

February 2020 Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|---|
| Birthdays 2 | 10:30aBelly Dancing 3 | 4 | 5 | 6 | 10:30 am Yoga 7 | Information 8 |
| Bill Hamilton 2/1 Albert Lee 2/4 Dave Smith 2/5 Bob Wasser 2/8 | Asian Chicken Thighs Rice Pilaf Vegetables | Greek Style Hamburger Casserole Potato Wedges Garden Veggie Dip w/pita chips | Croissants Chicken Cashew Salad Red Jell-O Asparagus Pasta | Pork Tenderloin Stuffing Balls Cranberry Sauce Gravy Vegetables | Baked Ham + Swiss Sandwich on a bun Potato Chips Baked Beans | **Salad Bar and Soup Served Daily** |
| 9 | 10:30aBelly Dancing 10 | 11 | Bingo 12 | 13 | 10:30 am Yoga 14 | 15 |
| Willard Bauman 2/12 Debbie MacLean 2/14 | Lil Cheddar Meatloaves Potato's Vegetables | Baked Chicken Rice Casserole Roasted Parsnips and Carrots | Sweet & Sour Pork Thai Noodles Stir Fry Veggies | Rick's Epic Liver and Onions Potato's Vegetable | Happy Heart Day! Italian Extravaganza Special Valentine's Day Lunch! | Belly Dancing 10:30am on Mondays Bingo 1:30 on Wednesdays Yoga 10:30am on Fridays |
| 16 | 17 | 18 | Bingo 19 | Board Meeting 20 | 10:30 am Yoga 21 | Sew Saturday 22 |
| Maria Goins 2/17 Brent Johnson 2/18 Penny Wilcox 2/19 | Center Closed Presidents' Day | Picnic Tuesday Crispy Chicken Potato Salad Jell-O Dish | Bourbon Brat Kabobs Sauerkraut Vegetables | Turkey Thursday | Baked Chicken Fajitas Flour Tortillas Refried Beans Rice | Suggested Donation \$7.00 Members \$11.00 Guests To-Go Soup \$1.00 per cup |
| 23 | 10:30aBelly Dancing 24 | 25 | Bingo 26 | 27 | 10:30 am Yoga 28 | 29 |
| Ellen Smith 2/23 Mark Brees 2/23 Darwin Waldsmith 2/27 | Moose Roast Mashed Potatoes Gravy Vegetables | Beef Stroganoff Parsley Noodles Glazed Carrots | Halibut Potatoes Vegetables Tartar Sauce | Ricks Buns BBQ Pork Bean Bake Corn Creamy Coleslaw | Monterey Chicken Cauliflower Casserole Rice | The cook reserves the right to change the menu without notice. |
| | | | | | | **Salad Bar and Soup Served Daily** |