

# June 2021 Menu

*Meals will still be available as take-out (\$5 suggested donation, add \$2 for salad).*

*Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal.*

**Our nutrition program provides 1/3 of the recommended daily nutrition for Seniors and has been approved by a registered dietitian.**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<i>Birthdays</i>		<i>1</i>	<i>Bingo @ 1:15</i> <i>2</i>	<i>3</i>	<i>4</i>	<i>Information 5</i>
Pauline Hanson 6/3 Ila Treat 6/3		Baked Ham Potato Dish Green Beans	Chicken Fajita Flour Tortilla Rice Beans	Roast Beef Cubed Potatoes Veggie Gravy	Cheese Spinach Ravioli Vegetable Bread	<i>Soup served daily with pick up meals</i>
<i>6</i>	<i>7</i>	<i>8</i>	<i>Bingo @ 1:15</i> <i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>
Red Carr 6/7 John Chiri 6/12	Baked Chicken Dressing Vegetable	Sweet & Sour Meatballs Rice Vegetables	Swiss Steak Mashed Potatoes Gravy Vegetable	Croissants w/Chicken Salad Jell-O Pasta Salad	Pier-side Salmon Patties Coleslaw Potatoes Tartar Sauce	
<i>13</i>	<i>14</i>	<i>15</i>	<i>Bingo @ 1:15</i> <i>16</i>	<i>17</i>	<i>18</i>	<i>19</i>
Joyce Wainscott 6/13 Karen Covey 6/13 Carolyn Rathert 6/18 Anne Christensen 6/18 John Ehlers 6/19	Lil' Cheddar Meatloaves Mashed Potatoes Gravy Vegetable	Glazed Pork Tenderloin Dressing Vegetable Cranberries	Lemon Cream Chicken Breasts Rice Pilaf Vegetable	Sloppy Joes & Buns Potato Salad Red Jell-O	Frittata Link Sausage Potatoes Fruit Medley (no salad bar)	<i>Suggested Donation \$7.00 Members \$11.00 Guests To-Go Soup \$1.00 per cup</i>
<i>20</i>	<i>21</i>	<i>Board Meeting</i> <i>22</i>	<i>Bingo @ 1:15</i> <i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>
Pauline Combs 6/20 Mariah Thomas-Wolf 6/20 Kathryn Kennedy 6/23 Charles Porter 6/25	Mushroom Penne Bake Vegetable Bread	Turkey Tuesday	Lightly Glazed BBQ Pork Ribs Corn Bean Bake	Monterey Chicken Breasts Rice Vegetable	Beefy Enchiladas Mexi Salad Taqitos	<i>The cook reserves the right to change the menu without notice.</i>
<i>27</i>	<i>28</i>	<i>29</i>	<i>Bingo @ 1:15</i> <i>30</i>			
Rodney Erosky 6/28 Terri Eggert 6/29	Pork Chop Casserole Potatoes Vegetable	Cashew Curried Beef Strips Rice Pilaf Vegetable	Baked Ham & Swiss on Bun Jell-O Macaroni Salad			<i>Salad Bar and Soup Served Daily with congregate meals **</i>