



# Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988 Fax: 567-3988 www.NinilchikSeniors.org

## Coming Up

### BINGO!

Wednesdays after lunch

**New Year's Day!**  
Center Closed  
Tue 1/1

**Sarah Vance**  
Meet & Greet  
Fri 1/3 11:30 am

**Sew Saturday**  
Sat 1/19

**Free Workshop:**  
The 7 Threats to  
Your Estate Plan  
Fri 1/11

**Martin Luther**  
King, Jr. Day  
Center Closed  
Mon 1/21

How many  
Santa's can you  
find?



## A Note from the President of the Board

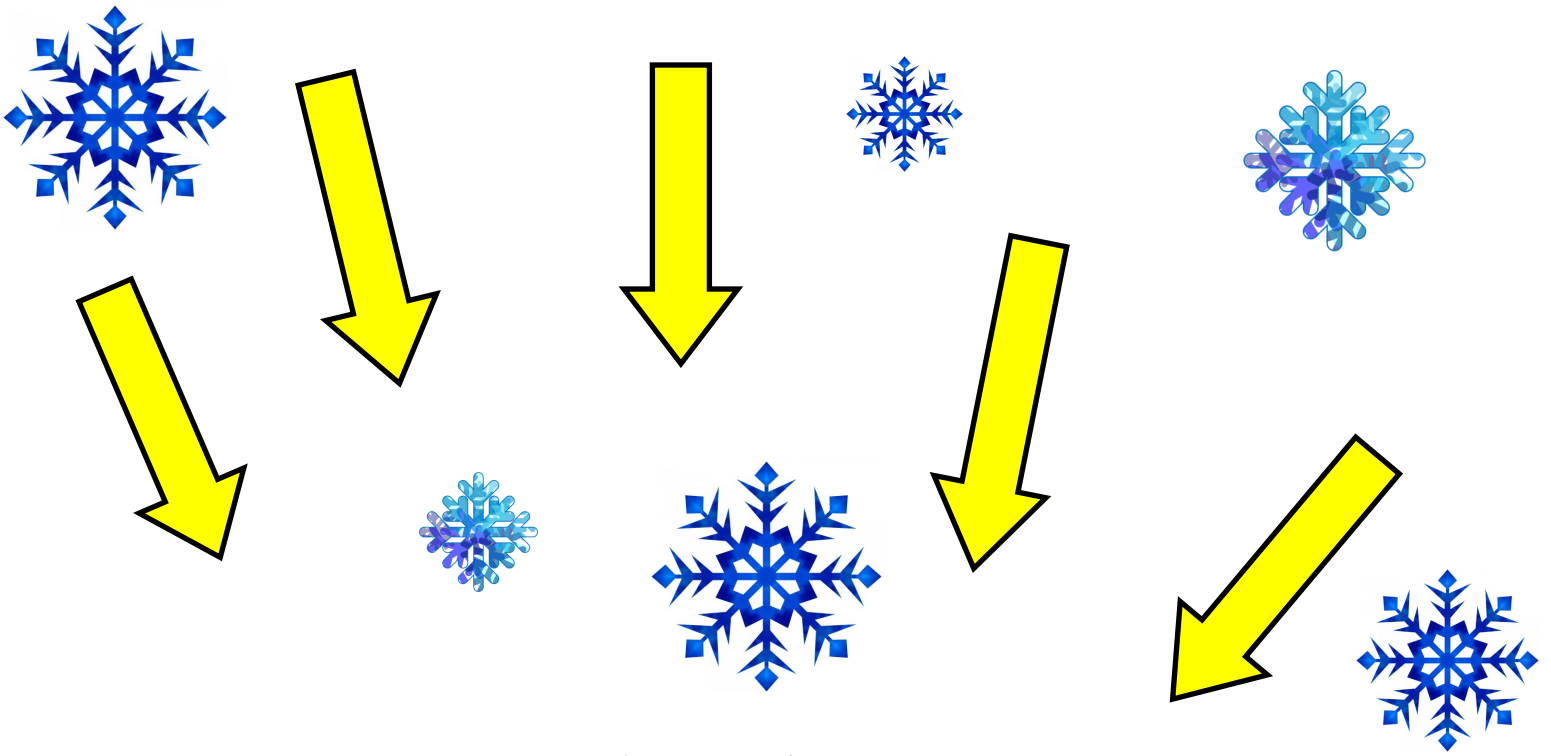
Happy New Year everybody. Here it is 2019. I find it hard to believe. I remember back about 1960 my mother gave me a tablet of graph paper and told me to make calendars until I got to the year 2000. It took me a while (no computers back then) but I did it. I remember thinking, "Gee, I'll be 50 in the year 2000. That was such a long way off I really couldn't comprehend it. Sorry, did I just digress?"

I hope everybody had a wonderful Christmas in 2018 and that 2019 finds you happy healthy and only a pound or two heavier. Well, I can hope, right. As we start the new year let me remind you about some of the ongoing activities the center offers, sewing, knitting, game days, bingo, jamming on Sat. Also, remember that the office staff is here to help. If you find you need help with your PFD application they are the ones that can do it. If they can't they can certainly point you to someone who can. Also, start getting your taxes put together. Only 3.5 months before they are due.

We begin 2019 on sound financial footing. This is in large part due to the diligence of the staff. They are the best I've seen at trimming the fat and finding grants that help us make ends meet. I also can't forget our volunteers. They help us do everything. The fellows that drive to town on Monday, all our tech wizards that help with wifi, internet, and other issues of that nature. They really do help keep the center running.

I wish everybody all the health and happiness in this new year of 2019.

~Dick Hawkins

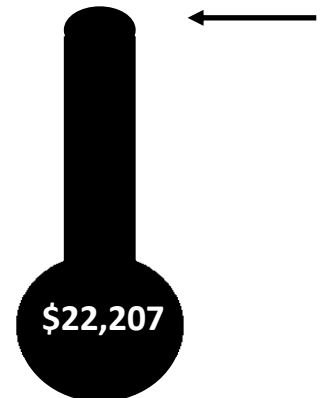


We reached our Goal!!!

\$20,000 for our 20th Year of the  
Endowment Fund

Thank you!!!

to everyone who helped us reach  
our goal!!!



# It's All About Family!

*Have you protected them?*

## If Crisis Strikes, You Risk:

- Losing Control
- Additional Stress on Your Family
- The Loss of What You Spent a Lifetime Building

## Proper Planning Ensures You:

- Maintain control of Your assets for the sake of the family
- Give control to those you trust most when you're not able
- Remain home without stress on the family should the need for long term care arise
- Keep your family's business private

Come Discover  
"The 7 Threats to  
Your Estate Plan"  
Call (907)334-9200  
to reserve your  
seat today.



## Law Office of Constance A. Aschenbrenner, LLC

205 E. Benson Blvd., Ste 121-D  
Anchorage, Alaska 99503

Phone: (907) 334-9200  
Fax: (907) 334-9036

caschenbrenner@gci.net  
www.akwillstrusts.com

### Anchorage Senior Activity Center

1300 E. 19th Ave.  
Anchorage, Alaska  
(907) 770-2000

9:30 a.m. to 11:30 a.m.

DEC. 14, JAN. 4, FEB. 7

6:00 p.m. to 8:00 p.m.

JAN. 8, JAN. 29, FEB. 19

### Wasilla Senior Center

1301 South Century Cir.  
Wasilla, Alaska  
(907) 376-3104

9:30 a.m. to 11:30 a.m.

DEC. 4,

JAN. 3, FEB. 5

### Chugiak Eagle River Senior Center

22424 Birchwood Loop Rd.  
Chugiak, Alaska  
(907) 688-2674

9:30 a.m. to 11:30 a.m.

DEC. 5,

JAN. 10, FEB. 14

### Ninilchik Senior Center

66265 Aspen Ave.  
Ninilchik, Alaska  
(907) 567-3988

9:30 a.m. to 11:30 a.m.

JAN. 11, FEB. 15

Mar 15

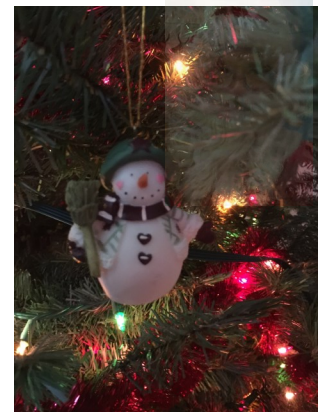
Estate Planning: Wills, Trusts, and Powers of Attorney. Medicaid Planning: Miller's Trusts and Special Needs Trusts

**Seating is limited. Reservations are required.**

Contact : Christina Soto, Client Services

Coordinator

**ANCHORAGE: (907)334-9200**



Last year (2017), the center received \$255.81 from Fred Meyer through their community rewards program. So far in 2018 we have received \$176.28. Thank you to those who participated and made this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is GP013 .

# State of Alaska Senior Benefits Program

The Alaska Senior Benefits Program pays monthly cash benefits to Alaskans who are age 65 or older and have low to moderate income. Payment levels depend on available state funding and how many people apply and qualify for the program.

## **Eligibility and Payment:**

\*Eligibility and Payment amount is based on gross annual income.

\*Assets, such as savings, are not counted.

\*Income limits may change yearly along with Alaska's federal poverty level.

\*Payments are not available to seniors living in the following institutions:

Prison or jail

A nursing home

Alaska Pioneers' Home

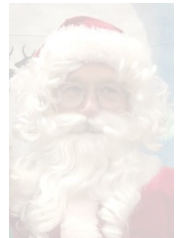
Alaska Veteran's Home

Public or private institution for mental disease

Payments usually range from \$76 to \$250 a month based on income. If you would like more information regarding this program come to the office or call (907) 567-3988. Or look online at:

<http://dhss.alaska.gov/dpa/Pages/seniorbenefits/default.aspx>

All the information in this article was found at the above web page for the State of Alaska and Senior Benefits Program



## **Donations, Donations, Donations**

**It's PFD Application time again!**

**Just a reminder that the Ninilchik Senior Center is no longer participating in the Pick, Click, Give program due to the costs associated with the program.**

We thank all of you who have donated this way in the past.

If you would like to donate to the Senior Center, there are many different ways to donate.

~ Donate needed items like office supplies, kitchen needs, etc.

~ Donate through the \$5 a month club

~ Donate monies to the Senior Center Endowment

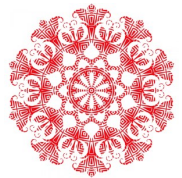
~ Donate monies directly towards Senior Center operating costs

Please stop by the office for more information.

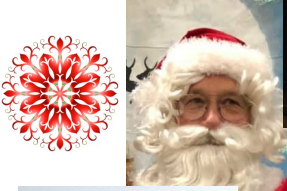
# Gingerbread House Event



NSC's  
GingerBread  
Village



# Our Christmas Party

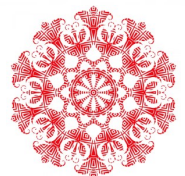
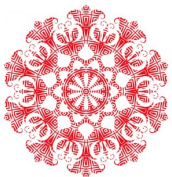




# Alaskan Trivia

1. Name the mountain range that separates the Arctic Region from the Interior.
2. What insect is humorously called Alaska's state bird?
3. What city was the setting for the movie 'North to Alaska'?
4. What is the name of the well-known drive-up glacier in Alaska?
5. How did the Alcan Highway get its name?
6. What is a "male whale" called?
7. Up to how many feet do the largest Cook Inlet tides change?  
(10-20, 20-30, 30-40)
8. In what year did the first airplane fly to Alaska? (1870, 1913, 1924)
9. What native Alaskans historically inhabited Kodiak Island?
10. In the 1960's what was the Katmai National Monument used for?
11. Name four of Alaska's major industries (six total).
12. What is an "Orca"?

Answers on Page 9

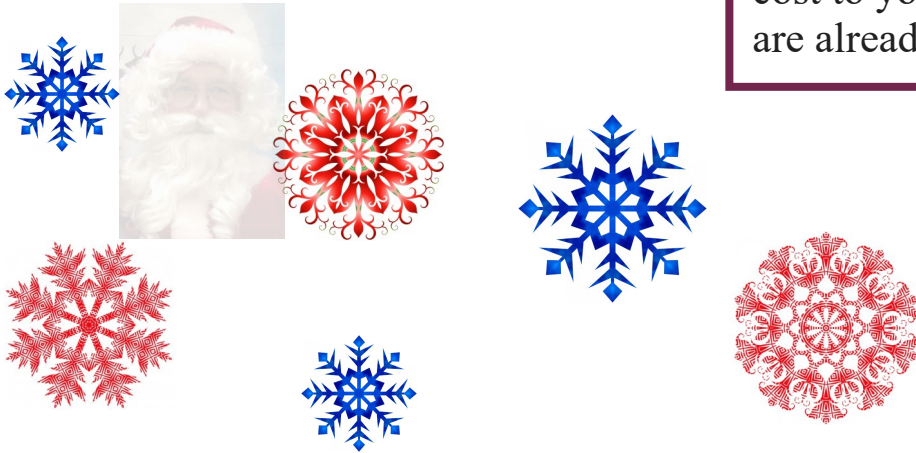




**amazon**smile

**You shop. Amazon gives.**

So far the center has received \$94.27 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.



### **A Note from the Executive Director**

Happy New Year!! The holidays have come and gone and now we're left with lots of snow and still more darkness. Never fear – the days ARE getting longer. I hear from many of my friends that have lived in Alaska for a while that even though the daylight is only increasing by seconds each day, they can tell! Spring will be here before we know it!

As I reflect back on the year we've just left behind I am reminded of just how important the "little" things are. I am so thankful for the wonderful staff and Board Members I get to work with. Their thoughts and actions are heartfelt in all they do and their sparkle never dims! We are so blessed at the center to have so many people willing to lend a hand when needed. No matter the size of the job, someone is always willing to tackle it and get the job done – and always with a smile! I cannot express my thanks enough to all of you. Giving of your time and talents may seem like a "little" thing but rest assured, it is not! It's what keeps our center going and you are so very much appreciated! As we move into 2019, my wish for all is a year filled with much fun, laughter, and joy!

*~Julie Otto*

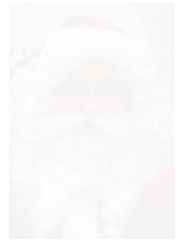




## Alaskan Trivia Answers

Questions & Answers are from "The Alaska Game of Trivia" by Teddy's Toys 1985

1. Brooks Range.
2. Mosquito.
3. Nome.
4. Mendenhall Glacier in Juneau.
5. Combination of the words Alaska and Canada.
6. Bull.
7. 30 to 40 feet.
8. 1913.
9. Aleuts.
10. NASA used it to train astronauts for moon walks.
11. Tourism, Fishing, Timber, Mining, Hunting, Oil.
12. Killer Whale.



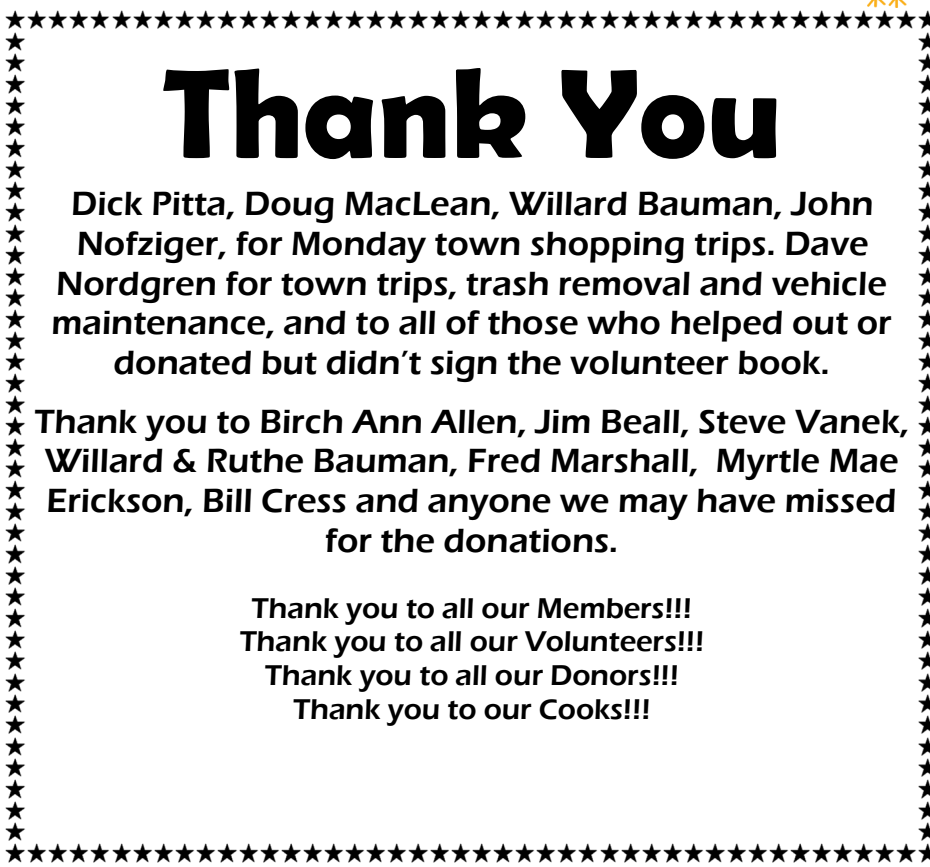
# Happy Birthday - January

*Kathryn Hale  
Gail Zidalis  
Robert Gal  
Doug MacLean  
Mary Holshouser  
Janice Nofziger  
Bruce Randall*

*Jonny Hysten  
Warren Hageman  
Mark Franks  
Char Moore  
Tina Kenshalo  
Betty Randall*

*Rick Ferguson  
Bill Richardson  
Daniel Hamilton  
Steve Russell  
Richard Behnken  
Ronn Lund*

*Birch Ann Allen  
Liz Spinasanto  
Lorraine Reinhart  
Ran Murphy  
Linda Hawkins  
Barbara Franks*



## Thank You

Dick Pitta, Doug MacLean, Willard Bauman, John Nofziger, for Monday town shopping trips. Dave Nordgren for town trips, trash removal and vehicle maintenance, and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to Birch Ann Allen, Jim Beall, Steve Vanek, Willard & Ruthe Bauman, Fred Marshall, Myrtle Mae Erickson, Bill Cress and anyone we may have missed for the donations.

Thank you to all our Members!!!  
Thank you to all our Volunteers!!!  
Thank you to all our Donors!!!  
Thank you to our Cooks!!!

### \$5 A Month Club

Thank you to the following who contributed to the club:

- Jim Taylor
- David & Judy Clemenson
- Tom & Phyllis McCutchan
- Char Moore
- Steve Stewart
- Bill Cress
- Bob Pearson
- Debbie MacLean
- Liz Spinasanto
- Ruth Taggart

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can.

**THANK YOU!!!**

# About The Ninilchik Senior Center

## Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.



## Board of Directors

President: Dick Hawkins  
V. President: Viola Nordgren  
Secretary: Kaye Waldsmith  
Treasurer: Sharon Cook  
Trustee: Steve Vanek  
Trustee: Cheryl Doyle  
Trustee: Bill Cress

## Endowment Trustees

Chair: Kathryn Kennedy  
Vice Chair: Ronn Lund  
Secretary: Diane Wilson  
Treasurer: John Nofziger  
Trustee: Lenore Jones  
Trustee: Jim Kenshalo  
Trustee: David Clemenson

## Staff

Executive Director: Julie Otto  
Adm. Assist/Bookkeeper:  
Tandy Wallace  
Cook: Marti Sue Chapman  
Cook/Maintenance: Rick Ferguson  
Trans. Driver: Mark Brees  
NSC Homemaker: Caroline Correia

## Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.  
Suggested donation:  
\$7 for members, \$11 for non-members  
Lunch includes: soup,  
salad, entrée and dessert



## Events and Activities

### Weekly

**Mondays:** Quilting/Sewing 1-4 pm

**Tuesdays:** Craft Day 10 am-4 pm

**Wednesdays:** Bingo (after lunch)

**Thursdays:** Game Day 1-4 pm  
Quilting/Crafts 10am-4pm

**Fridays:** Knitting 1-4 pm  
Pool 1-4 pm

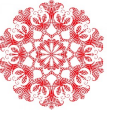
**Saturdays:** Music Jammin' 2-4 pm  
Sew Saturday -the 3rd Saturday of each month



# Weather

Find and circle all of the words that are hidden in the grid.  
The remaining letters spell an additional weather word.

F O R E C A S T Y W F O G R T O  
 D P C W N T R T I N V T E B H D  
 R I T H O T E N H E N T S L E A  
 I S H G O N D M R U E U F I R N  
 Z U G N H Y S C P M N A S Z M R  
 Z I U I P E A H O E H D C Z O O  
 L S O N Y S I R U R R I E A M T  
 E L R T T R A E E M M A L R E P  
 I E D H S B U N N A I L T D T F  
 E C O G R O H O N A A D I U E R  
 N O O I A E R U P U C M I A R E  
 O L L L I T S F Q N T I R T H E  
 L D F T N T A S H O W E R O Y Z  
 C Y T I L I B I S I V O E R T E  
 Y T I M O N S O O N O N D L U S  
 C C L O U D S E I R R U L F S H

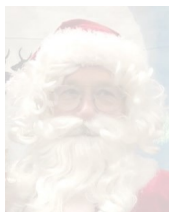


BAROMETER  
 BLIZZARD  
 CELSIUS  
 CLOUDS  
 COLD  
 CYCLONE  
 DOWNPOUR  
 DRIZZLE  
 DROUGHT  
 FAHRENHEIT

FLOOD  
 FLURRIES  
 FOG  
 FORECAST  
 FREEZE  
 FROST  
 HAIL  
 HOT  
 HUMIDITY  
 HURRICANE

ICE  
 LIGHTNING  
 MIST  
 MONSOON  
 OVERCAST  
 RAIN  
 SHOWER  
 SLEET  
 SNOW  
 SQUALL

STORM  
 SUNNY  
 TEMPERATURE  
 THERMOMETER  
 THUNDER  
 TORNADO  
 TSUNAMI  
 TYPHOON  
 VISIBILITY  
 WINDY





The Senior Center provides transportation for those needing to go to Kenai/Soldotna. We offer one trip to town a week, Tuesday or Thursday

The van would depart Ninilchik around 9:30 am and would return from town around 2:30 pm.

**Soldotna**

(with stops at Fred Meyer, Safeway and your medical appointments)

**Or Kenai**

(with stops at Walmart, Three Bears, Safeway & your medical appointments)

Suggested donation is \$15 per round trip.

The Senior Center can also provide transportation to the center for lunch.

If you would like to take advantage of any of these services:

Please call the office to schedule  
**(907) 567-3988**

**The Homemaker Assistance Program**

Is for individuals 60 years and older that find themselves needing a little help around the house. The program includes taking out the trash, sweeping & mopping the floors, vacuuming, cleaning the bathroom, making the bed, laundry, cleaning the kitchen, putting away dishes or groceries, etc.

*Please call the office to learn more about this program.*

**YOUR NTS HOMEMAKER IS HERE TO ASSIST YOU IN YOUR EVERYDAY NEEDS. If you have any questions, please call the office at (907) 567-3988.**

The Senior Center is partially funded by these Corporate Sponsors



- Alaska Food Coalition
- Alaskare Home Medical Equip.
- Amazon
- Aspen Hotel / Kenai Residence
- Dolifka & Associates, P.C.
- Enstar
- Fred Meyer/Kroger
- HEA
- Kenai Peninsula Borough
- Lambe, Tuter & Wagner
- Meals on Wheels America
- Ninilchik Family Dentistry
- Peninsula Memorial Chapel
- PJK LLC
- Private Donations
- State of Alaska/NTS Grant
- American Legion Post 18