

Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



2020

Coming Up

All Center Activities are cancelled until further Notice

Wed, Aug 19

BBQ Fundraiser & Live Auction

Each Friday Dessert Auction

A Note From the President of the Board:

Well, here it is August already. I have heard more times than I can count, "when is the senior center going to open?" Have you got a crystal ball because mine is broken. Seriously, this was a pretty big topic of discussion at the board meeting in July. The board did decide on September 14, 2020 as a tentative opening date. There is a lot to plan for and Julie (our Executive Director) is in charge of those plans. One thing I can assure you is that it will not be business as usual when we do open up.

On a more positive note, we will be having our/your fundraiser in August. It is scheduled for August 19. It will be an outside affair. For more details, contact the office. It will be a lot of fun, even though it will be different this year.

I'm really proud of our Senior Center through all this adversity. They have continued to provide meals for folks that want/need them. They have continued the personal services that we have come to expect from the office. They have also made Easy Street Pull Tabs a successful enterprise. Yea for all of the Senior Center staff. I can't say enough about them. If you haven't visited our pull tab store in Kenai yet, you should stop on by and enjoy the fun. It is a very pleasant place, the decor is fun and the staff is very friendly. You would also be helping the Senior Center.

In case you haven't heard we have decided to postpone our annual membership meeting until next year. That means that the three board members that were up for reelection will continue in their positions until next year's meeting when they will have to run for election to finish the rest of their term. Also, just a reminder – it's membership renewal time. If you haven't yet renewed, you can contact the office and they'll be happy to help. \$25 and it goes a long way in helping the center make ends meet.

Lastly, I would like all of you to keep Casey in your thoughts and prayers for a safe delivery and a healthy baby. That little guy should be coming along any day now. Hang in there Casey.

Dick Hawkins, President

Its Membership Renewal Time Again!



Membership is from July 1st through June 30 each year.

Just \$25 a year.

We sincerely thank you for your ongoing support of the Senior Center. Your membership dues help us to be able to continue serving the senior population in Ninilchik and surrounding communities.

If you haven't renewed your membership, please do.

Bid from your vehicle!



NINILCHIK SENIOR CENTER PRESENTS:

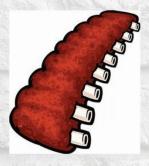
GOOD OLD FASHIONED BBQ FUNDRAISER & LIVE AUCTION

Enjoy BBQ Ribs from Ninilchik Senior Center

August 19, 2020 | Auction starts at 4 pm *
Dinner handed out at 5:30 pm
At the Ninilchik Senior Center
66265 Aspen Ave

Tickets \$20 in advance, \$25 that night

*Pre-Auction bids welcome
Please contact the Senior Center for more info
567-3988





Ninilchik Senior Citizens, Inc.

Alaska State Gaming Permit #874

Quilt Raffle "Summertime Blooms"



Approximately 57" x 75"

Drawing to be held September 30, 2020 at NSC or when all tickets are sold

400 Tickets to be sold at \$3 each

Donated by Janet Hepplewhite - Thank you!

Winner need not be present to win



Cheryl's Dugout Chat

After some technical issues this summer Cheryl's Dugout Chat is back. With all the gardens, farmer's markets and grocery stores supplying some great produce I thought a Nutritional article would be appropriate (I need to do something with those Covid pounds that have found me). As always check with your Dr. before making changes to your diet/plan.

Apples: 1 a day can lower your bad cholesterol and raise the good cholesterol and high in fiber.

Broccoli, spinach, avocados, sunflower and pumpkin seeds, almonds: are all great sources of magnesium. this can be therapeutic and is helpful for migraines, cardiovascular, osteoporosis, diabetes and a skin booster

Apricots: high in fiber, potassium, vitamin A,C,E antioxidant and has beta-carotene

Thomcord Grapes: high in potassium, Vitamins B,K. Only available July-Sept.

Cucumbers: helps with swelling, hydrates (95% water) and reduce those facial lines

Tomatoes: Vitamin C, A and antioxidants has lycopene which is helpful for Cancer

Zucchini: part of the squash family and has pectin which is a fiber, can also lower cholesterol and increase a healthy heart

Watermelon: high water content to stay hydrated, also has lycopene which protects skin cells from sun damage and has Vitamin A

Oranges: rich in potassium, helps prevent muscle cramps, and are 80% water

Celery and Fennel: diuretics that helps you lose excess weight with out causing dehydration, flushes your kidneys to help eliminate bloating

Cantaloupe and Honey Dew: Vitamin A, diuretic, important for women with hormonal issues

Black/Red Raspberries: great sources of fiber, high in Vitamin C and 8 grams of fiber per cup

Nectarines: Vitamin A, great fiber source and has antioxidant beta-carotene

Peaches: Vitamin C

Spinach/Kale: carotenoids in orange and dark leafy greens which converts to Vitamin A which protects skin form sun damage and mends flaky/dry skin.

Salmon: high carotenoid food which converts to Vitamin A, high in Omega 3, helps reduce heart disease.

Green Tea: studies have shown its helpful in fighting cancer, heart disease, lowering bad cholesterol, revise your metabolism, keep dementia @ bay, cools down your body on hot days when iced.

Strawberries/Blueberries: full of flavonoids a powerful disease fighter. They increase blood flow, decrease sensitivity to light which improves your skin's appearance and texture. Studies have shown they possibly slow cognitive decline.

Avocados: great for your heart and powerful for lowering bad cholesterol

Turnips: loaded with fiber, magnesium, potassium, iron, calcium, copper, phosphorus, Omega 3 fatty acids, protein and Vitamins A,C,E,K,B1,B2,B3,B5,B6

Rutabaga: great source of potassium, calcium, magnesium, Vitamins E,C high in fiber and also a antioxidant.

Romaine Lettuce: the most nutritious of all lettuce, full of folate, potassium and beta carotene.

Carrots: great source of beta-carotene, fiber, potassium, antioxidant, and Vitamin K1

Dandelion Greens: great source of calcium and Vitamin K of which both help prevent bone loss. A good fiber that helps improve digestion and healthy gut bacteria.

Red Radish: Vitamins A,E,C,B6,K. High source of fiber, since, potassium, copper, calcium, iron manganese, antioxidants which all work together to keep your body in good working condition.

Arugula: high in cancer fighting, fiber and phytochemical (plant compounds to protect cells), very low in sugar, calories, carbohydrates and fat.

Nuts: handful of almonds, cashews, peanuts, walnuts help lower bad cholesterol

DID YOU KNOW:

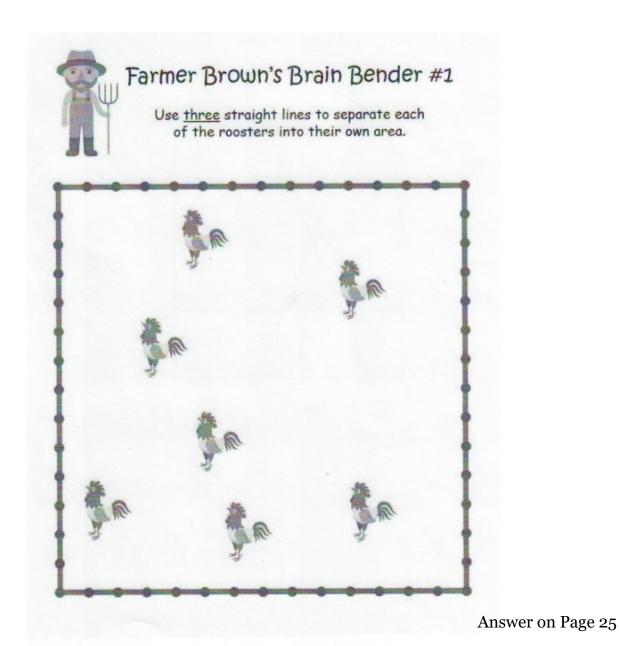
Everyday more money is printed for Monopoly than the U.S. treasury

The biggest challenge in life is to be yourself in a world that is trying to make you like everyone else

Spend your life with people who make you HAPPY

JOKE OF THE MONTH Why did the Bee get Married?

(he finally found his honey)



Virtual Bulletin Board



If you have items you would like to "Post" let us know and we can add it to our Virtual Bulletin Board.

All items must be approved by the NSC Executive Director.





Contact Doug MacLean



American Legion Auxiliary August Menu

Aug 5

Fried Chicken Mashed Potatoes/Gravy Corn

Layered Salad Biscuits Dessert

Aug 12

Pork Chops Potatoes Green Beans Coleslaw Rolls Dessert

Swedish Meatballs

Aug 19

Rice Glazed Carrots Salad Bread Dessert

French Dip Sandwich

Aug 26

Potato Salad Veggie Tray Devilled Eggs Dessert

Serving from 5 pm to 7 pm, while supplies last



A Note from the Executive Director

August already?? Yes, it's true, August is here and the days are getting noticeably shorter! This has been a strange summer for sure. At this time, the center is still closed. We're hoping to be back open around the middle of September, although things will be a bit different than the way it was in March before we closed. That being said, the one thing that hasn't changed is the great food MartiSue and Rick cook up each day. We so appreciate everyone stopping by to pick up lunch. It's always good to see everyone, even if it's just briefly through the car window!

Speaking of car window....that reminds me of our upcoming fundraiser! Mark your calendars for August 19th! Tickets are available now –only \$20 when you buy in advance (\$25 the night of the event). You will be able to enjoy the event from the convenience of your car. This fundraiser will be different from previous fundraisers but it should still be a great time. This year it will just be a live auction and a meal (BBQ ribs!) to take home with you. We won't have as many of our usual great desserts to auction off, but we will have lots of other great items! We will have a printed sheet showing a picture and description of the auction items available to hand out prior to the event. If you wish to bid on those items you can contact the office to do so. The night of the event we will look at all the bids we already have on items and start the live auction at that bid. Prior to the event, we hope to have all of the auction item sheets printed and hanging in the board room windows as bids come in so for those curious if their bid is still standing, you can come by the center and look. We will run the live auction from 4 pm until 5:30 pm at which time the meals will be handed out. We hope you'll come out and support the senior center that evening (rain or shine) and be a part of our first (and hopefully our last!) fundraiser from your car!

Also, as Dick mentioned in his article, we will not be having our annual membership meeting this year due to the COVID virus. Big thank you to the board members whose term is up this year as they have all agreed to stay on the board until we are able to have an annual meeting at which time their seats will be up for renewal. If you are interested in running for the board at a later time, please let me know.

~Julie Otto



Weekly Dessert Auction

How about a little sweet fun this summer? We decided to do a weekly auction for a dessert. Each week Marti Sue will make a delicious dessert. Bids will be accepted through email or phone from Monday thru 11 am Friday. Highest bid will win and the dessert can be picked up Friday at noon.

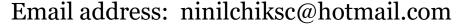
August desserts:

August 7 - Banana Cream Pie

August 14 - Lemon Meringue Pie

August 21 - Rhubarb/Blueberry Crisp

August 28 - Custard Pie



Phone (907) 567-3988









Don't miss out on these delicious desserts!!!

2020 Census

Just a friendly reminder, if you haven't already completed the Census form, please take time to do so.

The current national census response rate is 62.7% and more than 92.7 million households have completed their Census questionnaires.

Alaska's response rate is the lowest among the states at 49.1%. In 2010, the state response rate was 55.6%. Our communities are counting on us to do better!

As of today, the top 15 boroughs with the highest self-response rates in Alaska are (expressed in percentage): Juneau- 64.4, Anchorage- 61.9, Sitka- 54.5, Ketchikan Gateway- 54.0, Kodiak Island- 51.4, Petersburg- 49.6, Fairbanks North Star- 48.3, Kenai Peninsula- 39.8, Wrangell- 38.2, Mat-Su- 34.0, Bethel- 31.6, Haines- 30.1, Aleutians East- 29.2, North Slope- 28.9, Hoonah-Angoon- 28.6.

Special congratulations to the following boroughs for meeting or surpassing their 2010 response rates: Juneau (59.4% in 2010), Sitka (49.6 in 2010), Ketchikan (44.9 in 2010), Kodiak Island (45.5 in 2010), and Fairbanks North Star (48.3 in 2010).

(Information provided from the US Census Borough)

You can fill out the form and mail it in or go online to 2020Census.gov

Please call the office if you would like help with this (907) 567-3988

The Gazebo

If you have items that you would like to donate, please

bring them to the **Senior Center**.

Call 567-3988 if you have guestions.

The Gazebo will be open:

Monday 10 am to 4 pm
Wednesday 10 am to 1 pm
Thursday 10 am to 2 pm
Friday 10 am to 1 pm
Saturday 10am to 4 pm
Sunday after church For now...



All proceeds go to the Ninilchik Senior Center. We are looking for volunteers to staff the Gazebo. If you are interested, please call the office.



Senior Farmers' Market Nutrition Program

Coupons Available Now!

The Alaska Senior Farmers' Market Nutrition Program (SFMNP) provides low-income seniors with coupons that can be exchanged for fresh Alaska-grown fruits, vegetables, fresh-cut herbs and honey at farmers' markets, and authorized farms and roadside stands. Each eligible senior receives six \$5.00 coupons that may be used from June 1 through October 31.

Coupons are available at The Ninilchik Senior Center.

If you have questions, please call (907) 567-3988. We will be using Social Distancing Practices to distribute these coupons.



Senior Center changes as a result of the COVID-19 virus:

- All Senior Center activities have been postponed until further notice.
- Take-Out meals are available from 11:30 am—12:30 pm. We ask that you call by 10 am to request a meal for that day. Meals will be delivered through the front door. We ask that you stay in your car and we will bring the meal out to you. Meals include the main entrée and soup. Suggested donation is \$5.
- Home delivered meals will continue as usual. If you are a Senior and are unable to come and pick up a meal, we would be happy to deliver the meal to you if you're within 5 miles of the senior center. If you are outside of the 5 mile radius, we have other options, please call us for more information. To limit contact, the driver will knock on your door and then leave the bagged meal outside for you to pick up.
- We will be in the office daily from 9-3 for in-person information and any needed services (copying, faxing, notary, etc.). We are requesting that you limit your access to the center. If your questions can be handled via the phone, please call us. If not, please call ahead and set up an appointment to ensure we are able to meet your needs when you're here.
- Transportation services to take people into town for shopping are limited at this time. For those wishing to order ahead of time, we are happy to pick up groceries and/or prescriptions. Please schedule pickups for Tuesday as much as possible, as that is our normal "town" day. Fred Meyer, Safeway, and Walmart offer pickup at the store when you place an order online.



Alaskan Trivia



- 1. Why was Alaskan Spruce sent to Wichita, Kansas around 1920?
- 2. What is the snowshoe hair's main predator?
- 3. How many miles long is the Chilkoot Trail? (33, 47, 56)
- 4. What were "Blue Canoes"?
- 5. How many miles long are the Aleutian Islands? (750, 1100, 2200)
- 6. What is the belt of active volcanoes that rim the Pacific Basin known as?
- 7. What would the wind chill factor bee at Zero Degrees in the Arctic with a wind of 20 miles per hour? (0, -20, -35)
- 8. Where in Alaska did the Japanese attack on June 2, 1941?
- 9. In Eskimo culture, what is the person with the greatest personal power called?
- 10. What does the word "igloo" mean? (home, shelter, cold)
- 11. What is perma frost?
- 12. What common material, when mined and sold, has been more valuable than gold?

All Questions & Answers are taken from the 1985 Teddy's Toys & Co. Trivia Game







| Jeanine Shea | Rebecca Fender | Barb Pope | Tammy Lee |
|-----------------|------------------|---------------|------------------|
| Ludy Ziehmer | Shannon Bentley | Amy Garroutte | Carolinda Wright |
| Julie Otto | Donna Schaetzle | Bob Cook | Justin Boyd |
| Tom McCutchan | Jim Beall | Howard Appel | Julie Matsuoka |
| Shirley Chihuly | June Paul | Lydia Lohse | Paul Olness |
| Joan Mason | Karen Encelewski | Ron Jorgensen | Linda Yost |



\$5 A Month Club

Thank you to the following who contributed to the club:

Jim Taylor **Bob & Sharon Cook** Terry & Janie Nelson Cathy Perry

David & Judy Clemenson Char & Byron Moore Donna Schaetzle **Bruce Randall**

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Thank You

Dave Nordgren for trash removal and vehicle maintenance and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to Carl and Carolinda Wright, Jim Beall, Steve Vanek, Willard & Ruthe Bauman, Terry & Janie Nelson, David & Judy Clemenson, Howard & Nora Appel, Mike Krull, Patsy Bushnell, Jeff Smith and Susan Welsh-Smith, Ron Jorgensen, Albert & Tammy Lee, Joyce Wainscott, the Teen Center and anyone we may have missed for the donations.

Thank you to all our Members!!! Thank you to all our Volunteers!!! Thank you to all our Donors!!! Thank you to our Cooks!!!



Alaskan Trivia Answers

- For use in the airplane industry, Alaska spruce is tall and straight grained
- 2. Lynx
- 3. 33
- 4. Ferries on the Alaska Marine Highway System
- 5. 1,100
- 6. Ring of Fire
- 7. -35 degrees
- 8. Dutch Harbor, Aleutian Islands
- 9. Shaman
- 10. Home



- 11. Frozen ground (earth that has been frozen for at least 2 1/2 years)
- 12. Gravel

Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

• Tree Leaf: \$500. to \$999.

• Ptarmigan: \$1,000. to \$4,999.

• Crane: \$5,000. to \$9,999.

• Owl: \$10,000. to \$24,999.

• Eagle: \$25,000 +

Now Available!!! "PayPal"

If you would like to donate online, visit our website NinilchikSeniors.org

At the bottom of the Donations page there is a button to click.

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kathryn Kennedy Vice Chair: Ronn Lund Treasurer: John Nofziger Trustee: Lenore Jones Trustee: David Clemenson

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Casey Mae

Events and Activities

Weekly

Mondays: Belly Dancing 10:30 am Quilting/Sewing 1-4 pm

Tuesdays: Summer Activities including: Cornhole & horseshoes

Wednesdays:

Yoga 10:30 am Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm Quilting/Crafts 10am-4pm

Fridays: Yoga at 10:30 am Trivia during lunch (summer) Knitting 1-4 pm Pool 1-4 pm

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$7 for members, \$11 for non-members
Lunch includes: soup,
salad, entrée and dessert



Across

- 1. Big name in stereo speakers
- 5. Plus-size supermodel
- 9. Diver's tank
- 14. "What's __ pleasure?"
- **15**. At no time, poetically
- **16**. Selects carefully
- **17**. Ringling Brothers offering
- 20. Vt. hours
- 21. "Take your time"
- 22. Flowerless plant
- 23. Landlocked Asian sea
- 25. "Red" warnings
- **27**. Dinnertime TV fare
- 32. Top of a wave
- 33. Trousers
- **34**. Corned beef concoction
- 35. Ram of astrology
- **36**. Grounded fliers, for short
- **40**. "__ you to cross that line!"
- **41**. Fake
- **42**. Modest golf outing
- 45. "Daniel Boone" actor
- **47**. Dupe
- **48**. Hefty volume
- 49. Informant's warning
- **53**. Disorderly crowd
- **56**. Chromatic basis of much modern music
- **59**. Stage digression
- 60. Utility abbr.
- **61**. To ___: exactly
- **62**. Attack
- **63**. Castle fortification
- **64**. Broadway light

| 2 | 3 | 4 | | 5 | 6 | 7 | 8 | | 9 | 10 | 11 | 12 | 13 |
|----|----|----------|----------------|-------------------------|----------------------------------|--|----|--|----|----|----|----|----|
| | | | | 15 | | | | | 16 | | | | |
| | | | 18 | | | | | 19 | | | | | |
| | | | 21 | | | | | | | 22 | | | |
| | 23 | 24 | | | | | | 25 | 26 | | | | |
| 28 | | | | | 29 | 30 | 31 | | | | | | |
| | | | | | 33 | | | | | | | | |
| | | | | 35 | | | | | | 36 | 37 | 38 | 39 |
| | | | 40 | | | | | | 41 | | | | |
| | 42 | 43 | | | | | | 44 | | | | | |
| 46 | | | | | | | | 47 | | | | | |
| | | | | 49 | 50 | 51 | 52 | | | | 53 | 54 | 55 |
| | | | 57 | | | | | | | 58 | | | |
| | | | | | 60 | | | | | 61 | | | |
| | | | | | 63 | | | | | 64 | | | |
| | 28 | 23 28 42 | 23 24 28 42 43 | 23 24 28 24 43 40 42 43 | 15 18 21 21 23 24 28 35 40 49 49 | 15 18 21 21 22 29 29 33 35 40 40 42 43 49 50 57 60 | 18 | 15 18 18 21 23 24 29 30 31 33 35 40 42 43 46 49 50 51 52 57 60 60 60 | 15 | 15 | 15 | 15 | 15 |

- 1. Mega- or giga- ending
- 2. Partners of aahs
- 3. Additional levies
- **4**. Before, to Shakespeare
- **5**. Matriculate
- 6. Golda of Israel
- 7. List of options
- 8. Work units
- 9. Bill Nye subj.
- **10**. Teen's witching hour
- **11**. Stomach problems
- **12**. Speak rashly, with "out"
- 13. AARP and NAACP
- **18**. Put on the books
- **19**. "USA! USA!" and others
- **24**. Hashanah
- **26**. "__ Miz"
- 27. Acad. or coll.
- 28. Lyricist Gershwin
- **29**. TV personality with a book club
 - **30**. Egypt's capital

- **31**. Prepare to pray
- **35**. Carol starter
- **36**. "Skedaddle!"
- 37. One and only
- **38**. Former "Grand Ole Opry Live" network
- **39**. Guitarist Barrett
- **40**. Suffix with hero
- 41. Tenured coll. employees
- 42. "Whatever you say!"
- **43**. Noted shoe owner
- 44. Cause consequence
- **45**. James and Kett
- 46. Look for water
- **50**. Gossipy bit
- **51**. Game on horseback
- **52**. Most eligible to serve
- **54**. Butter substitute
- **55**. "__ there, done that"
- **57**. Dog doc
 - **58**. Something to recycle



Last year (2019), the center received \$246.22 from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: https://www.fredmeyer.com/topic/ community-rewards-4

The center's Organization Identification Number is **GPo13**.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors







PJK LLC



amazonsmile

You shop. Amazon gives.

So far the center has received \$94.27 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: https:// smile.amazon.com/ch/52-1323828, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.

Alaska Food Coalition Alaskare Home Medical Equip. Amazon Aspen Hotel / Kenai Residence Enstar Fred Meyer/Kroger HEA Kenai Peninsula Borough Meals on Wheels America Ninilchik Family Dentistry Peninsula Memorial Chapel PJK LLC **Private Donations**

State of Alaska/NTS Grant American Legion Post 18

In Memory Of

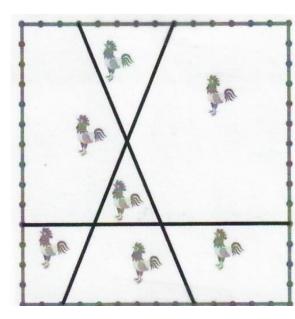
 $Elmer\ Banta\ _{7/25/1921\ -\ 7/25/2020}$



Answers to the puzzle on page 6 & 20

Puzzle Solution © OnlineCrosswords.net

| В | 0 | S | Е | | Ш | М | М | Е | | S | С | U | В | Α |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Υ | 0 | ٦ | R | | Z | Е | Е | R | | U | U | L | L | S |
| Т | Н | R | Е | ш | R | I | Ζ | G | С | Ι | R | U | ٦ | S |
| Е | S | Т | | Z | 0 | R | U | S | Н | | L | Ш | R | Z |
| | | Α | R | Α | L | | | | Α | L | Е | R | Т | S |
| S | I | × | 0 | С | L | 0 | С | K | Ζ | Е | W | S | | |
| С | R | Е | S | Т | | Р | Α | N | Т | S | | | | |
| Н | Α | S | Н | | Α | R | I | Е | S | | S | S | Т | S |
| | | | | I | D | Α | R | Е | | Р | Н | 0 | Ν | Υ |
| | | Z | I | Ν | Е | Н | 0 | L | Е | R | 0 | U | Ν | О |
| Е | D | Α | М | Е | S | | | | F | 0 | 0 | L | | |
| Т | 0 | М | Е | | Т | I | Р | 0 | F | F | | М | 0 | В |
| Т | W | Е | L | ٧ | Е | Т | 0 | N | Е | S | С | Α | L | Е |
| Α | S | I | D | Е | | Е | L | Е | С | | Α | Т | Е | Е |
| S | Е | Т | Α | Т | | Μ | 0 | Α | Т | | Ν | Е | 0 | Z |
| | | | | | | | | | | | | | | |



Easy Street Pull Tabs

10672 Kenai Spur Hwy #111 Kenai, AK 99611 In the strip mall by Safeway

Come by and try your luck!
All proceeds go to the
Ninilchik Senior Center!

Say hello to the staff: Marion, Melody, Bernadette & Tara

