



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988

May 2020



Coming Up

All Center Activities are cancelled until further Notice

Mother's Day
Sun 5/10

Memorial Day
Mon 5/25
Center Closed
No Meals



A Note From the President of the Board:

I'm writing this for the May newsletter a little early. I hope it finds all of you healthy and happy. Well at least healthy. No, that's wrong, I really do hope you are happy as well. We need to count our blessing these days. I think my blessing in all this can be summed up in one word; FAMILY.

With technology what it is these days I have been able to visit with my family from Alaska, to Oregon and Washington, back to New York and Maryland and Georgia. Not just talking either but using FaceTime. Isn't it great. The Center is starting to make plans to open its doors again. The details about when and how many at a time remain to be decided yet and that is not entirely up to us. There are mandates and guidelines we need to follow. Our Director Julie has her finger on the pulse of it all. She will let everyone know when she knows.

I can tell you that the Easy Street Pull Tab store is open again. It opened on Friday the 24th. That is an important step for the Center as it will start bringing in some needed revenue.

We are making plans for the green house and other outside things such as the flower boxes and other maintenance issues. The Spring Fundraiser has been cancelled. It was scheduled for May 29.

The Gazebo will be opening up soon. As in the past if you have something to donate please bring it to the center and do not take it directly to the gazebo. We have had some wonderful donations in the past and look forward to more this year. If you are interested in volunteering at the Gazebo please check with Julie in the office. Volunteers are always needed.

We have had a very nice response to our request for monetary donations. Ninilchik is a most generous community, especially its seniors.

The Saturday Lunch Program has continued to provide snacks despite this pandemic and they are planning to provide peanut butter again this year for the children. If you feel so inclined a jar of peanut butter dropped off at the Senior Center by May 15 would go a long way toward making this happen.

I will not say we will be back to normal soon, because I'm not sure what that looks like anymore. I do know that we will be back, open and ready to welcome you soon.



Dick Hawkins
President



United States Census 2020

2020 Census Digital Action Weekend: May 1-3

We have reached an important milestone in the 2020 Census: More than half of the households in our nation have responded – **that's nearly 80 million responses!**

As we recognize this achievement, we thank you for your support and ongoing effort to Get Out the Count, as well as your continued outreach to encourage self-response, especially among the hardest-to-count populations. We thank our partners, the public, and everyone who has helped to shape the success of the 2020 Census.

We aim to count everyone accurately while we support efforts to protect the health and safety of the American public and the Census Bureau team. Current times are unprecedented, but they also present an opportunity to reach families digitally across the nation and work towards keeping the 2020 Census in the conversation across channels and platforms. It has never been easier to respond to the census and to help promote the census from your own home.

For this reason we are encouraging all partners, influencers, community leaders, and trusted voices to join us during a **Digital Action Weekend, May 1-3, 2020.**

From: census@subscriptions.census.gov <census@subscriptions.census.gov>



The Gazebo

Is opening Friday, May 1st!

If you have items that you would like to donate, please bring them to the Senior Center.

Call 567-3988 if you have questions.

The Gazebo will be open Friday and Saturday 10am to 1pm and Mondays from 12-4 for now. All proceeds go to the Ninilchik Senior Center.

We are looking for volunteers to man the Gazebo.

If you are interested, please call the office.



Easy Street Pull Tabs

10672 Kenai Spur Hwy #111

Kenai, AK 99611

In the strip mall by Safeway

Come by and try your luck!

All proceeds go to the
Ninilchik Senior Center!

Tuesday, May 5 we will be having a
Welcome Back Celebration!

Come in on the 5th for a chance to
win a \$50 gift certificate for
Los Compadres!

We look forward to seeing you!

We are cleaning and sanitizing for your safety and ours!

Memorial Day

“Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2020 occurs on Monday, May 25.

Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.”



Wearing a red poppy on Memorial Day began with a World War I poem.

In the spring of 1915, bright red flowers began poking through the battle-ravaged land across northern France and Flanders (northern Belgium). Canadian Lieutenant Colonel John McCrae, who served as a brigade surgeon for an Allied artillery unit, spotted a cluster of the poppies shortly after serving as a brigade surgeon during the bloody Second Battle of Ypres. The sight of the bright red flowers against the dreary backdrop of war inspired McCrae to pen the poem, "In Flanders Field," in which he gives voice to the soldiers who had been killed in battle and lay buried beneath the poppy-covered grounds.

Senior Center changes as a result of the

COVID-19 virus:

- ◆ All Senior Center activities have been postponed until further notice.
- ◆ Take-Out meals are available from 11:30 am—12:30 pm. We ask that you call by 10 am to request a meal for that day. Meals will be delivered through the front door. We ask that you stay in your car and we will bring the meal out to you. Meals include the main entrée and soup. Suggested donation is \$5.
- ◆ Home delivered meals will continue as usual. If you are a Senior and are unable to come and pick up a meal, we would be happy to deliver the meal to you if your within 5 miles of the senior center. If you are outside of the 5 mile radius, we have other options, please call us for more information. To limit contact, the driver will knock on your door and then leave the bagged meal outside for you to pick up.
- ◆ We will be in the office daily from 9-3 for in-person information and any needed services (copying, faxing, notary, etc.). We are requesting that you limit your access to the center. If your questions can be handled via the phone, please call us. If not, please call ahead and set up an appointment to ensure we are able to meet your needs when you're here.
- ◆ Transportation services to take people into town for shopping are limited at this time. For those wishing to order ahead of time, we are happy to pick up groceries and/or prescriptions. Please schedule pickups for Tuesday as much as possible, as that is our normal "town" day. Fred Meyer, Safeway, and Walmart offer pickup at the store when you place an order online.
- ◆ All in-home homemaker services are cancelled until further notice .

A Note from the Executive Director

May is here – finally! Along with it come Alaska’s famous long days and with any luck, lots and lots of sunshine! Alaska truly is a state of great beauty. This coming summer will be an interesting one. We are not sure at this time when we will be able to open the Senior Center up for congregate dining and activities again. Perhaps sometime in May? At this time, we do not have a set date. We will update everyone as information comes our way. Notifications will be made through email as well as an update to our Facebook page and website. Thank you to all of you who have supported the senior center by coming by and picking up to go meals. Ninilchik is a wonderful community. The support the center has been receiving through this pandemic is absolutely amazing!

On a slightly different note, for those that may not have received the email, our annual survey was sent out in May. Thank you to everyone who has responded! If you have not yet taken the survey, it’s not too late. Please contact us here in the office and we can send you a form in the mail if you do have access to email. Stay well everyone, we hope to see you real soon!



~Julie Otto

Take Action to Reduce Your Risk of Getting Sick

If you are at higher risk for serious illness from COVID-19 because of your age or because you have a serious long-term health problem, it is extra important for you to take actions to reduce your risk of getting sick with the disease.

- Take everyday precautions to keep space between yourself and others.
- When you go out in public, keep away from others who are sick, limit close contact and wash your hands often.
- During a COVID-19 outbreak in your community, stay home as much as possible to further reduce your risk of being exposed.
- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing, or having been in a public place.
- If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- To the extent possible, avoid touching high-touch surfaces in public places – elevator buttons, door handles, handrails, handshaking with people, etc. Use a tissue or your sleeve to cover your hand or finger if you must touch something.
- Avoid touching your face, nose, eyes, etc.
- Clean and disinfect your home to remove germs: practice routine cleaning of frequently touched surfaces (for example: tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks & cell phones)

Reference: <https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/get-ready.html>

Livewire Puzzles

Find these words. They are some of the puzzles made by Livewire Puzzles since 1979. The remaining letters spell a Dutch Proverb.

E S Q U A R I N G O F F T O N K O R T S A A
 V N H T S A B N N D H M F W D K I N T U P S
 A U U U W O R R A I E A O E T N L O T F I A
 W T M T R P M A I L A R V O Q F E R T L I R
 K H O G E A N E E D C V H E I U I D E C C B
 C O T N E T E D T E G S R R A P A N A I E A
 O U H I D I A L L H G E E E L H T L G E I D
 H S B K E U E P C N I C T E H P E O I H D A
 S E A S P C I L I L R N P H A T L A A Z T C
 S T L L I R W L G A A L G R E L A N R R E A
 O R L E T I S A C N A T T F E G D E I T R R
 T O S I N C B K S Y A N S Z I C A P W H W B
 G U W G E T E E U M E T T Y U S W P H E O A
 R B E H C R D R R O E N F R I H M O R O P
 A L R T E O B U I R R U F E R C E Y T A D I
 N E C O G H U E V P H S S E P A N A B C E N
 D C S F D S G N O I S I V E L B U O D K N E
 P L K H E Z E P A R T S E T T H G I L F O T
 R E R A W U T O U C H W O O D R S H E L P R
 I F O N G N I R D N A L L A B O A F B R E E
 X A C D C H I N E S E R I N G S I P N S N E



ABRACADABRA
 ARROW
 ASTROKNOT
 BALL AND RING
 BEDBUG
 BRIDGE THE GAP
 CENTIPEDE
 CHINESE RINGS
 CORKSCREW
 CRYSTAL CLEAR
 DEAD END
 DOUBLE VISION

EQUALIZER
 EUREKA
 FIRECRACKER
 FLIGHT TEST
 GRAND PRIX
 HANDCUFFS
 HAVE A HEART
 KING TUT
 MELEDA
 MOTHBALLS
 MOUSETRAP
 NUT HOUSE

PENTANGLE
 PINETREE
 PRETZEL LOGIC
 SHOCKWAVE
 SHORT CIRCUIT
 SILENT PARTNER
 SLEIGHT OF HAND
 SLINGSHOT
 SOMETHING FISHY
 SPUTNIK
 SQUARING OFF

THE RACK
 TOUCH WOOD
 TRAPEZE
 TRIPLE CROWN
 TRIPLE PLAY
 TRIPWIRE
 TROUBLE CLEF
 VIRUS
 WEATHERVAIN
 WEDGE
 WOODEN OPEN





Alaskan Trivia



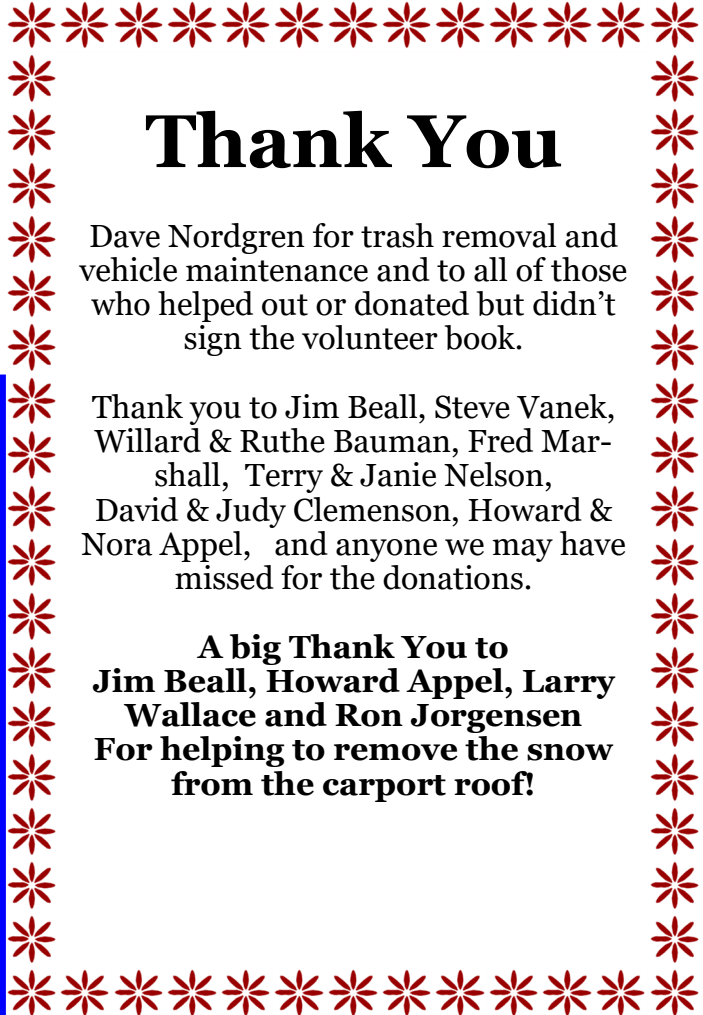
1. Frogs and lizards are often present in what native art form?
2. Name the city that was established because of its tin deposits.
3. Name the very large bottom feeding fish.
4. What is the name of the Yukon Territory's famous gold rush town?
5. At what two points does the transalaska pipeline begin and end?
6. What is the biggest and strongest predator of the pack ice in the Arctic?
7. What part of the state is the "Chain"?
8. Name three mammals that inhabit the Kuskokwim Bay region.
9. What is a flat area of mud or sand under water at high tide?
10. How much can an adult bull moose weigh?
11. Where would you find one planted tree that the local people affectionately call their state forest?
12. Name the highly gregarious mammal that forms herds of a few, to several hundred.





HAPPY BIRTHDAY

Dick Hawkins	Fred Eggert	Kathy Wallace	Roy Huhndorf
Cathy Andrew	Brandon MacGregor	Annie Maxwell	Ed Hull
Carol Chapman	Jeanette Phillips	John Lyons	John Nofziger
Terri Quinlan	Susan Welsh-Smith	Pam Ehlers	Paul Page



Thank You

Dave Nordgren for trash removal and vehicle maintenance and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to Jim Beall, Steve Vanek, Willard & Ruthe Bauman, Fred Marshall, Terry & Janie Nelson, David & Judy Clemenson, Howard & Nora Appel, and anyone we may have missed for the donations.

A big Thank You to Jim Beall, Howard Appel, Larry Wallace and Ron Jorgensen For helping to remove the snow from the carport roof!

\$5 A Month Club

Thank you to the following who contributed to the club:

- | | |
|----------------------|------------------------|
| Jim Taylor | David & Judy Clemenson |
| Bob & Sharon Cook | Cathy Perry |
| Linda Hawkins | Char & Byron Moore |
| Terry & Janie Nelson | |

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!



Alaskan Trivia Answers

1. Carved totems
2. Tin City
3. Halibut
4. Dawson
5. Prudhoe Bay and Valdez (Pt. Barrow to Valdez)
6. Polar Bear
7. The Aleutian Islands
8. Brown Bear, Black Bear, Musk-Ox, Polar Bear, Wolves, Sheep, Wolverine, Caribou and Moose
9. Tidal flat
10. 1,200 to 1,400 pounds
11. Bethel
12. Pacific Walrus



All Questions & Answers are taken from the 1985 Teddy's Toys & Co.

Trivia Game

Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Now Available!!! “PayPal”

If you would like to donate online, visit our website
NinilchikSeniors.org

At the bottom of the Donations page there is a button to click.

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kathryn Kennedy
Vice Chair: Ronn Lund
Treasurer: John Nofziger
Trustee: Lenore Jones
Trustee: David Clemenson

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Casey Mae

Events and Activities

Weekly

Mondays: Belly Dancing 10:30 am
Quilting/Sewing 1-4 pm

Tuesdays: Summer Activities including:
Cornhole & horseshoes

Wednesdays:
Yoga 10:30 am
Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm
Quilting/Crafts 10am-4pm

Fridays: Yoga at 10:30 am
Trivia during lunch (summer)
Knitting 1-4 pm
Pool 1-4 pm

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$7 for members, \$11 for non-members
Lunch includes: soup,
salad, entrée and dessert



Across

- **1.** Not the best place to crash
- **8.** Japanese fish dish
- **15.** "The Red House Mystery" author
- **16.** 1979 exile
- **17.** Shackled
- **18.** Miss one's turn, maybe
- **19.** Skull-and-crossbones site
- **21.** Cream holder
- **22.** Cinema name
- **23.** One with a habit
- **25.** Fencing move
- **28.** Aim
- **30.** Pleased sounds
- **31.** Touch on
- **32.** Complain
- **34.** One may be cocked
- **35.** Caterer's container
- **36.** Pilgrim's activity
- **37.** Topsy's playmate
- **38.** West side of L.A.?
- **39.** Wing-footed
- **40.** John or Lennon
- **41.** IV monitors
- **42.** Clown
- **43.** Castle with a lot of steps?
- **44.** What sots drink to
- **46.** River skipper
- **49.** Ltrs. of stress
- **50.** Picnic dish
- **54.** Mrs. Smith's rival
- **57.** Current with the wind
- **58.** 1968 hit by the Turtles
- **59.** Temporarily unable to play, in baseball lingo
- **60.** 1932 Gable film remade as "Mogambo"

1	2	3	4	5	6	7		8	9	10	11	12	13	14	
15								16							
17								18							
19							20				21				
			22						23	24					
25	26	27						28	29				30		
31						32	33						34		
35					36								37		
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41					42						43				
44			45					46	47	48					
49								50					51	52	53
54					55	56				57					
58										59					
60										61					

- **1.** Unbiased
- **2.** A Turner
- **3.** Exude
- **4.** JFK, for one
- **5.** Darn
- **6.** Title character who sang "Doin' What Comes Natur'lly"
- **7.** Tempera painting surface
- **8.** "What's your ___?"
- **9.** Citrus cooler
- **10.** Convene
- **11.** Ends
- **12.** "Bye!"
- **13.** Acting up, to Fats Waller
- **14.** Trucker's route
- **20.** With premeditation
- **23.** Cut
- **24.** Black
- **25.** "Mad About You" star
- **26.** Film in which De Niro made his directing debut
- **27.** Chickens out
- **29.** Strolling spot
- **32.** Some recitals
- **33.** Question
- **36.** Elbows
- **40.** Inspire
- **43.** Detailed windows
- **45.** Kenyan grazer
- **47.** Prey grabber
- **48.** Low-level bid, briefly
- **50.** Sugar source
- **51.** Security interest
- **52.** Mixes in
- **53.** Take-out order?
- **55.** NFL Hall of Famer Groza
- **56.** Places for 41-Across

Answers on page 17



Last year (2019), the center received \$246.22 from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is GP013 .

Thank you!!!



So far the center has received \$94.27 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.

The Senior Center is partially funded by these Corporate Sponsors



Peninsula Internal Medicine



- Alaska Food Coalition
- Alaskare Home Medical Equip.
- Amazon
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- Ninilchik Family Dentistry
- Peninsula Memorial Chapel
- PJK LLC
- Private Donations
- State of Alaska/NTS Grant
- American Legion Post 18

Answers to the puzzle

on page 14

Puzzle Solution © OnlineCrosswords.net

F	L	E	A	B	A	G		S	A	S	H	I	M	I		
A	A	M	I	L	N	E		I	D	I	A	M	I	N		
I	N	I	R	O	N	S		G	E	T	L	O	S	T		
R	A	T	P	O	I	S	O	N				T	U	B	E	
			O	D	E	O	N		S	I	S	T	E	R		
P	A	R	R	Y				P	L	A	N		A	H	S	
A	B	U	T		S	Q	U	A	W	K			H	A	T	
U	R	N		J	O	U	R	N	E	Y			E	V	A	
L	O	S		A	L	I	P	E	D			B	R	I	T	
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R	E	D	D	U	S	T			N	O	S	E	N	S	E	