

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988





Note From the President of the Board:

Welcome to August everybody. Have you ever thought about what August means to you? Up here in Alaska and, precisely Ninilchik, August often means it's time to go catch some silvers. Especially if you haven't filled your freezer with reds yet. In August the late summer flowers are starting to come into their full glory and the early summer flowers are pretty much done. We all start to watch for that first sign of fireweed starting to bloom. That seems to be a love hate relationship. Fireweed is so beautiful but we all know that when the fireweed is done then winter is not far behind. The trees are starting to look a little tired of all the green and slowly start to show some of the fabulous color God blesses us with in late August.

August also means that our snowbirds are starting to make serious plans to head south. Stick around for another month or so.

August also means it is the Senior Center's fundraiser month. This year's fundraiser will look pretty much like it has in the past, with a prime rib dinner, a dessert auction and live and silent auctions. Tickets are \$25 and can be purchased at the office during business hours. We are planning to have that wonderful auctioneer we discovered last year. Our own Cheryl Doyle.

Our annual membership meeting took place on 22 July and it was a great success. I believe there were 73 members who attended. It was so nice to have several candidates running for office. It always makes voting a more meaningful exercise when we have a choice of who to vote for. Thank you to all the candidates who ran for a seat on the board of directors and congratulations to those that won.

Until next month. ~ Dick Hawkins, President



A Note from the Executive Director

August is here – which means summer is winding down. Hasn't been the best year for absorbing a lot of vitamin D as there hasn't been an overabundant amount of sunshine but nonetheless it's still summer in Alaska! This month also brings with it our annual fundraiser dinner. If the past is any indication of the future, it will be fun time with a great meal and lively auction bidding!

Thank you to everyone who was able to join us for the annual meeting. During that meeting we gave a brief mention to all of our wonderful volunteers. I would like to reiterate that thank you. I am so appreciative of everyone willing to give of their time and talent to the senior center. Without our volunteers, we would be unable to do and offer as much as we do. So many things go unnoticed as they are done by volunteers. If you are a volunteer, please know that what you do matters, and if you are interested in becoming a volunteer, please talk to us in the office. Together, we can continue to make our senior center "the best little senior center on the peninsula"!

~Julie Otto





Ninilchik Senior Center Activities Calendar

	MORNING	AFTERNOON
M	Beginners Yoga 10:30-11:30	Quilting 10:00-4:00
T		Knitting: Masks Required 1:30-4:00 Billiard: Masks Required 1:00-4:00
w	Beginners Yoga 10:30-11:30	Bingo 1:15- 3:30 Billiards 1:00-4:00
T		Game Day 1:00-4:00 Knitting 1:30-4:00
F		Quilting: Masks Required 1:30-4:00
S		
S		

Senior Farmer's Market Nutrition Program



We now have Senior Farmer's Market Nutrition Vouchers available for qualifying seniors!

The Seniors Farmers' Market Nutrition Program (SFMNP) is designed to:

- Provide low-income seniors with access to locally grown fruits, vegetables, honey and herbs.
- Increase the domestic consumption of agricultural commodities through farmers' markets, roadside stands, and community supported agricultural programs.
- Aid in the development of new and additional farmers' markets, roadside stands, and community support agricultural programs
- Contact the senior center office for more information

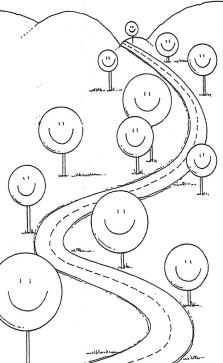
Smiles

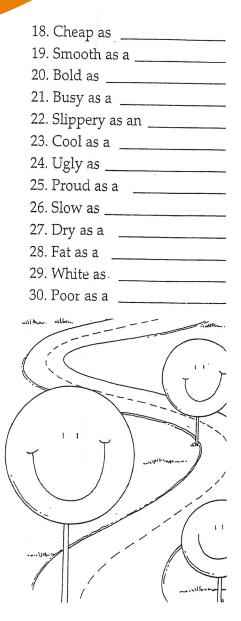


irections: A *simile* is a figure of speech that compares two unlike things that are often troduced by *like* or *as*. Complete these similes for miles of smiles.

l. Sick as a _____. 2. Dead as a _____. 3. Bright as a ______. 1. Happy as a _____. j. Free as a ______. j. Tight as a _____. 7. Red as a _____. 3. Neat as a _____.). Weak as a _____.). Flat as a _____. .. Strong as an _____. '. Blind as a _____. 3. Sly as a _____. . Pretty as a _____. i. Fit as a _____. . Hungry as a _____. '. Right as

11







Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

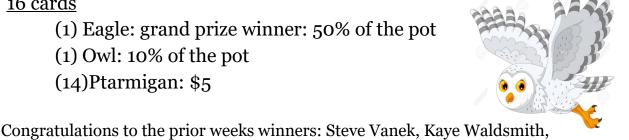
<u>16 cards</u>

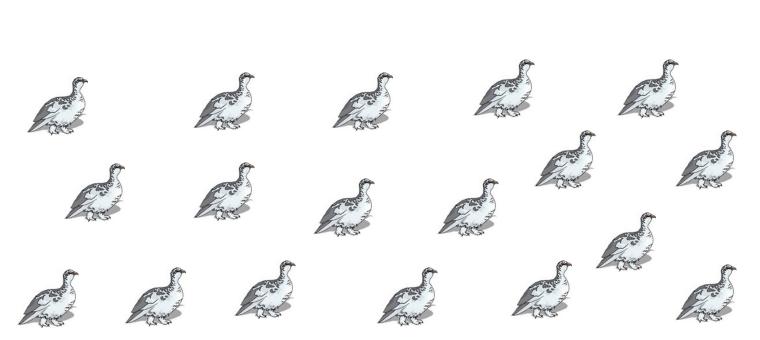
(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14)Ptarmigan: \$5

Jim Beall, John and Janice Nofziger

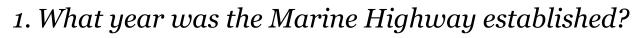








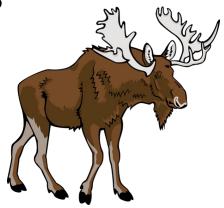




- 2.After the Purchase of Alaska, how long did it take to become a territory?
- 3.In what year did shrimp fishing begin in southeast?
- 4.At what site in 1802, did the Tlingit Indians battle and defeat the Russians?
- 5. What well known mountain can be seen from Sitka?
- 6.How many states were in the union in 1867 when Alaska was purchased from Russia?
- 7. What year did the Alaska Juneau mine shut down?
- 8. What was known as the "Moose Gooser"?

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Answers on page 10





US States

Word Scramble



1.	gcamiihn	8
2.	eesntsene	
3.	gergiao	
4.	iraozna	
5.	oihda	
6.	nmgyowi	
7.	wne reipshhma	0°
8.	hooi	
9.	viiaigrn	
10.	alkamoho	
11.	aaednv	
12.	toanman	
13.	akresabn	
14.	mbaaala	
15.	mneotvr	
16.	xsaet	
17.	aalaks)
18.	iursosim	
19.	neasmtoin	
20.	uoalaniis	





- 1. 1963
- 2. Almost Half a century, 45 years, from 1867 to 1912
- 3. 1915
- 4. Sitka
- 5. Mt. Edgecumbe
- 6. Thirty-six
- 7. 1944
- 8. Alaska Railroad

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Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

If you would like to donate online, visit our website NinilchikSeniors.org

At the bottom of the Donations page there is a button to click.



Jeanine Shea 1
Rebecca Fender 1
Barb Pope 1
Shannon Bentley 4

Amy Garroutte 5 Carolinda Wright 10 Julie Otto 13 Donna Schaetzle 14 Robert Cook 15 Justin Boyd 15 Mike Nalewako 15 Virginia Cuffe 15 Tom McCutchan 16 Jim Beall 16 Howard Appel 16 Julie Matsuoka 17 Shirley Chihuly 20 Genane Hill 24

June Paul 25 Lydia Lohse 26 Paul Olness 26 Gary Seitz 26 Joan Mason 27 Ron Jorgensen 29 Linda Yost 31

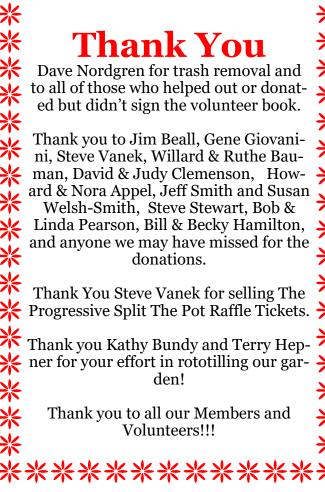


\$5 A Month Club Thank you to the following who contributed to the club:

David & Judy Clemenson

Bob & Sharon Cook Cathy Perry Mary Holshouser Vi Nordgren Char & Byron Moore Bruce Randall John & Janice Nofziger

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can. **THANK YOU!!!**





SUBJECT: CAN YOU READ THIS?

OLNY SRMAT POELPE CAN.

CDNUOLT BLVEIEE TAHT I CLUOD AULACLTY UESDNATNRD WAHT I WAS RDANIEG. THE PHAONMNEAL PWEOR OF THE HMUAN MNID, AOCCDRNIG TO A RSCHEEARCH AT CMABRIGDE UINERVTISY, IT DEOSN'T MTTAER IN WAHT OREDR THE LTTEERS IN A WROD ARE, THE ONLY IPRMOATNT TIHNG IS TAHT THE FRIST AND LSAT LTTEER BE IN THE RGHIT PCLAE. THE RSET CAN BE A TAOTL MSES AND YOU CAN SITLL RAED IT WOUTHIT A PORBELM. THIS IS BCUSEAE THE HUAMN MNID DEOS NOT RAED ERVEY LTETER BY ISTLEF; BUT THE WROD AS A WLOHE. AMZANIG HUH? YAEH AND I AWLYAS TGHUHOT SLPELING WAS IPMORANTT!!



About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins V. President: Viola Nordgren Secretary: Kaye Waldsmith Treasurer: Sharon Cook Trustee: Steve Vanek Trustee: Cheryl Doyle Trustee: Lynn Harding

Endowment Trustees

Chair: Vice Chair: Treasurer: John Nofziger Trustee: Lenore Jones Trustee: David Clemenson

Staff

Executive Director: Julie Otto Adm. Assist/Bookkeeper: Tandy Wallace Cook: Marti Sue Chapman Cook/Maintenance: Rick Ferguson Trans. Driver: Mark Brees NSC Homemaker: Casey Campbell

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri. Suggested donation: \$8 or members, \$12 for non-members Lunch includes: soup, salad, entrée and dessert

Events and Activities

Weekly

Mondays: Beginner's Yoga 10:30-11:30 Quilting/Sewing 1-4 pm

Tuesdays: Masked Knitting 1:30-4:30 Masked Pool 1:30-4:30

Wednesdays: Beginner's Yoga 10:30-11:30 Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays: Pool 1-4 pm





So far this year (2020), the center received **\$196.22** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <u>https://www.fredmeyer.com/topic/</u> <u>community-rewards-4</u>

The center's Organization Identification Number is GP013.

Thank you!!!





You shop. Amazon gives.

So far this year the center has received \$33.91 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <u>https://smile.amazon.com/ch/52-</u> <u>1323828</u>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.

Alaska Food Coalition Amazon Enstar Fred Meyer/Kroger HEA Kenai Peninsula Borough Meals on Wheels America Peninsula Bishops Attic PJK LLC Private Donations State of Alaska/NTS Grant *August 2021 Menu* Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad).

Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal. Our nutrition program provides 1/3 of the recommended daily nutrition for Seniors and has been approved by a registered dietitian.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 1	2	3	Bingo (a) 1:15 4	5	9	Information 7
Jeanine Shea 8/1	Lil' Cheddar	Cheese Tortellini	Sweet & Sour	Center Closed for	BBQ Chicken	
Rebecca Fender 8/1	Meatloaves	Veggie	Pork	Lunch, Open at	Quarters	Soup served daily
Barb Pope 8/1	Mashed Potatoes	Bread Sticks	Rice	4pm for	Bean Bake	with pick up meals
	Gravy		Eggrolls	Dinner/Auction	Corn on the Cob	
	Vegetable					
8	9	01	Bingo @ 1:15 11	12	13	14
Carolinda Wright 8/10	Chicken Fajitas	Salisbury Steaks	Crispy Pork	Frittata	Baked Halibut	
Julie Otto 8/13	Beans	Mashed Potatoes	Cutlets	Link Sausage	Ancient Grains	
Donna Schaetzle 8/14	Rice	Vegetable	Fettucine Alfredo	Potatoes	Coleslaw	
	Flour Tortillas		Vegetable	Fruit		2
				No salad bar		•
Bob Cook 8/15 15	16	17	Bingo (a) 1:15 18	Board Meeting 19	20	21
Justin Boyd 8/15	Glazed Pork	Asian Chicken	Mushroom Pasta	Roast Beef	Crispy Chicken	Suggested
Mike Nalewako 8/15	Tenderloin	Thighs	Bake	Mashed Potatoes	Baked Beans	& DONATION
10m Inicutionan 8/10	Yams	Rice	Vegetable	Gravy	Macaroni Salad	\$12.00 Guests
Howard Annel 8/16	Vegetable	Vegetable	Garlic Bread	Vegetable		To-Go Soup \$1.00
Julie Matsuoka 8/17						per cup
Shirley Chihuly 8/20						
22	23	24	Bingo @ 1:15 25	26	27	28
Genane Hill 8/24	Lemon Cream	Pork Chop	Chicken Enchilada	Lasagna	Baked Ham &	The cook
June Paul 8/25	Chicken Breasts	Casserole	Refried Beans	Vegetable	Swiss on Bun	reserves the
Paul Olness 8/26	Rice	Potatoes	Mexi-Salad	Garlic Bread	Potato Salad	right to change
Gary Seitz 8/26	Veaetable	Vegetable			lell-O	the menu
Joan Mason 8/2/						without notice.
29	30	31				
Ron Jorgensen 8/29	Baked Chicken	Sweet & Sour				Salad Bar and Soup
LINUA 7051 0/31	Potatoes	Meatballs				Served Daily with
	Country Gravy	Rice				congregate meals
	Vegetables	Vegetable				XX