## July 2020 Menu

Meals available as take-out (\$5 suggested donation) until we are able to safely resume congregate meal service. Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance to order a meal.

Sunday	Monday	Tue;day	Wednesday	Thursday	Friday	Saturday
Birthdays			1	2	3	Information 4
David Shea 7/3 Connie Estes 7/4	CC CC CC CC CC CC CC CC CC CC CC CC CC		Spaghetti Florentine Vegetable Garlic Bread	Golden Halibut Coleslaw French Fries Vegetable	Center Closed Independence Day No Meals	Independence Day Soup served daily with pick up meals
5	6	7	8	9	10	11
Ted Larsen 7/5 Cheryl Doyle 7/6 Larry Wallace 7/8 Clarence Davis 7/9 Don Nuebel 7/11	Lil' Cheddar Meatloaf Mashed Potatoes Gravy Vegetable	Monterey Chicken Rice Vegetable	Hamburger Casserole Noodles Vegetable	Peach Glazed Pork Tenderloin Double Corn Dressing Green Beans	BBQ Chicken Quarters Coleslaw Pasta Salad Jell-O	Belly Dancing Bingo Yoga Activities cancelled until further notice
12	13	14	15	<b>Board Meeting</b> 16	17	18
Richard Fimbres 7/12 Martha Ogren 7/13 Jeanie Gregorich 7/14 Wayne Taggart 7/15 David Nordgren 7/16 Darren Shay 7/16	Bratwurst Sauerkraut Casserole Corn	Oven Baked Chicken Country Gravy Mashed Potato Vegetable	Italian Sausage Lasagna Vegetable Garlic Bread	Roast Turkey Gravy Dressing Yams Cranberry Sauce	Halibut Olympia Rice Pilaf Vegetable	Suggested Donation \$7.00 Members \$11.00 Guests To-Go Soup \$1.00 per cup
19	20	21	22	23	24	25
Bob Pearson 7/22 Elmer Banta 7/25	Chicken Fajita Flour Tortillas Rice Refried Beans	Beef Stroganoff Noodles Vegetable	Sweet & Sour Meatballs Stir Fry Veggies Eggroll	Link Sausage Frittata Cubed Potatoes	Baked Mushroom Chicken Rice Vegetable	The cook reserves the right to change the menu without notice.
26	27	28	29	30	31	
John McCombs 7/26 Dan Estes 7/26 Jim Kenshalo 7/27 Nora Appel 7/30 Liz Kruzick 7/31	Meatballs in Country Gravy Rice Casserole Vegetable	BBQ Ribs Coleslaw Jell-O Potato Salad	Asian Chicken Thighs Noodle Dish Vegetable	Roast Beef Mashed Potatoes Gravy Vegetable	Spaghetti Goulash Vegetable Garlic Bread	Salad Bar and Soup Served Daily with congregate meals **