper Room, Captain Kangaroo, Abbott and Costello. Then later it was Wild Wild West, Bonanza, Star Trek, Walton's, and Little House on the Prairie.

Growing up my mom liked sporty cars. We had a Pontiac Bonneville, late 60's T-Bird, 68 or 69 Camaro SS, and a 68 T-Top silver Corvette. I got my first car in 1977 and it was a 66 Chevy Impala in mint condition.



My favorite childhood memory is when my friends took me to the ocean shore for a weekend clam digging, and when a friend's family took me to a cabin on a lake and taught me to water ski. My Mom never liked outdoor activities, especially camping, fishing, etc. I loved it! It was amazingly fun.



I never did know my Grandfathers as they passed before I could meet them. My mom's mother was very old and in a wheelchair when I finally met her in North Dakota. My paternal biological grandma was half Cherokee but kept it secret until she passed; I never knew. My mom's mother was Swedish and her dad's last name was Hatfield. He changed his name and ran shine. He was full blooded Irish, born on St. Patrick's Day. My mom said he was really good at dancing the jig. Unfortunately he spent most of his young years in jail. He passed when I was a baby. I didn't have any family traditions growing up but I made some for my kids.

Meet your Neighbor!

Byron Moore

I was born in Glendive, Montana.

I have one younger sister.

My father was in the U.S. Navy and a Nuclear Engineer. My mother was a stay at home mom/wife, then she became a quality inspector for the U.S. Navy Ship Yard.

I am a military veteran trained in Instrumentation and Electrical, I also learned the auto body trade.

My nickname is Buddy from childhood and my mom still calls me that.

My favorite color is navy blue.

When I was in school the popular clothes were cowboy boots, blue jeans, and flannel shirts.

When I was a child the popular toys were Evel Knievel wind up motorcycles and rockets, like he rode when he tried to jump the Grand Canyon, and G.I. Joes.

It's a crazy story how I met my wife, she and I could tell you if you're interested.

My favorite food is Mexican and for dessert peanut butter pie.

I always broke curfew and snuck out!

My first job was a dishwasher at a restaurant.

I've met football players from The Buffalo Bills and the General in charge during Desert Storm.

A counselor when I was a young adult, my father, and my wife Char have made the biggest impact in my life.

The most embarrassing thing that has happened to me would have to be an emergency pit stop on state land near our home due to food poisoning from a Pizza. For the "funny details" ask Char, it still makes her laugh.



The most interesting places I've been were Germany, Holland, Sweden, and Iraq.

My favorite television show when I was a child was Wild Kingdom.

My family car growing up was a 1972 Pontiac station wagon, and a 1965 Chevy Pickup.

My favorite childhood memory is going camping with my family.

My grandparents were workaholics, loved the outdoors, and roamed.

Some family traditions we had were making apple cider and doughnuts every fall. A really big family tradition was going camping every 4th of July and Labor Day

Spring Word Scramble

Unscramble the following words about Spring.

Welcome Spring!

plair _____ rtemhso yda _____

orwlesf _____ blmelaur _____

esidasi _____ gpsnir _____

ipral ewrhoss _____ yam _____

grneol ydsa _____ frtetibusel _____

ntilmge wnos _____ plameyo _____

prisdanro _____ fidfalsdo _____

nanliptg edess _____ rgeinnad _____

teik glnify _____ slupit _____

onbri _____ cramh _____

erwne _____ issnuneh _____

olmob _____ yma sewlofr _____

Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

16 cards

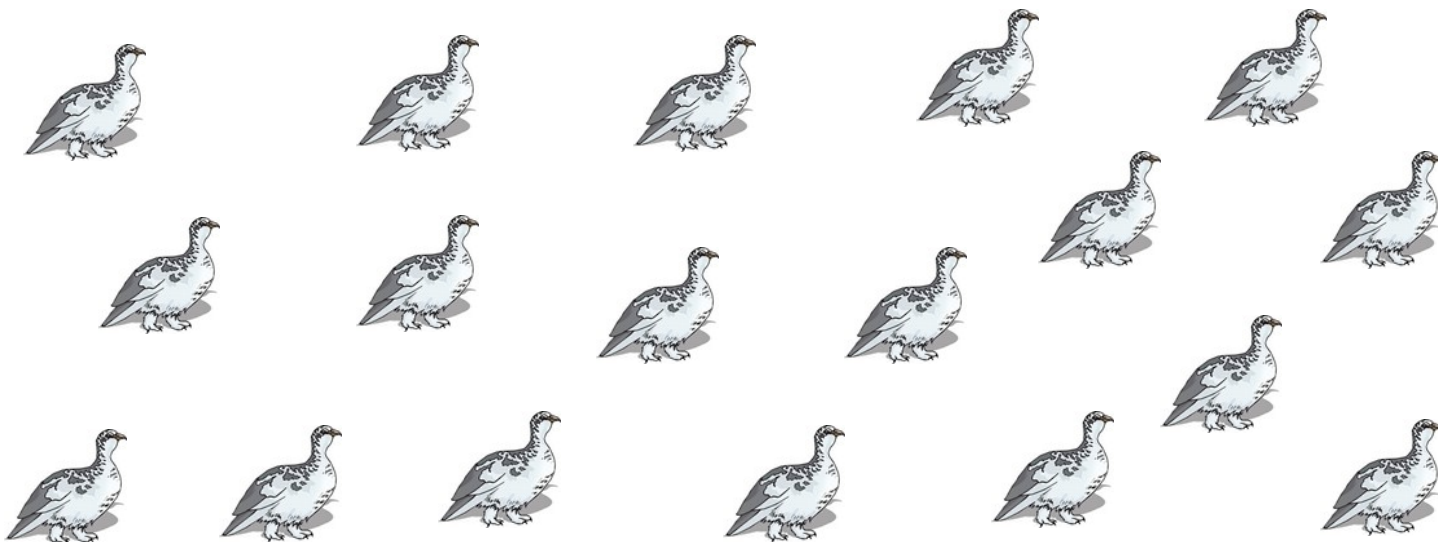
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5



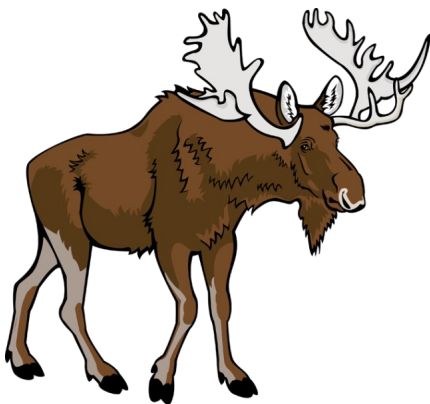
Congratulations to the prior weeks winners: Nora Appel, Steve Vanek, Jim Beall, Dick Hawkins, and Mark Brees.





1985 Teddy's Toys & Co., All Rights Reserved.

1. What is the main ocean port on the Kenai Peninsula?
2. What was the only musical instrument known to the early Eskimo people?
3. What mineral was the town of Juneau founded on?
4. What hoofed animal was introduced to Alaska from Siberia?
5. In what year was Nome in its heyday (1880, 1896, 1900)?
6. True or false, In 1900, the City of Nome was about 10 times larger than the size it is today.
7. The extreme cold found in the Arctic Climate would not permit what common building requirement along the Alaska pipeline?
8. What is the name of a seal's natural breeding ground?



1. Seward
2. Tambourine made of 8. A Rookery
3. Gold
4. Reindeer
5. 1900
6. True
7. Sprinkler System
8. seal skin and drift
- wood (Drum)

Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

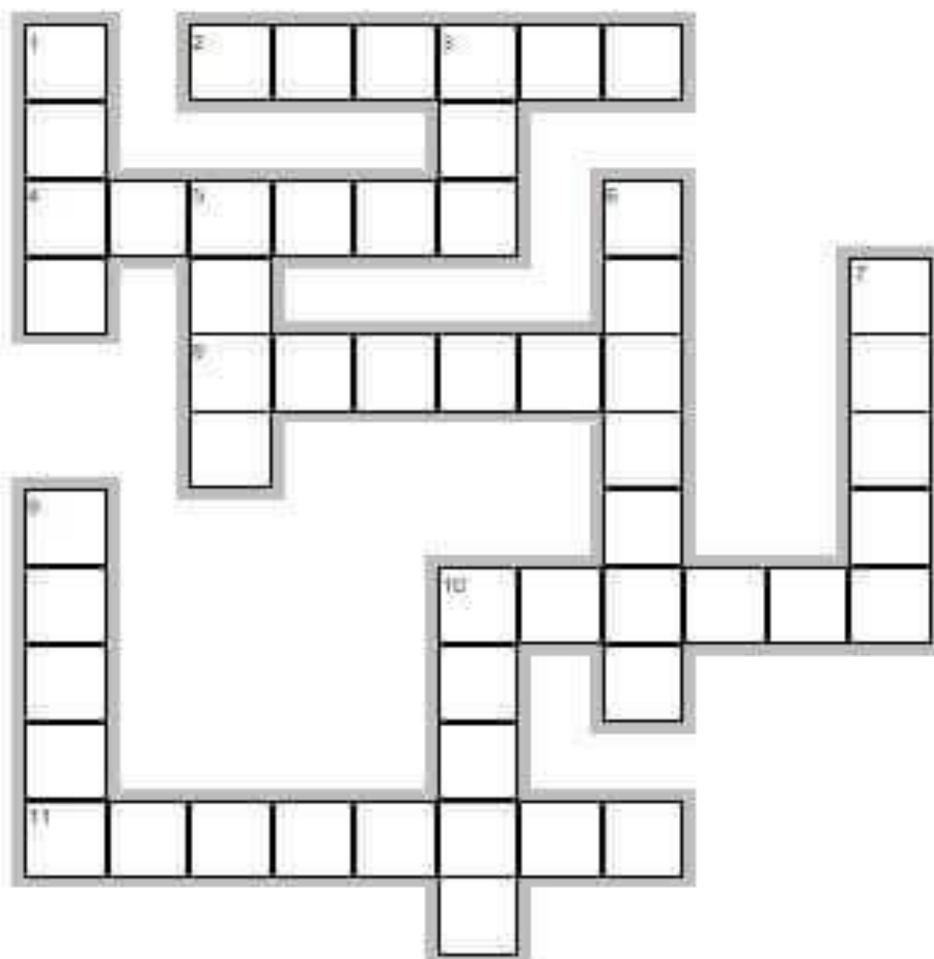
- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

If you would like to donate online, visit our website
NinilchikSeniors.org

At the bottom of the Donations page there is a button to click.

Remembering Elvis

Take a trip down memory lane as you complete this crossword that features some of Elvis Presley's most famous song titles. Write the missing word from each title in the puzzle.



Across

- 2. Love Me ____
- 4. Puppet on a ____
- 8. Crying in the ____
- 10. Return to ____
- 11. Are You ____ Tonight?

Down

- 1. A Little ____ Conversation
- 3. Hound ____
- 5. Jailhouse ____
- 6. Can't Help ____ In Love
- 7. It's Now or ____
- 9. Heartbreak ____
- 10. All ____ Up



Fred Bramer 1
 Richard Hawkins 3
 Fred Eggert 4
 Kathy Wallace 4
 Roy Huhndorf 5
 Geri Smith 5
 Cathy Andrew 6
 Brandon MacGregor 14

Annie Maxwell 15
 John Clark 16
 Carol Chapman 22
 John Nofziger 26
 Terri Quinlan 27
 Susan Welsh-Smith 28
 Pam Ehlers 29



\$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson	Bruce Randall
Bob & Sharon Cook	Delmer McCune
Nora & Howard Appel	Debbie MacLean
Char & Byron Moore	Cathy Perry
Mary Holshouser	Vi Nordgren
John & Janice Nofziger	

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Thank You

Thank you to those who participated in the activities this past month including the community members who donated plants!

Dave Nordgren for trash removal.

Steve Vanek for selling The Progressive Split The Pot Raffle Tickets.

Don't forget to log your time in the volunteer book
 Thank you to all our Members and
 Volunteers!!!

Thank you to all our Donors!!!
 Thank you to our Cooks!!!

Name: _____

Riddles to Ponder

Can you figure out the answers to the riddles?

1. I come one in a minute,
Twice in a moment,
But never in a thousand years.

1. _____

2. I always run, but never walk.
I have a bed, but I don't sleep.
I have a mouth, but I don't eat.

2. _____

3. When you put this in a heavy
wooden box, the box will
become lighter.

3. _____

4. You hear my sound,
You feel me when I move,
But see me you never will.

4. _____

5. I follow you all day long,
But when the night or rain comes,
I am all gone.

5. _____

6. The more I dry,
The wetter I get.

6. _____

7. I am very heavy,
But backwards, I'm not.

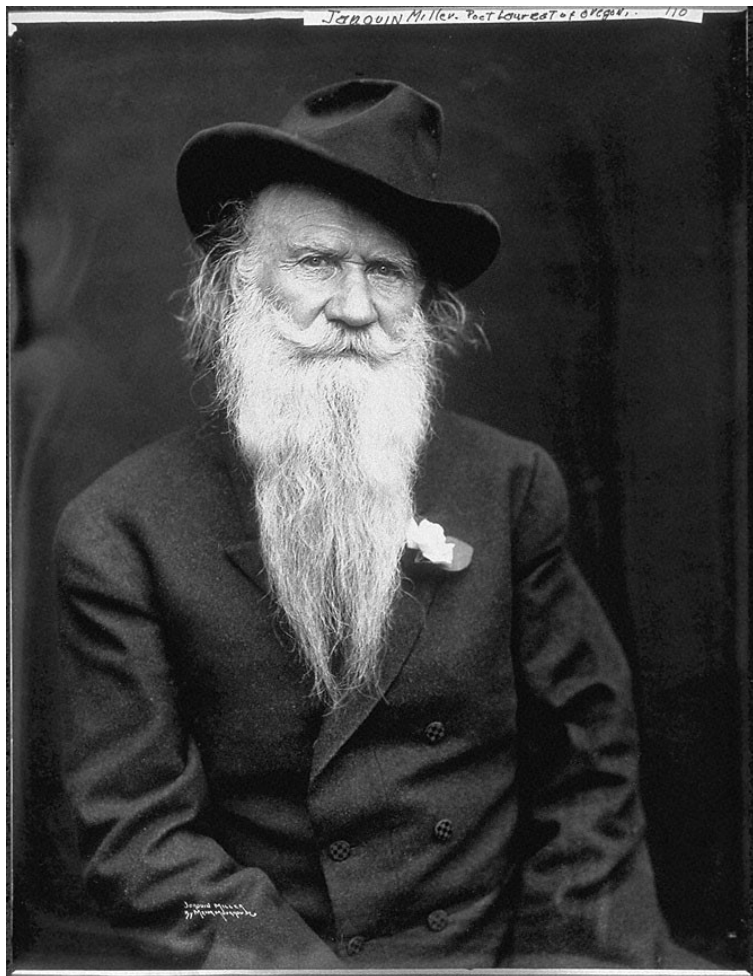
7. _____

8. A cowboy rides into town on Friday.
He stays two days, then leaves on
Saturday. How can this be?

8. _____

Ninilchik Senior Center is having a Pioneer Day on May 25th! Come tell your story!

Editor's note: Joaquin Miller was an American poet and journalist who earned the nickname "Poet of the Sierras" for work conveying a sense of the majesty and excitement of the Old West. His best-known poem is "Columbus" with its refrain, "On, sail on!"—once familiar to millions of American schoolchildren. When Miller came to Alaska to report on the Klondike rush, he lost a big toe and part of an ear to frostbite while travelling between Circle City and Dawson City. When the Chicago Tribune printed parts of his journal, the entries included his interest in sled dogs, his belief that the government should build roadhouses on the Yukon, and a rare description of a cabin on Mission Creek (the future site of Eagle City) that he called a "palace" because it was clean and stocked with firewood, candles, and matches. Miller also mentioned a cabin at Coal Creek, likely the same location that Slaven's Roadhouse is today.



MILLER'S GREAT TRIP November 6, 1897: We decided to rest, and repair and dry our bedding. You see, icicles form from the breath when we sleep; then we roll up the ice in the warm furs and blankets, and this melts and they begin to smell, besides the weight is double in a short time. We made sixty-five miles in a short time [since leaving Circle City]. The stove is red hot, and skins and furs and the food are smoking and steaming; the two lame men are asleep on the boughs of spruce, and Captain Ball is out with his gun; the dogs are sleeping or pretending to sleep, but they don't sleep half as much as they seem to. They are a continual puzzle and study to me; they curl up in a knot, the nose on the toes and the tail tossed over the nose; they are very, very small, the lightest of them tipping the scales at 49 pounds, the heaviest at 75 pounds. I am told that a good dog should not weigh more than 75 pounds; they are not driven by lines. If a man wants a dog to go he yells "Mush, mush, mush!" But an Indian puts all accent on the last two letters, making a long, sharp hiss. These Indian dogs have learned in a few days to obey "gee" and "haw," and so on, as if they were trained horses on a farm.



They are fed once a day—dried salmon in the evening, all they will eat, about three pounds each, so that each dog in a thirty days' trip must have about 100 pounds, that is, if fed as Captain Ball feeds—all they want. . . . One of the men is out of bed, whistling as he prepares the beans for dinner. My hand is lame from a sprain got on the first crossing of ice. I have not mentioned it. We have too many

sprained men already. But it pains me much at night, and has a tendency to shorten these notes. I am certainly thankful that the hurt is in the hand rather than in one of my feet. November 7: We left the pleasant little cabin on Coal Creek this morning in a snow-storm. Captain Ball had lost much dog feed from prowling wolves and was eager to get on. It was hard work. The wind blew cruelly. We had to wear double mittens and keep our faces covered to the eyes. Captain Ball put on his snowshoes, took the lead ropes of our little sled, and I took the tongue rope on my shoulder. The other two men came on behind with the dog sleds, and thus, silent and wearily, we tramped and tramped for ten hours. . . . November 20: After five hours of ice and driving frost and snow we reached the cabin on Mission Creek. The dogs refused several times to face the storm and snow, and laid, whining, behind blocks of ice till dragged into the trail made by the Indian Paul on his snowshoes and beaten till they were made to go forward. One of our men had an ear frozen. November 21: This cabin at the head of Mission Creek is a palace. No table was ever so perfect. We found kindling wood, stove, candle on the table, water at hand, a book on the table, a broom in the corner. Was ever such practical comfort? Were ever men so grateful? This is a mining creek; good claims; several men at work miles up the creek. A letter box at the door receives their mail from passing strangers, although they must have meager mail, as we are the first to pass this way for more than sixty days. We shall learn more as custom and common sense dictate, a clean swept floor, a candle and matches at hand, and plenty of wood—this is the idea: a roadhouse as provided by the miners of the Yukon. Is it not clear that we must have many such along this river, so soon to be one of the world's great highways?



Do not talk folly about men not coming here at perilous times. Men will come and men will go along here as long as gold is found to lure them forward. Aye, duty too will lead them this way. This is an old mission spot. Here the Bishop, now of Forty-Mile Mission, had one of the first missions and found a milder and better spot and took his 200 wards there. Paul, our Indian, was born here. November 22: Camped at some old cabins built by Lieutenant Schwatka, U.S.A., long ago, and rebuilt by Oglesby [William Ogilvie] of the Canadian survey ten years back. Still stormy. My eyes suffer from snow blindness, and I write almost in the dark and, of course, briefly and bluntly. . . . November 25: Found a small cabin by the way, built a fire, and tried to keep warm, but we could not sleep, for the sleds with our beds broke through the ice

and all our clothes were stiff as boards. We tried hard to make Fort Cudahy or Forty Mile Creek, but a bitter storm made our progress slow. We left a sled-load of goods on the trail and tried to get on with our sleds to the fort. The other men left one sled after another as the night came on. At last they cut loose their dogs and went on in the night. Let us hope they got through, but it is dangerous to leave your outfit and all things and make a desperate battle with the elements like that. Still, they have skills and the good sense to stick together. As for us, we stopped as it grew dark and built a big fire on either side of the sled to thaw out the ropes so as to unpack and get at our coffee and food. A most miserable night. . . . November 26 and 27: We got to the [Forty-Mile] trading post, mission, and fort yesterday, more dead than alive. The North American Transportation company set us a big dinner at once. We dined like lords, and at night we had a grand reception. We were the first party from down the Yukon for nearly ninety days. Think of it! Think how desperate has been our march, without shelter, almost without food. We reached here very hungry, without so much as a biscuit, yet here is plenty. This prosperous mining center is well supplied. There will be no hungry men here. November 28: With the end of this journey ends this journal. I am too worn to march further or say much more: besides, I write only in great pain. My eyes are affected with snow blindness. But this much we have to say at the end of it all, there is no suffering or loss of life in the hundreds of miles behind us. [Chicago Tribune, February 7, 1898]

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kaye Waldsmith
Vice Chair: Steve Vanek
Treasurer: John Nofziger
Trustee: David Clemenson
Secretary : Vi Nordgren

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Assistant: Casey Campbell
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Gretchen Larson

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$8 or members, \$12 for non-members
Lunch includes: soup,
salad, entrée and dessert

Events and Activities

Weekly

Mondays:
Quilting/Sewing 1-4 pm

Tuesdays:
Knitting 1:30-4:00

Wednesdays:
Bingo (after lunch 1:15 pm)

Thursdays: Cards/ Board
Games 1-4 pm

Fridays:
Billiards 1-4 pm

**See Attached
activity cal-
endar**





So far this year (2020), the center received **\$197.05** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors

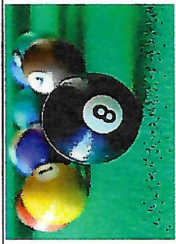
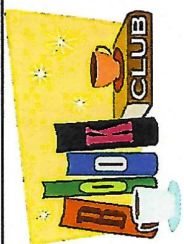



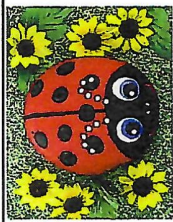


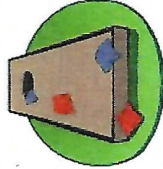



So far this year the center has received **\$33.91** from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.

Alaska Food Coalition
Amazon
Enstar
Fred Meyer/Kroger
HEA
Kenai Peninsula Borough
Peninsula Bishops Attic
Private Donations
State of Alaska/NTS Grant

May 2022 Activities



Must have two or more participants for activities to take place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 	3 	4 	5 	6 Organizing Senior Center Photos 1:00-4:00 Billiards 1:00-4:00	7 
8 	9 Yoga 10:30-11:30 Quilting 10:00-4:00	10 Book Club 10:00-11:00 Knitting 1:30-4:00	11 Shuffle Board 10:00-11:30 Bingo 1:15-3:30	12 Cards/Board Games 1:00-4:00 Pong 1:00-2:00	13 Native Arts 1:00-2:00 Billiards 1:00-4:00	14 
15 	16 Yoga 10:30-11:30 Quilting 10:00-4:00	17 Tech Class 10:30-11:30 Knitting 1:30-4:00	18 Rock Painting 10:00-11:30 Bingo 1:15-3:30	19 Wheel of Fortune 10:30-11:30 Cards/Board Games 1:00-4:00	20 Plant Studies 1:00-4:00 Billiards 1:00-4:00	21 
22 	23 Yoga 10:30-11:30 Quilting 10:00-4:00 Crafts 1:00-4:00	24 Wii Bowling 1:00-4:00 Knitting 1:30-4:00	25 Pioneer Day 10:30-11:30 Bingo 1:15-3:30	26 Jeopardy 1:00-2:00 Cards/ Board Games 1:00-4:00	27 Field Trip to Alaskan Hardy Gardens (leave after lunch) Min of 5 max 7 people Cost \$7 Must sign up and pre pay	28 
29 	30 Center Closed for Memorial Day	31 Corn Hole 10:00-11:00 Knitting 1:30-4:00	 <small>shutterstock - 554752951</small>			

May 2022 Menu

Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad).

Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal. Our nutrition program provides 1/3 of the recommended daily nutrition for Seniors and has been approved by a registered dietitian.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 1	2	3	Bingo @ 1:15 4	5	6	Information 7
Fred Bramer 5/1 Richard Hawkins 5/3 Fred Eggert 5/4 Kathy Wallace 5/4 Roy Huhndorf 5/5 Geri Smith 5/5	Lil' Cheddar Meatloaf Potatoes Gravy Vegetables	Asian Chicken Thighs Eggrolls Rice Vegetable	Baked Ham Scalloped Potatoes Green Beans	Swiss Steak Parsley Noodles Vegetables	Croissant, Cashew Chicken Salad Fruit Medley	<i>Soup served daily with pick up meals</i>
Cathy Andrew 5/6 8	9	10	<i>Bingo @ 1:15 11</i>	12	13	14
Brandon MacGregor 5/14	Glazed Pork Tenderloin Red Potatoes Vegetables Gravy	Flour Tortillas Beef Fajitas Refried Beans Rice Chips & Salsa	Crispy Chicken Cubed Potatoes Vegetables Country Gravy	Spaghetti with Meat Sauce Vegetables Garlic Bread	Baked Halibut Rice Casserole Vegetables Tartar Sauce	
15	16	17	<i>Bingo @ 1:15 18</i>	<i>Board Meeting 19</i>	20	21
Annie Maxwell 5/15 John Clark 5/16	Salisbury Steaks Potatoes Gravy Vegetables	Monterey Chicken Breasts Rice Vegetables	Beef Stroganoff Parsley Noodles Broccoli Salad Rolls	Turkey Thursday	BBQ Pork Sandwich Macaroni Salad Baked Beans Coleslaw	<i>Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00 per cup</i>
22	23	24	<i>Bingo @ 1:15 25</i>	26	27	28
Carol Chapman 5/22 John Nofziger 2/26 Terri Quinlan 5/27 Susan Welsh-Smith 5/28	Hawaiian Chicken Rice Vegetables	Roast Beef Mashed Potatoes Gravy Vegetables	Cheese Manicotti Vegetables Garlic Bread	Liver & Onions Hash Brown Casserole Vegetables	Baked Halibut Ancient Grains & Vegetables Tartar Sauce	
29	30	31				
Pam Ehlers 5/29	Center Closed for Memorial Day	Crispy Pork Cutlets Pasta Toss Vegetables				<i>Salad Bar and Soup Served Daily with congregate meals **</i>