



May 2021 Menu



Meals will still be available as take-out (\$5 suggested donation, add \$2 for salad).

Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal.

Our nutrition program provides 1/3 of the recommended daily nutrition for Seniors and has been approved by a registered dietitian.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Birthdays</i> 2	3	4	<i>Bingo @ 1:15</i> 5	6	7	<i>Information</i> 1/8
Dick Hawkins 5/3 Fred Eggert 5/4 Kathy Wallace 5/4 Roy Huhndorf 5/5 Cathy Andrew 5/6	Asian Chicken Thighs Stir Fry Veggies Rice	Salisbury Steaks Mashed Potatoes & Gravy Vegetable	Lasagna Vegetable Garlic Bread	Pork Tenderloin Yams Vegetables	Chicken Enchiladas Refried Beans Rice	<i>Soup served daily with pick up meals</i>
<i>Mother's Day</i> 9	10	11	<i>Bingo @ 1:15</i> 12	13	14	15
Brandon MacGregor 5/14 Annie Maxwell 5/15	Pork Chop Casserole Potatoes Vegetable	Monterey Chicken Rice Vegetable	Roast Beef Mashed Potatoes & Gravy Carrots	Spinach Cheese Ravioli Vegetable Bread	Baked Ham & Swiss on a Bun Jell-O Macaroni Salad	
16	17	18	<i>Bingo @ 1:15</i> 19	<i>Board Meeting</i> 20	21	22
Carol Chapman 5/22	Chicken Cordon Bleu Casserole Vegetable Rice	Mushroom Pasta Bake Vegetable Garlic Bread	Sweet & Sour Meatballs Rice Vegetables	Crispy Chicken Mashed Potatoes & Gravy Vegetables	Glazed Red Salmon Filets Coleslaw Rice Dish Vegetables	<i>Suggested Donation \$7.00 Members \$11.00 Guests To-Go Soup \$1.00 per cup</i>
23	24	25	<i>Bingo @ 1:15</i> 26	27	28	29
Jeanette Phillips 5/25 John Nofziger 5/26 Terri Quinlan 5/27 Susan Welsh-Smith 5/28 Pam Ehlers 5/29	Little Cheddar Meatloaves Mashed Potatoes & Gravy Vegetables	Buns w/Shredded BBQ Pork Bean Bake Corn on the Cob	Beef Stroganoff Noodles Vegetable	Link Sausage Frittata Cubed Potatoes Fruit (no salad bar)	Halibut Patties Coleslaw Quinoa Veg Blend Tartar Sauce	<i>The cook reserves the right to change the menu without notice.</i>
30	31					
Paul Page 5/31	Center Closed for memorial DAY 		Blue background denotes menu changes			<i>Salad Bar and Soup Served Daily with congregate meals</i> **