



Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988 Fax: 567-3988 www.NinilchikSeniors.org

Coming Up

BINGO!

Wednesdays after
lunch

**Daylight Saving
Time Begins**
Sun 3/10

Free Workshop:
**The 7 Threats to
Your Estate Plan**
Fri 3/15

Sew Saturday
Sat 3/16

St. Patrick's Day
Sun 3/17



**Chuck Hawkins
Presentation
China/N.Korea
Update 1:00 pm**
Tue 3/19

**First Day of
Spring**
Wed 3/20

Board Meeting
Thu 3/21

AARP Tax Prep
Thu 3/21
Only a few spot left
sign up now!



A Note from the President of the Board

March already. Spring is in the air. Can you feel it? Well, when the sun is shining and one is sitting in a south facing window and you close your eyes maybe you can imagine it at least.

I would like to welcome our newest board member. Lynn Harding was appointed to the board of directors at our February meeting. The board had the luxury of choosing between 3 very qualified candidates. I was pleased to see such interest. Please welcome her when you see her. I'm sure she will be an asset.

There is so much happening in March. First of all, the Iditarod kicks off on March 2, I do believe. Then along comes daylight savings time. I do believe St. Patrick's Day is this month also, the 17th if memory serves me. Remember to wear green. Spring will be officially upon us on March 21, which also happens to be the date of our next board meeting. AARP will be here that day also to help folks with their taxes if they want/need help. Remember to sign up for a time slot. Call the office and get signed up before all the slots are gone.

We started a new fun fundraiser on February 4th. It is a progressive split the pot raffle. The pot is up to nearly \$300 already. Call the office or come by for lunch to get the details, but the short story is you have to buy tickets (\$1.00 each) and then the drawing is on Friday. We will keep going until we have a big winner and then we will start over.

Our budgeting process will be starting up again in April for the coming fiscal year. We have a finance committee that puts together next year's budget and then it is presented to the whole board for approval. If you are interested in how this all works, then by all means please consider volunteering for the finance committee. They have meetings in April, May and June. Pretty easy stuff actually.

All for now.

~Dick Hawkins

It's All About Family!

Have you protected them?

If Crisis Strikes, You Risk:

- Losing Control
- Additional Stress on Your Family
- The Loss of What You Spent a Lifetime Building

Proper Planning Ensures You:

- Maintain control of Your assets for the sake of the family
- Give control to those you trust most when you're not able
- Remain home without stress on the family should the need for long term care arise
- Keep your family's business private

Come Discover
"The 7 Threats to
Your Estate Plan"
Call (907)334-9200
to reserve your
seat today.



Law Office of Constance A. Aschenbrenner, LLC

205 E. Benson Blvd., Ste 121-D
Anchorage, Alaska 99503

Phone: (907) 334-9200
Fax: (907) 334-9036

caschenbrenner@gci.net
www.akwillstrusts.com

Anchorage Senior Activity Center

1300 E. 19th Ave.
Anchorage, Alaska
(907) 770-2000

9:30 a.m. to 11:30 a.m.

DEC. 14, JAN. 4, FEB. 7

6:00 p.m. to 8:00 p.m.

JAN. 8, JAN. 29, FEB. 19

Wasilla Senior Center

1301 South Century Cir.
Wasilla, Alaska
(907) 376-3104

9:30 a.m. to 11:30 a.m.

DEC. 4,

JAN. 3, FEB. 5

Chugiak Eagle River Senior Center

22424 Birchwood Loop Rd.
Chugiak, Alaska
(907) 688-2674

9:30 a.m. to 11:30 a.m.

DEC. 5,

JAN. 10, FEB. 14

Ninilchik Senior Center

66265 Aspen Ave.
Ninilchik, Alaska
(907) 567-3988

9:30 a.m. to 11:30 a.m.

JAN. 11, FEB. 15

Mar 15

Estate Planning: Wills, Trusts, and Powers of Attorney. Medicaid Planning: Miller's Trusts and Special Needs Trusts

Seating is limited. Reservations are required.

Contact : Christina Soto, Client Services
Coordinator

ANCHORAGE: (907)334-9200

March 15



Last year (2017), the center received \$255.81 from Fred Meyer through their community rewards program. In 2018 we received **\$237.79**. Thank you to those who participated and made this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

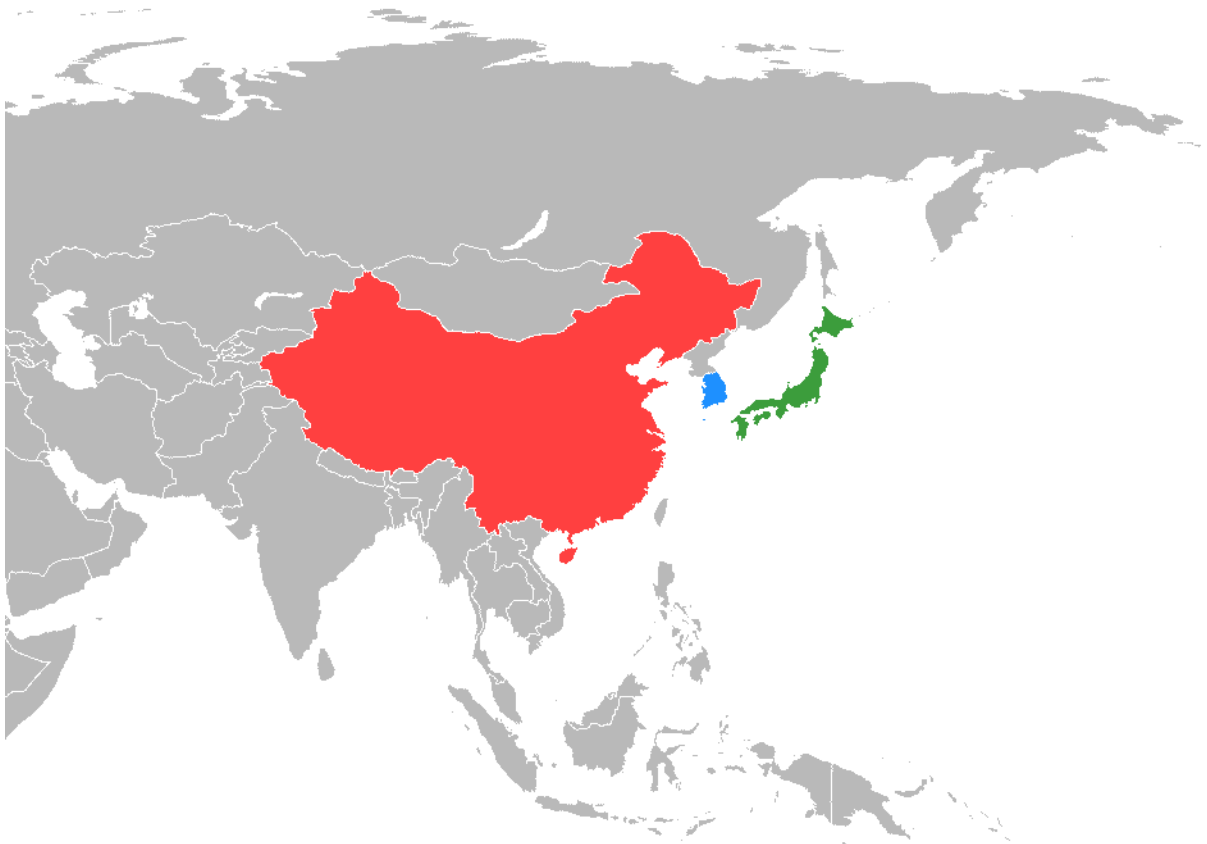
The center's Organization Identification Number is **GP013**.

Chuck Hawkins Presentation

China / North Korea Update

Tuesday, March 19 at 1:00 pm

Join Chuck for insights into China and North Korea.



Headband Mania!!!

**Go
Team!**



A member of the Ninilchik High School Basketball Team asked for help making headbands to sell. And these people stepped up to help them out! Good job!!!

Lynn Beeker, Liz Spinasanto, Kathy Bundy, Helena Torretta, Donna Schaetzle, John Nofziger, Josh Lynner, Julie Otto and Tandy Wallace. Thank you!!!

Join us for Corned Beef & Cabbage Friday March 15



Donations, Donations, Donations

It's PFD Application time again!

Just a reminder that the Ninilchik Senior Center is no longer participating in the Pick, Click, Give program due to the costs associated with the program.

We thank all of you who have donated this way in the past.

If you would like to donate to the Senior Center, there are many different ways to donate.

- ~ Donate needed items like office supplies, kitchen needs, etc.
- ~ Donate through the \$5 a month club
- ~ Donate monies to the Senior Center Endowment Fund
- ~ Donate monies directly towards Senior Center operating costs

Please stop by the office for more information.



Alaskan Trivia

1. Name the mountain range that borders the City of Anchorage.
2. What village was completely destroyed by the great Alaskan earthquake?
3. What town in the early 1900's was made of tents and log cabins along the Chena River?
4. Name the smallest of the northern seals.
5. What is the main ocean port on the Kenai Peninsula?
6. What was the only musical instrument known to the early Eskimo people?
7. What mineral was the town of Juneau founded on?
8. What hoofed animal was introduced to Alaska from Siberia?
9. Approximately how much of the state is covered with perma frost?
(1/4, 1/3, 1/2)
10. What is a billiken?
11. In what year did the town of Anchorage get started?
12. What is a favorite food for moose?

Answers on Page 8



AARP Tax Prep

Thursday, March 21

**There are only a few spots left.
If you would like help with your
taxes, sign up now!**

**Contact NSC office staff to sign
up and reserve a time slot.**

amazonsmile

You shop. Amazon gives.

So far the center has received \$94.27 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.

A Note from the Executive Director

Think Spring! March is a favorite month of mine as spring officially starts! Soon we'll be walking with no ice under our feet and be able to see around all the corners again when driving! How very exciting that will be!! Don't forget about the time change – "Spring Forward" happens on March 10. And then a week later we have St. Patrick's Day. Ever wonder who St. Patrick was? I was surprised to find out that even though he is the Patron saint of Ireland, he wasn't even Irish! He was born in Roman Britain and kidnapped and taken to Ireland as a slave. After he escaped slavery he went into Ireland as a Missionary and ultimately ended up as Ireland's Patron Saint. Whether you're Irish or not...seems like St. Patrick's Day is celebrated by many with green being the chosen color to wear that day. So if you feel up to it, wear green on March 15 and join us here at the center for a lunch of corned beef and cabbage!

~Julie Otto





Spring is one of the four conventional temperate seasons, following winter and preceding summer. There are various technical definitions of spring, but local usage of the term varies according to local climate, cultures and customs. When it is spring in the Northern Hemisphere, it is autumn in the Southern Hemisphere and vice versa. At the spring equinox, days and nights are approximately twelve hours long, with day length increasing and night length decreasing as the season progresses.

Data from: [Wikipedia](#)

Alaskan Trivia Answers

Questions & Answers are from "The Alaska Game of Trivia" by Teddy's Toys 1985

1. Chugach Mountains.
2. Chenega in Prince William Sound.
3. Fairbanks.
4. Ringed Seals.
5. Seward.
6. Tambourine made of seal skin and driftwood (drum).
7. Gold.
8. Reindeer.
9. 1/3.
10. A token of good luck.
11. 1915.
12. Willow and dwarf birch.





At
The Ninilchik Senior Center!

B I N G O					
4	26	43	59	70	
9	30	41	55	68	
7	23	FREE 32 SPACE	50	63	
8	20	31	60	75	
13	18	34	52	69	

\$5 for 6 games!

Win non-monetary prizes!

Have fun with Friends!

Play Bingo!!!



Now with Monetary prizes!

Don't miss out on the fun!



Open to the Public.
You must be at least 19 to play.
See Bingo House Rules.

***Anita Kwan won
the first cash
prize of \$10!!!***

Happy Birthday - March

John Lindeman
Lynn Harding
Sharon Cook
Debra Erosky

Bob Dale
Becky Hamilton
Connie Porter
Dianne Thomas

Shelley Estes
Greg Encelewski
Fred Marshall
Chet Savoy

Kathy Sleasman
Beverly Graf
Linda Peason
Micky Cartwright



Why is St. Patrick's Day Celebrated?

St. Patrick's Day is a cultural and religious holiday celebrated on the 17th of March, and named in honor of the patron saint of Ireland. The festival commemorates the arrival of Christianity in Ireland, as well as celebrating Irish heritage and culture.



Wear Green Day!

Thank You

Dick Pitta, Doug MacLean, Willard Bauman, John Nofziger, for Monday town shopping trips. Dave Nordgren for town trips, trash removal and vehicle maintenance, and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to Steve Russell, Birch Ann Allen, Jim Beall, Steve Vanek, Willard & Ruthe Bauman, Fred Marshall, Myrtle Mae Erickson and anyone we may have missed for the donations.

Thank you to all our Members!!!
Thank you to all our Volunteers!!!
Thank you to all our Donors!!!
Thank you to our Cooks!!!

\$5 A Month Club

Thank you to the following who contributed to the club:

Jim Taylor
David & Judy Clemenson
Tom & Phyllis McCutchan
Char Moore
Steve Stewart
Bill Cress
Bob Pearson
Cathy Perry

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can.

THANK YOU!!!

About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins
V. President: Viola Nordgren
Secretary: Kaye Waldsmith
Treasurer: Sharon Cook
Trustee: Steve Vanek
Trustee: Cheryl Doyle
Trustee: Lynn Harding

Endowment Trustees

Chair: Kathryn Kennedy
Vice Chair: Ronn Lund
Secretary: Diane Wilson
Treasurer: John Nofziger
Trustee: Lenore Jones
Trustee: Jim Kenshalo
Trustee: David Clemenson

Staff

Executive Director: Julie Otto
Adm. Assist/Bookkeeper:
Tandy Wallace
Cook: Marti Sue Chapman
Cook/Maintenance: Rick Ferguson
Trans. Driver: Mark Brees
NSC Homemaker: Kristin Presley

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.

Suggested donation:

\$7 for members, \$11 for non-members

Lunch includes: soup,
salad, entrée and dessert



Events and Activities

Weekly

Mondays: Quilting/Sewing 1-4 pm

Tuesdays: Craft Day 10 am-4 pm

Wednesdays: Bingo (after lunch)

Thursdays: Game Day 1-4 pm
Quilting/Crafts 10am-4pm

Fridays: Knitting 1-4 pm
Pool 1-4 pm

Saturdays: Music Jammin' 2-4 pm
Sew Saturday -the 3rd Saturday of each month



St. Patrick's Day

Find and circle all of the words that are hidden in the grid.
The remaining 34 letters spell a secret message.

S A S S E N N I U G E V E N T S P
I Y A D I L O H N T Y Y P A E P O
C T H I S T O R Y R A R P K G O T
I L S O D A B R E A D A A I R H A
S C O K L H T N E E T N E V E S T
U C I V N V H D E R S O I D E I O
M E I C E U A C O N A I T L N B E
E L C H E R A N R I E S E K B F S
G T H T A L S H R A F S C F E U F
A I R P R A E E C T M I I E F E D
T C I G I A L B S E R M B T S G H
I C S N N A D A R E R D H T Y A O
R R T R N I F I M A E P I C E B L
E O I D E L C I T N T V E K A B Y
H S A S E E L N R I A I R L R A D
E S N B H N B O A L O O O T L C A
S H A M R O C K U D C N R N Y Y Y



BEER
BELFAST
BISHOP
CABBAGE
CELEBRATION
CELTIC CROSS
CHRISTIAN
CLOVER
CORK
CORNED BEEF

DANCING
DUBLIN
EVENTS
FEAST DAY
FESTIVAL
GREEN
GUINNESS
HERITAGE
HISTORY
HOLIDAY

HOLY DAY
IRELAND
IRISH
LEPRECHAUN
LIMERICK
MARCH
MISSIONARY
MUSIC
PARADE
PATRON SAINT

POTATOES
SEVENTEENTH
SHAMROCK
SNAKES
SODA BREAD
TRADITION
YEARLY





The Senior Center provides transportation for those needing to go to Kenai/Soldotna. We offer one trip to town a week, Tuesday or Thursday

The van would depart Ninilchik around 9:30 am and would return from town around 2:30 pm.

Soldotna

(with stops at Fred Meyer, Safeway and your medical appointments)

Or Kenai

(with stops at Walmart, Three Bears, Safeway & your medical appointments)

Suggested donation is \$15 per round trip.

The Senior Center can also provide transportation to the center for lunch.

If you would like to take advantage of any of these services:

Please call the office to schedule
(907) 567-3988

The Homemaker Assistance Program

Is for individuals 60 years and older that find themselves needing a little help around the house. The program includes taking out the trash, sweeping & mopping the floors, vacuuming, cleaning the bathroom, making the bed, laundry, cleaning the kitchen, putting away dishes or groceries, etc.

Please call the office to learn more about this program.

YOUR NTS HOMEMAKER IS HERE TO ASSIST YOU IN YOUR EVERYDAY NEEDS. If you have any questions, please call the office at (907) 567-3988.

The Senior Center is partially funded by these Corporate Sponsors

ConocoPhillips
Alaska

Walmart

Hilcorp Alaska

TESORO

andeavor



Peninsula Internal Medicine

central peninsula hospital

GCI

PJK LLC



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