



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



Coming Up:

**Labor Day 6
(Center Closed)**

Fall Begins 22

Note From the President of the Board:

Hello all and how are you doing this fine September? August was a great success for the Senior Center as far as the fundraiser is concerned. We raised about \$13,000. Thank you to all that contributed items for auction and to those who bid on those items. Thank you to all the volunteers who put this event together. I would be remiss if I didn't mention the fantastic prime rib that Rick and Martisue prepared for the meal.

September means we will be saying good bye too many of our snowbirds who will be leaving for the winter. I wish them safe travels and good health for the winter and look forward to seeing you return next summer.

We continue to have our challenges where covid is concerned. The center continues a successful program of mitigation and cleaning. We continue to provide meals to be picked up and congregate meals for many of our seniors.

Don't forget about helping out at the Center. We have had many volunteers this summer who make our center work. Our Gazebo will be open until the end of September. Thank you to those of you who have worked at the gazebo this summer. Remember, if you have items to donate please bring them to the Center, do NOT drop them off at the gazebo.

Have a wonderful month everybody, wash your hands with soap and hot water. God Bless you all.

~Dick Hawkins, President



A Note from the Executive Director:

Ahhh September! Say hello to fall in Alaska! September is a transition month for many here in Alaska. Trees are turning, birds are flocking up and flying south and old man winter is just waiting to make his appearance. Many of our snow birds here at the senior center are also getting ready to head south for the winter. We wish them safe travels and look forward to seeing them next spring!

I want to talk a little about communications coming from the senior center. September 1 through the 3rd, we will be offering pick up meal service only – there will be no congregate dining or activities. The reasons for this change have been sent out to our members in the form of an email. Email is our primary communication tool with our members. You can always call directly to the center and ask questions but please keep an eye on your emails for future communications in the event that the center might need to be closed. The center will also be closed on September 6th in honor of Labor Day.

One more important date to note in is September the 12th - Grandparent's Day! Wherever you are on that day, take time to remember yourselves, your friends, your grandparents – everyone you know who is a grandparent! Grandparents mean the world to many people! If you're a grandparent – our hat's off to you! Celebrate your special day

~Julie Otto





Ninilchik Senior Center Activities Calendar

MORNING	AFTERNOON
M Beginners Yoga 10:30-11:30	Quilting 10:00-4:00
T	Knitting: Masks Required 1:30-4:00 Billiard: Masks Required 1:00-4:00
W Beginners Yoga 10:30-11:30	Bingo 1:15- 3:30 Billiards 1:00-4:00
T	Game Day 1:00-4:00 Knitting 1:30-4:00
F	Quilting: Masks Required 1:30-4:00
S	
S	

Closed all federal holidays

Senior Farmer's Market Nutrition Program



We now have Senior Farmer's Market Nutrition Vouchers available for qualifying seniors!

The Seniors Farmers' Market Nutrition Program (SFMNP) is designed to:

- Provide low-income seniors with access to locally grown fruits, vegetables, honey and herbs.
- Increase the domestic consumption of agricultural commodities through farmers' markets, roadside stands, and community supported agricultural programs.
- Aid in the development of new and additional farmers' markets, roadside stands, and community support agricultural programs
- Contact the senior center office for more information

Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

16 cards

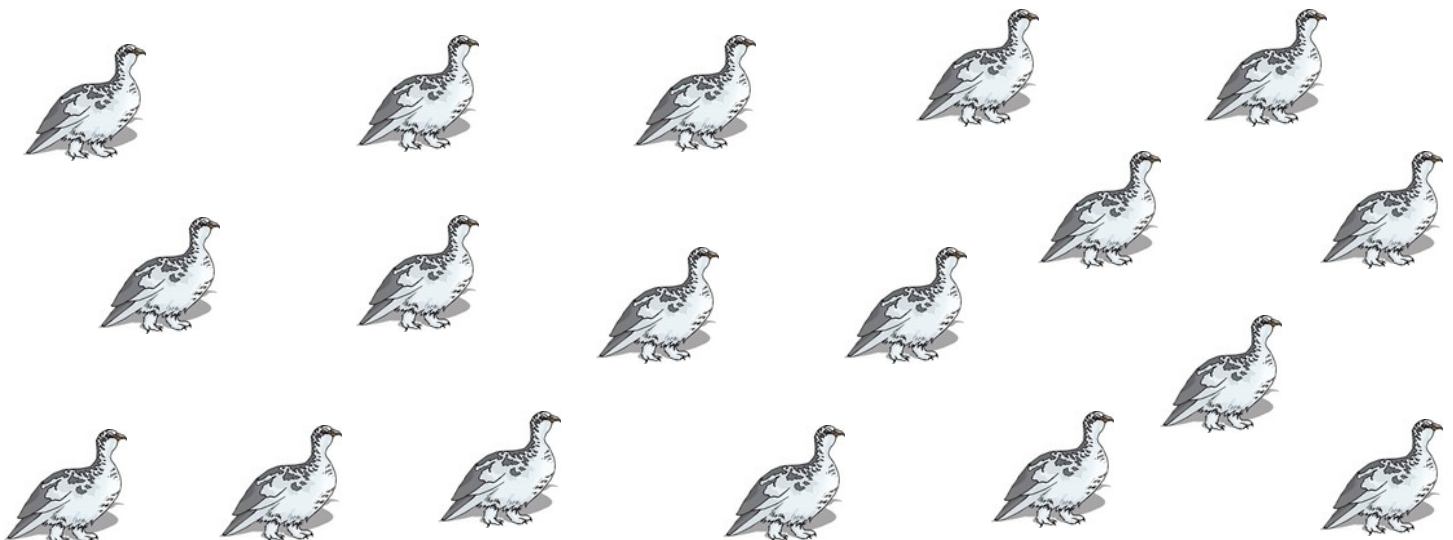
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5

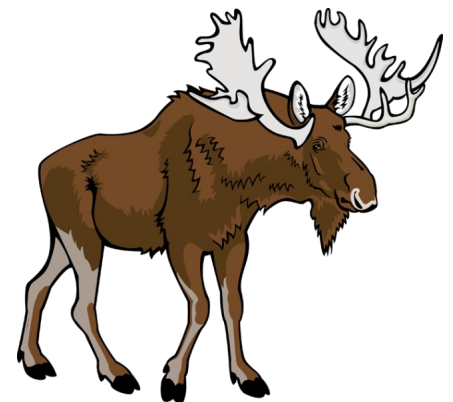


Congratulations to the prior weeks winners: Jim Beall





1. *Who were Alaska's first United States Senators?*
2. *What was the original cost of the governor's mansion?*
(\$20,000 \$40,000 \$60,000)
3. *What was the month and day of the Good Friday Earthquake in 1964?*
4. *What is a large mass of permanent ice?*
5. *What City used to be called the 'Paris of the Pacific'?*
6. *Name one of the two common types of mining claims.*
7. *What animal, both male and female have chin whiskers and shiny black horns?*
8. *Name the island resort northwest of Ketchikan known for its natural "hot springs".*



Answers on page 9



Autumn

Word Search

B	U	G	U	N	T	L	C	Z	M	A	D	A	O	F
M	Q	A	E	A	T	Y	I	Q	U	R	P	E	A	L
E	T	A	U	H	S	P	S	T	K	P	E	M	G	F
A	C	N	A	N	A	N	U	E	L	O	I	W	N	E
Y	J	N	Z	Y	R	M	I	E	R	L	I	G	F	T
S	K	G	V	O	N	D	C	P	Y	O	G	Z	U	A
S	M	X	C	M	Y	I	D	S	U	X	M	B	V	T
H	Y	A	K	S	D	S	C	D	A	M	O	S	E	X
J	E	R	Q	E	H	A	G	B	L	E	P	U	C	U
C	K	G	R	L	R	W	S	I	L	M	A	K	S	W
K	R	U	X	E	J	I	K	K	E	B	V	E	I	J
J	U	M	C	V	V	D	D	C	A	O	Q	S	P	N
S	T	R	K	A	C	D	P	D	V	T	J	O	S	X
O	O	B	O	N	F	I	R	E	E	L	U	T	A	I
W	E	D	I	R	Y	A	H	R	S	S	O	M	D	U

ACORN
APPLE CIDER
AUTUMN
BONFIRE

FAMILY
HAYRIDE
LEAVES
PUMPKIN

SCARECROW
SMORES
TURKEY
THANKS

Alaskan Trivia



- 1. Bob Bartlett and Ernest Gruening*
- 2. \$40,000*
- 3. March 27*
- 4. An Ice Field*
- 5. Sitka (in the late 1800's*
- 6. Placer and Lode*
- 7. Mountain Goats*
- 8. Bell Island Resort*



Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

If you would like to donate online, visit our website
NinilchikSeniors.org

At the bottom of the Donations page there is a button to click.



Judy Clemenson 5

Nancy Walsh 7

Phyllis McCutchan 11

Vicki Steik 11

David Clemenson 13

Kaye Waldsmith 13

Don Janiak 14

Linda Hull 15

Scott Thompson 17

Amy Lambert 18

Kathy Bundy 18

Terry Hepner 18

Karen Nalewako 23

Felix Gabner 26

Lonnie Lambert 27

Charlene Petty 27

Burton Rutter 28

Carol Joyce 29

Bev Hylan 30



\$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson

Bob & Sharon Cook

Cathy Perry

Mary Holshouser

Vi Nordgren

Char & Byron Moore

Bruce Randall

John & Janice Nofziger

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Thank You

Dave Nordgren for trash removal and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to Jim Beall, Gene Giovannini, Steve Vanek, Willard & Ruthe Bauman, David & Judy Clemenson, Howard & Nora Appel, Jeff Smith and Susan Welsh-Smith, Steve Stewart, Bob & Linda Pearson, Bill & Becky Hamilton, and anyone we may have missed for the donations.

Thank You Steve Vanek for selling The Progressive Split The Pot Raffle Tickets.

Thank you Kathy Bundy and Terry Hepner for your effort in rototilling our garden!

Thank you to all our Members and Volunteers!!!

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About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair:
Vice Chair:
Treasurer: John Nofziger
Trustee: Lenore Jones
Trustee: David Clemenson

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Casey Campbell

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$8 or members, \$12 for non-members
Lunch includes: soup,
salad, entrée and dessert

Events and Activities

Weekly

Mondays:

Beginner's Yoga 10:30-11:30
Quilting/Sewing 1-4 pm

Tuesdays:

Masked Knitting 1:30-4:30
Masked Pool 1:30-4:30

Wednesdays:

Beginner's Yoga 10:30-11:30
Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays:

Pool 1-4 pm





So far this year (2020), the center received **\$196.22** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors



PJK LLC



So far this year the center has received **\$33.91** from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.

Alaska Food Coalition
Amazon
Enstar
Fred Meyer/Kroger
HEA
Kenai Peninsula Borough
Meals on Wheels America
Peninsula Bishops Attic
PJK LLC
Private Donations
State of Alaska/NTS Grant

September 2021 Menu

Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad).

Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal. Our nutrition program provides 1/3 of the recommended daily nutrition for Seniors and has been approved by a registered dietitian.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays			Bingo @ 1:15 1	2	3	Information 4
Frank Volkert 9/4 Robert Olchin 9/4			Cashew Chicken Salad w/Croissants Jell-O Veggie Toss	Sweet & Sour Pork Rice Vegetable	Halibut Pasta Vegetable Garlic Bread	Soup served daily with pick up meals
5	6	7	Bingo @ 1:15 8	9	10	11
Judy Clemenson 9/5 Nancy Walsh 9/7 Phyllis McCutchan 9/11 Vicki Steik 9/11	Center Closed For Labor Day	Red Curry Beef Strips Rice Stir Fry Veggies	Baked Chicken Macaroni Salad Bean Bake	Lil' Cheddar Meatloaf Mashed Potatoes Gravy Vegetable	Spinach & Cheese Ravioli Vegetable Garlic Bread	
12	13	14	Bingo @ 1:15 15	Board Meeting 16	17	18
David Clemenson 9/13 Kaye Waldsmith 9/13 Linda Hull 9/15 Scott Thompson 9/17 Donna Liesenfeld 9/17 Amy Lambert 9/18 Kathy Bundy 9/18	Hawaiian Chicken Rice Vegetable	Hamburger Steaks Potatoes Gravy Vegetable	Kielbasa Sausage Sauerkraut Casserole Creamy Corn	Turkey Thursday	Swiss & Ham on Buns Potato Salad Jell-O	Suggested Donation \$8.00 Members \$12.00 Guests To-Go Soup \$1.00 per cup
19	20	21	Bingo @ 1:15 22	23	24	25
Terry Hepner 9/18 Karen Nalewako 9/23	Roast Beef Potatoes Gravy Carrots	Crispy Pork Cutlets Yams Green Beans	Chicken Broccoli Casserole Rice Dish Vegetable	Beef Stroganoff Parsley Noodles Glazed Carrots	Salmon Patties Coleslaw Potato Dish Tartar Sauce	The cook reserves the right to change the menu without notice.
26	27	28	Bingo @ 1:15 29	30		
Flip Grabner 9/26 Lonnie Lambert 9/27 Charlene Petty 9/27 Carol Joyce 9/29 Bev Hylan 9/30	Sweet & Sour Meatballs Rice Vegetable	Baked Chicken Country Gravy Mashed Potatoes Vegetable	Flour Tortillas Beef Fajitas Mexi-Salad Refried Beans	Italian Sausage & Cheese Lasagna Broccoli Salad Garlic Bread		Salad Bar and Soup Served Daily with congregate meals **