



# Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988 Fax: 567-3988 [www.NinilchikSeniors.org](http://www.NinilchikSeniors.org)

# July 2018

## Coming Up

**Independence  
Day**  
Wed 7/4  
Center Closed

**Employee  
Appreciation  
Day**  
Root Beer  
Float

**Fundraiser**  
2:30 pm  
Wed 7/18

**Board Meeting**  
Thu 7/19

**Sew Saturday**  
Sat 7/21

**Annual  
Membership  
Meeting**  
Thur 7/26  
At 1:00 pm



## **A Note from the President of the Board**

The end of June has come and with it comes summer. I know some of you probably think we had summer a couple of weeks ago when we had all that sunshine but never fear we will have at least one more day of sun prior to the first snow fall. (I hope). More importantly for us at the Senior Center the end of June means the end of one fiscal year and the beginning of another on July 1. The board approved a new budget for FY 2019. Many thanks to the finance committee for all of its hard work in putting together a fiscally sound budget for the coming year.

Along with July 1 and a new fiscal year comes your membership renewal. If you wish to remain a member of the Ninilchik Senior Center in good standing then you must renew your membership by July 1. It is one of the best deals around. At \$25 for a year you get all the benefits of membership plus the knowledge that membership dues have not increased since I don't know when. Certainly not in the 14 years that I have been a member. Show me anything else that has not gone up in price in the last 14 years.

Our annual membership meeting is coming up on July 26. Mark your calendars. It is a great way to be involved in your center and cast your vote for who you would like to see on the general board. There are three positions up for election this year, Vice President, Treasurer, and a Trustee. This year for the first time in many years we will actually have an election as we have more people running than positions available. I'm looking forward to this year's elections. We have good, qualified candidates running. We can't go wrong.

I look forward to seeing you at the meeting. Until then enjoy your summer and be safe on the roads, on the water or wherever your summer adventures take you.

~Dick Hawkins

# Ninilchik Senior Citizens, Inc

Presents Our

## **Annual Membership Meeting**

**Thursday, July 26, 2018**

**at 1:00 pm**



### **Reminder:**

**Membership Dues come up for  
renewal on July 1, 2018**

*To vote on any elections at the Annual Meeting, your  
membership dues must be up-to-date*



amazon smile

You shop. Amazon gives.

So far the center has received \$84.34 from Amazon Smile. Consider signing up to support the Ninilchik Senior Center through Amazon Smile. Simply connect your account via this link: <https://smile.amazon.com/ch/52-1323828>, and Amazon will automatically make a donation to the center every time you make a purchase, at no cost to you. Thank you to those who are already participating.

## Employee Appreciation Day - Wednesday, July 18 Root Beer Float Fundraiser at 2:30 pm

### A Note from the Executive Director

Summer is in full swing – July is here! The salmon may not be here yet but that doesn't seem to stop the summer from flying by! With July also comes our annual membership meeting (July 26<sup>th</sup>, 1:00 pm). I am hopeful that everyone is able to take an afternoon out of their busy summer schedule to join us that day. We will be holding elections for several seats on the board and encourage you to come in and vote.

July also marks the end of the raffles going on at the center with the last fishing charter drawing being held on July 20 and the AK Railroad Ticket drawing to be held on July 31. Contact the office for more information – good luck to all who enter! There are lots of things going on throughout the Peninsula during these short few months of summer – check out the rest of the newsletter for specific dates. Get out and enjoy the summer – whether it be cloudy or sunny – summer is here. Enjoy it!

~Julie Otto





Be  
Aware!

# Top 10 Financial Scams Targeting Seniors

Taken from NCOA National Council on Aging



<https://www.ncoa.org/economic-security/money-management/scams-security/top-10scam>

## 1. Medicare/health insurance scams

Perpetrators may pose as a Medicare representative to get older people to give them their personal information, or they will provide bogus services for elderly people at makeshift mobile clinics, then use the personal information they provide to bill Medicare and pocket the money.



## 2. Counterfeit prescription drugs

Most commonly, counterfeit drug scams operate on the Internet, where seniors increasingly go to find better prices on specialized medications. This scam is growing in popularity—since 2000, the FDA has investigated an average of 20 such cases per year, up from five a year in the 1990s. The danger is that besides paying money for something that will not help a person's medical condition, victims may purchase unsafe substances that can inflict even more harm. This scam can be as hard on the body as it is on the wallet.

## 3. Funeral & cemetery scams

The FBI warns about two types of funeral and cemetery fraud perpetrated on seniors.

In one approach, scammers read obituaries and call or attend the funeral service of a complete stranger to take advantage of the grieving widow or widower. Claiming the deceased had an outstanding debt with them, scammers will try to extort money from relatives to settle the fake debts. Another tactic of disreputable funeral homes is to capitalize on family members' unfamiliarity with the considerable cost of funeral services to add unnecessary charges to the bill. In one common scam of this type, funeral directors will insist that a casket, usually one of the most expensive parts of funeral services, is necessary even when performing a direct cremation, which can be accomplished with a cardboard casket rather than an expensive display or burial casket.

## 4. Fraudulent anti-aging products

In a society bombarded with images of the young and beautiful, it's not surprising that some older people feel the need to conceal their age in order to participate more fully in social circles and the workplace. After all, 60 is the new 40, right? It is in this spirit that many older Americans seek out new treatments and medications to maintain a youthful appearance, putting them at risk of scammers. Whether it's fake Botox like the one in Arizona that netted its distributors (who were convicted and jailed in 2006) \$1.5 million in barely a year, or completely bogus homeopathic remedies that do absolutely nothing, there is money in the anti-aging business. Botox scams are particularly unsettling, as renegade labs creating versions of the real thing may still be working with the root ingredient, botulism neurotoxin, which is one of the most toxic substances known to science. A bad batch can have health consequences far beyond wrinkles or drooping neck muscles.

## 5. Telemarketing/phone scams

"The pigeon drop" - The con artist tells the individual that he/she has found a large sum of money and is willing to split it if the person will make a "good faith" payment by withdrawing funds from his/her bank account. Often, a second con artist is involved, posing as a lawyer, banker, or some other trustworthy stranger.

"The fake accident ploy" - The con artist gets the victim to wire or send money on the pretext that the person's child or another relative is in the hospital and needs the money.

"Charity scams" - Money is solicited for fake charities. This often occurs after natural disasters.

## 6. Internet fraud

While using the Internet is a great skill at any age, the slower speed of adoption among some older people makes them easier targets for automated Internet scams that are ubiquitous on the web and email programs. Pop-up browser windows simulating virus-scanning software will fool victims into either downloading a fake anti-virus program (at a substantial cost) or an actual virus that will open up whatever information is on the user's computer to scammers.

Their unfamiliarity with the less visible aspects of browsing the web (firewalls and built-in virus protection, for example) make seniors especially susceptible to such traps. One example includes: Email/phishing scams: A senior receives email messages that appear to be from a legitimate company or institution, asking them to "update" or "verify" their personal information. A senior receives emails that appear to be from the IRS about a tax refund.

## 7. Investment schemes

Because many seniors find themselves planning for retirement and managing their savings once they finish working, a number of investment schemes have been targeted at seniors looking to safeguard their cash for their later years. From pyramid schemes like Bernie Madoff's (which counted a number of senior citizens among its victims) to fables of a Nigerian prince looking for a partner to claim inheritance money to complex financial products that many economists don't even understand, investment schemes have long been a successful way to take advantage of older people.

## 8. Homeowner/reverse mortgage scams

Scammers like to take advantage of the fact that many people above a certain age own their homes, a valuable asset that increases the potential dollar value of a certain scam. A particularly elaborate property tax scam in San Diego saw fraudsters sending personalized letters to different properties apparently on behalf of the County Assessor's Office. The letter, made to look official but displaying only public information, would identify the property's assessed value and offer the homeowner, for a fee of course, to arrange for a reassessment of the property's value and therefore the tax burden associated with it. Closely related, there is the potential for a reverse mortgage borrower to be scammed. Scammers can take advantage of older adults who have recently unlocked equity in their homes. Those considering reverse mortgages should be cognizant of people in their lives pressuring them to obtain a reverse mortgage, or those that stand to benefit from the borrower accessing equity, such as home repair companies who approach the older adult directly.

## 9. Sweepstakes & lottery scams

This simple scam is one that many are familiar with, and it capitalizes on the notion that "there's no such thing as a free lunch." Here, scammers inform their mark that they have won a lottery or sweepstakes of some kind and need to make some sort of payment to unlock the supposed prize. Often, seniors will be sent a check that they can deposit in their bank account, knowing that while it shows up in their account immediately, it will take a few days before the (fake) check is rejected. During that time, the criminals will quickly collect money for supposed fees or taxes on the prize, which they pocket while the victim has the "prize money" removed from his or her account as soon as the check bounces.

## 10. The grandparent scam

The grandparent scam is so simple and so devious because it uses one of older adults' most reliable assets, their hearts.

Scammers will place a call to an older person and when the mark picks up, they will say something along the lines of: "Hi Grandma, do you know who this is?" When the unsuspecting grandparent guesses the name of the grandchild the scammer most sounds like, the scammer has established a fake identity without having done a lick of background research.

Once "in," the fake grandchild will usually ask for money to solve some unexpected financial problem (overdue rent, payment for car repairs, etc.), to be paid via Western Union or MoneyGram, which don't always require identification to collect. At the same time, the scam artist will beg the grandparent "please don't tell my parents, they would kill me." While the sums from such a scam are likely to be in the hundreds, the very fact that no research is needed makes this a scam that can be perpetrated over and over at very little cost to the scammer. **If you suspect you've been the victim of a scam...**

**Don't be afraid or embarrassed to talk about it with someone you trust. You are not alone, and there are people who can help. Doing nothing could only make it worse. Keep handy the phone numbers and resources you can turn to, including the local police, your bank (if money has been taken from your accounts), and Adult Protective Services. To obtain the contact information for Adult Protective Services in your area, call the Eldercare Locator, a government sponsored national resource line, at: 1-800-677-1116, or visit their website at: <https://eldercare.acl.gov>.**

# Southern Peninsula Senior Summit

A Senior Forum hosted by Homer Senior Citizens, Inc.

Friday October 12 \* 9am - 4pm

\$20.00 Lunch Included

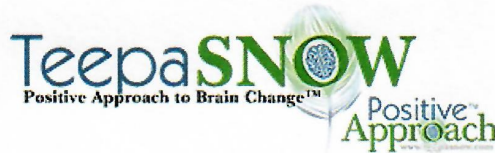
Space is limited - Reserve in advance

## Seniors Coming Together in Our Community

Living Life to the Fullest

9:00 a.m. **Welcome to the Fifth Annual Southern Peninsula Senior Summit**  
Keren Kelley, Executive Director, Homer Senior Citizens, Inc.

9:10 a.m.



**Melanie Bunn**

Gerontological Nurse Practitioner

Dementia Training Specialist

Positive Approach, LLC.

10:30 a.m. **Break**

10:45 a.m. **Melaine Bunn returns**

12:00 a.m.— 1:00 p.m. **Lunch Break**

1:00 p.m. **Thoughtful Therapies; Handle Therapy**

Cathy Stingly

1:35 p.m. **Preventing Elder Mistreatment**

Shelia Jacobson, APS, Protective Services Specialist III

2:20 p.m. **Break**

2:30 p.m. **Hospice of Soldotna; 5 Wishes**

Janice Nightengale or Toni Reitter



## Homer Senior Citizens, Inc.

3935 Svedlund St.  
Homer, AK 99603

Phone: 907-235-7655  
Fax: 907-235-3739



# Happy Birthday - July

David Shea  
Lyda Woods  
Jeanie Gregorich  
Darren Shay  
Bob Pearson  
Nora Appel

Cheryl Doyle  
Don Nuebel  
Wayne Taggart  
Lorita Van Sky  
Elmer Banta  
Liz Kruzick

Larry Wallace  
Dena Bendtzen  
Duke Minium  
Sara Rose  
John McCombs  
Louis Monzon

Clarence Davis  
Martha Ogren  
Dave Nordgren  
Bob Holshouser  
Jim Kenshalo



## Gazebo

Thank you to our volunteers that are manning the Gazebo!!! We really appreciate you and your efforts!!!

Sandy Olson  
Ron Jorgensen  
Josh Lynner

Bev Graf  
Larry Wallace  
Carol Chapman

Faye Woodhead  
Debbie MacLean  
Becky Anderson

Cheryl Doyle  
Doug MacLean

And a Big Thank you to Ron Jorgensen for installing the signs on the Gazebo!!!

## Thank You

**Dick Pitta, Doug MacLean, Willard Bauman, John Nofziger,** for Monday town shopping trips. **Dave Nordgren** for town trips, trash removal and vehicle maintenance, and to all of those who helped out or donated but didn't sign the volunteer book.

Thank you to **Joann Odd, Cathy Perry, Terry & Janie Nelson, Steve Vanek, Willard & Ruthe Bauman, Fred Marshall, Cheryl Doyle, Faye Woodhead, Myrtle Mae Erickson, Sandy Olson, Birch Ann Allen, Doug & Debbie MacLean, Jeff Smith & Susan Welsh-Smith and anyone we may have missed** for the donations.

Thank you to all our members!!!  
Thank you to all our Volunteers!!!  
Thank you to all our Donors!!!  
Thank you to our Cooks!!!

## \$5 A Month Club

Thank you to the following who contributed to the club:

Jim Taylor  
Bob Pearson  
Cathy Perry  
David & Judy Clemenson  
Red & Mary Carr  
Terri Eggert  
Char Moore  
Tom & Phyllis McCutchan  
Glen & Dianne Thomas  
Jim & Tina Kenshalo

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can.

**THANK YOU!!!**

# A HUGE THANK YOU to our Local Fishing Charters Who Donate Charter Trips to the Ninilchik Senior Center!!!

Please support the following Local Charters!

Come in to the Center to get your raffle tickets for a chance to go fishing!

Tickets are available - 1 for \$10 or 6 for \$50

Drawings will be held on July 6 & July 20



**AFISHUNT CHARTERS**  
Ninilchik, Alaska, Kenai Peninsula  
Cook Inlet-Kasilof River-Kenai River-Seward

(877)234-7486  
(907)567-3393

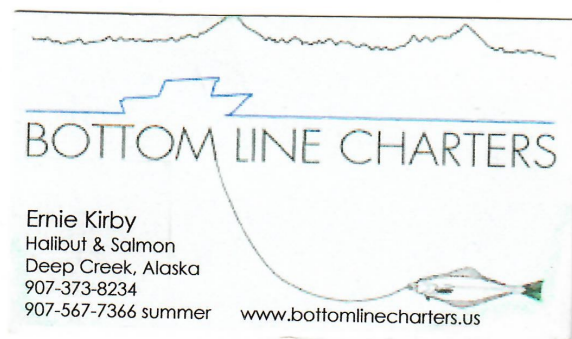


**Alaskan Adventure Charters**

907-262-7773



**ALASKAN FISHING FEVER**  
Halibut & Salmon Charters  
Ninilchik, Alaska  
JASON MEDIA  
907-741-2477  
www.AlaskanFishingFever.net



**BOTTOM LINE CHARTERS**

Ernie Kirby  
Halibut & Salmon  
Deep Creek, Alaska  
907-373-8234  
907-567-7366 summer  
www.bottomlinecharters.us



**Deep Creek View Campground**  
**J&J Smart Charters**  
Halibut & Salmon Fishing

P.O. Box 39023  
Ninilchik, AK 99639  
(907) 567-3320  
(May-Labor Day)

**1-888-HALIBUT**  
(toll free: 1-888-425-4288)

website: [www.smartcharters.com](http://www.smartcharters.com)  
e-mail: [smartcharters@alaska.com](mailto:smartcharters@alaska.com)



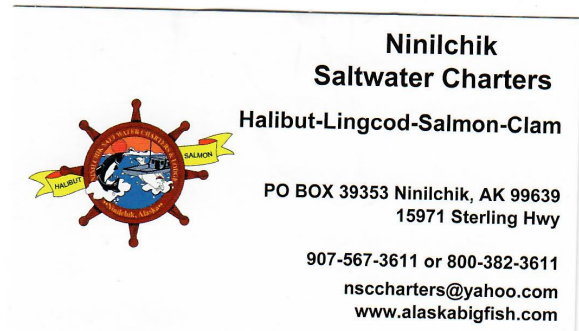
**Captain Todd Robbins**  
**KENAI RIVERBEND RESORT**  
"The Ultimate Alaskan Fishing Adventure"  
Phone: (907) 283-9489  
1-800-625-2324  
www.kenairiverbend.com

P.O. Box 1270  
Soldotna, AK 99669 USA



**DEEP CREEK · SEWARD · HOMER**  
Desiree Valdez  
907-260-7825  
desiree@nirilchik.com  
www.nirilchik.com

**Nirilchik Charters**  
P.O. Box 39638, Ninilchik, AK 99639



**Nirilchik Saltwater Charters**  
Halibut-Lingcod-Salmon-Clam

PO BOX 39353 Ninilchik, AK 99639  
15971 Sterling Hwy

907-567-3611 or 800-382-3611  
nsccharters@yahoo.com  
www.alaskabigfish.com



## Upcoming Events on the Kenai Peninsula

Homer Halibut Derby: May 15-Sept 15

Music in the Park: Every Wednesday 6 - 9 pm, June - August in Soldotna

Homer 4th of July Parade: 6 pm

Homer Farmer's Market, Sat 10-3 & Wed 2-5, May 26-Sept 30

Seward's 4th of July Festival

Mt. Marathon Race, in July in Seward

Progress Days - Soldotna July 27 - 29

Wednesday Market - Soldotna - Every Wednesday 10 - 4

Saturday Market - Kenai - Every Saturday 10-5, May 26 - Sept 2

Salmon Fest: August 3 - 5, 2018 in Ninilchik

Funny River Festival - 13 miles down Funny River Rd - Soldotna August 3-5

Kenai Peninsula Fair: August 17 - 19, 2018 in Ninilchik

Industry Appreciation Day, Kenai, August 25



Last year (2017), the center received \$255.81 from Fred Meyer through their community rewards program. So far in 2018 we have received \$56.83. Thank you to those who participated and made this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <https://www.fredmeyer.com/topic/community-rewards-4>

The center's Organization Identification Number is 90966.

# Senior Farmers' Market Nutrition Program

## 2018

Don't forget about the Senior Farmer's Market Nutrition Program. Through the Federal Senior Farmer's Market Nutrition Program, for those that qualify, we have coupons worth \$30 for use at local farmer's markets when purchasing fresh produce and goods. Stop by the office to find out the details! The following items may be purchased with the program coupons:

### Fruit

Apples	Cherries	Honeyberries	Marionberries	Rhubarb
Blackberries	Currants	Huckleberries	Melon	Strawberries
Blueberries	Gooseberries	Lingonberries	Plums	
Boysenberries	Haskaps	Loganberries	Raspberries	

### Vegetables

Artichoke	Cauliflower	Green Beans	Peas	Sprout
Arugula	Celery	Kale	Pepper	Squash
Asparagus	Chickweed	Kohlrabi	Potato	Swiss Chard
Baby Greens	Collard	Leeks	Pumpkin	Taro
Beet	Corn	Lettuce	Radicchio	Tasoi
Bok Choi	Cucumber	Mushroom	Radish	Tomatilla
Broccoli	Egg Plant	Mustard Green	Romanesco	Tomato
Brussel Sprouts	Endive	Onion	Rutabaga	Turnip
Cabbage	Garlic	Pak Choi	Snap Bean	Watercress
Carrot	Good King Henry	Parsnip	Spinach	Zucchini

### Fresh-Cut Herbs

Basil	Fennel	Oregano	Savory	Sprearmint
Chamomile	Lavender	Parsley	Scallions	Stevia
Chives	Lovage	Rosemary	Sorrel	Tarragon
Cilantro	Marjoram	Sage	Sourdock	Thyme
Dill	Mint			

Fruits, vegetables and herbs without added sugars or oils and which are not processed or prepared beyond their natural state (except for usual harvesting and cleaning).

**Honey is approved too!**

Contact the Ninilchik Senior Center Office Staff for an application.

# Thank You For the Donations to Annual Endowment Dinner Fundraiser!

- Amy Garrouette
- Arctic Circle Enterprises, LLC
- Paul Page-PJK, LLC
- Norman Lowell Gallery
- Save-U-More
- Ronn & Carole Lund
- Donna Schaeztle
- Lisa Steiner
- Lenora Regeon
- Anchor River Inn
- Wagon Wheel
- Anchor Point Greenhouse
- Soldotna Professional Pharmacy
- Nomar
- Dennis Ogren
- Kathryn Kennedy
- Julie Amerson
- June Paul
- Carl & Carolinda Wright
- Debbie MacLean
- Jim Beall
- Nancy Jo Pennington
- June Josten
- Estate of Gary Peterson
- Larry Fann
- Phyllis McCutchan
- A Friend
- Sandy Olson
- Bob Pearon
- Captain's Coffee
- Dave Nordgren
- Bay Crest Greenhouse
- Linda Hawkins
- The Peddler
- The Buzz Café
- Blue Bus Diner
- Kachemak Shellfish Growers
- Dairy Queen
- Ninilchik General Store
- Vivian Moe
- Virginia Davis
- Kathy Wallace
- Ginger Johnson
- Pearson/ Hageman Family
- Muddy Mutts
- Alyeska Tire
- Tarma Grooming
- Boston's Auto
- Black Water Bend
- Captain Pattie's
- Two Sisters Bakery
- Ken Rucker
- Liz Spinasant
- Karen Covey
- Frames & Things
- The Grog Shop
- Trinity Greenhouse
- Coast Tesoro
- Vi Nordgren
- Margy Teed
- Steve Vanek
- Linda Yost
- Carolyn Rathert
- Karen Duncan
- Ann Florey
- Cathy Perry
- Diane Wilson

Thank you to the businesses that have donated \$200 or more!!!

Alaskare Home Medical Equipment  
Aspen Hotel Soldotna/ Kenai Residences  
Central Peninsula Hospital  
Dolifka & Associates Attorneys At Law  
Enstar  
GCI Communications Corp.  
HEA  
Lambe, Tuter & Wagner CPAs  
Ninilchik Family Dentistry  
Peninsula Internal Medicine, P.C.  
Peninsula Memorial Chapel & Crematory

"A financial endowment is a donation of money or property to a nonprofit organization for the ongoing support of that organization. Usually the endowment is structured so that the principal amount is kept intact, while the investment income is available for use, or part of the principal is released each year, which allows for their donation to have an impact over a longer period than if it were spent all at once. An endowment may come with stipulations regarding its usage."



\*\*\*\*\*  
**Gazebo Donations Needed!**  
\*\*\*\*\*

Thank you for everything you have already donated!

We appreciate any items you would like to donate!

Please bring the items to the Senior Center.

Please do not leave them at the Gazebo when it is unattended!

Thank you!!!

Take the "OLDER THAN DIRT" Quiz

Do You Remember?

- Black Jack Chewing Gum
- Wax Coke-shaped bottle w/colored sugar water
- Butch Wax
- Candy Cigarettes
- Soda Pop machines with Glass bottles
- Howdy Doody
- Restaurants with tableside Jukeboxes
- Home milk delivery in glass bottles
- Party Telephone Lines
- Newsreels before the movies
- 45 RPM records
- PF Flyers
- Carrying a Metal Lunchbox
- Drive in Movie Theaters
- Telephone numbers w/word prefix
- The Andy Griffith Show
- Soda Fountains
- Roller Skate Keys
- S&H Green Stamps
- Blue Flashbulbs

- If you remember:  
0-5—You're a WhipperSnapper  
6-15—You're Getting' There  
16-20—You're  
"OLDER THAN DIRT"

*July* ★★

**Thank you to the Church  
at Clam Gulch for all the  
garage sale donations!**



\*\*\*\*\*  
**Saturday Market**  
\*\*\*\*\*

Do you have crafts, farm items, etc., that you would like to sell? Ninilchik Saturday Market is up and going! For a \$5 suggested donation each Saturday, to the Ninilchik Senior Center you can sell your items behind the Gazebo.

Come join the fun or just check out the local wares.

Shop Local!!!

# About The Ninilchik Senior Center

## Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

## Board of Directors

President: Dick Hawkins  
V. President: Viola Nordgren  
Secretary: Kaye Waldsmith  
Treasurer: Debbie MacLean  
Trustee: Sharon Cook  
Trustee: Steve Vanek  
Trustee: Wayne Taggart

## Endowment Board of Trustees

Chair: Kathryn Kennedy  
Vice Chair: Ronn Lund  
Secretary: Diane Wilson  
Treasurer: John Nofziger  
Trustee: Lenore Jones  
Trustee: Jim Kenshalo

## Staff

Executive Director: Julie Otto  
Adm. Assist/Bookkeeper:  
Tandy Wallace  
Cook: Marti Sue Chapman  
Cook/Maintenance: Rick Ferguson  
Trans. Driver: Mark Brees  
NSC Homemaker: Shelley Estes

## Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri.

Suggested donation:

\$7 for members, \$11 for non-members

Lunch includes: soup,  
salad, entrée and dessert

**HOME**  
**OF THE**  
**FREE**  
**BECAUSE**  
**OF THE**  
**BRAVE**

## Events and Activities

### Weekly

**Mondays:** Quilting/Sewing 1-4 pm

**Tuesdays:** Craft Day 10 am-4 pm  
Pool Night 6-9 pm

**Thursdays:** Game Day 1-4 pm  
Quilting/Crafts 10am-4pm

**Fridays:** Knitting 1-4 pm  
Pool 1-4 pm  
Music Jammin' 6:30 – 9:00 pm

*\$2.00 suggested donation per person for utilities for jamming nights.*



The Senior Center provides transportation for those needing to go to Kenai/Soldotna. We offer two days a week, Tuesday & Thursday. The van would depart Ninilchik around 9:30 am and would return from town around 2:30 pm.

**Soldotna**

(with stops at Fred Meyer, Safeway and your medical appointments)

**Or Kenai**

(with stops at Walmart, Three Bears, Safeway & your medical appointments)

Suggested donation is \$15 per round trip.

The Senior Center can also provide transportation to the center for lunch.

If you would like to take advantage of any of these services:

Please call the office to schedule  
(907) 567-3988

**The Homemaker Assistance Program**

Is for individuals 60 years and older that find themselves needing a little help around the house. The program includes taking out the trash, sweeping & mopping the floors, vacuuming, cleaning the bathroom, making the bed, laundry, cleaning the kitchen, putting away dishes or groceries, etc.

*Please call the office to learn more about this program.*

**YOUR NTS HOMEMAKER IS HERE TO ASSIST YOU IN YOUR EVERYDAY NEEDS. If you have any questions, please call the office at (907) 567-3988.**

The Senior Center is partially funded by these Corporate Sponsors



PJK LLC



- Alaska Food Coalition
- Alaska Railroad Corporation
- Bald Mountain Air Service
- Conoco Phillips Alaska
- Hilcorp Alaska
- Kenai Peninsula Borough
- Meals on Wheels America
- PJK LLC
- Private Donations



# Fourth of July

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

N L I S G D Y R O T S I H A G I  
 L B R T A D W V G C M N P N T N  
 A N T R H M Q E D F O R A R E F  
 V D I E Q P E E D I N T C H C I  
 I U G A D A M R T A I Y L G N R  
 N B X M T O U A I O R L J A E E  
 R X V E C I R D N C A A M L D W  
 A Y Y R I B R A E B A I P F N O  
 C Z A S E U L B E T I H W D E R  
 Y C B L V A Z S T U F H S J P K  
 Y M E S N A A I K A C G Y X E S  
 R C W T V B L Z H N E E I B D Z  
 I B H B Y A D I L O H R B A N F  
 C E P A T R I O T I S M G R I U  
 M U U I P Z F R E E D O M L A E  
 S N O O L L A B L C I N C I P B



- |             |               |                 |
|-------------|---------------|-----------------|
| AMERICA     | FIREWORKS     | NATIONAL ANTHEM |
| BALLOONS    | FLAG          | PARADE          |
| BARBECUE    | FREEDOM       | PATRIOTISM      |
| BASEBALL    | GREAT BRITAIN | PICNIC          |
| CARNIVAL    | HISTORY       | RED WHITE BLUE  |
| CELEBRATION | HOLIDAY       | STREAMERS       |
| DEMOCRACY   | INDEPENDENCE  |                 |

