

January 2020 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays			1	2	3	Information 4
Kathryn Hale 1/1 Jonny Hylen 1/2 Rick Ferguson 1/2 Birch Ann Allen 1/3 Warren Hageman 1/4				Welcome Back Crispy Pork Cutlets Fettucine Alfredo Green Beans	Salmon Cakes Potato Salad Coleslaw Tartar Sauce	**Salad Bar and Soup Served Daily**
5	10aBelly Dancing6	7	Yoga & Bingo 8	9	10	11
Elizabeth Spinasanto 1/7 Mark Franks 1/10 Daniel Hamilton 1/10 Lorraine Reinhart 1/10	Lil' Cheddar Meatloaves Mashed Potatoes Gravy Vegetable	Coconut Curry Chicken Rice Glazed Carrots	Cheese & Spinach Ravioli Vegetables Garlic Bread	Glazed Pork Tenderloin Double Corn Stuffing Gravy Vegetable	Halibut Olympia Coleslaw Hash Brown Casserole Vegetable	Belly Dancing 10am on Mondays Yoga 10am on Wednesdays Bingo 1:30 on Wednesdays
12	10aBelly Dancing13	14	Yoga & Bingo 15	Board Meeting 16	17	Sew Saturday 18
Doug MacLean 1/12 Char Moore 1/14	Baked Chicken Fajita's Flour tortillas Refried Beans Rice	Roast Moose Potatoes Gravy Vegetable	Smoked Sausages & Bratwursts Sauerkraut Dish Creamy Corn	Turkey Thursday	Rick's Buns w/ Sloppy Joes Tater Tots Pasta Salad	Suggested Donation \$7.00 Members \$11.00 Guests To-Go Soup \$1.00 per cup
19	20	21	Yoga & Bingo 22	23	24	25
Steve Russell 1/19 Ran Murphy 1/19 Mary Holshouser 1/21 Tina Kenshalo 1/23	Center Closed For Martin Luther King Jr Day	Crispy Chicken Mashed Potatoes Gravy Vegetable	BBQ Pork Ribs Coleslaw Bean Bake Corn on the Cob	Lasagna Spaghetti Squash Garlic Bread	Salmon Cakes Potatoes Vegetable Tartar Sauce	The cook reserves the right to change the menu without notice.
26	27	28	Yoga & Bingo 29	30	31	
Richard Behnken 1/26 Linda Hawkins 1/26 Janice Nofziger 1/29 Ronn Lund 1/30 Barbara Franks 1/31 Bruce Randall 1/31	Salisbury Steak Mashed Potatoes Vegetables	Chicken Enchiladas Rice Beans	Frittata Link Sausage Cubed Potatoes Fruit Salad	Swedish Meatballs Noodles Vegetables	Swiss Mushroom Chicken Dressing Broccoli Salad	**Salad Bar and Soup Served Daily**