



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988

Coming Up

**Belly
Dancing**
Mondays at
10:30 am

Yoga
Fridays at
10:30 am

BINGO!
Wednesdays
1:15 pm

**Groundhog
Day**
Sun 2/2

**Valentine's
Day**
Fri 2/14

**Board
Meeting**
Thu 2/20

Sew



February

2020

A Note From the President of the Board:

Hello February. The days are getting longer which is wonderful, even if they are not getting warmer. Not to worry the warmth will be coming along before you know it.

There are some fun things happening at the senior center. I can't list them all here but if you have questions please contact the office.

The Easy Street Pull tab store is up and running. We are all pretty excited about how it is doing. I am looking forward to a successful year with it. We continue to make the interior more interesting and fun plus there will be a sign going up this week that should tell everyone far and wide that we are open. Go up and check it out. Have a cup of coffee or tea and play a game or two. It's fun and you just might win.

The weather has been cold lately. I hope everybody is dressing warm and keeping the home fires burning. With these kinds of temps it never hurts to check on your neighbors.

Remember, February has 29 days this year. All you leap year babies, it's time to celebrate.

~ Dick Hawkins



Hello,
For those who don't know me, I'm Cheryl Doyle. In 2013 after 28 1/2 years of teaching, coaching and being an activities director throughout rural Alaska, I retired and joined Ninilchik Senior Center. I was born and raised in Iowa and as many of you know I'm a TRUE BLUE CUBS FAN! Hence my article heading "Welcome to the Dugout".

My newest adventure is writing informative and enjoyable articles for the newsletters. So Welcome to the Dugout and feel free to send ideas my way about topics you would like to read. As a team we will be the "Best Little Senior Center on the Peninsula"!

Cheryl



Cheryl's Dugout Chat

2020 Census

Hey, it's the 10 year census time
Census will come out March 12th-20th

- *You will receive a postcard in the mail to respond online
- *If you don't respond on line you will receive a mailed paper form
- *Still not responding you will have a census taker knock on your door.
- *Should you get a census taker at your door keep in mind the following:
 1. Ask for valid identification with a picture
 2. They do not ask for your full SSN#
 3. They do not ask for money, bank #'s, or credit card #'s

Why do we have the Census?

The census determines funds for schools, roads, hospitals, Medicare part B, parks, mass transit just to name a few. Number of U.S. House Representatives seats for states are also determined. Just a note if you have a vacation home don't fill out a census for each home. Only fill one out for your **MAIN** residence.

Just for Fun!

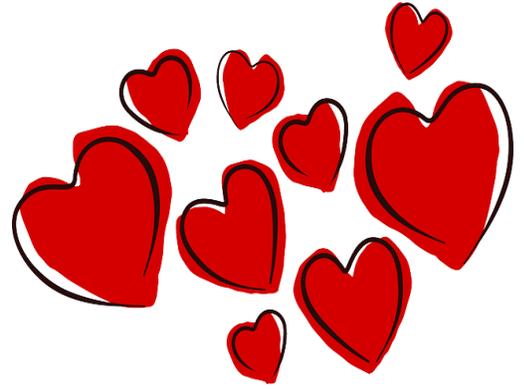
One day a police car pulled up to Granny's home and Grampy got out. The officer explained that this elderly gentleman had said he was lost in the park.

"Why Ivor, you've been going there for over 30 years! How on earth could you say you had got lost?" Said Granny
Leaning close to Granny so the police officer couldn't hear, he whispered, "Wasn't exactly lost. I was too tired to walk home."

About February

Birthstone: Amethyst
Flower: Violet

Aquarius (January 20 - February 18)
Pisces (February 19 - March 20)



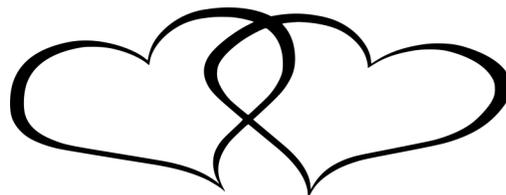
February 1865 is the only month in recorded history not to have a full moon.

It's the month for a lot of other causes, too.

February also marks American Heart Month, along with some other “months” you might not recognize: Canned Food Month, Grapefruit Month, Hot Breakfast Month, and our favorite, Return Shopping Carts to the Supermarket Month.

And maybe it's more commercial than romantic now, anyway. It's estimated that Americans spend more than \$18 billion on gifts, chocolate and more for Valentine's Day.

The odds of being born on Feb. 29 are about 1 in 1,461. If you're born on a leap day, you're typically known as a “leaper” or “leapling.” And depending on where you live, Feb. 28 or March 1 is considered your birthday in non-leap years.



Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund and once your donations reach \$500, your name will be added our donor tree. Donations go to the Endowment Fund which provides long-term investment income.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Now Available!!! “PayPal”

If you would like to donate online, visit our website
NinilchikSeniors.org

At the bottom of the Donations page there is a button to click.



Valentine's Day



Find and circle all of the words that are hidden in the grid. The remaining letters spell a popular Valentine's Day item.

P	I	H	S	D	N	E	I	R	F	D	I	P	U	C	A	L
V	D	H	S	U	R	C	A	C	F	B	A	L	E	N	D	O
N	Y	N	T	I	A	E	A	S	O	L	C	T	O	Y	M	V
S	R	N	E	N	S	N	L	Y	E	H	O	I	E	R	I	E
T	L	E	D	I	D	S	F	A	O	N	T	W	S	A	R	B
R	E	Y	S	L	R	R	E	C	T	C	T	L	E	U	E	I
A	W	S	E	R	I	F	O	N	A	I	A	I	C	R	R	R
E	E	S	E	E	E	L	L	R	D	S	O	O	M	B	S	D
H	J	C	N	S	A	V	T	R	O	N	U	N	T	E	D	S
T	G	D	N	T	O	T	O	P	I	P	O	A	S	F	N	A
E	N	Y	E	A	A	R	O	L	L	G	C	F	E	H	I	T
E	I	S	D	U	M	R	B	E	L	O	V	E	D	B	I	G
W	L	O	D	R	P	O	A	F	F	E	C	T	I	O	N	P
S	R	E	M	A	L	F	R	R	E	N	T	R	A	P	A	R
E	A	Y	C	N	A	F	O	R	E	V	E	R	L	I	K	E
R	D	R	O	T	I	U	S	D	N	O	I	T	O	V	E	D

ADMIRER
 ADORE
 AFFECTION
 ATTRACTION
 BEAU
 BELOVED
 BOYFRIEND
 CANDLES
 CANDY
 CHOCOLATES

COUPLE
 CRUSH
 CUPID
 DARLING
 DATE
 DEAR
 DEVOTION
 FANCY
 FEBRUARY
 FLAME

FLOWERS
 FONDNESS
 FOREVER
 FRIENDSHIP
 GIFT
 GIRLFRIEND
 HEARTS
 JEWELRY
 LIKE
 LOVEBIRDS

LOVERS
 PARTNER
 PROPOSAL
 RELATIONSHIP
 RESTAURANT
 ROMANCE
 ROSES
 SENTIMENT
 SUITOR
 SWEETHEART



Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK



Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win, however, if the person is not present, only 50% of the prize won will be awarded

Open to NSC members only. Membership must be current.

The Third Raffle will last up to 16 weeks. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

16 cards

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

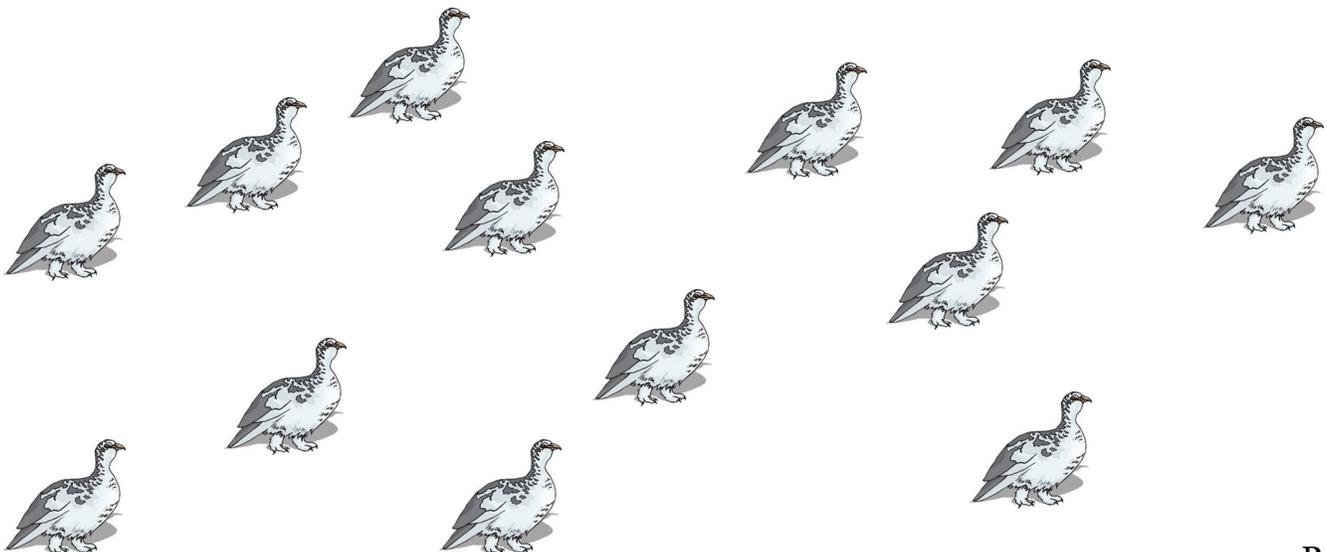
(14) Ptarmigan: \$5



Winner of the last Raffle:

Linda Hawkins - Winner on the 1st Week!

Congratulations!





Alaskan Trivia



1. The Permanent Fund in Alaska is mandated to receive what percent of the revenues of mineral resources every year? (5%, 15%, 25%)
2. Where was the first Russian settlement located?
3. What is “clear cutting”?
4. What is a “fish pirate”?
5. What is the name of the large delta in southwestern Alaska?
6. Name the weekly news paper noted for its prominence in reporting native issues.
7. Where is the largest known molybdenum deposit in Alaska?
8. What is the name of the largest goose to frequent Alaska?
9. What is the oil producing region between the Arctic Ocean and the Brooks Range known as?
10. In 1900, what rumor started the Yellow River Stampede?
11. How many days are in the short growing season in Alaska?
12. During peak construction months, how many working hours per day did the workers on the Alaska pipeline average?

[Answers on Page 9](#)



amazonsmile

You shop. Amazon gives.

So far the center has received \$94.27 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.



A Note from the Executive Director

February! Yay! The days are getting longer and the sun is getting stronger. Although this is true, based on our cold January temperatures this year, it seems as though winter still has a good grasp on Alaska. However...we all can rely on one thing – spring will be here soon! February brings with it Valentine's Day! Hope you can all join us for a very special Valentine's lunch on February 14. In addition to the great Italian themed meal MarteSue has planned, we have a few other little surprises in store for everyone as well!

February also seems to be the start of the growing season; at least according to the seed companies, based on the amount of seed catalogs I've received in the mail lately! If you enjoy gardening as much as I do, these catalogs are the highlight of the month! If you would like to do some gardening this summer but are not sure where you would put a garden, we can help. We have plots available in our community garden! Located right off the corner of the parking lot is our 8-plot community garden. The plots go fast each year, so if you're interested, please let us know. All it takes is a \$25 refundable deposit to enjoy this fun summer activity – keep the weeds down in your plot and you can get your deposit back. Happy Gardening everyone!

~Julie Otto



Alaskan Trivia Answers



1. 25%
2. Three Saints Bay, Kodiak Island
3. A technique in logging. An entire area may be completely void of trees
4. Someone who would steal from a fish trap
5. Yukon-Kuskokwim Delta
6. Tundra Times
7. Near Ketchikan in southeast Alaska
8. Canadian Goose (up to 16 pounds)
9. The North Slope
10. Gold
11. 10 to 12 hours
12. Between 80 and 120

All Questions & Answers are taken from the 1985 Teddy's Toys & Co. Trivia Game



Belly Dancing Exercise

Open to all Ladies of any age

Mondays at 10:30 am

With

Nelma Treider

At the Ninilchik Senior Center

66265 Aspen Avenue

This is a “Modest” attire class (leggings & full length shirt)

Other dance accessories will be available for use.

Have fun & get some exercise!

For more information call Char at 398-8979

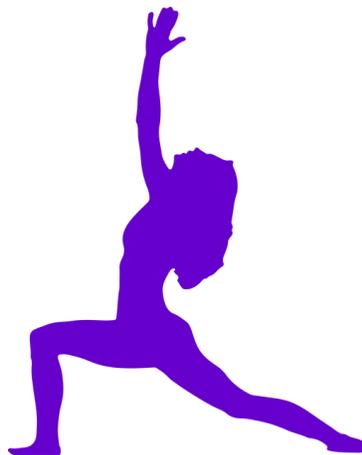


Yoga at the Ninilchik Senior Center!

Now on Fridays at 10:30 am

Start the New Year off working towards
a healthier you!

YOGA



BINGO

Now with Monetary prizes! Don't miss out on the fun!

At

The Ninilchik Senior Center!

Wednesdays after lunch at 1:15

\$5 for 6 games!

B I N G O				
4	26	43	59	70
9	30	41	55	68
7	23	FREE 32 SPACE	50	63
8	20	31	60	75
13	18	34	52	69

Win non-monetary prizes!

Have fun with Friends!



Play Bingo!!!



Coming in January - More chances to Win!

The first packet is \$5, if you would like to play another it will be \$4 more. Play as many packets as you want as long as you can keep up!



Open to the Public.

You must be at least 19 to play.

See Bingo House Rules.

Happy Birthday!

Bill Hamilton Willard Bauman Penny Wilcox
Albert Lee Debbie MacLean Ellen Smith
Dave Smith Maria Goins Mark Brees
Bob Wasser Brent Johnson Darwin Waldsmith



\$5 A Month Club

Thank you to the following who contributed to the club:

Jim Taylor	David & Judy Clemenson
Bob & Sharon Cook	Cathy Perry
Bob Pearson	Steve Stewart
John & Janice Nofziger	Char Moore
Jim & Tina Kenshalo	Liz Spinasant
Terry & Janie Nelson	Terri Eggert

We have a fund to provide items that are not in the budget.

If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

Thank You

Dave Nordgren for trash removal and vehicle maintenance and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to Jim Beall, Steve Vanek, Willard & Ruthe Bauman, Fred Marshall, Cathy Perry, Terry & Janie Nelson, Bev Hylan, Char & Byron Moore, David & Judy Clemenson, Steve Russell, Jeff Smith and Susan Welsh-Smith and anyone we may have missed for the donations.

Thank you to all our Members!!!
Thank you to all our Volunteers!!!
Thank you to all our Donors!!!
Thank you to our Cooks!!!

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kathryn Kennedy
Vice Chair: Ronn Lund
Treasurer: John Nofziger
Trustee: Lenore Jones
Trustee: David Clemenson

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Casey Mae

Events and Activities

Weekly

Mondays: Belly Dancing 10:30 am
Quilting/Sewing 1-4 pm

Tuesdays: Summer Activities including:
Cornhole & horseshoes

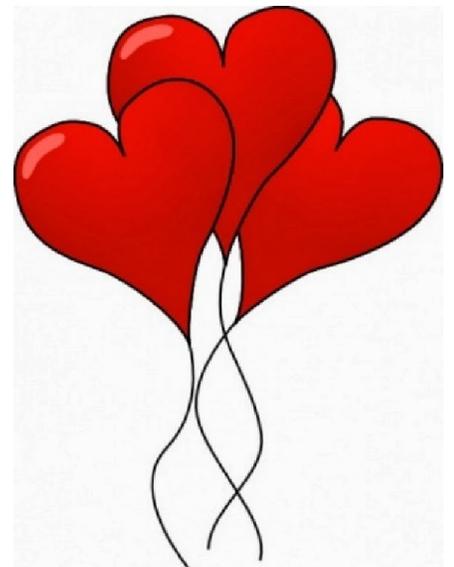
Wednesdays:
Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm
Quilting/Crafts 10am-4pm

Fridays: Yoga at 10:30 am
Trivia during lunch (summer)
Knitting 1-4 pm
Pool 1-4 pm

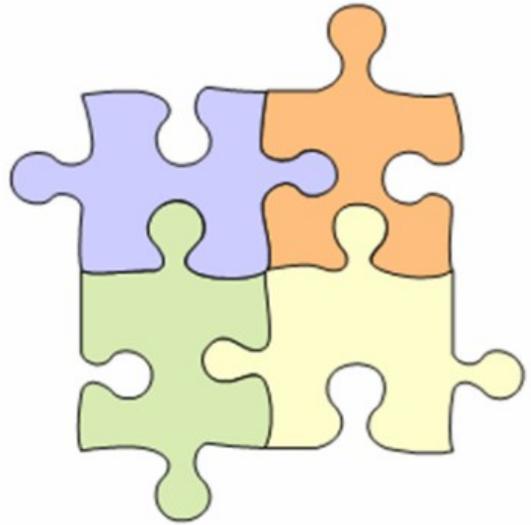
Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.
Suggested donation:
\$7 for members, \$11 for non-members
Lunch includes: soup,
salad, entrée and dessert



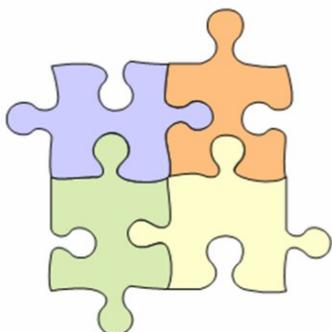
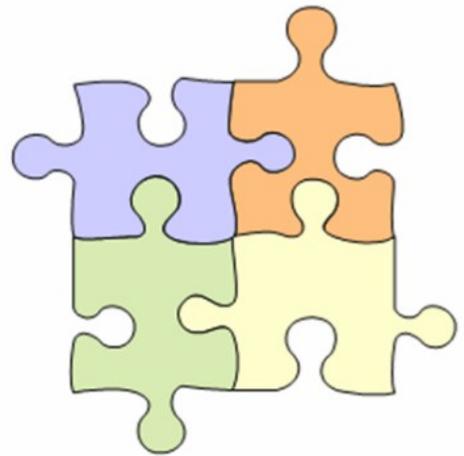
Sudoku #595 (Easy)

			3	6				
	3	6		7			5	
		8			5			9
8						3	4	
		7	5					
4	2			9	7			
				4			9	
7					1	2		3
1	9	5		8				



Sudoku #596 (Easy)

			3	4				
		6			8		5	4
	5		6	9			2	
		3	7					
			2		6			8
1								
8	9						1	7
6			5		9			
	2	4		3				



Answers on page 18



The Senior Center provides transportation for those needing to go to Kenai/Soldotna. We offer one trip to town a week, usually on Tuesday.

The van departs Ninilchik around 9:30 am and would return from town around 2:30 pm.

Soldotna

(with stops at Fred Meyer, Safeway and your medical appointments)

Or Kenai

(with stops at Walmart, Three Bears, Safeway & your medical appointments)

Suggested donation is \$15 per round trip.

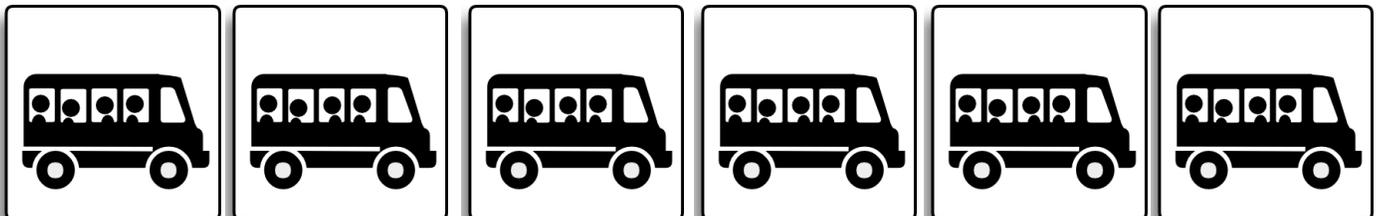
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**The Senior Center can also provide transportation to the center for lunch.**

If you would like to take advantage of any of these services:

Please call the office to schedule

(907) 567-3988





Last year (2018), the center received \$236.67 from Fred Meyer through their community rewards program. In 2019, so far we have received \$199.63. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is GP013 .

**Thank you!!!**

## The Homemaker Assistance Program

Is for **eligible** individuals 60 years and older who really need a little help around the house. The program includes taking out the trash, sweeping & mopping the floors, vacuuming, cleaning the bathroom, making the bed, laundry, cleaning the kitchen, putting away dishes or groceries, etc.

***Please call or visit the office to see if you qualify for this program.***

***YOUR NTS HOMEMAKER IS HERE TO ASSIST YOU IN YOUR EVERYDAY NEEDS. If you have any questions, please call the of-***

The Senior Center is partially funded by these Corporate Sponsors



Peninsula Internal Medicine



Alaska Food Coalition  
 Alaskare Home Medical Equip.  
 Amazon  
 Aspen Hotel / Kenai Residence  
 Dolifka & Associates, P.C.  
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 Meals on Wheels America  
 Ninilchik Family Dentistry  
 Peninsula Memorial Chapel  
 PJK LLC  
 Private Donations  
 State of Alaska/NTS Grant  
 American Legion Post 18

## Sudoku #595 (Easy)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 5 | 1 | 3 | 6 | 8 | 4 | 7 | 2 |
| 2 | 3 | 6 | 4 | 7 | 9 | 8 | 5 | 1 |
| 4 | 7 | 8 | 1 | 2 | 5 | 6 | 3 | 9 |
| 5 | 8 | 9 | 6 | 1 | 2 | 3 | 4 | 7 |
| 6 | 1 | 7 | 5 | 3 | 4 | 9 | 2 | 8 |
| 3 | 4 | 2 | 8 | 9 | 7 | 5 | 1 | 6 |
| 8 | 2 | 3 | 7 | 4 | 6 | 1 | 9 | 5 |
| 7 | 6 | 4 | 9 | 5 | 1 | 2 | 8 | 3 |
| 1 | 9 | 5 | 2 | 8 | 3 | 7 | 6 | 4 |

## Sudoku #596 (Easy)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 1 | 2 | 3 | 4 | 5 | 8 | 7 | 6 |
| 3 | 7 | 6 | 1 | 2 | 8 | 9 | 5 | 4 |
| 4 | 5 | 8 | 6 | 9 | 7 | 1 | 2 | 3 |
| 2 | 8 | 3 | 7 | 5 | 4 | 6 | 9 | 1 |
| 5 | 4 | 9 | 2 | 1 | 6 | 7 | 3 | 8 |
| 1 | 6 | 7 | 9 | 8 | 3 | 2 | 4 | 5 |
| 8 | 9 | 5 | 4 | 6 | 2 | 3 | 1 | 7 |
| 6 | 3 | 1 | 5 | 7 | 9 | 4 | 8 | 2 |
| 7 | 2 | 4 | 8 | 3 | 1 | 5 | 6 | 9 |

# Answers

