

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



Coming Up: Independence Day 7/4 Center Closed 7/5 Board Meeting 7/15 Annual Membership Meeting 7/22 1 pm

A Note From the President of the Board:

Happy July everybody!!!!!

Boy there is so much going on this summer I find it hard to keep up already and summer is just starting.

First on the list for me is Independence Day, known by most as the 4th of July. It comes along on a Sunday this year so the holiday will be on Monday the 5th. That is the day the senior center will be closed. Please plan accordingly for your meals if you depend on the center for any of your meals. I hope all of you have a safe and blessed weekend.

Next, it is the beginning of our fiscal year and that means your membership is due. This is very important. Please renew your membership. This will allow you to vote in the upcoming annual membership meeting which is coming up on July 22. (the third item on my list)

The meeting last year was cancelled so this year we will have a larger than normal number of people to vote for during the elections for the board of directors. The folks that were appointed last year have to run and be elected to finish the one or two year left on their term and then all the positions that are normally up for election this year. There will be two ballots this year. One for the Vice-President, Treasurer, and one Trustee. The second ballot will be for the positions of President, Secretary and one Trustee. This year's elections are exciting for me because we will actually have elections this year. You can read the candidates bios in the newsletter. I really appreciate the increased interest this year. I think our system always works better when we have a choice of candidates. The board has decided to have our meeting in the center with some accommodations for folks that still feel uncomfortable coming inside. We will be spreading out the tables in the dining room and setting up extra chairs in the room where the buffet is set up. We are hoping that this arrangement will allow for spacing and still allow folks to feel like they are part of the action. Please be patient as we work through these changes.

It seems like the tourists are coming back. I don't know if you have noticed, but there seem to be more rental RVs on the road than in past years. Please drive with caution and be kind to the folks as they bring much needed \$\$\$\$ to our economy.

Finally, I would like to extend my condolences to the family of Wayne Taggart. I am so sorry for your loss. He will be missed.



A Note from the Executive Director

July! The sunshine seems to be peeking its way through the clouds more and more - summer is here! Gardens are growing, flowers are blooming, and tourists are on the roads! Alaska and all its summer charm is in full swing. I hope that you can get out and enjoy this beautiful time of year!

Speaking of sunshine, I'm sure you've heard the line in the song by Lynn Anderson, "Along with the sunshine, there's gotta be a little rain sometime." It's no different here at the senior center. I'm sure most of you have been shopping in one form or another lately, whether it be food in the grocery stores, wood in the home and building stores, or new cars on the car lots; prices are rising. We have been watching this happen for some time now. These price increases affect everyone and everything it seems; even the senior center. Because of these increased cost, specifically food and containers, we have had to make the difficult decision to raise our suggested donation price for meals. Beginning July 19, the congregate and home delivered meal suggested donation amount is going to increase by \$1 and the pick-up meals suggested donation is going to increase by \$2. Thank you all in advance for your understanding and support of this decision.

July also brings with it our annual meeting. Following my article, you will find the bios of those folks running for the board this year, both the incumbents and the candidates. Thank you to those current board members who have served on the board and have chosen to run again –what a great bunch of people I have had the pleasure of working with over the last few years! Please take some time to read the bios and get to know the people who will be guiding and shaping the Ninilchik Senior Center of the future. And, most importantly, come to our annual meeting - hear what's been happening at the center and vote for your candidate of choice!

~Julie Otto



Richard Hawkins ~ Incumbent President

My name is Dick Hawkins. I was raised in Ninilchik and, after retiring, my wife and I moved back and I built a house on our old homestead property at mile 126, Sterling Hwy.

I have been a member of the Senior Center since I retired in 2006. My first position on the board was as Vice President and after one term, I was elected President. I served two terms as President and then I did not run again. I was appointed to the position of President in 2014 and subsequently elected in 2015, 2017 and 2019 to the position of President.

I have been a part of a lot of growth in the Senior Center. I have seen the endowment fund grow from less than \$300,000 to over \$800,000 today. I was a part of getting the parking lot paved. I was part of the landscaping committee that put the rail fence up and the trees to the north of the building. I have helped with many of the fundraisers for the Center. My wife Linda and I take special pride in providing the Wine and Cheese table at these fundraisers. Most recently, I have been instrumental in getting the Easy Street Pull Tab store up and running. It has become a success and will soon be providing a significant portion of the Center's funding. I was able to get permission to leave the gazebo up year round. This has saved wear and tear on the structure, making it last much longer.

I care greatly about the center and I hope to be around a while longer to help guide it into the next phase. I am hoping to help secure grant funding to expand the building to have a bigger kitchen and bigger dining area as well as other spaces.

I pride myself in being able to work with people and lead the board in accomplishing the goals we have set for ourselves. These next couple of years are going to be crucial for the Senior Center and its continued success.



Willard Bauman ~ Candidate for President

I was born in Minnesota a few years back. I attended school there from 1st grade thru 16th grade (St Cloud State College) I taught in high school for approximately 1 year before being called to active duty in the Medical Service Corps, MSC, of the Air Force.

I retired after completing 20 years plus. I provided supplies, equipment and maintenance of medical equipment of the base hospital. I had the

added duty of building two new Air Force Hospitals. This included working with civilian contractors and engineers. I had to plan, program and purchase all the medical and administration equipment and supplies for the new hospitals as well as doing my normal duties.

We came to Alaska in the early 90s as campground hosts at Deep Creek. We did it for 10 years. It was great working with the state parks personnel and the campers. Since moving to Ninilchik I have been on The American Legion Executive Board and The Ninilchik Emergency Services Board as VP. I was also in charge of the local voting precinct.

After years of service I decided it was time to take a break. But, I am back and want to help the Senior Center move forward smoothly. The Senior Center is for all the seniors in the area and I feel I can be of service to all the members.



Vi Nordgren ~ Incumbent Vice President

Since moving to Ninilchik from Arizona in 2006 I have been associated with this wonderful Senior Center in many ways. First I became a member and found some great new friends. Next, I was fortunate in securing a position in the office that lasted for over four years where I could utilize my office and accounting experience.

After retiring I served on the Board in several positions ranging from Trustee to my current position of Vice- President. I feel that serving on

the board is an honor and a responsibility that I take very seriously. Since my husband and I are year-round Ninilchik residents, I will be able to be here for all monthly Board meetings, events and activities. I also feel that members volunteering for fund raising events like our annual dinners, bingo, and the gazebo are necessary to the future of our Senior Center and will be happy to continue to be an active participant in these activities each year.

In the past I served on the Board of Ninilchik Domestic Engineers as Trustee and Treasurer for a total of eight years. I am currently serving as Treasurer on the Board of my local church. I would very much like to be re-elected to the NSC board as vice president.



Sharon Cook ~ Incumbent Treasurer

Robert and I were married in Meeker Colorado July 26 1969. One week later we moved to Alaska.

We lived in Anchorage for five years, then moved to Wasilla. We raised two girls in the Wasilla area. We moved to Ninilchik in 2001 after retirement. We lost our home and all of our possessions in June 2012 to a house fire.

I worked as a fundraiser for the American Legion for several years. Then I joined the Senior Center and carried on this task, but for the Senior Center. We have many people who work very hard on this project. I decided my next step would be to join the board of the Senior Center which I did as a Trustee for 4 years. After this I ran for the Treasurer position and have been in this position for 4 years, bringing my total up to 8 years with the board. I love working for the Senior Center. We have great employees and members. I'm up for election and would love to be Treasurer again.



Steve Vanek ~ Incumbent Trustee

I believe in the importance of the Senior Center for the well being of us seniors. We must be able to have social interaction at this time in our lives.

I intend to do what is necessary to keep our social interactions available to us. We have the best staff in the world and we must do what is necessary to keep them.

I have served on five non-profit boards in Alaska and feel that this is one of the more important ones. I enjoy working with the other board members and especially our staff. Thank you.



Kaye Waldsmith ~ Incumbent Secretary

My name is Kaye Waldsmith, and I am running for the office of Secretary on the Ninilchik Senior Center Board of Directors, an office I have held for 16 years. During that time, I also served on the Endowment Fund Comity.

My commitment is to continue to serve the membership in helping to manage the Senior Center. Two major projects were completed during my tenure in this position, the paving of the parking lot and the planning and construction of the senior housing next door which is managed by

the Ninilchik Traditional Council.

The Ninilchik Senior Center is an important asset for our Ninilchik community, and my intent is to keep it functioning smoothly. Also, the viewpoints of all members are important and need to be considered. I try to be a good listener.

My strong points include my understanding of the financial markets. I am a fiscal conservative, working on financial stability for the Ninilchik Senior Center, making it a fiscally responsible organization. Along with my duties as secretary, I keep a close eye on the senior center finances including their investments. My computer and office skills are good, and I have a great deal of experience working as a team player. I have been a year-round resident of Alaska for 54 years, mostly in Ninilchik. After graduating from Michigan State University, I came to Alaska as a Teacher , teaching in Anchorage, Fairbanks and mostly Ninilchik. My retirement was in 1997 from the Kenai Peninsula Borough School District.



Cheryl Doyle ~ Incumbent Trustee 3 year term

My name is Cheryl Doyle and I'm running for my Trustee Incumbent seat. As a board member I've tried to increase activities for our members. Some activities I have ran are:

Announcer for the 2020 fall Fundraiser Dinner Weekly Bingo and sponsored Night Time Bingo Weekly Friday Trivia

Cheryl's Dugout monthly newsletter article

Sponsored monthly Saturday Quilting sessions Helped out in the gazebo

Reintroduced Horseshoes and Ran a successful Horseshoe Tournament

Introduced Corn Hole and Corn Hole Tournament Helped make or gather quilts for raffle drawings Helped out at the center when they were short staffed Helped start up Root Beer Float Fundraisers Delivered food boxes when needed Helped secure donations for dinners

Unfortunately, Covid put a halt to our activities last year but I am looking forward to putting my energy towards maintaining the above activities {and some new ones}, fund raising and grant writing. I am very organized and extremely detailed. You can count on me to follow through with a task. The future of our center is maintaining and securing new membership which I look forward to working with the board on.

I appreciate your vote and promise I will give 100% towards making our Senior Center the best Senior Center on the Peninsula.



Birch Ann Allen ~ Candidate for Trustee 3 year term

I am an 84 year old widow.

#1 My love and trust in God, Jesus, and the Holly Sprit; my faith in God is first and foremost in my life!

#2 My love for my country and the United States of America which is our Constitution and Bill of Rights etc. is irrefutable!

#3 The love and joy of my son and all my family members is a true blessing in my life.

#4 The people I call friends, which includes the people at the senior center, are near and dear to my heart.

#5 Common sense is more important to me than any feelings I may have. I'm very pragmatic in my thinking and feelings. If it doesn't make sense or help a situation it should be investigated way more thoroughly before acted on!

#6 I tend to be a very faithful person. I don't take a friendship lightly. Everyone is my friend until they break that trust. I keep my word to the very best of my human ability.

#7 I love to joke, cut up, play games and have fun. I want my mind staying active at all times.#8 Don't ask for my opinion if you don't really want it. I am opinionated but will do my best to not force my opinion on you. I expect the same from others. Don't try to force your opinion on me. I'll be so happy to discuss it, but the end result may not meet your expectations.

#9 My whole life I have been singled out to learn and listen to the problems some people deal with in their lives. I don't know why but it just seems to be my area. I seem to be the type to give whatever advice people ask for. I take it as I'm a peace maker, and yes, I always want to bring peace to all situations if at all possible.



Joann "Jojo" Seitz ~ Candidate for Trustee 3 year term

No Bio submitted.



Thank You to all of our Gazebo Volunteers!

The Gazebo is open everyday 10-4 Monday-Saturday And Sundays when possible

Vi Nordgren Janice Nofziger Larry Wallace Carol Chapman Sandy Olson Jane Ketchum Candy Thornton JoJo Seitz Kathy Bowen Debbie MacLean Shoney Parker Sharon Cook



I found some interesting tidbits for July since we are looking for warmer weather to get outside after being cooped up for so long.

For those who have been looking in their freezers and have found last year's raspberries or blueberries on the bottom I have a drink recipe for you.

2 cups crushed berries 1 cup of sugar or sugar substitute

Cheryl's Dugout

Chat

6 cups of strong tea 1 cup of lemon juice ice cubes or cubes of frozen berry juice

Crush berries and put them into a pitcher. Add tea, sugar, and lemon juice; stir to dissolve sugar. Add ice cubes and serve garnished with fresh fruit or a sprig of mint. Makes 8 servings.

DID YOU KNOW?

So, I know you can't resist to pop those air-filled pockets called bubble wrap that come in your boxes. Originally it was invented to be used as wallpaper!

Engineer Al Fielding and Swiss inventor Marc Chavannes invented bubble wrap in 1957. They invented bubble wrap by sealing two shower curtains together to trap air bubbles. But the wallpaper idea didn't sell too well.

Three years later Frederick W. Bowers, a marketer at Sealed Air, which made the product, came up with the perfect use for it. 1959, IBM had announced their new 1401 variable word length computer. Bowers got the idea that Bubble Wrap could be used as a good packaging material to protect the computer while it was being shipped.

BLACKJACK:

The term "blackjack" came from the origins of the game when a special bonus was paid out to the player whenever they received a natural 21 in the form of a black suited Ace and Jack.

QUOTE TO LIVE BY:

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. Maya Angelou

SUMMER OLYMPICS

July 1, 1904 Summer (modern) Olympic Games opened in St. Louis, the first to be held in the U.S.

July 18, 1976 The first perfect "10" ever recorded in Olympic gymnastics was achieved by Romania's 4'11' 86 lb. Nadia Comaneci on the women's uneven parallel bars.

Just a reminder the Summer Olympics begin July 23! This time around we have some Alaskan Athletes from here on the peninsula going for a medal!!!

Till next month Shoot for the GOLD!!!

Senior Farmer's Market Nutrition Program



We now have Senior Farmer's Market Nutrition Vouchers available for qualifying seniors!

The Senior Farmers' Market Nutrition Program (SFMNP) is designed to:

- Provide low-income seniors with access to locally grown fruits, vegetables, honey and herbs.
- Increase the domestic consumption of agricultural commodities through farmers' markets, roadside stands, and community supported agricultural programs.
- Aid in the development of new and additional farmers' markets, roadside stands, and community support agricultural programs.
- Contact the senior center office for more information.

Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

<u>Cost</u>: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

<u>16 cards</u>

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14)Ptarmigan: \$5



Congratulations to prior week's winners: Vince Gibby Ptarmigan

Nora Appel ~ Ptarmigan

Sharon Cook ~ Ptarmigan

Wes Newcomb ~ Ptarmigan

Ron Jorgensen ~ Ptarmigan







ANIMAL WORD SCRAMBLE 🎉

- 1. earbve
- 2. uagrco
- 3. lwaurs
- 4. utrlte
- 5. lgroali
- 6. occriolde
- 7. luffboa
- 8. grite
- 9. osmopus
- 10. oirocsrnhe
- 11. lrtoalgai
- 12. penheatl
- 13. macle
- 14. lworvenie
- 15. yoctoe
- 16. riefgaf
- 17. myoekn
- 18. nkaoaogr
- 19. nccoaro
- 20. daaakrvr

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Bingo is now back!

Come join us for all the fun Wednesdays at 1:15.

Thank you everyone for bringing all the wonderful beautiful Bingo prizes.









- 1. Approximately how many miles long is the "Panhandle" of Alaska?
- 2. What organization was responsible for the original transplant of reindeer from European stocks?
- 3. Is most of the timber in southeast softwood or hardwood?
- 4. What Birds have been known to number in the millions in Alaska waters?
- 5. True / False A group of enterprising residents along the route of Alaska Railroad modified an automobile to run on the tracks of the railroad.
- 6. Name the automobile that was modified and equipped to run on the tracks of the Alaskan Railroad.
- 7. Where is the main campus of the University of Alaska located?
- 8. After Alaska was purchased, how many years did it take to get to statehood?

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Answers on page 12



Alaskan Trivia



- 1. 600 miles
- 2. The Bureau of Indian Affairs
- 3. Softwood
- 4. Sea Gulls
- 5. True
- 6. De Soto Sedan
- 7. College, Alaska (near Fairbanks)
- 8. 92, from 1867-1959

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Rebus Answers

man board	BABY	WBOEOADRS	PDOIVOEL
Words Funny Words Funny Words Words	HEAD	GRASS	H I L L
JOB	PROMISES	L L E E G G G G G G G G G G G G G G	league
SPLOASTCE	KNOCK TIMBER	PLAYING D E	Please

Man overboard, Big Baby, Bear in the woods, Dive in the pool Too funny for words, Big Head, Green Grass, Down Hill Inside Job, Broken Promises, Long Legs, Little League Lost in Space, Knock on Wood, Playing Outside, Pretty Please

Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

If you would like to donate online, visit our website NinilchikSeniors.org

At the bottom of the Donations page there is a button to click.





Made and Donated by Helena Torretta 71" H by 71" W

Tickets are \$5 each, 500 Tickets to be sold Drawing to be held October 1, 2021 Winner need not be present to win



David Shea 3 Cheryl Doyle 6 Ron Nuebel 11 David Nordgren 16 May Ireland 22 Dan Estes 26 Liz Kruzick 31

Connie Estes 4 Larry Wallace 8 Martha Ogren 13 Greg Olsen 19 Robert Jones 23 Jim Kenshalo 27 Ted Larson 5 Davis Clarence 9 Jeanie Gregorich 14 Bob Pearson 22 John McCombs 26 Nora Appel 30



\$5 A Month Club

Thank you to the following who contributed to the club:

David & Judy Clemenson Bruce Randall Ken Rucker & Liz Spinasanto

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Dave Nordgren for trash removal and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to Ann Platt, Vi Nordgren, Jim Beall, Willard & Ruthe Bauman, David & Judy Clemenson, Howard & Nora Appel, Jeff Smith and Susan Welsh-Smith, Bob & Sharon Cook, Phyllis & Tom McCutchan, Karen Covey, Diane Wilson and anyone we may have missed for the donations.

Thank You Steve Vanek for selling The Progressive Split The Pot Raffle Tickets.

Thank you Kathy Bundy and Terry Hepner for your efforts in rototilling our garden!

 Thank you to all our Members and Volunteers!!!
Thank you to all our Donors!!!
Thank you to our Cooks!!!

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins V. President: Viola Nordgren Secretary: Kaye Waldsmith Treasurer: Sharon Cook Trustee: Steve Vanek Trustee: Cheryl Doyle Trustee: Lynn Harding

Endowment Trustees

Chair: Vice Chair: Treasurer: John Nofziger Trustee: Lenore Jones Trustee: David Clemenson

Staff

Executive Director: Julie Otto Adm. Assist/Bookkeeper: Tandy Wallace Cook: Marti Sue Chapman Cook/Maintenance: Rick Ferguson Trans. Driver: Mark Brees NSC Homemaker: Casey Campbell & Lala Powell

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri. Suggested donation: \$7 for members, \$11 for non-members Lunch includes: soup, salad, entrée and dessert

Events and Activities

Weekly

Mondays: Quilting/Sewing 10-4 pm

Tuesdays: Masked Knitting 1:30-4:30 Masked Pool 1:30-4:30

Wednesdays: Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays: Sewing Masks Required 1-4 pm Pool Masks Required 1-4 pm





So far this year (2021), the center received **\$86.17** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <u>https://www.fredmeyer.com/topic/</u> <u>community-rewards-4</u>

The center's Organization Identification Number is GP013.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors





PJK LLC



Alaska Food Coalition Amazon Enstar Fred Meyer/Kroger HEA Kenai Peninsula Borough Meals on Wheels America Peninsula Bishops Attic PJK LLC Private Donations State of Alaska/NTS Grant



You shop. Amazon gives.

So far this year the center has received \$41.57 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <u>https://smile.amazon.com/ch/52-</u> <u>1323828</u>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.





Alder Apple Ash Aspen Birch Buckthorn Cedar Cherry Chestnut Chinkapin Cottonwood Cypress Dogwood Elm Fir Hawthorn Hazel Larch Maple Oak Pine Poplar Redwood Sequoia Spruce Sweetgum Sycamore Walnut Willow Yew