



# Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988 Fax: 567-3988 [www.NinilchikSeniors.org](http://www.NinilchikSeniors.org)

## Coming Up

**Chair Yoga**  
Wednesdays at  
11 am

**BINGO!**  
Wednesdays after  
lunch

**Board Meeting**  
Thu 5/16

**Fun Fashion Show**  
Fri 5/17 at 11:45

**Sew Saturday**  
Sat 5/18

**Memorial Day**  
**Center Closed**  
Mon 5/27



## May 2019



### A Note from the President of the Board

HEY!!!!

Wake up, it's May. In case you haven't noticed the days are getting longer and longer. That's good because there is more and more to do. All that snow is almost gone and as it has disappeared all that stuff that didn't get put away last fall has been revealed. Get to work everybody.

May also brings back more and more snowbirds. Welcome home everybody, we missed you and hope you have had a good winter. We sure did.

The gazebo is opening up the first weekend in May. It is planned to be open 7 days a week this summer. Thank you to the volunteers that are helping to make that happen. I would like to welcome our new housekeeper Casey Buckwalter. She has made an immediate impact. It sure is nice to have young folks around to show us old folks how it's done.

Only two months left in this fiscal year. That means several things. First of all it is budget season. Our first finance committee meeting is May 7. It starts at 9:30. If you are interested in the budget for the Senior Center please join us. I find it to be an interesting process. Second, it means that your membership renewal is coming due. Remember, you must be a member in good standing in order to vote at the annual membership meeting. The date for the annual meeting has not been set yet. That will be done at the May board meeting on May 16. As always our board meetings are open to all members. You are welcome to come and listen in and see how we are taking care of the Center's business. If you have an issue you would like to bring before the board, please contact Julie in the office and she will make sure you get on the agenda.

I look forward to another wonderful summer here in the Great Land, I hope you do too.

~Dick Hawkins, Board President

# Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

Cost: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center  
55265 Aspen Ave  
Ninilchik, AK



## Progressive Split the Pot Raffle Rules:

One winner every week.

Winner does not need to be present to win, however, if the person is not present, only 50% of the prize won will be awarded

Open to NSC members only. Membership must be current.

Initial Raffle will last no longer than 16 weeks. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

## 16 cards

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14) Ptarmigan: \$5



Ninilchik Senior Citizen's, Inc. will donate \$50 for the initial raffle. Subsequent raffles will begin with 15% of NSC's portion from the previous raffle.

## Winners:

Week 1: Lynn Harding chose a Ptarmigan and won \$5

Week 2: Becky Hamilton chose a Ptarmigan and was not here so she won \$2.50

Week 3: Steve Vanek chose a Ptarmigan and won \$5

Week 4: Lynn Harding chose a Ptarmigan and won \$5

Week 5: Lonnie Lambert chose a Ptarmigan and won \$5

Week 6: Julie Wasser chose a Ptarmigan and won \$5

Week 7: Kathy Sleasman chose a Ptarmigan and won \$5

Week 8: Ken Rucker & Liz Spinasanto chose a Ptarmigan and won \$5

Week 9: Ken Rucker & Liz Spinasanto chose a Ptarmigan and won \$5

Week 10: Char Moore chose a Ptarmigan and won \$5

Week 11: Lynn Harding chose a Ptarmigan and won \$5

Week 12: Ron Jorgensen chose the Owl and was not here so he won \$86.08



Coming Soon...



# THE GAZEBO

The Gazebo will be opening soon!

As usual, we need your stuff!

If you have any items you would like to donate,  
please bring them by the Ninilchik Senior Center  
during business hours.

Please do not leave items outside the Gazebo!!!

Questions? Call 567-3988

Thank you!!! We appreciate your  
continued support!



Coming in June

The Nihilchik Senior Citizen's

# Annual Endowment Dinner and Auction

## Friday, June 14

Save the Date!!! Looking forward to seeing you there!

Come and enjoy the fun!



Last year (2017), the center received \$255.81 from Fred Meyer through their community rewards program. In 2018 we received **\$237.79**. Thank you to those who participated and made this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is **GP013**.

# OLDER AMERICANS MONTH



CONNECT, CREATE, CONTRIBUTE MAY 2019

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. We are pleased to announce the 2019 theme, Connect, Create, Contribute, which encourages older adults and their communities to:

- Connect with friends, family, and services that support participation.
- Create by engaging in activities that promote learning, health, and personal enrichment.
- Contribute time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

Older Americans Month 2019 will include suggestions, resources, and material to celebrate older Americans and the communities of which they are a vital part. Visit [acl.gov/oam](https://acl.gov/oam) in early 2019 for ways to get started, and starting now, promote the observance on social media using #OAM19 and #ConnectCreateContribute.

Everyone benefits when everyone can participate. We encourage you to connect, create, and contribute for stronger and more diverse communities this May, and throughout the year.

Taken from:

<https://acl.gov/news-and-events/announcements/older-americans-month-2019-theme>



# NSC's Fun Fashion Show

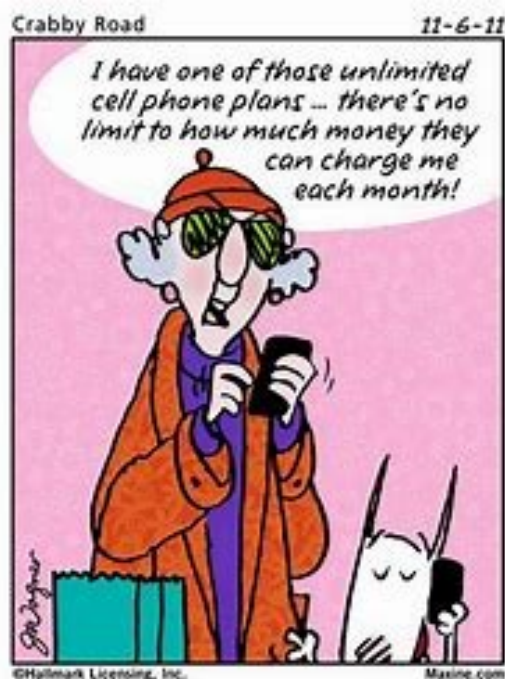
Join us for a fun Fashion Show, see creative costumes and enjoy!

Friday, May 17 at 11:45

Come dressed up as your favorite character, make believe or real. Be sure to write up a card on what will be announced as you walk down the runway!

The sillier the better! Let the office know what you are planning to do and if you need help with ideas.

Let's have some fun!!!





# Alaskan Trivia

1. True/False: Alaska is over twice the size of Texas.
2. In what years did Alaska natives first notice oil seepages? (1830's, 1890's or 1920's)
3. How high is Denali (Mt. McKinley)? (20,320 ft. 28,630 ft. Or 36,450 ft.)
4. Who was the President of the United States when Alaska was purchased?
5. What region in the state has the most productive timber land?
6. What animal is known as "The Alaska Blue"?
7. Katmai National Monument is twice the size of what state? (Rhode Island, Delaware, Vermont)
8. Reindeer were transplanted near what city in the 1890's?
9. What is the name of the 18-20 foot white whale used by the Eskimos for food?
10. How many miles is the Alaska Highway from British Columbia to Fairbanks?
11. What are the unseasonably warm winds that cause thawing in the middle of winter?
12. What types of reptiles are indigenous to Alaska?





**Memorial Day is a federal holiday in the United States for remembering and honoring persons who have died while serving in the United States Armed Forces.**

**amazon**smile

**You shop. Amazon gives.**

So far the center has received \$94.27 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link:

<https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.

## **A Note from the Executive Director**

Hooray! It's May! Hopefully we've seen the last of the ice and snow for the season and can move on to long days with lots of sunshine! Time to get outdoors and enjoy all the beauty Alaska has to offer.

Thank you to all that participated in our annual survey. I'm excited to share some of the results! We had 86 people respond to the survey, either via the internet or in hard copy. If you have not taken the survey yet, it's not too late to do so. Ask Tandy or myself for a copy and we'll add your information to our totals. These surveys are important for our grants, so please take the survey if you have not. Now for the results....100% of the surveys returned said they would recommend the Senior Center to a friend and 94% rated our overall services as Excellent. Some of the comments include:

"The food is excellent, staff is always bright and bubbly"

"The meals on wheels program has helped us age in place"

"Easy going, friendly atmosphere"

"Best Senior Center on the Kenai"

I am happy to share further results with anyone who is interested. Again, thank you all to those who participated!

*~Julie Otto*



# The Month of May

**May** is the fifth month of the year in the Julian and Gregorian Calendars and the third of seven months to have a length of 31 days.

May is a month of spring in the Northern Hemisphere and autumn in the Southern Hemisphere. Therefore, May in the Southern Hemisphere is the seasonal equivalent of November in the Northern Hemisphere and vice versa. Late May typically marks the start of the summer vacation season in the United States and Canada and ends on Labor Day, the first Monday of September.

The month of May (in Latin, Maius) was named for the Greek Goddess Maia, who was identified with the Roman era goddess of fertility, Bona Dea, whose festival was held in May. Conversely, the Roman poet Ovid provides a second etymology, in which he says that the month of May is named for the *maiores*, Latin for "elders," and that the following month (June) is named for the *iuniores*, or "young people" (*Fasti VI.88*).

Mayovka, in the context of the late Russian Empire, was a picnic in the countryside or in a park in the early days of May, hence the name. Eventually, "mayovka" (specifically, "proletarian mayovka") came to mean an illegal celebration of May 1 by revolutionary public, typically presented as an innocent picnic.<sup>[1]</sup>

Special devotions to the Virgin Mary take place in May. See May devotions to the Blessed Virgin Mary.

Eta Aquariids meteor shower appears in May. It is visible from about April 21 to about May 20 each year with peak activity on or around May 6. The Arietids shower from May 22 – July 2, and peaks on June 7. The Virginids also shower at various dates in May.

Taken from:

<https://en.wikipedia.org/wiki/May>

## Alaskan Trivia Answers

Questions & Answers are from "The Alaska Game of Trivia" by Teddy's Toys 1985

1. True.
2. 1830's.
3. 20,320 ft.
4. President Andrew Johnson.
5. Southeast.
6. Blue Fox.
7. Delaware.
8. Nome.
9. Beluga.
10. 1,500 miles.
11. Chinook winds.





***At***  
**The Ninilchik Senior Center!**

B I N G O					
4	26	43	59	70	
9	30	41	55	68	
7	23	FREE 32 SPACE	50	63	
8	20	31	60	75	
13	18	34	52	69	

\$5 for 6 games!

Win non-monetary prizes!

Have fun with Friends!

Play Bingo!!!



***Now with Monetary prizes!***

***Don't miss out on the fun!***



Open to the Public.  
You must be at least 19 to play.  
See Bingo House Rules.

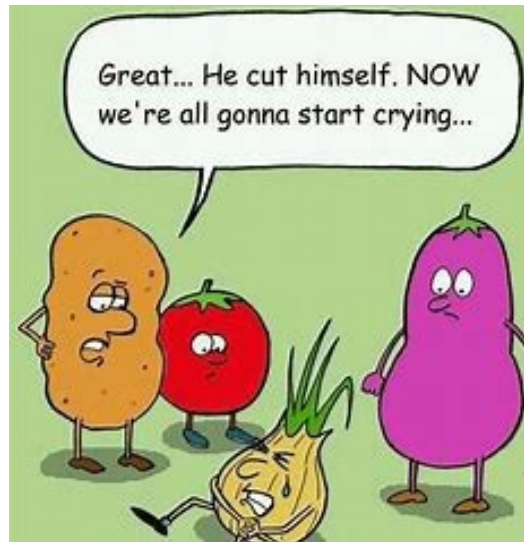
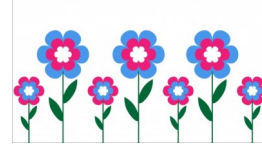
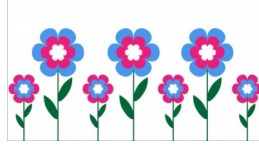
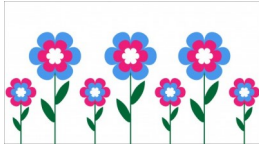
# Happy Birthday - May

Dick Hawkins  
Cathy Andrew  
Ed Hull  
John Nofziger  
Paul Page

Fred Eggert  
Patsy Williams  
Carol Chapman  
Terri Quinlan

Kathy Wallace  
Craig Jensen  
Jeanette Phillips  
Susan Welsh-Smith

Roy Huhndorf  
Annie Maxwell  
John Lyons  
Pam Ehlers



## Thank You

Dick Pitta, Doug MacLean, Willard Bauman, John Nofziger, for Monday town shopping trips. Dave Nordgren for town trips, trash removal and vehicle maintenance, and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to Jim Beall, Steve Vanek, Willard & Ruthe Bauman, Fred Marshall, Cathy Perry, Terry & Janie Nelson, Harriet Covey, Birch Ann Allen, Char & Byron Moore and anyone we may have missed for the donations.

Thank you to all our Members!!!  
Thank you to all our Volunteers!!!  
Thank you to all our Donors!!!  
Thank you to our Cooks!!!

### \$5 A Month Club

Thank you to the following who contributed to the club:

Jim Taylor  
David & Judy Clemenson  
Char Moore  
Steve Stewart  
Bob Pearson  
Cathy Perry  
Bob & Sharon Cook

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can.

**THANK YOU!!!**

# About The Ninilchik Senior Center

## Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

## Board of Directors

President: Dick Hawkins  
V. President: Viola Nordgren  
Secretary: Kaye Waldsmith  
Treasurer: Sharon Cook  
Trustee: Steve Vanek  
Trustee: Cheryl Doyle  
Trustee: Lynn Harding

## Endowment Trustees

Chair: Kathryn Kennedy  
Vice Chair: Ronn Lund  
Secretary: Diane Wilson  
Treasurer: John Nofziger  
Trustee: Lenore Jones  
Trustee: Jim Kenshalo  
Trustee: David Clemenson

## Staff

Executive Director: Julie Otto  
Adm. Assist/Bookkeeper:  
Tandy Wallace  
Cook: Marti Sue Chapman  
Cook/Maintenance: Rick Ferguson  
Trans. Driver: Mark Brees  
NSC Homemaker: Casey Buckwalter

## Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.

Suggested donation:

\$7 for members, \$11 for non-members

Lunch includes: soup,  
salad, entrée and dessert



## Events and Activities

### Weekly

**Mondays:** Quilting/Sewing 1-4 pm

**Tuesdays:** Craft Day 10 am-4 pm

**Wednesdays:** Chair Yoga 11 am  
Bingo (after lunch 1 pm)

**Thursdays:** Game Day 1-4 pm  
Quilting/Crafts 10am-4pm

**Fridays:** Knitting 1-4 pm  
Pool 1-4 pm

**Saturdays:** 3rd Saturday of each month Sew Saturday





What's the Point?

Find and circle all of the things with points that are hidden in the grid. The remaining letters spell a secret message.

E T S E G D A B S F F I R E H S T H E  
L N P I N E N E E D L E R I C I C L E  
P E E A R G U M E N T E P B O D I K N  
A D A T E K N N E T G O F A E T R E Q  
T I R O S H C F R N T I S C P O P U U  
S R Z O O N I I I O E R I K F L I Z E  
C T S T N N I F T K H M I G L L L R L  
I I C H K O E L A S A T K A L I H S D  
S C R P A S L T E L R O B M N I T T E  
S E A I R R S A O V O E P M N G H A E  
O P Y C A N K P T H A R T O O U L R N  
R I O K E S Y T H D P J C N M V I E G  
S C N D N R U S O E R E C B I D E K N  
A K O B A L I L N O R I T O D O N I I  
E O E M C F I C Y O T A B A M R P P W  
W A I N L J I A S T C H O R N P O S E  
K D R Y U L A H N K S B L D D T A W S  
E D I R V V O E L E P L A C S A L S S  
T E K C O R R A N T E N N A S I R E S  
E N O C N W W E R C S K R O C O N T R



- ANTENNA

ANTLER

ARGUMENT

ARROW

BACKGAMMON BOARD

BALLPEN

BEAK

BIRD TALON

COMPASS

CONE

CORKSCREW

CRAYON
- DART

DECIMAL

FINGER

FISH HOOK

FORK

ICE PICK

ICICLE

JAVELIN

KNIFE

NAIL

NOSE

PENCIL
- PINE NEEDLE

POINTER STICK

PYRAMID

QUILL

RHINOCEROS HORN

ROCKET

SCALPEL

SCISSORS

SEWING NEEDLE

SHARK TOOTH

SHERIFF'S BADGE

SPEAR
- SPIKE

STAPLE

STAR

STYLUS

SWORD

THORN

THUMB TACK

TOOTH PICK

TRIANGLE

TRIDENT

VULCAN EAR

WOODEN STAKE



## **Ninilchik Senior Center has a New Van!!!!**

The new van is wheelchair accessible.

Don't like "fighting" summer traffic? Sign up for a trip to town with NSC.

The Senior Center provides transportation for those needing to go to Kenai/Soldotna. We offer one trip to town a week, usually on Tuesday.

The van departs Ninilchik around 9:30 am and would return from town around 2:30 pm.

**Soldotna**

(with stops at Fred Meyer, Safeway and your medical appointments)

**Or Kenai**

(with stops at Walmart, Three Bears, Safeway & your medical appointments)

Suggested donation is \$15 per round trip.

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**The Senior Center can also provide transportation to the center for lunch.**

If you would like to take advantage of any of these services:

Please call the office to schedule

**(907) 567-3988**

## The Homemaker Assistance Program

Is for individuals 60 years and older that find themselves needing a little help around the house. The program includes taking out the trash, sweeping & mopping the floors, vacuuming, cleaning the bathroom, making the bed, laundry, cleaning the kitchen, putting away dishes or groceries, etc.

***Please call the office to learn more about this program.***

***YOUR NTS HOMEMAKER IS HERE TO ASSIST YOU IN YOUR EVERYDAY NEEDS. If you have any questions, please call the office at (907) 567-3988.***

The Senior Center is partially funded by these Corporate Sponsors



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